

SECTION 7

2006 - 2007

**COMMUNITY DEVELOPMENT BLOCK GRANT
APPLICATION FORM**

CITY OF DAVIS
2006-2007 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

Organization Name: City of Davis; Parks & Community Services Dept
(Inclusive Recreation)

Street Address: 646 A Street
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Phone Number: 530-757-5626
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Contact: Carrie Dyer Address: 23 Russell Blvd. Phone: 757-5626
(Be sure to list the **best contact** to get information to the organization as quickly as possible.)

Total Proposal Request: **\$ \$17,000**

(Check one) X On-going Support New Project

CDBG Eligible Category: Public Service
(See List A)

National Objective Compliance/Low and Mod Benefit: Limited Clientele
(See List B)

City Council Identified Critical Needs: (See List C)

1) Mental Health Services

PUBLIC SERVICE X NON-PUBLIC SERVICE

Beneficiary Information:

 70 Total number of beneficiaries in program
 70 Number of beneficiaries in program to be served with **CDBG** funds
 90% Percentage of the **CDBG** beneficiaries with low/moderate income
\$243.00 Cost (\$) per **CDBG** beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

a. Need

In fiscal year 2005/06, it is estimated that more than 2,500 hours of direct support services will be provided to individuals with disabilities. These individuals participate in typical Parks & Community Services Department recreational classes, camps and programs. This will be an increase of 183 direct support hours from the 2004/05 fiscal year. Providing support to individuals with disabilities and enabling them to participate in typical recreation and leisure activities is the purpose of this request. Thus assuring that the City of Davis is in compliance with Title II of the Americans with Disabilities Act of 1990 (ADA).

While the ADA has afforded citizens with disabilities across the nation access to much of community life, most experts agree that the level of access is limited and is not comparable to citizens without disabilities. Census data continues to demonstrate that individuals with disabilities struggle to find and keep employment. Even with state and federal mandates for programs and services for people with disabilities, many of Davis high school graduates with disabilities continue to struggle to access community services. It is clear from the increasing requests for direct support, individuals with disabilities are eager to participate in community activities and need assistance to do so successfully.

Recreation and leisure experiences are key components to the quality of life. The importance of mental and physical health is a current focus for all Americans. Leisure experiences and consistent physical activity are also essential for persons with disabilities. Such persons are more susceptible to obesity and other health issues due in a large part, to the limited access of meaningful employment and stimulating activities and programs.

Currently the Center for Disease Control (CDC) estimates that 17% of United States children and teens have been diagnosed with disabilities. In 1990 when the ADA was written, the CDC estimated that 10% of the same population had disabilities. In addition to an increase in the quantity of disabilities, the amount of diagnosable disabilities has also grown. For example, during the past two summers, we have provided support to a number of children diagnosed with bi-polar disorder, a disability that we had not previously experienced. The number of people with disabilities, the types of disabling conditions and support needs to help these individuals lead meaningful lives continue to increase. The need to provide support for individuals enrolled in typical recreation classes, as mandated by the ADA is on-going.

Pine Tree Gardens, a program that offers a variety of programs for persons with mental illness issues, serves an extremely underserved population. A portion of the CDGB requested funds will enable Pine Tree Gardens clientele to increase their recreation and leisure needs. Elevated physical activity within a community setting continues to be their focus for their portion of this request. In order for individuals with developmental disabilities and/or mental illness to sustain meaningful community success, such support is necessary.

b. Benefit

The purpose of the Inclusive Recreation Program is to enhance the quality of life for persons with disabilities through access to recreation and leisure activities. All of the recipients have a critical need for “mental health services – socialization for chronically mentally-ill and disabled”. Adults with disabilities served by the program are living on SSI or SSA benefits.

c. Other Resources and Collaboration

In addition to CDBG funding, the City of Davis, Parks & Community Services Department provides funding for the Alternative Recreation and Inclusive Recreation Program. The Americans with Disabilities Act requires the City of Davis to provide support to allow individuals in the community to participate in the City's recreation programs. The City provides this support through the Inclusive Recreation Program. If CDBG funding for Inclusive Recreation is cut, the City Council may consider reducing other programs for the disabled in order to fund the Inclusive Recreation Program. This includes the Alternative Recreation program, a program for the developmentally disabled, and also programs for the mentally ill.

It has been difficult to use volunteers in the Inclusive Recreation Support Service Program because the staff require 1) knowledge of a wide variety of disabilities, and 2) experience working with individuals with disabilities.

The City is unaware of any organization other than Pine Tree Gardens that provides recreational experiences for persons with mental illness. There are no other groups in Davis that specifically provide resources to enable disabled individuals to fully participate in recreation programs.

d. Organizational Capacity

The Alternative Recreation program administers this project, under the umbrella of the City of Davis, Parks & Community Services Department. The Department has provided recreation services for persons with disabilities for 30 years. The City Council serves as the Board of Directors.

