

Smalltalk

Serving Providers & Families in Yolo County

Volume XXVII, Number 4

Dear Friends:

The Summer solstice has passed and the hottest season has officially begun. May heat felt more like July this year.

We hope that you are thinking of creative ways to stay cool this summer. Remember to drink a lot of water, put on

good sun block and try to avoid heavy physical exertion during the hottest part of the day (this is doubly important for children).

As many of you already know, several city offices have changed their summer hours in order to help lower the city energy bills over the

summer. Our office at the Hunt Boyer building is one of those affected by this change. Our hours for June-September are 7:00 a.m.-3:30 p.m. We are hoping that folks will take advantage of the early hours to come down to check out books/videos/toys or get referrals before it gets too hot out. Also, if you work from 8-5, now you have a chance to get to City Hall to get permits or enroll in Recreation Classes before you go to work! If you do come to our building after 3:30 p.m., we have a note pad and pen on the front door for folks to leave a message. Just slip your message through the mail slot and a staff member will follow up with you the next day. Please give me a call at (530) 757-7591 if you have questions or concerns.



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Robbie Townsley
Child Care Supervisor

Writers Wanted

City of Davis Child Care Services is seeking articles on topics directed towards parents and child care providers. The articles will be used as parenting handouts or newsletter articles during fiscal year 2001-2002. They will be distributed in paper form and possibly via the Internet. They may be translated into a number of languages used in Yolo County.

Articles can cover topics such as nutrition, discipline and learning to mention a few. They should be 1000-1500 words in length and be written in a simple and concise manner.

Authors of selected articles will be contacted during the summer months. Payment will be in the range of \$50.00 -\$70.00 per article. Completed articles must be received by Friday, July 27, 2001. Send them to: Robbie Townsley, Child Care Services, 23 Russell Blvd., Davis, CA 95616. For more information call Child Care Services at (530) 757-5691 or (800) 378-5044.

Meetings/Support Groups

FAMILY CHILD CARE LICENSING ORIENTATIONS
Tues., July 17 & August 21, 9:30 a.m. to 12:30 p.m.
VMC Game Room, 203 E. 14th Street, Davis
For information call (530) 757-5691 or (800) 378-5044.

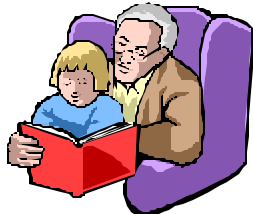
WOODLAND PARKS, RECREATION & COMMUNITY SERVICES COMMISSION
4th Monday of each month, 7:00 p.m.
City Council Chambers, City Hall, Woodland
Public welcome. Youth and children's issues discussed.

YOLO CHILD CARE PLANNING COUNCIL
No July meeting, call for August date.
Yolo County Office of Education, 1240 Harter Avenue,
Woodland. Call (530) 668-3773 for information.

BRIDGES
Support for parents of children in K-12 special ed.
Learning Center, Davis High School
Call Suzanna at (530) 756-5411 for information.

CH.A.D.D.
Children & Adults with Attention Deficit Disorders
No July or August meetings
Small group discussions, speakers and support.
Call (530) 750-3929 for information.

GRANDPARENTS RAISING GRANDCHILDREN
2nd Tuesday of each month
7:00 p.m.
Davis Senior Center
Genealogy Library
646 A Street
Call (530) 757-5696 for information.



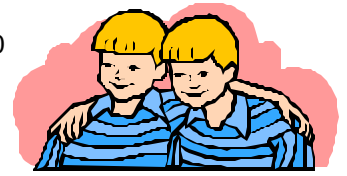
LA LECHE LEAGUE
2nd Thursday of month, 10:00 a.m.
345 L Street, Davis;
For location, phone support/meeting topics call: Jennifer
(530) 753-9824, Mary (530) 753-2932. For information
about a teen mother's group call Angela (530) 757-7105.

PARENTS TOGETHER (Formerly known as Moms Together)
Mom's Together has been renamed Parent's Together.
This group is for all parents and babies under 1 year.
Thursdays 1:00-2:30 p.m.; VMC Game Room
For information call Jody at (530) 758-5494.

YOLO COUNTY PARENTS ANONYMOUS®
Meets Thursdays, 6:30-8:00 p.m. in Woodland.
For meeting location and further information call Kathy
Dreyer at (530) 662-9463.

GROUP FOR TWINS & PARENTS

Playgroup for twins.
Every Mon. 10:00 a.m.-12:00
p.m. at Sycamore Park in
Davis. Support meeting for
parents only every 1st
Sunday of the month from
4-6 p.m. at the Blanchard Community Room, Davis Public
Library. For information call Christine Deamer, (530) 757-
2728 or Jeanine Hill at (530) 756-9698.



PARENT SUPPORT

For parents and caregivers of emotionally disturbed
children. For information on any of the meetings call Joan
McChesney, Children's Services Family Coordinator, (530)
666-8632 ext. 9183

Woodland: 2nd Tuesday of month, 6:30-8:00 p.m., Horizon
School, 16 N. Cottonwood St. Supervised play for children
at this meeting only.

West Sacramento:

3rd Tuesday of month, 10:30 a.m.-noon,
County Services Center, 500-B Jefferson Blvd., Ste 150
Davis: 4th Tuesday, 10:30 a.m.-noon
Mental Health Offices, 600 A Street.

PARENTS AND CAREGIVERS OF YOUTH INVOLVED WITH THE JUVENILE JUSTICE SYSTEM, new support group, 2nd & 4th Thursday of each month, 6:00-7:00 p.m. Conference Room, Dept. of Alcohol, Drug & Mental Health Svcs., 201 W. Beamer St., Woodland. Ophelia Gonzales, Family Partnership Specialist, bilingual facilitator. For more information call (530) 666-8632.

WEST SACRAMENTO SIBLING GROUP (ages 6 to 12)
Meets 2nd Thursday of month, 3:00-5:00 p.m.
at Bryte School, room 17 in West Sacramento.
For more information call Jan at (916) 371-9561.

WOODLAND SPECIAL EDUCATION LINKS

Support for parents of children in K-12 special ed.
No meeting in July or August
Woodland Joint Unified School District
626 Cottonwood Street, Woodland
For more information call Sue Owens at (530) 666-0246

YOLO CO. CHILDREN & FAMILIES COMMISSION

2nd Wednesday of the month
402 Court Street in Woodland
For more information call (530) 669-2475.

