

**CITY OF DAVIS**  
**2004-2005 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION**

**Organization Name:** Woodland Youth Services

Street Address: 9 Woodland Ave, Woodland, CA 95695  
 Mailing Address: 9 Woodland Ave, Woodland, CA 95695  
 E-mail Address: wys@afes.com  
 Phone Number: (530) 666-4622  
 Fax Number: (530) 666-5067

Contact: Brenda Pate Address: 9 Woodland Ave, Woodland, CA 95695 Phone: (530) 666-4622

**Total Proposal Request:** \$9,160

(Check One)  On-going Support  New Project

**CDBG Eligibility Category:** Public Service

**National Objective Compliance/Low and Mod Benefit:** Limited Clientele

**City Council Identified Critical Needs:**

- 1) Programs to Support Independent Living
- 2) Homeless Prevention Services
- 3) Hunger Prevention Services

PUBLIC SERVICE  NON-PUBLIC SERVICE

**Beneficiary Information:**

|       |   |
|-------|---|
| 60    | Total Number of beneficiaries in program                        |
| 42    | Total number of beneficiaries in program served with CDBG funds |
| 100   | Percentage of the CDBG beneficiaries with low/moderate income   |
| \$218 | Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)     |

## PROJECT NARRATIVE

### **a. Need**

Unfortunately, the statistics for foster children rarely change. According to the U.S. Department of Health and Human Services, there were 533,897 children in foster care in 2002, with over 100,000 of those in California. More than 45% of these children are ages 11 and up. Woodland Youth Services provides the only program in Yolo County serving the twelve and up age group. All of the children at our Shelter Home and Crossroads House are homeless and low income. After providing food and shelter, WYS gives intensive care to the children—from learning the basics such as reading and proper hygiene to learning job skills and life skills so that when they leave foster care, they are prepared to live independently and break the cycle of dependency. Last year, about 50% of the youth we served were from Yolo County.

The Adoption and Foster Care Analysis and Reporting System reports that youth in foster care often do not get the help they need with high school completion, employment, accessing health care, continued educational opportunities, housing and transitional living arrangements. These are the areas in which youth need support to learn how to manage the activities of daily living and maintain connections to siblings, other caring adults and peers. Studies of youth who have left foster care have shown they are more likely than those in the general population to not finish high school, be unemployed, and be dependent on public assistance. Many find themselves in prison, homeless, or parents at an early age.

### **b. Benefit**

When a child leaves Woodland Youth Services—ages out of the system—we have brought them from a vulnerable point to the highest position for the individual child, whether that's stable, safe or thriving. We feed them, house them, educate them and prepare them for a successful life outside the system.

Our program stresses trust, independence, life skills training, good decision-making and the development of acceptable behaviors and coping mechanisms. Through the WYS program of safety, protection, care, compassion and growth, we have assisted adolescents in making positive choices and in opening doors to a future of success and self-sufficiency. The theory is expressed in the proverb "It is better to teach a child to fish than to give a child a fish."

### **c. Other Resources and Collaboration**

Past funding sources for Woodland Youth Services include the Yolo County Community Services Block Grant, Woodland United Way, City of Woodland Community Development Block Grant, individuals, the local business community, local non-profit organizations, corporate grants and fundraising campaigns. We continue to research other funding sources.

WYS is an active member of the Yolo County Homeless Coalition, the countywide group of organizations serving the homeless and low-income residents. Together, we have collaborated on grants, a formal HMIS system for the County homeless providers and outreach/marketing.

In addition, WYS works closely with Yolo County Department of Mental Health, which provides psychological and psychiatric services, including EPSDT services, to qualifying residents (3632 placements—youth who cannot learn at school because of their home environment). WYS also collaborates with Molina Medical Clinic, Peterson Clinic, Chappel-De Medical Clinic, Lincoln Dental, local public health clinics, Yolo Food Bank, Families First and Yolo Family Service Agency, among others. All eligible children at WYS attend Yolo County Independent Living Program classes.

**d. Organizational Capacity**

Since 1985, Woodland Youth Services has been caring for children in crisis. We are a 501(c)(3) corporation governed by a Board of Directors. Currently, we can accommodate sixteen children; last year we provided almost 2,000 client service days to 60 children. Our target population is largely under-served in Yolo County—troubled foster children in the 12-to-18 age group. Woodland Youth Services is the only agency in the County to help them address their overwhelming physical, behavioral and emotional issues.

See Attachment 1 for a list of Board Members.

**SCOPE OF SERVICES**

**a. Project Description**

The Emancipation Program at WYS assists foster care youth to set goals and plan for emancipation. While each child works on their individual plans, he or she is also required to take part in in-house life skills classes organized and/or taught by the Emancipation Coordinator. Classes are sometimes taught by outside facilitators and mentors—bankers, teachers, nutritionists, nurses, CPAs, chefs, etc. These classes feature basic living skills, like budgeting and banking, nutrition, food preparation, personal hygiene and behavior, obtaining and maintaining employment and proper home cleaning techniques.

