

Yolo Community Care Continuum

2006-2007 CDBG APPLICATION

Organization Name: Yolo Community Care Continuum

Street Address: 1950 5th Street, Davis CA 95616

Mailing Address: PO Box 1101, Davis CA 95616

E-mail Address: main@y3c.org

Phone Number: 530 758 2160

Fax Number: 530 758 1386

Contact: Kate Hutchinson Address: 1950 5th Street Phone: 530 758 2160

(Be sure to list the **best contact** to get information to the organization as quickly as possible.)

Total Proposal Request: **\$24,047**

(Check one) On-going Support New Project

CDBG Eligible Category: Public Facility
(See List A)

National Objective Compliance/Low and Mod Benefit: Limited Clientele
(See List B)

City Council Identified Critical Needs: (See List C)

- 1) Public Facilities
- 2) Mental Health Services
- 3) Prevention of Homelessness

PUBLIC SERVICE NON-PUBLIC SERVICE

Beneficiary Information:

8 annually Total number of beneficiaries in program

Up to 200 (over 25 yrs.) Number of beneficiaries in program to be served with **CDBG** funds

100% Percentage of the **CDBG** beneficiaries with low/moderate income

\$120.24 Cost (\$) per **CDBG** beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

a. Need

The Farmhouse has been providing residents of the City of Davis and Yolo County a unique residential treatment program since 1979. The Farmhouse was a collaborative effort of parents of individuals suffering from severe mental illness with no where to go but to a locked facility. The Farmhouse offered these individuals an opportunity to learn life and coping skills otherwise neglected due to the severity of their illness and a renewed sense of hope. They could now transition from a locked facility into the Davis community because of this program. Without the program, these very low-income individuals would be unable to live in the community, become homeless, require increased crisis hospitalization, and may even require long-term hospitalization. With the legacy of care these parents left their children, very low-income individuals in our community suffering from a severe mental illness no longer have to go through a revolving door, from a locked facility to homelessness, but now have the life and coping skills to reintegrate successfully into the community.

b. Benefit

With the Davis CDBG funding, this new roof is needed for a multitude of reasons: repair, safety, and long-term building maintenance. Though the Farmhouse serves 8 people annually, the benefit of this project would affect up to 200 people at \$120.24 per person because the proposed roof would last 25 years.

Just over a year ago, the roof The Farmhouse had begun to leak profusely into the living room. The clients were forced to avoid socializing in their common area because of safety precaution and their discomfort. It had created a sense of neglect among them while they awaited its repair. Though YCCC was able to get volunteers to patch the large holes in the ceiling of the living room, the roof has yet to be repaired. Providing milieu therapy (a therapeutic environment) requires having a home that is both safe and inviting.

In addition to their milieu therapy, the services provided at The Farmhouse teach Davis clientele the skills necessary to be successful and contributing individuals in our community. These skills include coping with their psychiatric symptoms, medication management, money management, shopping, cooking, social skills, health and hygiene, vocational experience, and many more independent living skills. Each of these Davis residents served qualifies as very-low income.

The Farmhouse also provides a unique experience to people who have historically been cared for by others in a locked facility or by their parents: an opportunity to care for each other and the animals on the farm. This ignites a new sense of pride and self-worth as they begin to see that they can care for themselves when they reintegrate into the community.

Providing a safe and well-maintained home-environment is what makes the clients motivated to care for themselves. When clients know how to manage their symptoms and live independently, they are more likely to be successful and contributing members of our community. This project is a step towards long-term maintenance of a program that provides very-low income people with severe mental illness a chance to reintegrate into the Davis community.

The Farmhouse meets several critical needs identified by the City Council. Public Facilities: unique long-term residential treatment program that provides a home-like environment for residents of Davis and Yolo County; through regular repairs, renovations, and necessary maintenance, the program is a viable solution to decrease hospitalizations and homelessness. Mental Health Services: crisis intervention occurs at early stages of escalation with the goal of avoiding psychiatric hospitalization; socialization occurs on a daily-basis with other clients on The Farmhouse; volunteering in the community or employment is encouraged as part of their personal development plan. Homeless Prevention Services: due to their very-low income, each resident is at risk of homelessness, many become homeless if they are thrown back into the community without the independent living skills they would otherwise learn at The Farmhouse.

c. Other Resources and Collaboration

Funding for The Farmhouse is provided through the following: Yolo County Department of Mental Health, County Yolo Community Care Continuum

of Yolo Planning and Public Works Department, and various individual donors. Volunteers participate in painting, gardening, repairing, plumbing, and reconstructing The Farmhouse. They also donate by providing gifts during holiday times, food, furniture, materials for the repairs, and labor. Other organizations in our community have donated time to find The Farmhouse clients a place of residence, assistance in moving them, and disposing of their unwanted materials. Volunteers have included the National Alliance for the Mentally Ill, Craftsmen for Christ, The Home Depot, The Heffer Project, UC Davis undergraduates, Plain Field Fire Station, Davis Waste Removal, GET JUNK, Lampost Pizza, Woodstock Pizza, Wells Fargo Bank, Yolo County Sheriff's Department, Yolo County Landfill, Windmill Feed, Woodland Lodge, Broadway Pharmacy, The Nugget, Peet's Coffee and Tea, Starbucks, Safeway, Floor Store of Davis, and many individual donors.

