

**CITY OF DAVIS**  
**2003-2004 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION**

**Organization Name:** Woodland Youth Services

Street Address: 9 Woodland Ave, Woodland, CA 95695  
Mailing Address: 9 Woodland Ave, Woodland, CA 95695  
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Phone Number: (530) 666-4622  
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Contact: Brenda Pate Address: 9 Woodland Ave, Woodland, CA 95695 Phone: (530) 666-4622

**Total Proposal Request:** \$9,600

(Check One)  On-going Support  New Project

**CDBG Eligibility Category:** Public Service

**National Objective Compliance/Low and Mod Benefit:** Area Benefit

**City Council Identified Critical Needs:**

- 1) Programs to Support Independent Living
- 2) Homeless Prevention Services
- 3) Hunger Prevention Services

PUBLIC SERVICE

NON-PUBLIC SERVICE

**Beneficiary Information:**

16	Total Number of beneficiaries in program
16	Total number of beneficiaries in program served with CDBG funds
100	Percentage of the CDBG beneficiaries with low/moderate income
\$2,442	Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)

## PROJECT NARRATIVE

### **a. Need**

As of September 2000, there were 556,000 children in foster care with 47% of those twelve or older. Woodland Youth Services provides the only program in Yolo County serving the twelve and up age group. All of the children at our Shelter Home and Crossroads House are homeless. After providing food and shelter, WYS gives intensive care to the children—from learning the basics such as reading and proper hygiene to learning job skills and life skills so that when they emancipate, they can live independently. Our new Transition Home will provide safe and supportive living accommodations for adolescents who are transitioning to living independently. A six month transition period will allow these youth to focus on finishing their education, become accustomed to the challenges of living on their own, gain experience in the job world and save money to secure their own housing.

The Adoption and Foster Care Analysis and Reporting System reports that youth in foster care often do not get the help they need with high school completion, employment, accessing health care, continued educational opportunities, housing and transitional living arrangements. These are the areas in which youth need support to learn how to manage the activities of daily living and maintain connections to siblings, other caring adults and peers. Studies of youth who have left foster care have shown they are more likely than those in the general population to not finish high school, be unemployed, and be dependent on public assistance. Many find themselves in prison, homeless, or parents at an early age.

### **b. Benefit**

When a child emancipates from Woodland Youth Services—ages out of the system—we have brought them from a vulnerable point to the highest position for the individual child, whether that's stable, safe or thriving. With few exceptions (since coming to WYS, some of the older children have secured after-school jobs), none of the children have any income at all. We feed them, house them, educate them and prepare them for emancipation. Last year, almost 70% of the youth we served were from Yolo County.

Our program stresses trust, independence, life skills training, good decision-making and the development of acceptable behaviors and coping mechanisms. Through the WYS program of safety, protection, care, compassion and growth, we have assisted adolescents in making positive choices and in opening doors to a future of success and self-sufficiency.

### **c. Other Resources and Collaboration**

WYS continues to develop and maintain collaborative relationships with several community agencies and organizations. WYS works closely with Yolo County Department of Mental Health, which provides psychological and psychiatric services, including EPSDT services, to qualifying residents (3632 placements—youth who cannot learn at school because of their home environment). These Yolo County services are limited and some children are ineligible. WYS also collaborates with Molina Medical Clinic, Peterson Clinic, Chappe-De Medical Clinic, Lincoln Dental, local public health clinics, Yolo Food Bank, Families First and Yolo Family Service Agency, among others. We regularly obtain funding from the City of Woodland, The City of Davis, Yolo County and the Woodland United Way.

Since this is a new project, we have talked with the Wayfarer Center in Woodland, the ILP Coordinator for Yolo County, and Diogenes Youth Services in Sacramento to position ourselves within the youth services community. We have determined that we are not duplicating services. In fact, there is a great need for transitional housing in Yolo County; there are no other options for our youth transitioning into independent living situations. Currently, many youth leaving the foster care system transition into

undesirable living arrangements. We believe that providing clean, safe and supportive housing will help them recognize and value their independence, and lead the way to successful and self-sufficient lives.

Each resident of the Transition Home will have a mentor—an adult who volunteers their time and expertise with helping the residents make the transition into independent living. This may mean teaching them how to go grocery shopping, listening to issues they have at work, helping them sort out what choices they have now and in the future, etc. WYS will also request the assistance of a public health nurse to check on the residents and help them with proper hygiene and illness prevention and management.

