

CITY OF DAVIS
2002-2003 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

Organization Name: City of Davis; Parks & Community Services (Alternative Recreation)

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(Be sure to list the best contact to get information to the organization as quickly as possible.)

Total Proposal Request: \$14,600

x On-going Support _____ New Project

CDBG Eligible Category: Public Service
(See List A)

National Objective Compliance/Low and Mod Benefit: Limited Clientele
(See List B)

City Council Identified Critical Needs: (See List C)

- 1) Mental Health (Socialization for chronically mentally ill or disabled population)
- 2) _____
- 3) _____

PUBLIC SERVICE x

NON-PUBLIC SERVICE _____

Beneficiary Information:

135 Total number of beneficiaries in program

135 Total number of beneficiaries in program served with CDBG funds

90% Percentage of the CDBG beneficiaries with low/moderate income

PROJECT NARRATIVE

a. Need

Recreation and leisure experiences are key ingredients to the quality of life. Numerous studies demonstrate the correlation between positive recreation, social lives, and prolonged active mental and physical health. Census data, national polls, and other studies document that people with disabilities, as a group, have fewer opportunities in our society, and are severely disadvantaged socially. Although the passage of the Americans with Disabilities Act (ADA) in 1990 has increased recreational opportunities for persons with disabilities, many need life long support to remain active participants.

Alta California Regional Center, a local state agency providing case management for persons with disabilities, indicates that there are over 3,700 disabled and mentally ill children, teens and adults living in Davis.

With the passage of the ADA, requests for recreational services have dramatically increased. The Act requires public agencies to ensure that individuals with disabilities have the opportunity to participate on an equal basis in social and recreational activities. This legislation guarantees persons with disabilities the rights of full inclusion into the mainstream of American life. The request for support is \$14,600. The City's contribution will be \$35,735.

Pine Tree Gardens, a mental health facility serves an extremely underserved population. A portion of the CDGB funds requested will provide support to Pine Tree Gardens so that they may continue to meet the unique and significant recreational needs of persons with mental disorders.

b. Benefit

The purpose of this project is to enhance the quality of life for persons with disabilities through recreation and leisure pursuits.

All of the recipients, both children and adults, of this grant have "critical needs". The adults with disabilities served are living on SSI or SSA. These individuals fall into the "very low" income category, as defined by the federal government.

c. Other Resources and Collaboration

The City of Davis Alternative Recreation program is well recognized in the field of services for the disabled. Regular collaboration occurs between residential services, employment and day program agencies and case management organizations. The Program Coordinator actively participates in various organizations that provide services or advocacy efforts for persons with disabilities. This collaboration ensures that recreational needs for persons with disabilities are not overlooked.

The most significant resource comes from the City of Davis, Parks & Community Services Department. The Americans with Disabilities Act requires the City of Davis to provide support to allow individuals in the community to participate in City of Davis recreation programs. The City does this through the Inclusive Recreation program. Why then, should CDBG funds be used to support the Inclusive Recreation program when the City is required, by law to provide this support? If funding for the Inclusive Recreation is cut and the cost of providing the service continues to increase, the City Council will look at reducing other programs for the

disabled that are funded with City of Davis general fund dollars. This includes the Alternative Recreation program, a program for the developmentally disabled, and also programs for the mentally ill. The City of Davis has always prided itself on “going above and beyond what is required by law “when providing services to individuals with disabilities. CDBG funding allows the City of Davis to do this.

Recreational services for individuals with mental disorders are primarily funded through a contractual arrangement with Pine Tree Gardens.

d. Organizational Capacity

This project is under the umbrella of the City of Davis, Alternative Recreation Program. The Department will provide administrative and supervisory support. The majority of the funds will go directly to the employment of temporary part-time staff who will work directly with the Inclusive Recreation participants. The City Council will serve as the Board of Directors.

SCOPE OF SERVICES

a. **Project Description** (Activity Summary: Describe the activities of the proposed budget)

Inclusive Recreation will provide recreational opportunities for persons with disabilities in two ways: 1) Provide support and necessary accommodations for individuals who register for City of Davis classes to allow for the participants full inclusion into the activity. 2) To provide training to approximately 200 part time employees that work with individuals with disabilities.

The city will hire and train support staff, publicize the programs, maintain records, coordinate with Pine Tree Gardens and evaluate the programs.

Funds are utilized by Pine Tree Gardens in two ways: 1) A specialist is hired to provide instruction for activities (i.e. dances, sing-alongs, exercise, and art classes). 2) Funds are used to pay for transportation and admission to places such as the Sacramento Zoo, Solano Lake, Marine World, museums, plays and other special events.

b. **Target Group**

This project serves individuals with developmental disabilities and persons with mental disorders. Developmental disabilities include autism, cerebral palsy, mental retardation, epilepsy and other neurological conditions that impair cognitive development. Mental disorders include, but are not limited to bi-polar disorder, severe social phobias, schizophrenia, and manic depression.

Pine Tree Gardens serves adults with mental disorders.

The Alternative Recreation and Inclusive Recreation Support Service provides support and programming for children, teens and adults with developmental disabilities.

c. **Outreach**

The City of Davis Parks & Community Services Department publishes a Recreation Schedule three times a year, which lists class schedules and programs available to the community. In addition, flyers and press releases in the newspaper are utilized to advertise programs.

The Program Coordinator conducts presentations to various community groups in order to publicize the Inclusive Recreation programs and services.

Information about the Alternative Recreation program is mailed out monthly to special education teachers, case managers, other disabled service providers and interested community members.

TIMELINE

Work Plan (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
Staff Training	Quarters 1 – 4
Network with Pine Tree Gardens	Quarters 1 – 4
Program Publicity	Quarters 1 – 4
Maintain Accurate Attendance and Account Records	Quarters 1 - 4
Program Evaluation	Quarters 1 - 4
Purchase Supplies	As Needed

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

BUDGET SUMMARY*

Budget Category	Proposed Project	Other Sources	Total
A. Salaries and Wages	\$12,500	\$21,907	\$34,407
B. Fringe Benefits	0	\$13,828	\$13,828
C. Consultant/Contract Services	\$2,100 (23% of funds received, not to exceed \$2,100)	\$2,000	\$4,100
TOTAL PERSONNEL BUDGET	\$14,600	\$35,735	\$52,335
D. Office Rent	0	0	0
E. Utilities	↓	↓	↓
F. Telephone	↓	↓	↓
G. Office Supplies	↓	↓	↓
H. Equipment	↓	↓	↓
I. Printing/Duplication	↓	↓	↓
J. Travel/Conferences	↓	↓	↓
K. Other (Specify)	↓	↓	↓
TOTAL NON-PERSONNEL BUDGET	0	0	0
TOTAL PROJECT BUDGET	\$14,600	\$35,737	\$52,850

- Please revise this form and annotate budget items as needed