

CITY OF DAVIS
2004-2005 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

Organization Name: City of Davis, Parks and Community Services (Inclusive Recreation Program)
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(Be sure to list the best contact to get information to the organization as quickly as possible.)

Total Proposal Request: **\$ 13,200**

(Check one) x On-going Support New Project

CDBG Eligible Category: Public Service

National Objective Compliance/Low and Mod Benefit: Limited Clientele

City Council Identified Critical Needs:

1) Mental Health Services

PUBLIC SERVICE x

NON-PUBLIC SERVICE

Beneficiary Information:

<u>108</u>	Total number of beneficiaries in program
<u>108</u>	Total number of beneficiaries in program served with CDBG funds
<u>90%</u>	Percentage of the CDBG beneficiaries with low/moderate income
<u>\$122.22</u>	Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

a. Need

Although the Americans with Disabilities Act of 1990 and other state and federal mandates have increased community access for persons with disabilities, they are still considered to be significantly disadvantaged socially and economically by many experts.. Most persons with disabilities receive and require services and support from numerous state and local agencies. Even after the passage of the ADA, the 2000 Census indicated that 75% of persons with disabilities continue to be unemployed or under-employed. Within Yolo County, the majority of the developmentally disabled leave high school only to enter segregated work or day programs. Social interaction with the typical community is severely limited.

Recreation and leisure experiences are key ingredients to the quality of life. No one argues the benefits of prolonged active mental and physical health. For persons with disabilities, social interactions, leisure experiences and consistent physical activity are essential. Persons with developmental disabilities and mental health issues are more prone to obesity and other health-related issues, in part because of medications many have to take for a life-time.

The Center for Disease Control estimates that 17% of United States children and teens are diagnosed with developmental disabilities. The local Alta California Regional Center indicates that they serve over 400 disabled children, youth and adults in Yolo County. In the last five years alone, the growth of autism has been so significant that the University MIND Institute in Sacramento was developed to research and study why there has been such a dramatic increase in this particular disability.

The need to provide support for individuals enrolled in typical recreation classes, as mandated by the ADA is on-going.

Pine Tree Gardens, a program that offers a variety of programs for persons with mental illness issues, serves an extremely underserved population. A portion of the CDGB funds requested will enable Pine Tree Gardens clientele to increase their recreation and leisure needs. Elevated physical activity within a community setting has been one of the focuses this past year. As is true for people with developmental disabilities, support for persons with mental illness to participate in community life is critical to success and meaning. Pine Tree Gardens serves a unique niche in our community.

Over 1300 hours of support service and 1600 program hours were provided to disabled children in 2003 to enable them to participate in typical recreation programs including gymnastics, sports camps, playground programs, trips, cooking camp, horseback riding, and swimming lessons. Without support, the participation of these individuals would not have been possible. The participants, whose disabilities included autism, cerebral palsy, down's syndrome, and neurological disorders, interacted positively with other participants, learned new recreational skills and gained confidence in their abilities.

b. Benefit

The purpose of the Inclusive Recreation Program is to enhance the quality of life for persons with disabilities through access to recreation and leisure pursuits. All of the recipients have a critical need for “mental health services – socialization for chronically mentally-ill and disabled”. The adults with disabilities served are living on SSI or SSA.

c. Other Resources and Collaboration

In addition to CDBG funding, the City of Davis, Parks & Community Services Department provides funding for the Alternative Recreation and Inclusive Recreation Program. The Americans with Disabilities Act requires the City of Davis to provide support to allow individuals in the community to participate in City of Davis recreation programs. The City provides this support through the Inclusive Recreation Program. If CDBG funding for Inclusive Recreation is cut, the City Council may consider reducing other programs for the disabled in order to fund the Inclusive Recreation Program. This includes the Alternative Recreation program, a program for the developmentally disabled, and also programs for the mentally ill.

It has been difficult to use volunteers in the Inclusive Recreation Support Service Program because the staff require 1) knowledge of a wide variety of disabilities and 2) experience working with individuals with disabilities.

We are unaware of any organization other than Pine Tree Gardens that provide recreational experiences for persons with mental illnesses. There are no other groups in Davis that specifically provide support to enable disabled individuals to fully participate in recreation programs.

d. Organizational Capacity

The Alternative Recreation program administers this project, under the umbrella of the City of Davis, Parks & Community Services Department. The Department has provided recreation services for persons with disabilities for 30 years. The City Council serves as the Board of Directors.

The Inclusive Recreation Program fills a niche that is not filled by any other organization in Davis. The sole mission of inclusive recreation is to ensure that individuals with disabilities participate in meaningful recreation activities with their non-disabled peers as mandated by law.