VMC = Veterans' Memorial Center
203 E. 14th Street, (14th & B), Davis

YCSS = Yolo County Social Services
120 West Main Street, Woodland

Community News

Calendar

| | | |
|--------------|--------------|---|
| July | 3 | Bridgefest 2001 Fireworks W. Sac. |
| | 4 | Independence Day - City offices closed – Celebrations in various cities |
| | 5 | Bonding & Rebuilding Class Series begins |
| | 16 | Toy Closet “Grand Re-Opening” Family Child Care Orientation |
| Aug. | 15-19 | Yolo County Fair |
| | 21 | Family Child Care Orientation |
| Sept. | 3 | Labor Day |
| | 12 | UCD child care grant application due |

For more information about events listed in the calendar, check out the rest of Small Talk!

BridgeFest 2001 Fireworks

The Annual West Sacramento Pride and Progress celebration will be held on July 3 from 6:00 to 10:00 p.m. in the 2101 Stone Blvd parking lot. Fireworks in celebration of Independence Day will begin after dark, approximately at 9:30 p.m. The Daniel Palimidessi Bridge will be closed for the event from 5:00-10:00 p.m. For more information call (916) 371-7042.



Harmony on the River

Free concert series at the River Walk on Tuesdays thru August 28. Sponsored by the City of West Sacramento. For more information, contact the West Sacramento Parks and Community Services at (916) 373-5860

After School Care

Do you need after school care during the school year? Many child care centers and family day care homes are currently accepting reservations/registrations for the 2001-2002 school year. Child Care Services can provide you with a listing of both Child Care Centers and Family Day Care Homes. These facilities have been licensed by the Department of Social Services. We encourage you to visit as many centers and/or homes, and give yourself plenty of time to find the ideal setting for your family. For more information on available child care options call Child Care Services at (530) 757-5691 or (800) 378-5044.

New Counseling Group

Yolo Family Service Agency and Yolo County Alcohol Drug & Mental Health are pleased to offer a six-week counseling group for individuals or couples with a relative experiencing severe mental illness. The group will offer participants the opportunity to explore and share with others the impact of severe mental illness in their lives & will focus on enhancing coping skills, developing and maintaining support networks, self-care and awareness. Thursdays, July 19th to August 30th 6:30pm – 8:00pm pre-registration is required. For more information call (530) 662-2211 or (530) 753-8674.

Yolo County Fair

Bring your family to the Annual Yolo County Fair August 15 to August 19. Fair hours are Wednesday 5:00-11:00 p.m., Thursday thru Saturday 12 noon to 11:00 p.m. and Sunday, 12 noon to 10:00 p.m. This event will be at the Yolo County Fairgrounds, Main Exposition Hall in Woodland

Child Care Council

The Yolo County Child Care Planning Council has several member openings for child care consumers, providers and a public agency representative. The new members would need to reside in Yolo County to represent the County's interests in our children population. This committee acts as an advisory body to the Board of Supervisors to plan and implement, and address the child care needs of all families in Yolo County. For more information, contact Melinda Waring at (530) 668-3850

Community News

Community Resources

FEDERAL FOOD DISTRIBUTION PROGRAM
Eligibility is based on income.

Last Wednesday of the month, 12:30-1:30 p.m.
Senior Center, 646 A Street, Davis, 757-5696
Last Friday of month:

Winters Community Center, 12:00 noon-1:30 p.m.
Yolo Housing Community Center, 10:45-11:30 a.m.
Call (530) 758-6821 for information.

IMMUNIZATION CLINIC

Immunizations given by Yolo County Health Dept.

Winters, Public Library, 1st Wednesdays, 1:00-3:30 p.m.
Woodland, 10 Cottonwood, Mondays, 2:00-4:00 p.m. &
Fridays, 9:00-11:00 a.m.

West Sacramento, 500 B Jefferson Blvd., Ste 170
Tuesdays, 1:00-3:00 p.m.
Call (530) 666-8645 (Woodland, Winters) or
(916) 375-6380 (West Sacramento) for information

WELL AND SICK CARE CLINICS

for Women's Health Care & general medical information
Davis Community Clinic, 2040 Sutter Place,
Call (530) 758-2060

Peterson Clinic, 8 N. Cottonwood, Woodland,
Call (530) 666-8960

Salud Clinic, 500B Jefferson Blvd. #180, West
Sacramento, call (916) 375-6400

YOLO COUNTY CHILDREN'S

MEDICAL SERVICES

Child Health & Disability Prevention Program

Free health check-ups for children through 20 years of age
on MediCal and for low-to-medium income children
through 18 years of age. Call 666-8249 for appointment.

California Children's Services

Case management and financial assistance for children
through 20 years of age with serious or chronic medical
conditions.

For information and appointments call (530) 666-8640

YOLO COUNTY WIC PROGRAM

Nutrition program for women, infants & children.
Clinics in Davis, West Sacramento, Winters & Woodland.
Phone hours 8:00 a.m.-3:00 p.m.,

M-F: (530) 666-8445 (Woodland),
(916) 375-6390 (West Sacramento)

Parents Together News

After 6 years of facilitating Parents Together (formerly known as Mom's Together), Jody Lusebrink will no longer facilitate the group. Jody has enjoyed taking part of the group both as a facilitator and parent. Child Care Services would like to extend our thanks to Jody for her commitment to our program. We will start searching for our new facilitator during these summer months. Best wishes to Jody and her family.

Yolo County Homeschoolers

This fall, most children return to school. However not all school age children attend public school. A percentage of children are homeschooled. They obtain their academic experiences in the own home environment. Homeschooling may be an option for your family. If you are interested in finding out more about homeschooling, The Yolo County Homeschoolers, a group of families that teach their children at home can give you more information. You may call Nathaline Shonk at (530) 759-1106 or visit the national homeschooling website at www.hsc.org. You may also attend the annual Homeschool Association conference in August to be held in Sacramento. For more information about this conference go to the "Classes, Workshops and Conferences" section of Small Talk.

