

CITY OF DAVIS
2010-2011 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

Organization Name: City of Davis – Community Services Department

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(Be sure to list the **best contact** to get information to the organization as quickly as possible.)

Total Proposal Request: **\$ 12,000**

(Check one) On-going Support New Project

CDBG Eligible Category: Public Service

(See List A)

National Objective Compliance/Low and Mod Benefit: Limited Clientele

(See List B)

City Council Identified Critical Needs: (See List)

1) Mental Health Services

PUBLIC SERVICE NON-PUBLIC SERVICE

Beneficiary Information:

68 Total number of beneficiaries in program
68 Number of beneficiaries in program to be served with **CDBG** funds
100 Percentage of the **CDBG** beneficiaries with low/moderate income
\$176 Cost (\$) per **CDBG** beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

Need

This grant helps the City of Davis respond to and provide **Reasonable Accommodations** received by the Community Services Department. Reasonable accommodations are mandated by the Americans with Disabilities Act of 1990 (ADA) and the Americans with Disabilities Act Amendments Act of 2008 (ADAAA). The ADA and ADAAA prohibit disability discrimination.

Title II of the ADA mandates that no person with a disability can be unjustly excluded from participation in or be denied the benefits of services, programs or activities of any public entity. The Community Services Department offers a wealth of programs, classes and services for the benefit of the community. This grant's focus is on *programmatic access*, an accessibility issue covered in Title II.

Davis citizens take pride in a community where life quality is a fundamental right. Recreation, fitness, active living, parks and arts/cultural – are experiences that define life quality. People with disabilities receive the same benefits of participating in recreation activities as their non-disabled peers do and many experts would argue that their need is even greater. Individuals with disabilities are less likely to engage in regular moderate physical activity than individuals without disabilities, yet have the same need to promote their health and a quality lifestyle. With limited physical activity and social opportunities, individuals with disabilities are more at risk for negative health conditions and lifestyle choices such as depression, isolation, drugs and alcohol, than are individuals without disabilities. (California State Parks: The Health & Social Benefits of Recreation, 2005) People with disabilities participating in these events and activities are not only affording themselves the opportunity for positive mental health, but they are the venues for developing life skills and achieving independent living.

The quality of life for those with disabilities is enhanced through recreation opportunities. Social integration and quality of life are positive outcomes of community based leisure programs that enable interactions between individuals with intellectual disabilities and their peers without disabilities. Through recreation activities, individuals with disabilities increase their frequency of social interactions, fostering meaningful relationships with peers with/without disabilities. Age-appropriate activities provide exposure to a range of opportunities that may become lifelong habits, promoting physical and psychological health, facilitating skill development, and enhancing perceptions of community membership. Recreation also provides opportunities for self-expression and self-development. Engaging in recreational activities can foster a sense of freedom and independence.

Reasonable Accommodations allows the Community Services Department to meet the needs of its disabled customers. Accommodations come in many forms and are determined on an individual basis. These accommodations are established by staff with input from customers with disabilities in order to ensure equal access to programs, services and classes. Some accommodations are easily made and others take thoughtful consideration involving trial and error to develop the correct adaptation to fit the need.

In 2002, supplemental data from the US Census achieved through federal government surveys indicated that within the disability context, 12% were seen as “having a sever disability”. The California Department of Finance states that there was an 18% growth in population from January 1997 – December 2007. Within this same time period the case load growth for the Department of Developmental Disabilities (a department of the State) grew by 59%. It is also significant to note the growth in providing services for people living in their own home (or with family) grew from 66% (1997) to 73% (2007). Citizens living in the community greatly rely on services provided by local agencies. Autism is the fastest growing disability condition with an increase in diagnosis at 321% between December 1997 and January 2007 and has gained nation-wide attention and concern. The other three significant disabilities (mental retardation, epilepsy and cerebral palsy) have declined somewhat. Based on state-wide statistics, it is not surprising that support request for persons with autism outweigh support requests for those with other disabilities.

Reasonable Accommodation requests for direct accommodations (one-on-one support) has remained steady over the past few years. To date this CDGB cycle (FY 09/10), 1313 hours of direct accommodation have been provided. Additional individuals have received indirect support service and accommodation plans. Due to the variation of accommodation needs the number of service hours that each participant requires can greatly change. For example, one person may need direct support for all 45 hours of a summer camp program, while others require assistance only during the swim portion of the day or when going on a field trip. Thus, a decline in request for accommodation on an individual basis, does not always equate to fewer service hours that the City provides.

Accommodations for teens and adults with developmental disabilities continue to be the strongest need. Individuals with considerable communication needs would not be able to participate in the city’s Alternative Recreation program were it not for the support of Reasonable Accommodations.

Benefit

People with disabilities income, is historically at poverty level. People with developmental disabilities generally fall at the lowest end of the economic scale. Unemployment for persons with disabilities has always been a serious problem and even with the ADA, not much progress has been made in this arena. The economic times add further erosion of job possibilities. Most individuals with developmental disabilities 18 years and older are living on SSA or SSI. Although the rates vary depending on disability, according to the Social Security Administration, the average monthly income for a person with a disability is about \$880. This is a yearly salary of \$10,560.00 which is below HUD’s definition of Extremely Low Income.

The purpose of Reasonable Accommodations is to meet the recreation and socialization needs for the disabled through access to recreation and leisure activities. All recipients served through this grant have a disabling condition.