YCCC collaborates with Community Housing Opportunities Corporation (CHOC) to develop housing opportunities for residents. YCCC also collaborates with the Yolo County Department of Mental Health and the Yolo County Conservator's office to provide support services to residents. Other services which compliment the services provided by YCCC to The Farmhouse residents include the Food Bank for provision of food and Right and Relevant for the provision of clothing and jobs for our residents.

d. **Organizational Capacity**

Yolo Community Care Continuum was incorporated in 1979. Our mission is to provide services and advocacy for individuals with a serious mental illness. Our primary funding source is Yolo County Department of Mental Health (YCMH). YCMH contracts with YCCC for the provision of housing and other services because the services provided are effective in helping individuals manage their illness and are a cost-effective means of providing critical mental health, housing, financial and vocational support. Services provided through YCCC are accredited by CARF, the Commission on the Accreditation of Rehabilitation Facilities, a national accrediting body which evaluates all aspects of agency management and provision of vocational services.

YCCC provides an array of services designed to maximize an individual's stability and productivity in the community. Services include a crisis residential shelter (Safe Harbor), a long-term residential treatment program (The Farmhouse), Regional Resource Centers located in the three major Yolo County communities, Davis, Woodland and West Sacramento, which provide case management, vocational, socialization and advocacy services, a Representative Payee program and New Dimensions Supportive Housing.

YCCC is the only agency in Yolo County which provides services specifically designed for individuals with serious and persistent mental illness.

List of Board of Directors is attached.

SCOPE OF SERVICES

a. **Project Description**

Funding from Davis CDBG pays for the removal of the existing materials, new decking, ventilation, a moisture barrier, 30 lb. underlayment, a perimeter drip edge, 5 inch aluminum gutters, down spouts, and labor. Ensuring safety and maintenance of the property will enable the program to be sustainable and viable for very low-income city residents suffering from severe mental illness.

This project is new. Funds are needed to repair the approximately 55 year old house. The cost per beneficiary is \$120.24 for approximately 200 residents over 25 years. This rate can not be compared to private or other organizations because YCCC is providing a unique service in this community.

One-hundred percent of the proposed CDBG budget will go towards the new roof project at The Farmhouse. Due to their low income, all residents are at risk of homelessness or hospitalization. Some residents were homeless living on the streets or living in an institution prior to residing at The Farmhouse.

b. **Target Group**

Funding will not only enable 8 individuals annually diagnosed with a mental illness, a very-low income, and are Davis residents to have a safe and well-maintained environment while receiving treatment at The Farmhouse, but over the life-span of the roof, 25 years, the funding will affect up to 200 individuals. The individuals served all have a diagnosis of serious and persistent mental illness including diagnoses such as schizophrenia and manic-depression. Individuals served by YCCC qualify as very-low income under federal guidelines. Often the mental illness is compounded by other health problems, substance abuse, and poverty. Hospitalization or homelessness is often the result.

c. **Outreach**

Outreach includes:

- Coordination of service planning with the Yolo County Department of Mental Health
- Participation in the Homeless Coalition to coordinate funding and community resources
- Participation in groups which provide support to the mentally ill including the National Alliance of the Mentally Ill and Mental Health Services Act Committee
- Continued partnership to manage the Homestead Cooperative and to develop other housing resources within Davis and Yolo County

PERFORMANCE SCHEDULE

List Activity

Completion Date

Remove existing materials	9/1/06 -- 9/15/07
New decking, ventilation, moisture barrier	9/15/06 -- 9/22/07
30 lb. underlayment, perimeter drip edge	9/22/06 --9/27/07
5" aluminum gutters, down spouts	9/27/06 -- 9/30/06
City Inspector	10/1/06

PERFORMANCE MEASUREMENTS

ACTIVITY	INDICATOR	OUTCOME
Remove existing materials	Progress report	
New decking, ventilation, moisture barrier	Progress report	
30 lb. underlayment, perimeter drip edge	Progress report	

5" aluminum gutters, down spouts	City inspector	New roof; insurance of the safety and longevity of The Farmhouse program
-------------------------------------	----------------	---

PROJECT BUDGET

Budget Category	Proposed Project	Other Sources	Total
Project Development Wages and Salaries Fringe Benefits Materials Other Costs			
Land Acquisition			
Design Consulting Fees Materials Other Costs			
Final Development Wage and Salaries Fringe Benefits Materials Soft Costs Carrying Costs Fees Permits Other Costs			
Renovation Electrical Plumbing Heating Interior Rehabilitation Exterior Rehabilitation Grounds Improvements: NEW ROOF Framing Rough Finish	\$24,047	\$3,000	\$27,047
Maintenance Grounds Other Maintenance			
Total Project Budget	\$24,047	\$3,000	\$27,047

