

2009-2010 CDBG APPLICATION

Organization Name: City of Davis – Community Services Department (Inclusive Recreation)

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Total Proposal Request: \$ 12,000

(Check one) On-going Support New Project

CDBG Eligible Category: Public Service

National Objective Compliance/Low and Mod Benefit: Limited Clientele

City Council Identified Critical Needs: (See List)

1) Mental Health Services

PUBLIC SERVICE NON-PUBLIC SERVICE

Beneficiary Information:

65 Total number of beneficiaries in program
65 Number of beneficiaries in program to be served with **CDBG** funds
100% Percentage of the **CDBG** beneficiaries with low/moderate income
\$185 Cost (\$) per **CDBG** beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

a. Need

The Americans with Disabilities Act of 1990 (ADA) has brought powerful access to community life for persons with disabilities. Additionally, several prominent Supreme Court decisions over the course of the past 18 years have narrowed the scope of ADA protection. This past year, Congress voted to make amendments to redefine the ADA and on September 25, 2008, President George W. Bush signed into law the Americans with Disabilities Act Amendments Act of 2008 (ADAAA). These amendments reaffirm our country's commitment to this civil-rights act and the actions of Congress and the President have expanded the scope of the original law. With this legislative act, vigilance is still necessary to ensure that barriers to community life are eliminated.

In Davis, access to recreation is deemed to be of high importance. Enrollment figures for the 2008 summer were solid, indicating that even though tougher economic times were beginning to be experienced by our community, participation in camps and other recreation programs are essential to life quality. Everyone needs regular recreation that develops skills, promotes good health, relieves stress, facilitates social interactions, and provides a general joy for living. For people with disabilities the benefits of recreation are similar to those without disabilities.

Participants gain:

- perceived sense of freedom, independence, and autonomy.
- enhanced self-competence through improved sense of self-worth, self-reliance and self-confidence.
- better ability to socialize with others, including greater tolerance and understanding.
- enriched capabilities for team membership.
- enhanced quality of life.

Inclusive recreation settings are also beneficial for peers without disabilities. Participants will:

- improve positive attitudes about people with disabilities.
- increase understanding of differences and capabilities.
- experience personal growth and develop compassion, kindness and respect for others.
- improve social development, including communication and interaction abilities, leadership skills and tolerance of diversity.

Recreation is a key ingredient to life quality. In Davis it is demanded. Inclusive Recreation provides valuable opportunities and experiences to those with and without disabilities. It is not only the law, it is a way of life.

The 2000 US Census counted 19% of the population to have some type of long lasting condition or disability. Of that percentage, 12% were seen as "having a severe disability". According to the California Department of Finance, the population grew 18% from January 1997 – December 2007. Within this same time period the case load for the Department of Developmental Services (the state department that oversees services provided to individuals diagnosed with "significant to severe developmental disabilities") grew by 60%. It is significant to note the growth in providing services for people living in their own home or with family has grown 8%. People living in community care settings has decreased 5% during this same time period. Citizens living in the community greatly rely on services provided by local agencies.

For the past ten years, the majority of requests for Inclusive Recreation Service has been for children participating in summer camp programs. However, this past year there have been increases in requests to support teens and adults with developmental disabilities. Some individuals with significant communication needs would not be able to participate in the city's Alternative Recreation program were it not for the support of Inclusive Recreation Services. Supporting these individuals has been the most requested service this fiscal year. Autism is the fastest growing disability condition, 321% from December 1997 to January 2007. Based on state-wide and national statistics, it is not surprising that the Inclusive Recreation Service supports far more persons with autism than any other disability. Communication and behavior issues involved with this condition create challenging support needs.

To date this fiscal year, the City of Davis has provided 684 hours of direct support service and 607 hours of indirect support. It is anticipated that another 50-100 service hours will be requested prior to the end of the year.

b. **Benefit**

People with disabilities income is historically at poverty level. People with developmental disabilities generally fall at the lowest end of the economic scale. Unemployment for persons with disabilities has always been a serious problem and even with the ADA, not much progress has been made in this area. Most individuals with developmental disabilities, 18 years and older, are living on SSA or SSI. Although the rates vary depending on disability, according to the Social Security Administration, the average monthly income for a person with a disability is about \$880. This is a yearly salary of \$10,560, which is below HUD's definition of Extremely Low Income.

A benefit to using City services is the scholarship program. Funding for city of Davis Recreation programs is available through the Community Services Department for all Davis residents. Applicants who make less than 80% of the Yolo County median income qualify. This funding pays 50% of the cost of recreation programs, not to exceed a specified amount each year.

The purpose of the Inclusive Recreation Support Service is to meet the socialization needs for disabled individuals through access to recreation and leisure activities. All recipients served through this grant have a disabling condition.

c. **Other Resources and Collaboration**

CDGB funding has not covered all the request needs to comply with the Americans with Disabilities Act for access to recreation programs and services. In the current 2008-2009 cycle, Inclusive Recreation was awarded \$7,583. To date this fiscal year, \$10,500 has been spent in providing support service. Support needs that exceed CDGB funding come from the City of Davis General Fund. If CDGB funding for Inclusive Recreation is cut, the City Council may consider reducing other programs for the disabled in order to meet the ADA mandate.