The Emancipation Coordinator’s responsibility is to assist eligible youth in preparing for a successful entry into adult life, reducing or eliminating the dependence on other City and County services. She provides a one-on-one guidance for each child in the areas of:

- Education: Study skills, setting short and long-term goals, availability of community resources, completing student application forms and applying for financial aid. Achieving basic literacy and math skills at a high school graduate level either through traditional schooling or equivalency testing.
- Career: Vocational training, job readiness, job search assistance, placement programs, compiling resumes and cover letters, dressing and grooming appropriately and work ethic.
- Life: Money management, home management, consumer skills, parenting, health care, access to community resources, transportation and housing.
- Personal: Anger management, developing social skills, surviving hard times, using community resources, communication skills, parenting and hygiene

Educational stability and achievement for children in foster care is an important aspect of insuring a successful transition to self-sufficiency. The Emancipation Coordinator has helped 5 children get into classes at the local community college as well as attending high school.

Another important aspect of this program is the development of appropriate social skills. Everyday behaviors and positive habits can be demonstrated across all activities and in various social interactions. During outings and seminars, the Emancipation Coordinator models social norms and the children learn experientially through various group situations. The Emancipation Coordinator also organizes

opportunities to participate in community projects and learn the value of community service, teamwork, work ethic, self-assertion, initiative and critical thinking.

In today's world, becoming independent can be an overwhelming and frightening process. The Emancipation Coordinator is key to the children's success. Without the assistance of our Emancipation Coordinator, the youth at our facility would not get the attention or direction they need to achieve their goals of self-sufficiency:

- Sufficient income to meet daily needs
- A safe and stable place to live
- Sufficient academic and/or vocational training that is in keeping with the youth's goals, interests and abilities
- Connections to and emotional support from a variety of adults outside of the public child welfare system
- Avoidance of high risk behaviors
- Postponement of parenthood until emotionally and financially capable of parenting
- Access to routine mental health, health and dental health care

**b. Target Group**

The target group for this project is older foster youth. All of the children at the Shelter Home and Crossroads House are homeless and are low-income. Last year, WYS provided over 5,500 bed nights per year for 60 youth.

**c. Outreach**

Woodland Youth Services sends information to all social services offices throughout our area. We are also known to the health and welfare agencies, other homeless providers, foster care agencies and the local police and sheriff's offices.

## TIMELINE

### a. Work Plan

| <u>List Activity</u>   | <u>Completion Date</u> |
|--|------------------------|
| Meetings with administrative staff and Program Director to evaluate, enrich and revise project | Ongoing                |
| Meetings with each child to assess results and revise individual components accordingly        | Ongoing                |
| Addition of new components to the project  | Ongoing                |

**CITY OF DAVIS  
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

***BUDGET SUMMARY FOR PROPOSED PROJECT\****

| <b>Budget Category</b>            | <b>Proposed Project</b>                                | <b>Other Sources</b> | <b>Total</b>        |
|-----------------------------------|--|----------------------|---------------------|
| A. Salaries and Wages             | \$6,240 (Emancipation staff)<br>\$549 (administration) | \$18,720<br>\$1,647  | \$24,960<br>\$2,196 |
| B. Fringe Benefits                | \$2,106  | \$6,318              | \$8,424             |
| C. Consultant/Contract Services   | \$0  | \$4,500              | \$4,500             |
| <b>TOTAL PERSONNEL BUDGET</b>     | <b>\$8,895</b>   | <b>\$26,685</b>      | <b>\$35,580</b>     |
| D. Office Rent                    | \$0  | \$0                  | \$0                 |
| E. Utilities                      | \$0  | \$0                  | \$0                 |
| F. Telephone                      | \$25   | \$75                 | \$100               |
| G. Office Supplies                | \$15   | \$45                 | \$60                |
| H. Equipment                      | \$0  | \$0                  | \$0                 |
| I. Printing/Duplication           | \$25   | \$75                 | \$100               |
| J. Travel/Conferences             | \$200  | \$600                | \$800               |
| K. Other (Specify)                | \$0  | \$0                  | \$0                 |
| <b>TOTAL NON-PERSONNEL BUDGET</b> | <b>\$265</b>   | <b>\$795</b>         | <b>\$1,060</b>      |
| <b>TOTAL PROJECT BUDGET</b>       | <b>\$9,160</b>   | <b>\$27,480</b>      | <b>\$36,640</b>     |

**\*Please revise this form and annotate budget items as needed**

*NEW REQUIREMENTS:* All applicants are requested to submit a copy of their organizations 2002-2003 Year-End Operating Budget and a copy of their proposed 2003-2004 (Current) Operating Budget and a copy of their proposed 2004-2005 Operating Budget

See Attachment 2 for Woodland Youth Services 2002-2003 Year-End Operating Budget, 2003-2004 Operating Budget and the proposed budget for 2004-2005.

**Attachment 1**  
**Board of Directors**

**WOODLAND YOUTH SERVICES**

**BOARD OF DIRECTORS**  
**2003 – 2004**

Brenda Pate  
Chairman (non-voting member)  
Administrator – Woodland Youth Services  
903 Gibson Road  
Woodland, CA 95695  
(530) 666-4622

Christy Barton  
Vice Chairman/Secretary  
Assistant General Manager, Yolo County Flood Control  
and Water Conservation District  
160 Park Avenue  
Woodland, CA 95695  
(530) 662-0387

Ted Hoffman  
Treasurer  
Psychiatrist, Med/Clinic Sacramento  
29851 County Road 95  
Davis, CA 95612  
(530) 759-9763

Audrey Doehne  
Member at Large  
4 Linden Place  
Woodland, CA 95695  
(530) 662-0387

**Attachment 2**  
2002-2003 Year-End Operating Budget  
2003-2004 Projected Budget  
2004-2005 Projected Budget

See following pages.