SCOPE OF SERVICES

a. Project Description

The Inclusive Recreation Program will provide recreational opportunities for persons with both developmental disabilities and mental illnesses by providing support and necessary accommodations for individuals to attend City of Davis classes and programs. Developmental disabilities include autism, cerebral palsy, mental retardation, epilepsy and other neurological conditions that impair cognitive development. Mental illnesses include, but are not limited to, bi-polar disorders, severe phobias, schizophrenia and manic depression. Typically, a ratio of one staff person per participant is required to allow a disabled person to fully participate in a recreation program. No other agency in Davis provides support to “include” the disabled in recreation programs. Recreation programs for the mentally ill will also be provided through this grant. The programs will be provided by Pine Tree Gardens, an organization that serves the mentally ill. Pine Tree Gardens will provide a wide variety of classes and activities to the mentally ill (e.g. dances, sing-a-longs, exercises classes, art programs, field trips).

The City’s cost per beneficiary cannot be compared to other agencies since the service is not provided by other agencies.

Although this program is open to the homeless, in the past, there have not been any homeless participants.

100% of the CDBG funds will be used to directly fund programs for CDBG eligible clients.

b. Target Group

This project will serve 108 low to moderate income individuals.

c. Outreach

The City of Davis, Parks & Community Services Department publishes a Recreation Schedule three times a year. It lists class schedules and programs available to the community. In addition, flyers and press releases in the newspaper are utilized to advertise programs.

The Alternative Recreation Coordinator conducts presentations to various community groups in order to publicize the Inclusive Recreation Program and its services.

Information about the Alternative Recreation program is mailed out monthly to special education teachers, social service case managers, other disabled service providers and interested community members.

TIMELINE

Work Plan (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
Staff Training	Quarters 1 – 4
Networking with Pine Tree Gardens	Quarters 1 – 4
Program Publicity	Quarters 1 – 4
Maintain Accurate Attendance and Account Records	Quarters 1 – 4
Program Evaluation	Quarters 1 – 4

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

BUDGET SUMMARY FOR PROPOSED PROJECT*

Budget Category	Proposed Project	Other Sources	Total
A. Salaries and Wages	\$11,100	\$22,345	\$33,445
B. Fringe Benefits	0	\$14,104	\$14,104
C. Consultant/Contract Services	\$2,100	\$2000	\$4,100
TOTAL PERSONNEL BUDGET	\$13,200	\$38,449	\$51,649
D. Office Rent	0	0	0
E. Utilities	↓	↓	↓
F. Telephone	↓	↓	↓
G. Office Supplies	↓	↓	↓
H. Equipment	↓	↓	↓
I. Printing/Duplication	↓	↓	↓
J. Travel/Conferences	↓	↓	↓
K. Other (Specify)	↓	↓	↓
TOTAL NON-PERSONNEL BUDGET	0	0	0
TOTAL PROJECT BUDGET	\$13,200	\$38,449	\$51,649

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

2003 – 2004 OPERATING BUDGET

Budget Category	Project	Other Sources	Total
A. Salaries and Wages	\$11,366	\$22,345	\$33,711
B. Fringe Benefits	0	\$14,104	\$14,104
C. Consultant/Contract Services	\$2,100	\$2000	\$4,100
TOTAL PERSONNEL BUDGET	\$13,466	\$38,449	\$51,915
D. Office Rent	0	0	0
E. Utilities	↓	↓	↓
F. Telephone	↓	↓	↓
G. Office Supplies	↓	↓	↓
H. Equipment	↓	↓	↓
I. Printing/Duplication	↓	↓	↓
J. Travel/Conferences	↓	↓	↓
K. Other (Specify)	↓	↓	↓
TOTAL NON-PERSONNEL BUDGET	0	0	0
TOTAL PROJECT BUDGET	\$13,466	\$38,449	\$51,915

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

2002 – 2003 Year End Budget

Budget Category	Project	Other Sources	Total
A. Salaries and Wages	\$10,562	\$21,907	\$32,469
B. Fringe Benefits	0	\$13,828	\$13,828
C. Consultant/Contract Services	\$2,100	\$2000	\$4,100
TOTAL PERSONNEL BUDGET	\$12,662	\$35,735	\$50,397
D. Office Rent	0	0	0
E. Utilities	↓	↓	↓
F. Telephone			
G. Office Supplies			
H. Equipment			
I. Printing/Duplication			
J. Travel/Conferences			
K. Other (Specify)	↓	↓	↓
TOTAL NON-PERSONNEL BUDGET	0	0	0
TOTAL PROJECT BUDGET	\$12,662	\$35,735	\$50,397