Toy Closet Announcement

The City of Davis' Toy Closet will soon be undergoing a transformation. We have ordered many new toys and will be repairing or replacing any toys that are currently damaged. During this overhaul, the Toy Closet will have to be closed. The last day to check out any toys will be Friday, June 22. The Toy Closet will remain closed until Friday, July 13. The grand re-opening of the new and improved Toy Closet will be on Monday, July 16. We appreciate your understanding during this process and we hope you will come out and enjoy the improved Toy Closet and all the new toys that we will be adding! If you are currently a Toy Closet/Book & Video Resource Library user, keep in mind that your annual registration will expire at the end of June. To renew your registration, please come into our office at 604 2nd Street or 23 Russell Blvd. The registration fee will remain the same, \$10 for the July 2001- June, 2002 fiscal year.



Community News

Summer Events at the Public Library

Davis Branch Library

This summer the Davis Library Branch has a number of events planned for children ages 3 and older. This is a good opportunity to expose your children to reading as well as to giving them enjoyable indoor activities. All programs at the library are free and no registration is necessary. For more information call the Children's Desk at 757-5596 or come to the library located at 315 E. 14th Street.

Don't Bug Me, I am Reading!

(schedule of events for children 5 and older)

- July 3 Bats 'N Bugs at 2:00 p.m.
- July 11 Bugs and Other Critters at 7:00 p.m. with Linda Book, Storyteller
- July 17 Buggy Crafts at 2:00 p.m.
- July 24 Anansi, The Trickster at 2:00 p.m.
- July 31 Butterflies, Bugs & Things at 7:00 p.m.

Reading Program *(for children ages 3-5)*

Wednesday Evenings at 7:00 p.m.
June 13 & 27, July 25 and August 8

Friday Mornings at 10:30 a.m.
June 22, July 6 & 20, August 3 & 17

Saturday Mornings at 10:30 a.m.
June 16, July 14 & August 11

A Special event for everyone!!

Happy 80th Birthday, Winnie-the-Pooh!
Wednesday, July 25 at 7:00 p.m.

Woodland Summer Reading Club

Summer Reading Club is coming to the Woodland Library. Although all the dates of events aren't set yet, Summer Reading Club will run from the week of July 2 through the week of August 6. For more information, contact Children's Librarian Carol Beckham at 661-5983 or visit the Woodland Library Branch located at 250 First Street, Woodland, CA 95695.

West Sacramento Branch Library

(Program for children 5 years and older)

- July 3 @ 2:00 p.m. Bug Stories & Food Craft
- July 10 @ 2:00 p.m. Big Bugs of the World with Entomologist Christopher Rogers
- July 17 @ 2:00 p.m. Bats N' Bugs
- July 21 @ 3:30 p.m. Bug Stories & Food Craft
- July 24 @ 2:00 p.m. Puppeteer Mary Lou Linvill "Omar & the Green Parrot"
- July 31 @ 2:00 p.m. "Anansi the Trickster" Puppet Play & Crafts
- August 4 @ 3:30 p.m. Puppeteer Mary Lou Linvill "Rabbit Tales"
- August 7 @ 2:00 p.m. Bees, Beetles, and Butterfly Crafts

Story Time *(for children 3-5 years old)*

Tuesday mornings @ 11:30 a.m. June 19 to August 7
Thursday evenings @ 6:30 p.m. June 21 to August 9
For more information call (916) 375-6465 or visit the West Sacramento Branch Library located at 1212 Merkle Avenue.

Winters "Prize – A – Week" Reading Program for Kids

The Winters Branch Library has prizes for reading during the summer. Children can participate by checking out books and reading them. The prizes are bookmarks, stickers, pencils, certificates, craft kits and much more. The program will end July 30. If you have visited the library every week and collected all the prizes, you may choose a free paperback book to keep! For more information on this and other summer programs at the Winters Library Branch, contact the library at (530) 795-4955.



Health and Safety News

Summer Safety Tips

When summer arrives, our children spend a great portion of their day outdoors, more so than in the colder months. Although sunscreen protection should be used throughout the year, it becomes more crucial when the summer months arrive, when the children receive the most exposure to sun's rays. Here are some recommendations from the American Academy of Pediatrics.



Fun in the Sun

- Babies under 6 months of age should be kept out of the direct sunlight. Move your baby to the shade or under a tree, umbrella, or the stroller canopy.
- Dress babies in lightweight clothing that covers the arms and legs and use brimmed hats.
- Apply sunscreen at least 30 minutes before going outside, and use sunscreen even on cloudy days. The sun protection factor (SPF) should be at least 15.
- Try to keep children out of the sun between 10:00 a.m. - 4:00 p.m. - that's when the sun's rays are strongest.

Pool Safety

- Never leave children alone in or near the pool, even for a moment.
- Make sure adults watching young children in the pool know CPR and can rescue a child if necessary.
- Surround your pool on all four sides with a sturdy five-foot fence.
- Make sure the gates self-close and self-latch at a height children cannot reach.
- Keep rescue equipment (a shepherd's hook—a long pole with a hook on the end—and a life preserver) and a telephone near the pool.
- Avoid inflatable swimming aids such as “floaties.” They are not a substitute for approved life vests and can give children a false sense of security.

Playground Safety

- Carefully maintain all equipment.
- Swings should be made of soft materials such as rubber, plastic or canvas.
- Make sure children cannot reach any moving part that might pinch or trap any body part.
- Make sure metal slides are cool to prevent children's legs from getting burned.

Travel Safety

- Buckle up those car seats and seat belts.
- Keep children entertained with car games, activity books and story tapes.
- Make periodic stops along the way.
- Keep supplies with you, such as snack, water, a first aid kit, and any medicines that your child may need.
- Put your child in the back seat. It is the safest place in the car because it is farthest away from a head-on crash (most common type of crash).
- Children in rear facing car seats should NEVER be placed in a front seat equipped with an air bag.

West Sacramento Toddler Immunization Outreach Project

The West Sacramento Toddler Immunization Outreach Project provides free transportation to five area medical facilities for childhood immunizations and well child exams. Parents are required to accompany children to and from the clinic as well as bring their child's yellow immunization card. The free shuttle service is funded by the City of West Sacramento and the West Sacramento Rotary Club. Rides are provided by the City of West Sacramento Parks and Community Services Department. Parents are asked to call the clinic for an appointment and then schedule to be picked up by calling the Parks and Community Services Department at (916) 373-5860.

