

City of Davis

2007-2008 Community Development Block Grant Application

Organization Name: City of Davis; Parks & Community Services Dept. (Inclusive Recreation)

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Total Proposal Request: \$ 17,000

(Check one) On-going Support New Project

CDBG Eligible Category: Public Service

National Objective Compliance/Low and Mod Benefit: Limited Clientele

City Council Identified Critical Needs:

1) Mental Health Services

PUBLIC SERVICE NON-PUBLIC SERVICE

Beneficiary Information:

70 Total number of beneficiaries in program

70 Number of beneficiaries in program to be served with **CDBG** funds

100% Percentage of the **CDBG** beneficiaries with low/moderate income

\$243 Cost (\$) per **CDBG** beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

The Americans with Disabilities Act of 1990 is an influential piece of legislation. It enables people with disabilities to more fully participate in their communities. However, the effects of exclusion and discrimination are still being felt. While gains in community access have been dramatic, most experts agree that the level of access is limited and is not comparable to citizens without disabilities. Most citizens of Davis who wish to participate in Parks & Community Services Programs give very little thought when registering for a desired class. However, a Davis resident with a disability has to consider environmental conditions, necessary accommodations for participation to occur and they need to register in a timely manner in order for the department to arrange support services. Accessing community recreation for most of us involves desire and financial resources; for people with disabilities access involves a much more significant set of decisions.

Data used at the time of the Americans with Disabilities Act in 1990, indicated that roughly 10% of the population had a disability. The 2000 US Census counted 49.7 million people with some type of long lasting condition or disability. This represents 19.3% of the population. California data states 19.2% of the population has some form of disability. On February 9, 2007, the Davis Enterprise ran an article that disclosed the alarming rise in numbers of people diagnosed with autism – 1 in 150. In the last five years, the California Regional Center (the largest CA service organization for persons with developmental disabilities) has been aware of the increase in autism diagnosis and the impact on their ability to meet the needs of their clients. Although the Parks and Community Services Department provides support to a variety of disability conditions, the majority of our participants have autism. Generally speaking their needs are greater than those with other disabilities, as are the needs of individuals with bi-polar disorders (the inclusion program served two children diagnosed with this disabling condition during the 2006 summer and expect to have them request service again in the coming summer).

Davis citizens place great importance on quality of life issues, especially recreation and leisure. Recreation, fitness, sports and active living, parks and arts all contribute to mental health and well being – critical to personal quality of life. For people with disabilities, these venues provide opportunity to life skills acquisition and independent living – key ingredients life fulfillment. Programs and classes offered through the Parks & Community Services Department are sought by people with disabilities to increase their mental and physical health, knowing they will receive the support they need to fully access these classes.

The support of people with disabilities is mandated by the ADA and the need is on-going. The city receives the majority of our requests for support services during the summer months. Because school is out families are looking to engage their children in meaningful and fun experiences. The trend in the past three summers has been the need to provide one-on-one support all day for children with significant needs (particularly autism, bi-polar disorders and cerebral palsy). The direct hourly support needs has continued to increase in each of the years CDBG funding has been received. There is no indication that there will be a reverse in this trend. In our current fiscal year, it is estimated that more than 2,700 hours of direct support services will be provided to individuals with disabilities. Providing just one child with support service for 5 weeks of summer camp costs \$2,000.

In the fall of 2006 a couple who are deaf enrolled in a dance class held at the Davis Senior Center. In the 15 years since Title II (under the ADA) came into effect, this was only the second request the Department has had in providing interpretation accommodations for a recreation class. This was an educational experience on many levels for a variety of city staff: from the clerical staff at the front counter, the Alternative Recreation Coordinator, the teacher of the class and other class participants. There is a big difference between having services available (like a TTY machine) and utilizing these services. We were fortunate that the customers were patient “pioneers” and willing to work with us, while we learned more about providing interpretation services.

b. **Benefit**

The 2000 Census reports that 17.6 % of people with disabilities are poor, with the highest poverty rates found among children ages 5 – 15 years. As unemployment for adults with disabilities is also a serious problem, the vast majority of disabled individuals 18 years or older are living on SSA or SSI. The average SSI monthly payout is \$860 (depending on the disability); a yearly salary of \$10,320 is below HUD's definition of Extremely Low Income.

The purpose of the Inclusive Recreation support service is to meet the socialization needs for the chronically mentally ill and the disabled through access to recreation and leisure activities. All the recipients served through this grant have a disabling condition or a chronic mental illness. While most cities only provide the minimum of service to meet ADA requirements, the city of Davis has been providing a level of accommodation not normally achieved by other agencies.

c. **Other Resources and Collaboration**

In addition to CDBG funding, the City of Davis, Parks and Community Services Department provides funding for the Alternative Recreation and Inclusive Recreation Program. The Americans with Disabilities Act requires the city to provide support to allow individuals in the community to participate in the city's recreation programs. If CDBG funding for Inclusive Recreation is cut, the City Council may consider reducing other programs for the disabled in order to fund the Inclusive Recreation Program. This includes the Alternative Recreation program, a program for the developmentally disabled. Additionally, Inclusive Recreation services may be reduced to provide the minimum of service mandated by law, rather than the one on one support that allows these individuals the most success in our programs. (Parents of children with disabilities often move to Davis because our Inclusive Recreation program is "one of a kind.")

