

**CITY OF DAVIS**  
**2002-2003 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION**

**Organization Name:** Yolo Community Care Continuum \_\_\_\_\_

Street Address: 1950 5<sup>th</sup> Street, Davis, CA 95616 \_\_\_\_\_

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(Be sure to list the best contact to get information to the organization as quickly as possible.)

**Total Proposal Request:** \$9,200.00 \_\_\_\_\_

X On-going Support      \_\_\_\_\_ New Project

**CDBG Eligible Category:** Public Service \_\_\_\_\_

**National Objective Compliance/Low and Mod Benefit:** Limited Clientele \_\_\_\_\_

**City Council Identified Critical Needs:** (See List C)

- 1) Prevention and other Social Services: Mental Health Services
- 2) Basic Human Needs: Hunger Prevention Services
- 3) \_\_\_\_\_

PUBLIC SERVICE X                      NON-PUBLIC SERVICE \_\_\_\_\_

**Beneficiary Information:**

83      Total number of beneficiaries in program

<u>25</u>	Total number of beneficiaries in program served with CDBG funds
<u>100%</u>	Percentage of the CDBG beneficiaries with low/moderate income
<u>\$368</u>	Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)

**PROJECT NARRATIVE**

**a. Need**

The only day program in Davis serving mentally ill adults was closed in 1991. Since that time Davis residents have utilized Haven House, located in Woodland, for day treatment services. The need for this service continues to increase as mentally ill individuals seek services to help them maintain their affordable housing located in Davis. Without support provided by Haven House many individuals would require increased crisis hospitalization, some would require long-term hospitalization, some would return to homelessness.

This project has been funded for the past five years by City of Davis CDBG. Each year the goals have been exceeded, Davis residents have received services and a mental health consumer has been employed to provide transportation.

**b. Benefit**

Services provided at Haven House teach Davis clientele skills necessary to maintain housing such as managing symptoms of mental illness, health care, and independent living skills. Each of the Davis residents served qualifies as very low income.

The food closet supplies 25 Davis van riders with free food to ensure that they eat nutritious meals. Studies show that Haven House participants do not seek food at other food closets due to the symptoms of their illness. Vocational services are also provided. In this last year, Davis residents received the following benefits: eight new supported employment placements were made in the community, one is receiving school assistance, eighteen are receiving job coaching, two have volunteer positions, fourteen have short hour employment, and fourteen are actively seeking employment.

Critical needs addressed include: hunger prevention services, socialization for chronically mentally-ill and disabled residents, employment programs.

**c. Other Resources and Collaboration**

Funding for Haven House is provided through the following: Yolo County Department of Alcohol, Drug and Mental Health Services (YCDADMHS) and Medi-Cal billing. Volunteers have included Woodland Kiwanis, Youth Conservation Corps, Boy Scouts of America, the Alliance for the Mentally Ill, AmeriCorp, and mental health consumers.

YCCC collaborates with Davis Community Meals and Woodland Food Bank to provide a food closet for mentally ill individuals who utilize Haven House. Vocational services are provided in close collaboration with the State Department of Rehabilitation. Mental Health services are provided collaboratively with YCDADMHS.

**d. Organizational Capacity**

Yolo Community Care Continuum was incorporated in 1979. The primary funding source is YCDADMHS which contracts with YCCC because services provided are effective in helping individuals manage their illness and are a cost-effective means of providing critical services. Services provided at Haven House are Medi-Cal certified for the day rehabilitation program and accredited by CARF for the vocational component. CARF accreditation ensures that program services, and agency procedures, meet nationally

recognized standards for management and service delivery.

## SCOPE OF SERVICES

### a. Project Description

Funding from Davis CDBG offsets the cost of transporting clients from Davis to services in Woodland. This van service also provides transportation to other mental health services located in Woodland including the Yolo County Conservator's office, the Woodland Clinic, Unilab for weekly blood draws, and the offices of YCDADMHS. Each of these agencies helps individuals maintain their independent living situation.

The specialized van service offered through Davis CDBG funds ensures that Davis residents will receive the following services needed to live independently in the community: day treatment, vocational, food assistance and self-help. Through these services the following critical needs are met for those diagnosed with a chronic mentally illness: services which prevent psychiatric institutionalization, homeless prevention services, hunger prevention services, mental health services, and an employment program.