The clinics participating are:

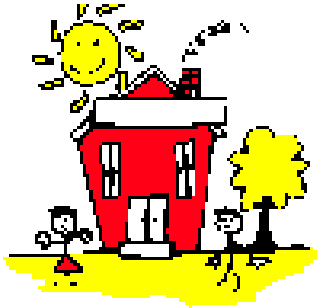
- Yolo County Public Health Department: (530) 666-8645
- Garcia, Lee and Concepcion Medical Group: (916) 392-4000
- Salud Clinic: (916) 375-6400
- Molina Clinic: (916) 399-1777
- Sacramento Family Medical Center: (916) 391-2229.

Campustalk

Submitted by Barbara Ashby, Child Care Coordinator
Student Housing Office (530) 752-5415

UC Davis Child Care Subsidy Program

The joint venture between the University and City of Davis Child Care Grant office provided \$83,437 to 68 families (81 children) this academic year. The program, entering its 13th year of operation, assists low-income student parents with the cost of child care at licensed homes and centers in Davis and neighboring communities. Eligibility is based on income and student status. Disbursements are decided by a lottery each fall. Applications for 2001-02 will be available in early August. The deadline for the lottery is 5pm Wednesday, September 12. Those who submit applications late or do not receive a subsidy through the lottery are put on a waiting list for funds that may become available during the academic year. For an application, call (530) 757-7595, stop by the Child Care Grant Office at 600 A Street, or visit the UCD Child Care Services website at <http://www.childcare.ucdavis.edu/finance.htm>.



Work-Life

Chancellor Vanderhoef has appointed two groups to address work-life issues facing campus employees. Dr. Emily Goldman, of Political Science, is chairing the Chancellor's Committee on Work-Life Balance, which will focus on recruitment and retention. Rebecca Nord, of Human Resources, is chairing a task force to further develop the Work/Life Balance website to incorporate the many campus programs, services, and resources available to help affiliates meet the often competing demands of work and personal life (<http://worklifebalance.ucdavis.edu>).

Davis Honors Challenge

A group of six 3rd year seminar students in the DHC program examined the role of child care/family services in faculty recruitment and retention. Their findings will launch some new and expanded outreach initiatives sponsored by the Office of the Provost. Congratulations and thank you to Mandy Tedards, Thomas Chen, Loredana Giacalone, Ranna Khoury, Melissa Lau, and Danie Witten.

Orfalea Family Foundation

Paul Orfalea, founder and chairperson emeritus of Kinko's Inc., took time from his recent visit to the Graduate School of Management, to tour LaRue Park CDC, the Center for Child & Family Studies, and a lactation site of the Breastfeeding Support Program. Mr. Orfalea was the final guest in the Dean's Distinguished Speaker series sponsored by GSM. His philanthropic efforts and advocacy are focussed on early care and education, and support for working families through grants from the Orfalea Family Foundation.

Center for Child & Family Studies

Fond farewells and best wishes go out to Associate Director Kay Jeanne Gaedeke and Family Specialist Kathleen Grey on their retirements from the University after 40 years of collective service and dedication to children and families. Stay tuned to the fall edition of CampusTalk for an introduction to the staff and programming for 2001-02.

Call for Artists

The [MIND Institute](http://mindinstitute.ucdavis.edu) (Medical Investigation of Neurodevelopmental Disorders) is building a new facility at the UC Davis Medical Center in Sacramento. It is their goal to have the entire art collection in this new building complex created by artists with neurodevelopmental disorders, such as autism, Rett syndrome, Tourette's syndrome, Asperger's syndrome, fragile X syndrome and dyslexia. Artists fitting this criterion are encouraged to submit slides of artwork by September 14, 2001. For details and submission forms, visit the [MIND Institute](http://mindinstitute.ucdavis.edu) website at <http://mindinstitute.ucdmc.ucdavis.edu/news/art.htm>. Questions should be directed to [Susan Willoughby](mailto:susan.willoughby@ucdavis.edu) (916) 428-8914.

Community Agency Spotlight

WarmLine Family Resource Center

WarmLine is an information and support line for parents and professionals involved with children with special health or developmental needs. Their mission is to provide information, education, and support to promote and strengthen the foundation of families and children with special needs. The WarmLine Family Resource Center provides resources and support in the counties of Yolo, Sacramento, Placer, Nevada, El Dorado and Alpine.

WarmLine serves parents by linking them with services. It provides one-on-one parent support and support group referrals. Family time is often hampered by the stress and demands of locating supportive services. WarmLine can expedite the process in which a family finds the services they need.

WarmLine Provides:
Information and Referrals Linking Families with Services.

- Family Support - Providing one-on-one parent support and support group referrals.
- Outreach - Increasing public awareness of disabilities and available services.
- Advocacy - Strengthening parents' knowledge and decision-making abilities.
- Workshops & Seminars - Training Parents and Professionals.
- Resources - Offering books, tapes and articles on disability.
- Information Packets - Customized information on disability related subjects.
- Newsletter - The Networker is published quarterly.
- Community Resource Parents - A representative in each county.

WarmLine staff is experienced and sensitive to your family's needs. The staff members include "trained" parents who can sensitively answer questions and will listen because they, too, have experienced what other families are experiencing.

Sibshops

This summer, WarmLine will sponsor "Sibshops" during the months of July and August. Brothers and sisters of children with disabilities are invited to meet and play with other kids whose sibling(s) have special needs. They will have an opportunity to talk about the good and not so good parts of having a sibling with a disability. Besides peer support, Sibshops provide participants with the opportunity to make new friends, play new games and share some of those difficult feelings with others who truly understand. Sibshops are an exiting, support, information and recreation opportunity for siblings. The workshops will be on July 28th and August 18th. Space is limited for these workshops, and you need to register to attend. For more information or to register call WarmLine.

WarmLine can help you with anything you want to know about child development and special needs, from early intervention to workshops and therapy. For more information about WarmLine Family Resource Center call (916) 631-7995 or (800) 660-7995.