Utilizing volunteers in the Inclusive Recreation program has been difficult. Those working with people with disabilities require experience and knowledge in the field. Furthermore, staff consistency is important when working in a class or program setting. Volunteers have not been willing to commit to the ongoing program and the challenges faced when working with people with disabilities.

The City has been successful in collaborating with a service organization from UC Davis to provide volunteer assistance once a month in our Alternative Recreation program. This has freed up resources to provide accommodation for those participants needing Inclusion services while participating in the Alternative Recreation events.

d. **Organizational Capacity**

The Alternative Recreation program administers this project, under the umbrella of the City of Davis, Parks & Community Services Department. The Department has provided recreation services for persons with disabilities for 33 years. The City Council serves as the Board of Directors.

The Inclusive Recreation Program fills a niche that is not filled by any other organization in Davis. The sole mission of inclusive recreation is to ensure that individuals with disabilities participate in meaningful recreation activities and programs with their non-disabled peers, as mandated by law.

SCOPE OF SERVICES

a. **Project Description**

CDBG funding is used solely for the salaries of Inclusive Recreation staff that are needed to assist participants with disabilities in attending recreation classes and programs provided by Parks & Community Services Department. Without this assistance, participants with disabilities would likely not be able to attend programs.

The vast majority of the individuals we serve require one-on-one assistance to be successfully and meaningfully included in typical recreation activities. Staff provides assistance in behavior management, self-help skills, and social development.

b. **Target Group**

This project will serve 70 low to moderate income individuals. These beneficiaries request support services numerous times throughout the year. Within the 70 individuals that the City of Davis serves, we have received over 170 different requests for service to participate in various programs this year. Thirty two individuals require the "one on one" support service and 38 individuals benefit from "indirect" support.

c. **Outreach**

The City of Davis, Parks & Community Services Department publishes a Recreation Schedule three times a year. It lists class schedules and programs available to the community.

The Alternative Recreation Coordinator conducts presentations to various community groups in order to publicize the Inclusive Recreation Program and its services.

In early 2006, the city conducted an assessment of the disabled community's recreational needs and interests. The assessment included a written survey and focus groups. A sub-committee made up of members from the City Council, the Recreation and Park Commission and families of persons with disabilities worked with city staff to develop the assessment tools and develop an Action Plan. In fiscal year 06/07 the Action Plan is utilized in developing improved programs for people with disabilities. In the spring of 2007 the families, the Recreation and Park Commission and staff will review the effectiveness of the Action Plan and report to the City Council. This assessment was developed with the idea of improving recreation programming for people with disabilities, and through it the City was able to learn more about the wants and desires of people with disabilities in our community.

PERFORMANCE SCHEDULE

Work Plan

List Activity

Completion Date

Staff Training

Quarters 1 – 4

Program Publicity

Quarters 1 – 4

Maintain Accurate Attendance and Account Records

Quarters 1 – 4

Program Evaluation

Quarters 1 – 4

PERFORMANCE MEASUREMENTS

ACTIVITY (What the program does to fulfill its mission)	INDICATOR (The direct products of program activities) Service #s	OUTCOME (Benefits that result from the program)
Provide one-on-one assistance to Individuals with disabilities.	32	Enable those with developmental disabilities and mental illness to increase their recreation and leisure pursuits.
Provide indirect support services to individuals with developmental disabilities.	38	Allow children to participate in typical recreation programs with their non disabled peers. Thus increasing socialization. Broadens recreational experiences and helps people to gain confidence in their abilities. Enhances the quality of life for people with developmental disabilities through access to recreation and leisure pursuits. This program fills a niche that is not filled by any other organization in Davis.

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

BUDGET SUMMARY FOR PROPOSED PROJECT*

Budget Category	Proposed Project “CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$17,000	\$23,151	\$40,151
B. Fringe Benefits	\$0	\$15,015	\$15,015
C. Consultant/Contract Services	\$0	\$0	\$0
<i>TOTAL PERSONNEL BUDGET</i>	\$17,000	\$38,166	\$55,166
D. Office Rent	\$0	\$0	\$0
E. Utilities	↓	↓	↓
F. Telephone			
G. Office Supplies			
H. Equipment			
I. Printing/Duplication			
J. Travel/Conferences			
K. Other (Specify)	↓	↓	↓
<i>TOTAL NON-PERSONNEL BUDGET</i>	\$0	\$0	\$0
TOTAL PROJECT BUDGET	\$17,000	\$38,166	\$55,166

CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM
2006 – 2007 OPERATING BUDGET

Budget Category	Proposed Project “CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$7,433	\$28,792	\$36,255
B. Fringe Benefits	\$0	(includes \$6,000 in staff support expenses over CDBG allotment)	\$14,386
C. Consultant/Contract Services	\$2,000	\$14,386 \$2,000	\$4,000
<i>TOTAL PERSONNEL BUDGET</i>	\$9,433	\$45,178	\$54,641
D. Office Rent	\$0	\$0	\$0
E. Utilities	↓	↓	↓
F. Telephone			
G. Office Supplies			
H. Equipment			
I. Printing/Duplication			
J. Travel/Conferences			
K. Other (Specify)			
<i>TOTAL NON-PERSONNEL BUDGET</i>	\$0	\$0	\$0
TOTAL PROJECT BUDGET	\$9,433	\$45,178	\$54,641

