

Yolo Community Care Continuum

2007-2008 CDBG APPLICATION

Organization Name: Yolo Community Care Continuum

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(Be sure to list the **best contact** to get information to the organization as quickly as possible.)

Total Proposal Request: \$ 55,000.00

(Check one) On-going Support New Project

CDBG Eligible Category: Housing/Special Activities by Sub-recipients
(See List A)

National Objective Compliance/Low and Mod Benefit: Limited Clientele
(See List B)

City Council Identified Critical Needs: (See List C)

- 1) Homeless Prevention Services: housing counseling, supportive housing services for home bound frail elderly and disabled individuals.
- 2) Programs to support Independent Living and prevent institutionalization: in-home care and transportation
- 3) Mental health Services: crisis-intervention

PUBLIC SERVICE NON-PUBLIC SERVICE

Beneficiary Information:

4 Total number of beneficiaries in program

4 Number of beneficiaries in program to be served with **CDBG** funds

100% Percentage of the **CDBG** beneficiaries with low/moderate income

- Cost (\$) per **CDBG** beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

a. Need

New Dimensions Supportive Housing (NDSH) has been providing affordable housing in Davis since 1986 to people with a severe mental illness. Without the supportive services provided to residents many of the individuals housed would be unable to live in the community, become homeless, require increased crisis hospitalization, and may even require long-term hospitalization.

This funding request is to rehabilitate one of the supported housing houses located in Davis and owned by YCCC. This home, located in East Davis was built approximately 40 years ago. It houses 4 very low income individuals with a severe mental illness. YCCC has been able to take care of regular maintenance costs including painting, replacing single paned windows with dual paned windows, and replacing carpeting. However, there is more extensive renovation that needs to be done in order to maintain this house as a comfortable living environment. Specifically, the two bathrooms need to be remodeled, and the kitchen needs to be updated.

b. Benefit

The four individuals living in the house will benefit, and YCCC, one of the largest providers of special needs housing in our community, will benefit through increased property values, and marketability of our program and services.

This house meets several critical needs identified by the City Council. Homeless Prevention Services: due to their very-low income, each resident is at risk of homelessness, many were homeless prior to placement in one of the New Dimensions Supportive Housing houses. YCCC provides housing counseling for individuals seeking housing and provides the supportive services necessary to maintain housing. Programs to Support Independent Living: program statistics show that provision of safe, decent and affordable housing decreases the number of hospitalizations and long-term psychiatric institutionalization for residents. Mental Health Services: crisis intervention occurs at early stages of escalation with the goal of avoiding psychiatric hospitalization; socialization occurs within each household and during program-wide activities.

c. Other Resources and Collaboration

Funding for services for supported housing is provided through the following: Yolo County Department of Mental Health, United Way and private fundraising. Volunteers participate in painting, gardening and cleaning residences and donate by providing food during holiday times, furniture and other household goods. Volunteers have included The Alliance for the Mentally Ill, AmeriCorp, UC Davis Graduate School of Management, and individual donors.

YCCC collaborates with the Yolo County Department of Mental Health and the Yolo County Conservator's Office to provide support services to residents. YCCC works closely with the Housing Authority to obtain Section 8 vouchers for our residents, and recently to obtain project based Section 8 for the Homestead Co-operative. YCCC also works closely with the Legal Center of Northern California to ensure that NDSH is following all fair housing laws and regulations.

YCCC collaborates with Community Housing Opportunities Corporation (CHOC) to develop housing opportunities for residents. YCCC also participates with County-wide planning bodies to develop housing resources including the Homeless Coalition, the Mental Health Service Act Committee, and the Mental Health Housing Task Force.

Other agencies which compliment the services provided by YCCC to residents include the Food Bank for provision of food, Right and Relevant for the provision of clothing and jobs, and Suicide Prevention for the

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provision of after-hours crisis services.

The provision of housing with supports for people with a mental illness is not duplicative of any service provided elsewhere in the City or in Yolo County.

d. **Organizational Capacity**

Yolo Community Care Continuum was incorporated in 1979. Our mission is to provide services and advocacy for individuals with a serious mental illness. Our primary funding source is Yolo County Department of Mental Health (YCMH). YCMH contracts with YCCC for the provision of housing and other services because the services provided are effective in helping individuals manage their illness and are a cost-effective means of providing critical mental health, housing, financial and vocational support.