WarmLine and Child Care Services

WarmLine and Child Care Services will be working together thanks to Prop 10 funding. Charlotte Bandhu, a WarmLine staff member will be available to offer her services as a Community Resource Parent to serve providers and families of children with special needs in Yolo County. Charlotte will be available to consult with and give advice to parents and their providers. We will keep you informed of this new program within Child Care Services. If you have any questions please contact Robbie Townsley at (530) 757-5691.

Especially for Providers

Home Visit Program Begins

As many of you know, we have officially started our home visit provider support program. This program is funded by the Yolo County Children and Families Commission (Prop 10). We would like to take this opportunity to officially thank the Commission for their funding and support.

If you are a provider, this program will give you the rare opportunity to have resources and trainings delivered right to your business for FREE. How often does a business owner have a chance like that? Providers will have access to resources and training on issues such as positive discipline techniques, school readiness, developmentally appropriate practices, art projects, science activities, language development and many other topics. To set up your individual appointment, please call Tamiko at (530) 757-5691 ext. 7356.

For resources, training, technical assistance or home visits regarding children with special needs, please call me and I will arrange to have Amy Strimling from Lekotek set up an individual home visit with you. If you are a parent of a child with special needs and you would like help making child care a successful, positive experience for your child, your provider and yourself, I encourage you to call me and I will arrange for Charlotte Bandhu from Warmline to personally assist you.

We are very excited about this project. We often hear from providers who leave the field that isolation and burnout were two of the main reasons. This program is a great opportunity to prevent some of those occurrences. We also often hear from providers that the length of their workday makes it very challenging to attend training or track down resources. This program is a unique way to access both trainings and resources during your normal workday, without leaving your home. We also get frequent calls from providers and parents asking for help with accommodating children with special needs in a family child care environment. Both Amy and Charlotte will be able to help with many different situations, including children with physical and emotional disabilities. If you have a child (or take care of a child) with severe behavior issues due to Attention Deficit Disorder or developmental delays, this is a great opportunity for you. You can have an expert come to your child care home and help make the situation successful and positive for you, the child and the other children in your care. WarmLine Resource Center and Lekotek will also be offering several group trainings throughout the year in subject matters specific to meeting the requirements of the special needs population. Don't miss this great opportunity!

If you want to learn more about any of these programs, please call me at (530) 757-5691 ext. 7334 and I will be happy to talk with you.

Robbie Townsley
Resource & Referral Supervisor

In Praise of the Provider Dinner

We all had such a wonderful time at the provider recognition dinner on May 18. It is so nice to put names with faces! Judy Ishiura's presentation was wonderful and inspiring. Many of you shared with me a feeling of being uplifted and recognized for the rewarding work that you do with children. Judy truly is an inspiration to us all. Again we would like to thank the extremely generous Yolo County Merchants. They were so giving this year that we were able to give a prize to every provider and assistant who attended, 70 in total! Juanita Hawkins was the lucky provider who left with a new VCR. Her enthusiastic reaction was priceless! We were honored to have County Supervisor, Lois Wolk and Davis Mayor pro tem, Susie Boyd join us. They have both expressed admiration for the wonderful work that family child care providers do everyday. Their presence at the dinner was proof that they mean what they say! We hope to see you all again next year. For those of you who could not join us, we hope that you will be able to at future dinners. I think I speak for all of us when I say we can't wait for next year. We are already planning for it. You all should have received an evaluation in the mail. We ask you to please, please fill it out and return it in the stamped envelope we included. They are the only way we know what you liked and didn't like! Thank You One and All!

Health & Safety Requirements

The Yolo County American Red Cross Chapter offers the CPR, Pediatric First Aid and Preventative Health & Safety Issues required to be a licensed child care provider and/or work at a child care center. If you are certified, please note the expiration date on your certificate, and plan to schedule your class prior to the expiration date. Please refer to the Classes, Workshops and Conferences of Small Talk for class dates and times. To register for any of these classes call the Red Cross at (530) 662-4649.

CA Assoc. for Family Child Care

2001 Semi-Annual Conference
Unite....To Make A Stand For Quality
October 19-21, 2001, Santa Clara California
For more information contact Elda Fontenot –
Conference Chair at (510) 536-9273.

Especially for Parents

Packing Up the Backpack- Getting Ready for School

By Tamiko Eslick

Making the transition from summer to school may require a little more attention than just a new backpack and school supplies. Here are some strategies that you and your child can work on together to make the transition as smooth as possible!



Parents need to remember that not all children are eager to head back to school. Long summer days, fun expeditions and week day sleepovers are hard to give up! However with a little preparation, school doesn't have to sneak up on them (and you). Certain children are "slow to warm up." That just means that they feel most comfortable in familiar situations and with people that they know.

Some ways to ease into the new school year are:

- Share upcoming events in advance so your child has time to plan, prepare and enjoy!
- Organize play dates with their peers and inform your child ahead of time so they can plan.
- Try role-playing! Practice how to initiate conversation with other people with your child.
- Check out the school ahead of time, walk around, and get familiar with the rooms and play areas.
- Plan for study breaks or activities so your child can release built up energy. Identify tasks that are active yet productive!
- It is important to monitor you own behavior, your children can sense your feelings and may share your doubts and concerns.
- Talk to your child about their concerns, try to have your child find a solution. This builds conflict-resolution skills that motivate and build confidence.
- Find a balance between experiences and activities so that the child can increase their knowledge but not become overwhelmed

Overall, keep in mind that transitions are difficult and routines are ideal. You will need to assess your child's needs to prepare them for the first day of school. It is best to try the "school-routine" (e.g. bedtime, planning homework strategies, and after school activities) before the first day of school. Work with your child when problem solving, encourage them to suggest possible solutions, they will be more likely to follow through if they were apart of the process! Remember that after the freedom of summer, EVERYONE needs time to adjust to the school schedule.

Summer Reading for Young children

This summer, in between all outdoor play and activities, make a special effort to continue reading to your children. Children enjoy books! They like to "read" them over and over. Before you know it, they have learned all the words, and are "reading" on their own. Here is a list of books compiled by Leticia Hardin that will sure make summer reading more enjoyable. Our new Family Child Care Home Visitor, Tamiko Eslick can also bring these books to home visits at your request.