CDBG funds are used to employ a mental health client to drive the eight-passenger van. Hiring a mental health client to drive has proven to be an extremely effective means of providing the needed service, of providing an employment opportunity, and of demonstrating to participants of Haven House that employment is possible.

Without transportation to Haven House, Davis residents cannot easily access services necessary to maintain good mental health, housing and employment.

The cost per beneficiary, \$368 per year, is low. Public transportation does not provide service between Davis and Woodland during Haven House program hours and other specialized transportation services do not accept many of our clientele due to the symptoms of their mental illness. The cost of transportation ensures that mentally ill Davis residents will get the services they need to live effectively and productively in the community. Each year, approximately five percent of the Davis beneficiaries are transported from the homeless shelter.

## **b. Target Group**

Funding will enable 25 persons diagnosed with a mentally illness who have a very-low income and are Davis residents to receive day treatment, food closet and vocational services. The individuals served all have a diagnosis of serious and persistent mental illness which includes diagnoses such as schizophrenia and manic-depression. Individuals served by YCCC qualify as very-low income under federal guidelines. Often the mental illness is compounded by other health problems, substance abuse, and poverty. Homelessness is the result.

Due to the chronic nature of these illnesses, many of the individuals served are unable to live independently with out support from a mental health program. However, with training, support and a sense of hope, many individuals are able to not only live independently but also to maintain competitive employment in the community.

## **c. Outreach**

Outreach will include:

- ◆ Coordination of service planning with YCDADMHS, a primary referral source.
- ◆ Participation in groups with support services for the mentally ill including the Alliance for the Mentally Ill and Building Employment Support Teams (BEST).
- ◆ Participation in the Homeless Coalition to coordinate community resources.
- ◆ YCCC staff will provide weekly support to the seven supported housing programs located in Davis.

## TIMELINE

### Work Plan

<u>List Activity</u>	<u>Completion Date</u>
35 unduplicated Davis residents who are very-low income and have been diagnosed with a chronic mental illness will be transported between Davis and Woodland.	7/1/02 - 6/30/03
Counting each day as a unit of service, 1,000 units of service will be provided to very-low income Davis residents.	7/1/02 - 6/30/03
Bimonthly coordination of service meetings with YCDADMHS Case Managers will take place.	7/1/02 - 6/30/03
Agency participation in activities which support services for those with a chronic mental illness will occur monthly.	7/1/02 - 6/30/03
Weekly support will be given to Davis residents living in supported housing.	7/1/02 - 6/30/03

**CITY OF DAVIS  
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

**BUDGET SUMMARY\***

<b>Budget Category</b>	<b>Proposed Project</b>	<b>Other Sources</b>	<b>Total</b>
A. Salaries and Wages	\$ 9,200	\$13,885	\$23,085
B. Fringe Benefits	\$ 0	\$ 5,892	\$ 5,892
C. Consultant/Contract Services	\$ 0	\$ 0	\$ 0
<b>TOTAL PERSONNEL BUDGET</b>	<b>\$ 9,200</b>	<b>\$19,777</b>	<b>\$28,977</b>
D. Office Rent	\$ 0	\$ 3,530	\$ 3,530
E. Utilities	\$ 0	\$ 950	\$ 950
F. Telephone	\$ 0	\$ 500	\$ 500
G. Office Supplies	\$ 0	\$ 500	\$ 500
H. Equipment: Van Maintenance	\$ 0	\$ 1,650	\$ 1,650
I. Printing/Duplication	\$ 0	\$ 500	\$ 500
J. Travel/Conferences	\$ 0	\$ 0	\$ 0
K. Other (Specify): Insurance, Gas	\$ 0	\$ 6,600	\$ 6,600
<b>TOTAL NON-PERSONNEL BUDGET</b>	<b>\$ 0</b>	<b>\$14,230</b>	<b>\$14,230</b>
<b>TOTAL PROJECT BUDGET</b>	<b>\$9,200</b>	<b>\$34,007</b>	<b>\$43,207</b>

\* Please revise this form and annotate budget items as needed