A benefit to using City services is the scholarship program. Funding for City of Davis

Recreation programs is available through the Community Services Department for all Davis residents. Applicants who make less than 80% of the Yolo County median income qualify. This funding pays 50% of the cost of recreation programs, not to exceed a specified amount each year.

Other Resources and Collaboration

CDGB funding does not cover all the request needs to comply with the Americans with Disabilities Act (for access to recreation programs/services). The ADA mandates that we provide access to recreation. Access is provided through a Reasonable Accommodation Plan. Accommodations that exceed CDGB funding come from the City of Davis General Fund. If CDGB funding for Accommodations is cut, the City Council may consider reducing other programs for the disabled in order to meet the ADA mandate.

Utilization of volunteers for Reasonable Accommodations is significantly limited. The complex nature of the needs of the people we serve in addition to when they are being served severely limits the ability to rely on volunteers.

The Community Services Department is unique in its providing successful and meaningful support (two tenants of the ADA) to access recreation programs. There are other social and recreational programs within the Davis community, but most are not public and therefore do not have to comply with ADA mandates. Anecdotal information from families continues the cry of barriers to accessing art centers, play groups, music programs and the like.

Organizational Capacity

The Alternative Recreation program administers this project, under the umbrella of the City of Davis, Community Services Department. The Department has provided recreation services for persons with disabilities for 35 years. The City Council serves as the Board of Directors.

Accommodating persons with disabilities has had strong support from its governing board. Unfortunately, many of the disabled service providers in Davis (and around the state) have been forced to cut recreation and social services. Reductions of services to a population of people who benefit enormously from consistent positive physical and mental health activities is not accommodating to the people nor to this community. The sole mission of Reasonable Accommodations is to ensure that individuals with disabilities participate in meaningful recreation activities and programs with their non-disabled peers, as mandated by law.

SCOPE OF SERVICES

Project Description

CDBG funding is used solely for the salaries of support staff that are needed to assist participants with disabilities in participating in classes and programs provided by the Community Services Department in accordance with their Reasonable Accommodation Plan. Without these accommodations, participants with disabilities would likely not be able to attend programs. The City could also jeopardize its compliance with ADA mandates.

The vast majority of the individuals we serve require a one-on-one Reasonable Accommodation Plan to be successfully and meaningfully included in typical recreation activities. Support staff provides assistance in behavior management, self-help skills and social development.

Target Group

This project will serve approximately 68 low to moderate income individuals. These beneficiaries request support services numerous times throughout the year. We estimate we will receive about 175 different requests for service to participate in various programs this year. Twenty eight individuals require the one-on-one support service and 40 individuals benefit from "indirect" support.

Outreach

The City of Davis Community Services Department publishes a Recreation Schedule three times a year. It lists class schedules and programs available to the community.

The Alternative Recreation Coordinator conducts presentations to various community groups in order to publicize the Inclusive Recreation Program and its services. The Department's Website advertises our compliance with the ADA.

PERFORMANCE SCHEDULE

Work Plan (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
Staff Training	Quarters 1 – 4
Program Publicity	Quarters 1 – 4
Maintain Accurate Attendance and Account Records	Quarters 1 – 4
Program Evaluation	Quarters 1 – 4

PERFORMANCE MEASUREMENTS

ACTIVITY (What the program does to fulfill its mission)	INDICATOR (The direct products of program activities) Service #s	OUTCOME (Benefits that result from the program)
Provide one-on-one assistance to individuals with disabilities.	28	Enable those with developmental disabilities and mental illness to increase their recreation and leisure pursuits.
Provide indirect support services to individuals with developmental disabilities.	40	<p>Allow children to participate in typical recreation programs with their non disabled peers. Thus increasing socialization.</p> <p>Broadens recreational experiences and helps people to gain confidence in their abilities.</p> <p>Enhances the quality of life for people with developmental disabilities through access to recreation and leisure pursuits.</p> <p>These programs fill a niche that is not filled by any other organization in Davis.</p>

BUDGET SUMMARY FOR PROPOSED PROJECT*

Budget Category	Proposed Project “CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$12,000	\$25,724	\$37,724
B. Fringe Benefits	\$0	\$16,720	\$16,720
C. Consultant/Contract Services	\$0	\$0	\$0
<i>TOTAL PERSONNEL BUDGET</i>	\$12,000	\$42,444	\$54,444
D. Office Rent	\$0	\$0	\$0
E. Utilities	↓	↓	↓
F. Telephone			
G. Office Supplies			
H. Equipment			
I. Printing/Duplication			
J. Travel/Conferences			
K. Other (Specify)	↓	↓	↓
<i>TOTAL NON-PERSONNEL BUDGET</i>	\$0	\$0	\$0
TOTAL PROJECT BUDGET	\$12,000	\$42,444	\$54,444

City of Davis, CDBG Operating Budget 2009/2010

Budget Category	Proposed Project “CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$11,730	\$23,816	\$35,546
B. Fringe Benefits	\$0	\$15,861	\$15,861
C. Consultant/Contract Services	\$0	\$0	\$0
<i>TOTAL PERSONNEL BUDGET</i>	\$11,730	\$39,677	\$51,407
D. Office Rent	\$0	\$0	\$0
E. Utilities	↓	↓	↓
F. Telephone			
G. Office Supplies			
H. Equipment			
I. Printing/Duplication			
J. Travel/Conferences			
K. Other (Specify)			
<i>TOTAL NON-PERSONNEL BUDGET</i>	\$0	\$0	\$0
TOTAL PROJECT BUDGET	\$11,730	\$39,677	\$51,407