YCCC provides an array of services designed to maximize an individual's stability and productivity in the community. Services include a crisis residential shelter (Safe Harbor); a long-term residential treatment program (The Farmhouse); Regional Resource Centers located in the three major Yolo County communities, Davis, Woodland and West Sacramento, which provide case management, vocational, socialization and advocacy services, a Representative Payee program and New Dimensions Supportive Housing.

YCCC is the only agency in Yolo County which provides services specifically designed for individuals with serious and persistent mental illness.

List of Board of Directors is attached.

SCOPE OF SERVICES

a. **Project Description**

This project seeks to renovate the two bathrooms including replacing tubs, showers, sinks, toilets, fixtures and flooring.

This project also seeks to renovate the kitchen including replacing cabinets and flooring, replacing major appliances such as the stove, hood and cook top.

This project also seeks to replace the front door which has been much repaired, but still does not work properly.

100% of the proposed CDBG budget will provide benefit to residents living in this supported household. Due to their low income, all residents are at risk of homelessness. Some residents were homeless living on the streets or living in an institution prior to being housed in this house.

b. **Target Group**

This project will benefit the residents of this house. The individuals served all have a diagnosis of serious and persistent mental illness including diagnoses such as schizophrenia and manic-depression. Individuals served by YCCC qualify as very low income under federal guidelines. Often the mental illness is compounded by other health problems, substance abuse and poverty. Homelessness is often the result.

c. **Outreach**

Outreach for services in supported housing includes:

- Coordination of service planning with the Yolo County Department of Mental Health
- Participation in the Homeless Coalition to coordinate funding and community resources
- YCCC will provide a minimum of weekly support to the 46 individuals in NDSH in Davis
- Participation in groups which provide support to the mentally ill including the Alliance of the Mentally Ill and Mental Health Services Act Committee
- Continued partnership to manage the Homestead Cooperative and to develop other housing resources within Davis and Yolo County

PERFORMANCE SCHEDULE

<u>List Activity</u>	<u>Completion Date</u>
Prepare Scope of Work	7/1/07
Seek bids	7/15/07
Select the most competitive bid	8/15/07
Ensure contractor complies with all HUD and Davis/Bacon regulations	8/15/07
Pull Permits	9/1/07
Begin renovation	10/1/07
Supervise renovation process	9/1/07 - completion
End work	12/1/07

PERFORMANCE MEASUREMENTS

ACTIVITY	INDICATOR	OUTCOME
Prepare Scope of Work	Scope of Work Completed	Scope of Work is prepared for mailing
Seek Bids	Scope of work sent out to potential bidders	Bids arrive at YCCC
Select the most competitive Bid	Interviews with contractor completed	Most competitive bid selected
Ensure Contractor Complies with all HUD and Davis Bacon requirements	Recorded during interview	Contractor ready to begin work
Permits are pulled	Drawings completed, fixtures and finishes selected, wet seal affixed, permit application submitted	Renovation can begin
Renovation Begins	Demolition, installation of new fixtures, appliances, cabinetry and flooring	Work is underway
Supervise renovation process	Ensure that work is timely and to the specifications stated in the scope of work	Project runs smoothly
Work is completed	Bathrooms, kitchen and front door are beautiful	Happy residents, happy YCCC staff

CAPITAL PROJECT BUDGET

Budget Category	Proposed Project "CDBG Portion"	Other Sources	Total
Project Development			
Wages and Salaries* Management of project	\$2,000.00	\$2,000.000	\$4,000.000
Fringe benefits		\$1,000.00	\$1,000.00
Materials			
Other Costs			
Land Acquisition	N/A YCCC has site control		
Design			
Consulting Fees			
Materials			
Other Costs			
Final Development			
Wages and Salaries			
Fringe benefits			
Materials			
Soft Costs			
Carrying Costs	NA		
Fees			
Permits	\$3,000		\$3,000.00
Other Costs			
Renovation and Construction			
Electrical			
Plumbing			
Heating			
Interior Rehabilitation	\$50,000		
Exterior Rehabilitation			
Grounds Improvements			
Framing			
Rough			
Finish			
Maintenance			
Grounds			
Other Maintenance			
TOTAL PROJECT BUDGET	\$55,000.00	\$3,000.00	\$58,000.00