Green Eggs & Ham

By Dr. Seuss

A classic book that illustrates the importance of trying something new. Young Children especially enjoy the repetitive theme, rhyming and interesting pictures in this book.

Fanny

By Stephen Cosgrove

Illustrated by Robin James

A book about a unique cat that lives on a farm. The story teaches children that "being handicapped is only a state of mind."

Leo The Lop

By Stephen Cosgrove

Illustrated by Robin James

A story about a silly rabbit that tries to be like all the other rabbits. This story teaches children that "you're special because you're you."

Buttermilk Bear

By Stephen Cosgrove

Illustrated by Robin James

A charming story about a rabbit and a bear becoming friends despite the prejudice of their parents. A good book for 4-5 year olds.

Frog and Toad Are Friends

By Arnold Lobel

This "I Can Read" book is a level 2, and is meant to be read by children in grades 1-3. However, the charming short stories in each chapter can be read to younger children as well. A very good book to grow with.

Why So Sad, Brown Rabbit?

By Sheridan Cain

Illustrated by Jo Kelly

A fun book about Brown Rabbit and his search for a family of his own. During his search, a family finds him. . . but will he realize it? A good book that shows that families come in different shapes and sizes.

Especially for Parents

Brown Bear, Brown Bear, What Do You See?

By Bill Martin Jr.

Illustrated by Eric Carle

A classic book that uses wonderful illustrations of animals to teach children colors. A favorite with infants and toddlers. This is a book your children will enjoy reading over and over.

Pancakes for Breakfast

By Tomie DePaola

A charming book with no text, so you and your child can make up the story as you go. There is a tried and true message on the last page that is a good thing for people of all ages to learn. A must read!



Good Night Gorilla

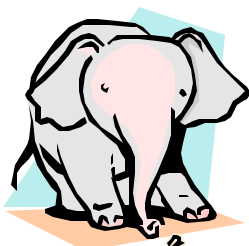
By Peggy Rathman

A picture book with detailed illustrations on each page. Follow Gorilla as she causes mischief throughout the zoo. A fun book for toddlers.

The Ant and the Elephant

By Bill Peet

A story about the importance of helping others and the strength of even the smallest creature. A book that 4-5 year olds will enjoy.



The Itsy Bitsy Spider

By Lorianne Siomades

A board book with bright pictures and large text of the famous nursery rhyme. A book your infant or toddler will want to read over and over.

Horns to Toes and In Between

By Sandra Boynton

A board book about the body parts of adorable little creatures. They have horns and tails, but they also have lots of things that people have too. Your infant or toddler will certainly enjoy this book.

When the TV Broke

By Harriet Ziefert

Illustrated by Mavis Smith

A wonderful book about a little boy whose main activity was watching TV, and what happens to him when it suddenly breaks. A story that shows there is more to do than watch TV.

Work Song

By Gary Paulsen

Illustrated by Ruth Wright Paulsen

A book about all sorts of different jobs. A wonderful way to start a dialogue about what jobs children's parents do.

Pip's Magic

By Ellen Stoll Walsh

A book about overcoming your fears by using your own "magic." Lovely illustrations and a story they can identify with will keep your preschool age child enthralled.

Friends

By Helme Heine

A heartwarming tale of three barnyard friends and their commitment to each other during their adventures. Each page is filled with captivating pictures your preschooler will be sure to enjoy.

I Love Trucks

By Philemon Sturges

Illustrated by Shari Halpern

Bright, bold pictures liven every page of this book about all kinds of trucks. From forklifts to fire engines, this book has all the trucks your young child loves.

Big Red Barn

By Margaret Wise Brown

Illustrated by Felicia Bond

This sturdy board book is a wonderfully illustrated story of a day in the life of the animals on a farm. A very good book for toddlers.

Memily

By Stephen Cosgrove

Illustrated by Robin James

A book about a giraffe that finds out you're perfect just as you are. A good story for children with longer attention spans.

If You Were Born A Kitten

By Marion Dane Bauer

Illustrated by JoEllen McAllister Stammen

This beautiful, extra-large book explores the different ways that animal babies enter the world. A good book for all young children.

A Tree Is Nice

By Janice May Udry

Illustrated by Marc Simont

An award winning book about the many uses for a living tree. This story helps children learn an appreciation for living trees and what they give to us.



Classes, Workshops & Conferences

Bonding & Rebuilding (ages 0-5)

Sponsored by Yolo Connections

Thursdays, July 5-August 30, 6:00 - 8:00 p.m.

Child Care will be provided. For more information, contact Jada Chapman at (530) 669-3285.

Family Child Care Orientation

Are you interested in becoming a licensed family child care provider? If so, one of the first steps is to attend the Family Child Care Licensing Orientation held by the Department of Social Services. For more information, please contact Child Care Services at (530) 757-5691 or (800) 378-5044 or Family Child Care Licensing at (530) 666-8470. Orientations for the next three months will be on Tuesdays at the Veterans Memorial Center, 203 E. 14th Street in Davis from 9:30 a.m. to 12:30 p.m. on July 17th, August 21st and September 18th.

Health and Safety Training

The Yolo County American Red Cross Chapter offers the CPR, Pediatric First Aid and Preventative Health & Safety Issues required to be a licensed child care provider and/or work at a child care center. If you are certified, please note the expiration date on your certificate, and plan to schedule your class prior to the expiration date. To register for any of these classes call the Red Cross at (530) 662-4649.

Pediatric First Aid & Adult, Infant & Child CPR

July 15, 9:00 a.m.-6:00 p.m.

July 24 & 26, 6:00-10:00 p.m.

August 11, 9:00 a.m. to 6:00 p.m.

August 21 & 23, 6:00 to 10:00 p.m.

Preventive Health and Safety Issues

July 14, 9:00 a.m. to 4:30 p.m.

August 14 & 16, 6:30 to 10:00 p.m.

Community CPR

July 7, 9:00 a.m. to 4:00 p.m.

July 17 & 19, 6:30 to 10:00 p.m.

July 29, 9:00 a.m. to 4:00 p.m.

August 4, 9:00 a.m. to 4:00 p.m.

August 13, 15, 28 & 30 6:30 to 10:00 p.m.