**d. Organizational Capacity**

Since 1985, Woodland Youth Services has been caring for children in crisis. Currently, we can accommodate sixteen children. Last year we provided 2,730 client service days to 91 children. WYS still takes children on an emergency basis, but we have changed our focus to provide more intensive services to a smaller group of youth who are largely under-served in Yolo County—troubled foster children in the 12 to 18 age group. Woodland Youth Services is the only agency in the County to help them address their overwhelming physical, behavioral and emotional issues.

See Attachment 1 for a list of Board Members.

## SCOPE OF SERVICES

**a. Project Description**

***The Emancipation Program at Crossroads House and the Shelter Home***

The Emancipation Program at WYS assists foster care youth to set goals and plan for emancipation. Each child will meet with the Emancipation Coordinator to discuss goals, and if the child is eligible (sixteen or older) and a long-term placement (over 60 days), he or she will establish a plan for emancipation. Each child will set realistic goals such as obtaining a high school diploma or GED, securing an ID card, living on their own (or in some cases with assistance), securing a job, and finding appropriate housing. WYS teaches emancipation classes at both the Shelter Home and Crossroads House once per week to all eligible children. The curriculum will be as follows:

- Personal finance: Budgets and Bankers- This program will focus on balancing a checkbook, paying bills, managing checking and saving accounts, living on a budget and preparing income tax returns.
- Education: The Road to Success- The focus of this program will be on study skills, setting short and long-term goals, availability of community resources, completing student application forms and applying for financial aid.
- General Living Skills- Apartment seeking, cooking, using public transportation, vehicle education, furnishing an apartment, finding assistance, developing social skills, surviving hard times and community resources will be taught in this module.
- Job Skills = Good Jobs- Computer training, vocational training, job skills training, job seeking, compiling resumes and cover letters, dressing and grooming appropriately and work ethic will be covered in this section.

One of the most important aspects of this program is the development of appropriate social skills. Everyday behaviors and positive habits can be demonstrated across all activities and in various social

interactions. During outings and seminars, social norms can be modeled and learned experientially through various group situations. The teens can also be encouraged to participate in community projects and learn the value of community service, teamwork, work ethic, self-assertion, initiative and critical thinking.

The next step will be to move on to the WYS Transition Home.

***Transitional Living Program at the Transition Home***

One of the biggest challenges for emancipating youth is, on their 18<sup>th</sup> birthday, they are expected to go out into the world with little experience living on their own and few job skills. Transitional housing allows the residents to live on their own, but at the same time, save money for their own housing, concentrate on jobs or school, and have the support of a friendly network if they need it.

The WYS 2-bedroom apartment will be completely furnished and will include a private or semi-private bedroom with a bed and dresser; each resident will have access to a standard kitchen, living area, a phone, a computer and a fax machine. Residents of the Transition Home will be required to live by the house rules: no drugs or alcohol (residents will be required to submit to drug testing); no overnight guests; curfew of 10 p.m. weeknights and 12 a.m. weekends (without prior approval); be in school or have a job (within 30 days of residency); and be required to attend independent living classes. Staff will visit the home randomly each day, and will assist the residents with making the transition to independent living. Each resident will spend approximately six months at the Transition Home, depending on the skills and abilities of the youth. Each resident will be required to pay a small participation fee, part of which will be returned upon graduation from the program. This money will help the youth to get started with their own home and future.

The entire budget (except for the administrative costs) will support direct services to homeless youth – all of our children are homeless. No other organization provides youth services to the 12 and up age group in Yolo County.

**b. Target Group**

The target group for this project is older foster youth and youth aging from the system at age 18. All of the children at the Shelter Home and Crossroads House are homeless and are low- and moderate-income. Following the Emancipation Program at WYS, we will guide the youth to the Transition Home. The Transition Home will be available to all emancipating youth in foster care in Yolo County, not only those residing at the WYS Crossroads House or Shelter Home.

**c. Outreach**

Woodland Youth Services will send letters to all Yolo County Foster Care Association parents as well as meet with Foster Care Licensing to discuss the benefits of the program.

