

Smalltalk

Serving Providers & Families in Yolo County

Volume XXVIII, Number 3

Dear Friends:

Summer is just around the corner and Child Care Services is set to help parents have an easier time lining up summer entertainment and care for their children this year. The Resource and Referral staff is excited to announce the debut publication of "Fun In The Sun". Fun In The Sun will be a comprehensive guide to events and programs occurring in Yolo County this summer. Many low cost or no cost events and activities for children in Yolo County will be listed in one comprehensive guide! We hope to have Fun In The Sun ready for publication by the end of April and available to the general public by the first full week in May. If you are on the Smalltalk mailing list, Fun In The Sun will be sent to you automatically. If you are not, you may pick up a copy at the Resource and Referral office at 604 Second Street (if it is after June 1st, please go to 600 A Street).

Child Care Services would like to send out a big thank you to all who participated in this year's Child Development Conference on April 13th. We had over 260 participants, exhibitors and presenters. Our registration this year set a program record! Staff member Tamiko Eslick and consultant Catherine Carmona-Reed did an excellent job with conference coordination and deserve a big pat on the back. We are studying the feasibility of making the conference an annual event again due to the interest shown. If you have any feedback or ideas you would like to share with us regarding the conference, please give us a call.

Our last big event of the season will be our Family Child Care recognition dinner on May 10th. This year our theme will be Once Upon A Time.....Our featured entertainment will be the theater troupe Fairy Tales By Request. Local merchants have again generously donated with wonderful door prizes and the local Sears store in Davis has agreed to donate the grand prize for the second year in a row, a gas BBQ and a tank. Thank you SEARS!

As always, if you have any concerns or questions, please feel free to call our office at (530) 757-5691.

Regards,

Robbie Townsley
Child Care Supervisor

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Resource and Referral is Moving

Child Care Services Resource and Referral will move in late May from its downtown Davis location. This has been a long awaited move. Once again, Resource and Referral and Child Care Grant will be at the same location, making services more accessible to both, parents and providers including the Toy Closet and the Resource Library. Please make a note of our new address and phone numbers.



New address & phone numbers
600 A Street, Davis, CA 95616
(530) 757-5695 and (800) 723-3001 (this number can be accessed from rural Yolo County and West Sacramento)

Meetings/Support Groups

FAMILY CHILD CARE LICENSING ORIENTATIONS

Tues., May 21 & June 18, 9:30 a.m. to 12:30 p.m.
VMC Game Room, 203 E. 14th Street, Davis
For information call (530) 757-5691 or (800) 378-5044. In
June, call (530) 757-5695 or (800) 723-3001.

YOLO CHILD CARE PLANNING COUNCIL

May 14 & June 11, 2:30-4:30 p.m.
Yolo County Office of Education, 1240 Harter Avenue,
Woodland. Call (530) 668-3773 for information.

GRANDPARENTS RAISING GRANDCHILDREN

2nd Tuesday of each month, 7:00 p.m.
Davis Senior Center Genealogy Library, 646 A Street
Call (530) 757-5696 for information.

LA LECHE LEAGUE

2nd Thursday of month, 10:00 a.m., 345 L Street, Davis;
For location, phone support/meeting topics call: Christina
(530) 758-8270, Mary (530) 753-2932, Lonna at (530) 756-
3551 or Angela (530) 757-7105.

PARENTS TOGETHER

This group is for all parents and babies under 1 year. The
groups meets in Davis, Woodland and West Sacramento.
For information call Carrie Shepard at (530) 753-8602.

Davis: Thursdays 1:00-2:30 p.m.; VMC Game Room.

Woodland: Wednesdays, May 8 & 22. June 5 & 19 9:30-
11:00 a.m. at Greengate School located at 285 W. Beamer

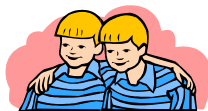
West Sacramento: Tuesdays, May 7 & 21. June 4 & 18,
9:30-11:00 a.m. at Bryte Elementary, 637 Todhunter Ave.

GROUP FOR TWINS & PARENTS

A non hosted playgroup for twins.

1st & 3rd Mon. 10:00 a.m.-12:00
p.m. at Sycamore Park in Davis.

2nd & 4th Sat in Central Park near Merry Go Round, 10
a.m. -12 p.m., family playgroup, no host. Support meeting
for parents only every 1st Sunday of the month from 4-6
p.m. at the Blanchard Community Room, Davis Public
Library. New Moms group starting check the web site
www.dcn.davis.ca.us/~ypotc for more info. or call Christine
Deamer, 757-2728 or Jeanine Hill at 756-9698.



WEST SACRAMENTO SIBLING GROUP (ages 6 to 12)

Meets 3rd Tuesday of month, 3:00-5:00 p.m.
at Bryte School, room 17 in West Sacramento.
For more information call Jan at (530) 758-5888.

BRIDGES

Support for parents of children in K-12 special education.
Learning Center, Davis High School

Call Suzanne at (530) 756-5411 for information.

WOODLAND PARKS, RECREATION & COMMUNITY SERVICES COMMISSION

4th Monday of each month, 7:00 p.m.
City Council Chambers, City Hall, Woodland
Public welcome. Youth and children's issues discussed.

