

CITY OF DAVIS
2006-2007 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

Organization Name: PINE TREE GARDENS, INC.

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Contact: Trudy Colin, Asst. Controller. Address: 212 "I" St. Phone: (530) 758-4078
(Be sure to list the best contact to get information to the organization as quickly as possible.)

Total Proposal Request: \$

X On-going Support _____ New Project

CDBG Eligible Category: _____ Public Service _____
(See List A)

National Objective Compliance/Low and Mod Benefit: Limited Clientele _____
(See List B)

City Council Identified Critical Needs: (See List C)

- 1) Mental Health Services
- 2)
- 3)

PUBLIC SERVICE X NON-PUBLIC SERVICE _____

Beneficiary Information:

43 Total number of beneficiaries in program
 43 Total number of beneficiaries in program served with CDBG funds
 100% Percentage of the CDBG beneficiaries with low/moderate income
 \$453.49 Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

a. Need

All the residents of Pine Tree Gardens, Inc. (PTG) suffer from serious, persistent mental illness (schizophrenia, bi-polar disorder, major depression, schizo-affective disorder). The present residents are between 18 and 59 years of age. Pine Tree Gardens is designed as a long-term residential treatment and care home that is not time limited. Since our residents may spend the rest of their lives here, we must provide for more than a daily program of chores and social activities. Supported employment provides an important service component to our program; giving self-esteem and social interaction as well as skill development and a paycheck. Being employed (even part of a day) helps structure a person's time, provides for usefulness, and builds ego-strength to help that person feel normal and fight off voices, delusions, depression, and suicidal thoughts.

b. Benefit

Our proposed employment project complies directly with the CDBG national objective of LOW INCOME benefit. All residents at both Pine Tree Garden residences are in the low income bracket. They are all SSI eligible (Supplemental Security Income), a federally defined category which includes persons who are severely handicapped and unable to support themselves. In addition to our existing program we have added: training in computer skills; basic accounting, such as record keeping; some aspects of fundraising; basic business writing and more. This helps develop the self-confidence and skills to return to school or work as well as being an active and contributing member of their community.

Our PTG program complies with the City Council's critical need of Mental Health Services (crisis-intervention; socialization for chronically mentally-ill and disabled residents; employment programs). All the residents of Pine Tree Gardens suffer from serious, persistent, mental illness; because of this, the clients we serve need help in developing the appropriate skills for employment, finding a job, being trained for a job, and having follow-up support on the job. We take clients who are being discharged to the street without the skills to reintegrate into the community and thus serve to prevent re-hospitalization and homelessness. Thirty six of our clients are receiving a paycheck for jobs that they perform - some for the first time in their lives, giving them higher self-esteem and real hope for the future.

c. Other Resources and Collaboration

- Supervisory staff is paid by PTG, not through this grant.
- Planning (staff and resources) is provided by PTG.
- In-house social events, employment and educational activities are also offered by PTG.
- The Yolo County program BEST (Building Employment Services Teams) continues to work toward getting more employers to hire people with mental illness. PTG is an active participant in BEST.
- Community support is received through various local fundraising activities. We also receive donations of money from local businesses and religious institutions.

d. Organizational Capacity

Pine Tree Gardens, Inc. is a non-profit, publicly supported, tax exempt charitable corporation, incorporated under the laws of the State of California on March 9, 1984. Its' purpose is to provide community-based residential rehabilitation services for the seriously mentally ill; specifically, to establish, equip, maintain, manage, operate and conduct residential facilities for long-term mentally ill adults on a non-profit basis. As a well-rounded, well-run residential treatment facility, PTG has been a model for many other cities and counties. PTG has adequate staffing, accounting and administration to

successfully implement this grant; as has been demonstrated by the administration of previous grants.

SCOPE OF SERVICES

a. Project Description (Activity Summary: Describe the activities of the proposed budget)

Pine Tree Gardens, Inc. operates a Supported Employment Program (SEP) providing paid work for the residents of PTG. Jobs are arranged with local businesses, organizations, and private individuals. The work period is one or more hours a day, 1 to 5 days per week. Each requires an individualized job plan to fit their abilities and present mental health program. Jobs include window-washing, yard work, custodial work, office work, bulk mailings, watering, home maintenance and food service. Most of the residents will work with a job coach on a mini-crew (1 to 2 clients and 1 job coach) to start. From there they work towards having less supervision and eventually can work independently.

Job Development/Coaching staff assess the skills, interests, and experiences of each resident. The staff develop a work schedule for each individual – recommending types of work to do and number of hours per day/week to attempt work. They approach possible employers about providing various work opportunities and match the proper resident with the proper job. They assure the resident has transportation, gets to work on time, and is able to do the job. Regular follow-up and evaluation is conducted with both the employer and the resident. In many cases, residents will not be able to sustain more than a part-time position, but the sense of pride achieved from working is immeasurable.

b. Target Group

Our supported employment program complies directly with the City Council’s objective by providing help to the mentally ill, including crisis intervention; socialization for chronically mentally-ill and disabled residents and employment programs.

c. Outreach

All participants in the program are or were residents of Pine Tree Gardens, Inc. Persons living at PTG are referred by a variety of sources including Yolo County Mental Health Services and the Yolo County Conservator’s Office. Referrals are screened to insure that their needs match the services we provide.

PERFORMANCE SCHEDULE

Work Plan (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
Monitor work relationships; find jobs for new residents and make changes as needed in continuing placements. Supervise crews as needed.	Monthly
Continued training of job development coach. This includes reading materials, conferences, workshops and meetings on Supported Employment, BEST and SSI.	On-Going
Contact businesses, agencies, organizations and individuals to locate work-sites and encourage community interest and support.	On-Going
Secure specific jobs from employers; both individual placements and work for mini-crews.	On-Going

Develop and update individual work plans based on each client's Medical needs and the needs of all the residents.

On-Going

Submit reports for CDBG funding.

Quarterly

PERFORMANCE MEASUREMENTS

ACTIVITY	INDICATOR	OUTCOME
The program fulfills its' mission by finding jobs for chronically mentally ill clients and supervising their work.	The direct activities include repairs & maintenance projects, landscape maintenance, painting, cleaning, etc.	The clients increase in self-esteem and knowledge by learning what to do and actually following jobs through to completion.

BUDGET SUMMARY*

Budget Category	Proposed Project	Other Sources	Total
A. Salaries and Wages	\$ 19,500	\$ 19,664	\$ 39,164
B. Fringe Benefits		\$ 1,200	\$ 1200
C. Consultant/Contract Services			
TOTAL PERSONNEL BUDGET	\$ 19,500	\$ 20,864	\$ 40,364
D. Office Rent			
E. Utilities			
F. Telephone		\$ 600	\$ 600
G. Office Supplies		\$ 200	\$ 200
H. Equipment Supplies & Maintenance		\$ 2,000	\$ 2,000
I. Printing/Duplication		\$ 100	\$ 100
J. Travel/Conferences			
K. Other (Specify) Vehicle Expense		\$ 1,000	\$ 1,000
TOTAL NON-PERSONNEL BUDGET		\$ 3,900	\$ 3,900
TOTAL PROJECT BUDGET	\$ 19,500	\$ 24,764	\$ 44,264

* Please revise this form and annotate budget items as needed