CA. Home Education Conference

Sponsored by the HomeSchool Association of California

August 17-19, 2001 in Sacramento

This conference is a source of information for new and seasoned homeschoolers and for those looking into homeschooling as an educational alternative for their family. For more information call (888) HSC-4440 or visit their website at www.hsc.org

17th Annual California Child Development Conference

"Making the Connection: Early Learning and Development"

October 16-19 2001 in Ontario, California

This conference is for administrative staff focusing on program, administration and fiscal management of child care and development programs. For more information, contact the California Department of Education, Child Development Division at (916) 322-6233.

Family Child Care at its Best

Once again Child Care Services will sponsor the series Family Child Care at its Best. This is a series of classes for family day care home providers and "providers in process" that will begin in mid-September. The classes focus on improving quality of care and will be taught both, in English and Spanish. Providers will be notified in August of the classes available. Classes will be open to licensed family day care providers and "providers in process". Priority will be given to licensed providers. For more information call Rossana Vigil at Child Care Services at (530) 757-5691 or (800) 378-5044.

Early Childhood Education Classes

Sacramento City College has classes in early childhood education starting this fall in **Davis**. Learn about children, earn college credit to advance your career and even qualify for free tuition and books!

ECE 1 Introduction to ECE (3 units) Sat. Aug 25-Oct 20, 9-2:30 pm

ECE 47 Adult Supervision: Mentoring in a Collaborative Learning Setting (2 units) Thurs. Oct 25th to Dec. 20th 6:30 to 10:35 pm

FCS 35 Child Development (3 units) Wed. 6:30-9:20 pm

Online Distance Education Course

Interdisciplinary Strategies for Infants with Multiple Disabilities & their Families

This distance delivery intermediate level course is designed for early intervention service providers, coordinators, related service personnel, or students in relevant training programs. This 12-week course is free to participants. Applications are due July 20th. Enrollment is limited and classes will start in September. For more information visit

www.csun.edu/~hfedu009/innovations

Legislative News

Legislative Update

The following are excerpts from On The Capitol Doorstep June 2001 issue. On The Capitol Doorstep is a monthly report on public policy issues affecting California's young children. For more information on legislative updates call (916) 442-5431. Active Legislation

AB 6—Cardenas Before and After School Programs

Bill would allow After School Learning and Safe Neighborhoods Partnership Programs to operate up to 30 hours/ week (rather than 20) without having to be licensed. It would require programs to have a credentialed teacher serve as a liaison between the school and the program and provide guidance for the educational and literacy components of the program. The bill would allow schools to operate programs before school, beginning no later than 6:00 a.m. Schools that also operate before school would receive additional reimbursement of \$5 per student per day for each student that attends at least 1 hour of the before school component. *Amended: 5/31/01 Consultant: Misty Padilla (916) 319-2039 Hearing: Senate Education 7/11/01*

AB 47 -- Cardenas Schoolsite Parent Centers

Bill would establish the Schoolsite Parent Centers Program to provide centers that encourage parental involvement in their children's learning and provide information to parents about school efforts to improve academic achievement. It would allow centers to assist parents of preschool children. Contingent upon securing funding in the state budget, the bill would require the Dept. of Ed. to award grants of up to \$50,000 for schools to implement program - with priority for schools performing in the lowest 10% on a statewide basis. *Amended: 5/31/01 Consultant: Leonor Ehling (916) 319-2620. Hearing: Senate Education 6/20/01*

AB 182—Vargas Hepatitis A Vaccinations

This bill would require a child to be immunized against Hepatitis A prior to attending kindergarten at a public or private elementary school. It would exempt child care facilities that do not care for specific children on a regular basis from the requirement to keep immunization records for each child. *Sponsor: American Liver Foundation (415) 248-1060 Amended: 6/12/01 consultant: Jim Anderson (916) 319-2079 Hearing: Senate Health & Human Services 6/20/01*

AB 396 – Papan Eligibility for State-Subsidized Child Care

This bill would require the Dept. of Ed. to report to the Legislature by September 1, 2002, on the impact of using the regional median income rather than the state median income to determine eligibility and fees. *Sponsor: Dept. of Education (916) 657-2280. Amended 5/31/01 Consultant: Glenda Hubner (916) 319-2019 Status: Passed Assembly * Conveyed to Senate*

AB 432 Budget* Education Budget Trailer

Bill would require alternative payment programs (including CalWorks Stage 2&3 subsidized child care) to obtain a waiver from the Dept. of Ed. to place a child in a child care program where more than 75% of the children are receiving subsidized child care services. The bill would give current After School Learning and Safe Neighborhoods Partnership Programs priority for future funding. It would allow maximum grants to be increased by up to 25% for programs that have students on waiting lists. The bill would delay implementation of the Kindergarten Readiness Pilot Program to the 2002-2003 school year & allow individual schools to participate. The bill would limit the number of children in kindergarten younger than 5 to 1% of enrollment. It would eliminate the requirement that a readiness program provide a minimum of 110 hours of activities and would instead provide \$5 per child per hour of attendance, up to a maximum of \$750 (and adjusted for inflation). The bill would eliminate the requirement that the Superintendent compensate school districts for loss of enrollment due to changing the age of enrollment and instead provide a one-time incentive grant equal to one year's lost enrollment. It would end the pilot program on July 1, 2009 rather than June 1, 2010. Contains other provisions. *Urgency measure. Amended 5/30/01: Child care provisions deleted. Consultant: Leonor Ehling (916) 319-2620 Status: Assembly Budget*

AB 634 – Wesson Mandatory Kindergarten

This bill would lower the age of compulsory school attendance from 6-5 and would take effect beginning July 1, 2003. Children would then be required to attend kindergarten rather than mandatory school attendance beginning the first grade. The bill would require a waiver to be granted for a child that a parent does not feel is ready for kindergarten. *Sponsor: Dept. of Ed. (916) 657-2280 Amended 5/31/01 Consultant: Greg Campbell (916) 319-2047 Status: Senate Education*

Legislative News

AB 685 – Wayne

Family Child Care: Increased Unannounced Visits

Bill would require the Dept. of Soc. Svcs. to conduct unannounced site visits to all licensed family child care homes once every two-year period (instead of once every 3 years) and as necessary to ensure compliance with the law. *Sponsor: County of San Diego (916) 441-0202 Amended: 4/16/01 Consultant: Brendan Twohig (916) 319-2078 Hearing: Senate Health & Human Services 6/20/01*