## TIMELINE

### a. Work Plan

<u>List Activity</u>	<u>Completion Date</u>
Hire Transition House Staff (THS) Identify Emancipation Program Staff (EPS)	July
Secure apartment and purchase furniture	July
Meet with Foster Care Licensing and send letters to Foster Parent Families	July
THS and EPS coordinate activities and prepare for youth emancipations THS meets with each emancipating child to assess needs and set goals	July/August
First residents move into apartment	July/August
THS contacts local, regional and state programs for possible collaboration and materials	July/August
EPS and THS begin scheduling events, ordering supplies and working with administrative staff to prepare project calendar	August
Basic, day-to-day components of project calendar posted and implemented	September
Meetings with administrative staff and Program Director to evaluate, enrich and revise project	Ongoing
Meetings with each child to assess results and revise individual components accordingly	Ongoing
Addition of new components to the project	Ongoing
THS and EPS schedule and prepare for future youth emancipations	Ongoing

**CITY OF DAVIS  
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

***BUDGET SUMMARY FOR PROPOSED PROJECT\****

<b>Budget Category</b>	<b>Proposed Project</b>	<b>Other Sources</b>	<b>Total</b>
A. Salaries and Wages	\$8,736 (Transition staff) \$12,480 (Emancipation staff) \$1,861 (administration)	\$0 \$12,480 \$5,583	\$8,736 \$24,960 \$7,444
B. Fringe Benefits	\$0	\$8,424	\$8,424
C. Consultant/Contract Services	\$0	\$4,500	\$4,500
<b>TOTAL PERSONNEL BUDGET</b>	<b>\$23,077</b>	<b>\$30,987</b>	<b>\$54,064</b>
D. Office Rent	\$0	\$100	\$100
E. Utilities	\$1,800	\$0	\$1,800
F. Telephone	\$0	\$600	\$600
G. Office Supplies	\$0	\$50	\$50
H. Equipment	\$0	\$220	\$220
I. Printing/Duplication	\$0	\$100	\$100
J. Travel/Conferences	\$0	\$934	\$934
K. Other (Specify)	\$9,600 (apartment rental) \$2,000 (furniture) \$2,600 (food)	\$0	\$9,600 \$2,000 \$2,600
<b>TOTAL NON-PERSONNEL BUDGET</b>	<b>\$16,000</b>	<b>\$2,004</b>	<b>\$18,004</b>
<b>TOTAL PROJECT BUDGET</b>	<b>\$39,077</b>	<b>\$32,991</b>	<b>\$72,068</b>

**\*Please revise this form and annotate budget items as needed**

**NEW REQUIREMENTS:** All applicants are requested to submit a copy of their organizations 2002-2003 Year-End Operating Budget and a copy of their proposed 2003-2004 Operating Budget.

See Attachment 2 for a copy of Woodland Youth Services 2002-2003 Year-End Operating Budget and the proposed budget for 2003-2004.

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**CAPITAL PROJECT BUDGET SUMMARY\***

Budget Category	Proposed Project	Other Sources	Total
<b>Project Development</b> Wages and Salaries Fringe Benefits Materials Other Costs			
<b>Land Acquisition</b>			
<b>Design</b> Consulting Fees Materials Other Costs			
<b>Final Development</b> Wages and Salaries Fringe Benefits Materials Soft Costs Carrying Costs Fees Permits Other Costs			
<b>Renovation or Construction</b> Electrical Plumbing Heating Interior Rehabilitation Exterior Rehabilitation Grounds Improvements Framing Rough Finish			
<b>Maintenance</b> Grounds Other Maintenance			
<b>TOTAL PROJECT BUDGET</b>			

**\*Please revise this form and annotate budget items as needed**

# **Attachment 1**

## **Board of Directors**

### **WOODLAND YOUTH SERVICES**

#### **BOARD OF DIRECTORS**

**2003 – 2004**

Brenda Pate  
Chairman (non-voting member)  
Administrator – Woodland Youth Services  
903 Gibson Road  
Woodland, CA 95695  
(530) 666-4622

Christy Barton  
Vice Chairman/Secretary  
Assistant General Manager, Yolo County Flood Control  
and Water Conservation District  
160 Park Avenue  
Woodland, CA 95695  
(530) 662-0387

Ted Hoffman  
Treasurer  
Psychiatrist, Med/Clinic Sacramento  
29851 County Road 95  
Davis, CA 95612  
(530) 759-9763

Audrey Doehne  
Member at Large  
4 Linden Place  
Woodland, CA 95695  
(530) 662-0387

**Attachment 2**  
2002-2003 Year-End Operating Budget  
2003-2004 Proposed Budget

See following pages.