The Inclusive Recreation Program fills a niche that is not filled by any other organization in Davis. The sole mission of inclusive recreation is to ensure that individuals with disabilities participate in meaningful recreation activities and programs with their non-disabled peers, as mandated by law.

SCOPE OF SERVICES

a. Project Description (Activity Summary: Describe the activities of the proposed budget)

CDBG funding is used solely for the salaries of support staff that are needed to assist participants with disabilities in attending recreation classes and programs provided by Parks & Community Services Department. Without this assistance, participants with disabilities would likely not be able to attend programs. The City would also jeopardize its compliance with ADA mandates.

The vast majority of the individuals we serve require one-on-one assistance to be successfully and meaningfully included in typical recreation activities. Support staff provide assistance in behavior management, self-help skills, and social development.

The Pine Tree Gardens portion (\$2,000) would be used by clients to access community activities (exercise classes and field trips).

b. Target Group

This project will serve 70 low to moderate income individuals. These beneficiaries request support services numerous times throughout the year. Within the 40 individuals that the City of Davis serves, we have received over 100 different requests for service to date this year. Pine Tree Gardens serves 30 individuals in numerous recreation activities throughout the year.

c. Outreach

The City of Davis, Parks & Community Services Department publishes a Recreation Schedule three times a year. It lists class schedules and programs available to the community.

The Alternative Recreation Coordinator conducts presentations to various community groups in order to publicize the Inclusive Recreation Program and its services.

This year the city will be conducting an extensive assessment of the disabled community's recreational needs and interests. This assessment will include a survey and focus groups. A subcommittee made up of members from the City Council, the Recreation and Park Commission and Alternative Recreation families have been working with city staff to develop the assessment tools.

PERFORMANCE SCHEDULE

Work Plan (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
Staff Training	Quarters 1 – 4
Networking with Pine Tree Gardens	Quarters 1 – 4
Program Publicity	Quarters 1 – 4
Maintain Accurate Attendance and Account Records	Quarters 1 – 4
Program Evaluation	Quarters 1 – 4

PERFORMANCE MEASUREMENTS

ACTIVITY (What the program does to fulfill its mission)	INDICATOR (The direct products of program activities) Service #s	OUTCOME (Benefits that result from the program)
Provide one-on-one assistance to Individuals with disabilities.	28	Enable those with developmental disabilities and mental illness to increase their recreation and leisure pursuits.
Provide indirect support services to individuals with developmental disabilities.	12	Allow children to participate in typical recreation programs with their non disabled peers. Thus increasing socialization. Broadens recreational experiences and helps people to gain confidence in their abilities.
Provide recreational opportunities to those with mental illness.	30	Enhances the quality of life for people with both mental illness and developmental disabilities through access to recreation and leisure pursuits. These programs fill a niche that is not filled by any other organization in Davis.

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

BUDGET SUMMARY FOR PROPOSED PROJECT*

Budget Category	Proposed Project “CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$15,000	\$22,792	\$37,792
B. Fringe Benefits	\$0	\$14,386	\$14,386
C. Consultant/Contract Services	\$2,000	\$2,000	\$4,000
<i>TOTAL PERSONNEL BUDGET</i>	\$17,000	\$39,178	\$56,178
D. Office Rent	\$0	\$0	\$0
E. Utilities	↓	↓	↓
F. Telephone	↓	↓	↓
G. Office Supplies	↓	↓	↓
H. Equipment	↓	↓	↓
I. Printing/Duplication	↓	↓	↓
J. Travel/Conferences	↓	↓	↓
K. Other (Specify)	↓	↓	↓
<i>TOTAL NON-PERSONNEL BUDGET</i>	\$0	\$0	\$0
TOTAL PROJECT BUDGET	\$17,000	\$39,178	\$56,178

*** Please revise this form and annotate budget items as needed**

NEW REQUIREMENTS: All applicants are requested to submit a copy of their organization’s Operating Budget.

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

2005 – 2006 OPERATING BUDGET

Budget Category	Proposed Project “CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$10,250	\$28,792 (includes \$6,000 in staff support expenses over CDBG allotment)	\$39,042
B. Fringe Benefits	\$0	\$14,386	\$14,386
C. Consultant/Contract Services	\$2,000	\$2,000	\$4,000
<i>TOTAL PERSONNEL BUDGET</i>	\$12,250	\$45,178	\$57,428
D. Office Rent	\$0	\$0	\$0
E. Utilities	↓	↓	↓
F. Telephone	↓	↓	↓
G. Office Supplies	↓	↓	↓
H. Equipment	↓	↓	↓
I. Printing/Duplication	↓	↓	↓
J. Travel/Conferences	↓	↓	↓
K. Other (Specify)	↓	↓	↓
<i>TOTAL NON-PERSONNEL BUDGET</i>	\$0	\$0	\$0
TOTAL PROJECT BUDGET	\$12,250	\$45,178	\$57,428

