



November 2009



Adult Program Calendar of Events

Alt. Rec. is a City of Davis, Community Services Department, recreation program specifically designed for adults with developmental disAbilities. Our mission is to have fun, create friendships, hone our social and daily living skills and enhance life quality! Outings are provided on the weekends and are offered year-round. Supervision is provided by paid staff that also provides transportation in city vehicles while on outings.

Here is what we are offering for the month of **November 2009**:

- Monday Bowling:** November 2nd, 9th, 16th, 23rd, 30th 4:00 p.m. – 5:45 p.m. \$8.75/session
- “This Is It”:** November 1st 12:30 p.m. – 5:30 p.m. \$30.00
(In remembrance of Michael Jackson, we will go see his movie and then go out to eat in Davis: bring money for dinner)
- “Thanksgiving Dinner/Dance”:** November 7th 4:00 p.m. – 8:00 p.m. \$25.00
(Our annual good time with Summer House celebrating and giving thanks at the Davis Senior Center: food and fun included)
- “Apple Hill”:** November 8th 9:00 a.m. – 4:00 p.m. \$25.00
(We are headed up the hill just outside Placerville to pick apples, buy apple pie and eat apple donuts; bring money for lunch and apples)
- “Scary Bowling 2”:** November 13th 7:00 p.m. – 11:00 p.m. \$40.00
(Join us for more of our all time favorite activity at the UCD games area; bring money for dinner)
- “Red Hawk Casino”:** November 14th 4:00 pm. – 9:00 p.m. \$25.00
(Time to celebrate more birthdays at this local casino buffet; bring money for dinner)
- “Thank You, Jake”:** November 20th 6:00 p.m. – 10:00 p.m. \$20.00
(Saying good-bye is too hard, so we will send Jake off with a big thank you party at the Davis Sr. Center; food and fun included)
- “Causeway Classic”:** November 21st 12:00 p.m. – 5:30 p.m. \$45.00
(Come watch your favorite local football teams Sac. State vs. UC Davis in this annual classic; bring money for lunch)

New participants must complete an Intake process with the Alternative Recreation coordinator. Contact Jamie Elliott at 530-757-5694 or jelliott@cityofdavis.org to learn more about the program and how to get involved!

