

2003-2004 CDBG APPLICATION WORKSHEETS AND INSTRUCTIONS

Organization Name: Yolo Community Care Continuum

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Total Proposal Request: \$ 9,000

(Check one) On-going Support New Project

CDBG Eligible Category: Public Service
(See List A)

National Objective Compliance/Low and Mod Benefit: Limited Clientele
(See List B)

City Council Identified Critical Needs: (See List C)

- 1) Programs to Support Independent Living
- 2) Hunger Prevention
- 3) Mental Health Services

PUBLIC SERVICE NON-PUBLIC SERVICE

Beneficiary Information:

24 Total number of beneficiaries in program
24 Total number of beneficiaries in program served with CDBG funds
100% Percentage of the CDBG beneficiaries with low/moderate income
\$375.00 Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

a. Need

Individuals with a severe mental illness such as schizophrenia or manic depression need daily structure to maintain their housing. The only venue for daily support for those not living in a board and care home is Haven House Day Rehabilitation located in Woodland. Mentally ill Davis residents attending this program do not have the ability or means to use public transportation to get to Woodland. Haven House offers treatment groups, vocational training, a food closet, and a daily lunch program.

Davis CDBG has funded transportation to Haven House in Woodland since 1992. Two major accomplishments have resulted. First, 80% of Davis residents residing in independent living and supported housing receive sufficient support to stay out of psychiatric hospitals. This percentage is above average for residents of supported housing elsewhere in the State. Second, the van driver position has been filled by mental health clients who have successfully received vocational counseling, and partially support themselves through this position. The current van driver has held this position for five years.

b. Benefit

All of the recipients of services are very-low income. Participants receive less than half (44%) of the income to qualify as very-low income.

Programs to Support Independent Living: Haven House provides mental health support, independent living skills, and resources necessary to help individuals with a mental illness maintain their housing.

Hunger Prevention Services: Haven House provides a daily lunch program, staffed by mental health clients as a part of vocational training. This meal is often the only healthy and balanced meal participants receive. Haven House also operates a food closet, staffed by mental health clients, which provides groceries to participants.

Mental Health Services: Haven House offers crisis-intervention, socialization and employment programs for individuals with a severe and chronic mental illness.

c. Other Resources and Collaboration

Funding for Haven House is provided through the following: Yolo County Department of Alcohol, Drug and Mental Health Services (YCDADMHS), Medi-Cal billing, State and Board fundraising. Ancillary services that support Haven House clients are funded

through the Department of Vocational Rehabilitation and Woodland United Way, **Fundraising** includes the annual appeal letter, semi-annual newsletter appeals, and donations from local service clubs.

Volunteers in the past year have included projects completed by AmeriCore and the Woodland Kiwanis club. Other volunteers have led art groups and have cooked a monthly lunch for Haven House participants.

Collaboration partners include YCDADMHS, Vocational Rehabilitation and the Food Bank of Yolo County.

Services which compliment Haven House include the Food Bank of Yolo County, Davis Community Meals and STEAC.

There are no other services which **duplicate** the services provided by Haven House.

d. **Organizational Capacity**

YCCC was incorporated in 1979. Funded by the YCDADMHS, YCCC was conceived as a way to provide a complete continuum of services to psychiatrically disabled individuals in Yolo County. YCDADMHS continues to contract with YCCC because services are effective in helping individuals manage their psychiatric illness and are a cost effective means of providing critical services. YCCC also receives funding from the State of California and HUD to provide supported housing to individuals with a mental illness.

The vocational services provided at Haven House are accredited by the Commission on Accreditation of Rehabilitation Facilities, indicating that both the program service and the entire agency meet nationally recognized standards for management and service delivery. The Day Treatment program offered at Haven House is certified to bill Medi-Cal for services, indicating that clinical practices meet Statewide standards.

Every effort is made to ensure accessibility of mental health services for Davis residents by providing transportation from Davis to YCCC programs, and by providing outreach to individuals with a severe and chronic mental illness. Haven House not only provides many services, but provides services specifically designed to meet the needs of people with a mental illness. Therefore, the services offered at Haven House continue to fill a unique need of Davis residents for mental health services.

Board of Directors is included as Attachment A.

SCOPE OF SERVICES

a. **Project Description**

This request will fund 30% of one full time van driver position. The van will provide door-to-door daily pick-up and drop-off service between Davis and Woodland. This request represents 28% of the total cost of providing transportation from Davis to Woodland for services at Haven House. The van driver position is filled by a person with a mental illness. All of the individuals receiving transportation are disabled and very-low income.

The cost per beneficiary is \$375 a year, or, roughly 1.40 a day per person. Individuals leave their homes between 8:00 and 8:30 and arrive at Haven House by 9:00 in time for program start. There is no cost to the client for this service.

Public transportation provided by Yolo Bus costs the client \$1.25 a day. They must walk to a bus stop many blocks from their homes, make one transfer in Woodland and arrive several blocks from Haven House 30 minutes after the program has started.

This ongoing funding is critical because without a transportation service, clients are unlikely to access public transportation even to get the services which help them to maintain their stability. Because our clients are very-low income they are unlikely to purchase a ticket or even a bus pass. There are very few clients who have the energy (due to the medications they take) for a long walk to the bus stop or from the bus stop to Haven House. Finally, the length of time on the bus, making a transfer, and the fact that they will arrive in Woodland after the program starts are all hardships for the individual who takes public transportation.

The cost of a private service, offered through Broderick Christian Service is prohibitive. It costs approximately \$10.00 per person per day to transport clients between Davis and Woodland.

b. **Target Group**

Twenty-four (24) Davis residents, or 100% of those served receive less than half of the income needed to qualify as very-low income.

c. **Outreach**

Outreach includes the following:

- Coordination of service planning with YCDADMHS.
- Participation in groups which support services for people with a mental illness including the homeless coalition, Alliance for the Mentally Ill, and the Alliance of Contractors.
- Weekly support for the 35 Davis residents who reside in supportive housing or live independently.

TIMELINE

ACTIVITY

24 unduplicated Davis resident who are very-low income will be transported between Davis and Woodland.

DATES OF COMPLETION

7/1/03 – 6/30/04

PROJECT BUDGET

Budget Narrative

YCCC has attached the budget for the project service, Haven House, for the funding period of 2003 – 2004.

In addition, YCCC is submitting the agency-wide budget for fiscal year 2002 – 2003 and an estimated budget for funding period 2003 – 2004.

Reviewers will note that the anticipated revenues do not increase between fiscal year 2002 – 2003 and 2003 – 2004. YCCC's revenues are not growing due to the impact that the State and Federal economy has had on funding for mental health programs. YCCC is anticipating that the best case scenario for fiscal year 2003 – 2004 is that budgets will remain at the same level and there will be no cuts to the mental health. YCCC has also prepared various budget scenarios to address potential cuts to funding. These are available upon request.

Also, please note that while the overall agency budget is quite large, all revenues within each program budget are restricted to that program.

For these two reasons, YCCC depends on CDBG funding to continue those services which enable those with a mental illness to maintain their housing, find jobs, and live as productive citizens in our community.

Attached: Proposed budget for Haven House for FY 2003 – 2004 (1 page)
 Current agency budget for FY 2002 – 2003 (4 pages)
 Proposed agency budget for FY 2003 – 2004 (4 pages)