Expenses: Personnel

	Safe Harbor	Farmhouse	Davis RRC	Wood RRC	WS RRC	Housing	Payee
Personnel	250,531.00	258,033.00	121,334.00	113,795.00	113,945.00	22,033.00	34,553.00
FICA	19,165.00	18,149.00	9,282.00	8,705.00	8,716.00	1,685.00	2,643.00
Benefits	27,435.00	29,299.00	14,984.00	13,916.00	13,934.00	2,321.00	4,267.00
Unemployr	2,505.00	2,372.00	1,213.00	1,137.00	1,139.00	220.00	345.00
Workers C	22,021.00	22,699.00	10,665.00	10,002.00	10,015.00	2,053.00	3,037.00
TOTAL	321,657.00	330,552.00	157,478.00	147,555.00	147,749.00	28,312.00	44,845.00

Expenses: Operating

	Safe Harbor	Farmhouse	Davis RRC	WoodRRC	WS RRC	Housing	Payee
Phone	4,800.00	2,500.00	3,000.00	1,800.00	2,000.00	2,500.00	1,200.00
Internet		200.00					
Cell phone	600.00	1,560.00	1,220.00	1,600.00	1,700.00		
Food	8,000.00	16,000.00	300.00	400.00	300.00	400.00	
Facility Ma	3,900.00	7,000.00	600.00	1,200.00	900.00	3,000.00	700.00
Pest Control & yard			400.00	400.00		4,000.00	
Insurance	6,000.00	11,158.00	2,800.00	3,000.00	2,358.00	4,000.00	1,075.00
Equipment	1,200.00	1,600.00	600.00	900.00	800.00	100.00	180.00
Technology	100.00	100.00	100.00	100.00	100.00	100.00	1,380.00
Taxes, Lic	2,100.00	2,000.00	400.00	400.00	300.00	350.00	
Advertising	240.00	600.00	300.00	300.00	300.00		
Publications		100.00	50.00	50.00	50.00		
Depreciatid	9,708.00	8,400.00	200.00	2,400.00	300.00	3,450.00	210.00
Office Sup	2,400.00	2,500.00	1,200.00	1,000.00	1,200.00	100.00	6,600.00
Cable TV						6,060.00	
Program S	4,000.00	4,000.00	2,000.00	2,000.00	2,000.00	1,600.00	
Pre-Vocational Supplies		4,800.00					
Medical Su	300.00	700.00					
Furniture							
Recreation	300.00	600.00	300.00	300.00	300.00		
Leased Eq	300.00	2,171.00	200.00	1,200.00	900.00		
Rent	6,000.00	26,586.00	12,000.00	3,800.00	6,424.00	118,050.00	1,200.00
Rent subsidy							
Mortgage interest M						7,580.00	
Training	1,500.00	2,000.00	600.00	600.00	600.00	200.00	300.00
Vehicle gas	1,800.00	4,500.00	1,000.00	1,000.00	1,000.00		
Vehicle rep	300.00	1,500.00	1,600.00	1,800.00	1,600.00		
Staff travel	900.00	300.00	1,200.00	1,200.00	1,200.00		420.00
Utilities	3,600.00	5,900.00	3,000.00	1,800.00	2,000.00	21,444.00	200.00
TOTAL	58,048.00	106,775.00	33,070.00	27,250.00	26,332.00	172,934.00	13,465.00
TOTAL O&	379,705.00	437,327.00	190,548.00	174,805.00	174,081.00	201,246.00	58,310.00
Adminsitra	56,955.75	65,599.05	28,582.20	26,220.75	26,112.15	30,186.90	8,746.50
GRAND TO	436,660.75	502,926.05	219,130.20	201,025.75	200,193.15	231,432.90	67,056.50

SHP	AB2034	TOTAL
14,389.00	63,098.00	991,711.00
1,101.00	4,827.00	74,273.00
892.00	7,792.00	114,840.00
143.00	357.00	9,431.00
1,265.00	5,546.00	87,303.00
17,790.00	81,620.00	1,277,558.00

SHP	AB2034	TOTAL
1,200.00	1,200.00	20,200.00
		200.00
390.00	2,340.00	9,410.00
11,000.00	600.00	37,000.00
5,000.00	3,500.00	25,800.00
2,500.00		7,300.00
1,500.00	1,500.00	33,391.00
1,500.00		6,880.00
1,000.00	100.00	3,080.00
	2,400.00	7,950.00
		1,740.00
		250.00
		250.00
5,320.00	1,000.00	21,320.00
3,058.00		
1,000.00	1,000.00	17,600.00
		4,800.00
1,937.00	500.00	3,437.00
1,000.00		1,000.00
		1,800.00
		4,771.00
27,241.00	36,000.00	237,301.00
	39,000.00	39,000.00
	300.00	6,100.00
4,200.00	1,000.00	14,500.00
	1,200.00	8,000.00
1,344.00	3,000.00	9,564.00
5,000.00	5,000.00	47,944.00
74,190.00	99,640.00	611,704.00
91,980.00	181,260.00	1,889,262.00
3,968.00	17,821.00	264,192.30
95,948.00	199,081.00	2,153,454.30