AB 1105 –Simitian

Foster Care: Child Care Reimbursement

Bill would require the Dept. of Soc. Svcs. to develop a system to provide child care assistance (up to 50% of the regional market rate) to foster parents and relative caregivers for licensed child care. The parents or caregivers would have to be working outside the home or participating in certain foster care activities. This bill would require the department to maximize federal foster care funding for child care assistance. It would make assistance contingent on funding in the budget act and federal financial participation. In years of insufficient funding, priority will go to children under 7. *Sponsors: San Mateo County (650) 595-7902, Santa Clara County (916) 447-2868 Amended: 6/4/01 Consultant: Jamille Moens (916) 319-2928 Hearing: Senate Health & Human Services 6/20/01*

AB 1525 – Liu

Alternate Payment Programs: More than 75% of Children at a Facility

Bill would require Alternative Payment Programs to obtain a waiver from the Dept. of Ed. in order to place a child in a facility where 75% or more of the children are receiving state-subsidized care. It would allow waivers if there are lack of licensed child care facilities in the area; facilities can meet the special needs of particular children; doing so enables siblings to receive care at the same location; families have unique transportation, location or scheduling needs; or other facilities present significant barriers to achieving or sustaining self-sufficiency. Surveys for the determination of market rates would not include facilities that receive waivers. *Amended 6/7/01: Amendment would require Alternative Payment Programs funded through the Dept. of Ed. to obtain a waiver to place a child in a licensed child care facility where 75% or more of the children receive state subsidized services. It would additionally allow a waiver to be granted to families that are transitioning from CalWORKS Stage 1 Child Care and need uninterrupted services. Sponsored: Dept. of Ed. (916) 657-2280 Consultant: Catherine Hazelton (626) 577-9944. Status: Senate Appropriations*

AB 1539 – Pavley

Preschool Transfer Act

This bill would require the Superintendent of Public Instruction to ensure that, with permission from the parent or guardian, important information from state-funded infant/toddler and preschool programs, Head Start & programs serving children with exceptional needs is transferred to public schools. Urgency measure. *Sponsor: Child Dev. Policy Institute (916) 483-8775 Amended: 4/25/01 Consultant: Debra Gravert (916) 319-2041 Hearing: Senate Education*

SB 308 – Escutia

Child Care for All Eligible Children Over the Next Five years

This bill would require the Superintendent of Public Instruction, by January 1, 2003, to submit a plan to the legislature for serving all eligible children by 2006. *Sponsors: Child Care Law Center (415) 495-5498, California Resource and Referral Network (415) 882-0234 Introduced: 6/4/01 Consultant: Carrie Krueger (916) 327-8315 Status: Assembly Human Services*

SB 390 – Escutia

Child Care and Development Master Plan

This bill would require the Dept. of Ed. to develop a California Child Care and Development Master Plan by January 1, 2003 in conjunction with other state and local agencies, child care providers, children's advocates, parents and community organizations. It would require the development of the master plan to include a public input process. The bill would require the plan to be updated at least once every 5 years. It would state the intent of the Legislature to appropriate \$140,000 in 2001-2002 for the development of the master plan contingent on a nonstate match of \$360,000. *Sponsors: California Child Care Resource and Referral Network (415) 882-0234, Child Care Law Center (415) 495-5498 Amended: 6/4/01 Consultant: Carrie Krueger (916) 327-8315 Status: Assembly Human Services*

SB 819 – Johnson

Child Care: Reopening Investigations

This bill would require the Dept. of Soc. Svcs. to reopen an investigation into a licensed child care facility when notified that a court has determined that a child's injury may have been inflicted while in the custody of the facility. *Amended: 4/17/01 Consultant: Linda Brown (916) 445-4961 Status: Assembly Human Services*

The Teen Perspective

*Hello mother, hello father, things are fine in camp.....
This month our teen columnist Rachel Jones focuses on
one of the perennially teen experiences, sleep away camp.
If you are interested in finding a camp experience for your
child, we have listed some options for you to check out at
the end of this page.*

Hello again!

This summer I will be going to Camp Swig for 24 days (three and a half weeks). The longest I have ever been before is two weeks. Camp Swig is a sleep-away camp for Jewish kids. They have a variety of sessions including the session I am going to be in, which is called Hagigah. Hagigah is an art session. Part Aleph, or "A" is visual arts (ceramics, stained glass, etc.) Part Bet, or "B", focuses on performing arts, such as acting or singing. It was a tough choice, but I chose Bet in the end.

I am also a bit nervous about camp. I worry that I won't make that many new friends, or that I won't have fun with my cabin mates. Since I have been to camp 5 times before, I know that I have nothing to worry about. I also worry about the location of Camp Swig. I used to go to Camp Newman, the camp for younger kids. It's in Santa Rosa. I'm used to Camp Newman. But Camp Swig is in Saratoga. I've only been there once and that was only for a weekend, so I didn't see the whole area. And they also don't have much hot water...

I am looking forward to singing, dancing, and acting, as well as doing regular camp activities like song sessions and services. I like Friday nights at camp because everyone dresses up in white and has a blast. I also like the Gaga pits. Gaga is a game from Israel that is played in a hexagonal pit with sand. The object is to hit opponents with a ball from the knees or below. I also enjoy hiking, swimming, and cabin activities.

Goodbye for now! The next time you hear from me, I will have many fun experiences to share with you!

-Rachel Jones

If you are still interested in finding out about a sleep away camp for your child, there are still some camps with openings. Child Care Services in no way endorses or sanctions any of these camps, we are simply supplying information. It is up to a parent or guardian to thoroughly investigate a camp before signing up their children.

YMCA, Yolo County
Ages vary depending on type of camp experience
(530) 662-1086

Snow Mountain Camp
Ages 7-16
(530) 265-4439

Summer Adventures
Ages vary
(530) 621-3918

Mountain Meadow Ranch-Teen Quest
Ages 14-18
(530) 257-4419

Tahoe Extreme Sports Camp
Ages 8-18
(530) 550-0778

Here is a web site that has descriptions of some of the camps above: www.KidsCamps.com