Utilization of volunteers for the Inclusive Recreation Support Service is limited. The complex nature of the needs of the people served, in addition to when the service is required, restricts the ability to rely on volunteers.

The Community Services Department is unique in providing two important tenants of the ADA; successful and meaningful support in accessing recreation programs. There are other social and recreational programs within the Davis community but most are not public and therefore do not have to comply with ADA mandates. Anecdotal information from families continues the cry of barriers to accessing art centers, play groups, music programs and the like.

d. **Organizational Capacity**

The Alternative Recreation program administers this project, under the umbrella of the City of Davis Community Services Department. The Department has provided recreation services for persons with disabilities for 35 years. The City Council serves as the Board of Directors.

The Inclusive Recreation Support Service fills a niche that is not filled by any other organization in Davis. The sole mission of inclusive recreation is to ensure that individuals with disabilities participate in meaningful recreation activities and programs with their non-disabled peers, as mandated by law.

SCOPE OF SERVICES

a. **Project Description**

The CDBG funding is used solely for the salaries of support staff that are needed to assist participants with disabilities in attending recreation classes and programs provided by the Community Services Department. Without this assistance, participants with disabilities would likely not be able to attend programs. The City could also jeopardize its compliance with ADA mandates.

The vast majority of the individuals we serve require one-on-one assistance to be successfully and meaningfully included in typical recreation activities. Support staff provides assistance in behavior management, self-help skills and social development.

b. **Target Group**

This project will serve approximately 65 low to moderate income individuals. These beneficiaries request support services numerous times throughout the year. We estimate we will receive about 175 different requests for service to participate in various programs this year. Thirty individuals require the one-on-one support service and 35 individuals benefit from "indirect" support.

c. **Outreach**

The City of Davis Community Services Department publishes a Recreation Schedule three times a year. It lists class schedules and programs available to the community.

The Alternative Recreation Coordinator conducts presentations to various community groups in order to publicize the Inclusive Recreation Program and its services. The Department's Website advertises our compliance with the ADA.

PERFORMANCE SCHEDULE

Work Plan

List Activity

Staff Training
 Program Publicity
 Maintain Accurate Attendance and Account Records
 Program Evaluation

Completion Date

Quarters 1 – 4
 Quarters 1 – 4
 Quarters 1 – 4
 Quarters 1 – 4

PERFORMANCE MEASUREMENTS

ACTIVITY (What the program does to fulfill its mission)	INDICATOR (The direct products of program activities) Service #s	OUTCOME (Benefits that result from the program)
<p>Provide one-on-one assistance to Individuals with disabilities.</p> <p>Provide indirect support services to individuals with developmental disabilities.</p>	<p>30</p> <p>35</p>	<p>Enable those with developmental and physical disabilities to increase their recreation and leisure pursuits.</p> <p>Allow children and adults to participate in typical recreation programs with their non disabled peers. Thus increasing socialization.</p> <p>Broadens recreational experiences and helps people to gain confidence in their abilities.</p> <p>Enhances the quality of life for people with disabilities through access to recreation and leisure pursuits.</p> <p>These programs fill a niche that is not filled by any other organization in Davis.</p>

BUDGET SUMMARY FOR PROPOSED PROJECT*

Budget Category	Proposed Project “CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$12,000	\$23,816	\$35,816
B. Fringe Benefits	\$0	\$15,861	\$15,861
C. Consultant/Contract Services	\$0	\$0	\$0
<i>TOTAL PERSONNEL BUDGET</i>	\$12,000	\$39,677	\$51,677
D. Office Rent	\$0	\$0	\$0
E. Utilities	↓	↓	↓
F. Telephone			
G. Office Supplies			
H. Equipment			
I. Printing/Duplication			
J. Travel/Conferences			
K. Other (Specify)	↓	↓	↓
<i>TOTAL NON-PERSONNEL BUDGET</i>	\$0	\$0	\$0
TOTAL PROJECT BUDGET	\$12,000	\$39,677	\$51,677

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

2008 – 2009 OPERATING BUDGET

Budget Category	“CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$7583	\$26,733 (includes \$2917 in staff support expenses over CDBG allotment)	\$34,316
B. Fringe Benefits		\$15,861	\$15,861
C. Consultant/Contract Services		\$0	\$0
<i>TOTAL PERSONNEL BUDGET</i>	\$7583	\$42,594	\$50,177
D. Office Rent	\$0	\$0	\$0
E. Utilities	↓	↓	↓
F. Telephone			
G. Office Supplies			
H. Equipment			
I. Printing/Duplication			
J. Travel/Conferences			
K. Other (Specify)			
<i>TOTAL NON-PERSONNEL BUDGET</i>	\$0	\$0	\$0
TOTAL PROJECT BUDGET	\$7583	\$42,594	\$50,177