YOLO COUNTY PARENTS ANONYMOUS®

A support group for parents. Family Resource Center, 409
Lincoln Ave. Woodland, Thursdays 6:30-8:00 p.m. free
child care provided on site. For further information call
Kathy Dreyer at (530) 662-9463.

PARENT SUPPORT

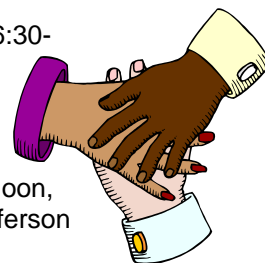
For parents and caregivers of emotionally disturbed
children. For information on any of the meetings call Joan
McChesney, Family Partnership Program Coordinator,
(530) 666-8632 ext. 9183

Woodland: 2nd Tuesday of month, 6:30-
8:00 p.m., Horizon School, 16 N.
Cottonwood St. Supervised play
for children at this meeting only.

West Sacramento:

3rd Tuesday of month, 10:30 a.m.-noon,
County Services Center, 500-B Jefferson
Blvd., Ste 150

Davis: 4th Tuesday, 10:30 a.m.-noon
Mental Health Offices, 600 A Street.



PARENTS AND CAREGIVERS OF YOUTH INVOLVED WITH THE JUVENILE JUSTICE SYSTEM, groups forming now. For more information call (530) 666-8632.

PARENTS AND CAREGIVERS OF TRANSITION-AGE YOUTH (16-25) WITH PSYCHIATRIC DISABILITIES

Group meetings held 4th Tuesday of every month
6:30-8:00 p.m., 600 A St., Davis
For more information call Joan, (530) 666-8632, ext. 9183.

WOODLAND SPECIAL EDUCATION LINKS

Support for parents of children in K-12 special ed.
Woodland Joint Unified School District
626 Cottonwood Street, Woodland
For meeting dates and more information call Sue Owens
at (530) 666-0246.

YOLO CO. CHILDREN & FAMILIES COMMISSION

2nd Wednesday of the month, 3:30-5:30 p.m.
403 Court Street in Woodland
For more information call (530) 669-2475.

VMC = Veterans' Memorial Center
203 E. 14th Street, (14th & B), Davis
YCSS = Yolo County Social Services
120 West Main Street, Woodland

Community Events

Calendar

May	3	Davis Playgroup Orientation
	10	Provider Recognition Dinner Provider Appreciation Day
	10 – 12	Whole Earth Festival
	12	Mother's Day
	14	Woodland Playgroup Orientation
	15	West Sacramento Playgroup Orientation
	21	Family Child Care Licensing Orientation
June	16	Father's Day
	18	Family Child Care Orientation
July	4	Independence Day (City offices closed)

Special Kids Family Picnic

Active 20-30 club # 1 presents a day of fun, food, music, prizes and games for children with special needs and their families. The event will be at Fairytale Town in William Land Park located at 1501 Sutterville Road in Sacramento on May 18, 2002 from 11:00 am to 4:00 p.m. The event is free of charge, but you must pre-register to attend by May 13. For more information contact Patrick Robrecht at (916) 203-4136 or Barry Prickett (916) 452-7103.



Harmony on the River

The third annual Harmony on the River Concert Series is scheduled to start on June 4th and continue through September 17, 2002 at the River Walk Park in West Sacramento. The Series is held every Tuesday night from 7:00 to 8:30 p.m. This free-to-the-public event features a variety of musical and theatrical performances at the Sacramento River, the performances are given at the Grand Staircase where there is plenty of seating for everyone. Families and picnics are encouraged! For more information contact the West Sacramento Parks and Community Services at (916) 373-5860.

Playgroup Orientation

Are you looking for playmates for your little ones? Join us for a Playgroup Orientation and meet other parents who are looking for playgroups. The orientation is free of charge and there is no need to register. Bring your children, there will be toys for them to play with while you meet with other parents.

In Davis

Friday, May 3rd, 10:00 am - 11:30 am
Chestnut Park Round House
1020 Chestnut Lane

In West Sacramento

Wednesday, May 15, from 10:00 to 11:00 a.m.
Sam Combs Community Center
205 Stone Boulevard

In Woodland

Tuesday, May 14, from 10:00 to 11:00 a.m.
Greengate School
285 W. Beamer
(Corner of Beamer & Ashley)

If you have any questions or would like to get a referral for current open playgroups call Child Care Services at (530) 757-5691 or (800) 378-5044.

Vaccination Day

Free or low cost vaccinations for Yolo County children ages 0-18 years of age will be offered from 8:30 am to noon on May 10 at the Yolo County Health Department located at 10 Cottonwood Street in Woodland. Parents should bring their child's immunization record to the clinic. For more information call (530) 668-8645.

Whole Earth Festival

This year's Whole Earth Festival will be May 10 –12 from 9 am to Midnight on the UC Davis Campus. The Whole Earth Festival is a truly unique festival, drawing nearly twenty thousand people over a three-day span. The festival emphasizes spiritual development, environmental innovations, natural foods, hand crafted goods and a sustainable, holistic way of life. For more information call (530) 752-1990.

Community News

Do You Need Summer Child Care?

Summer vacation is almost here! Have you made childcare arrangements for the summer months? There are a variety of options during the summer to keep your children entertained in a safe environment. Family child care homes, child development centers, recreational programs and summer camps are available throughout Yolo County. For a child care referral and a listing of available programs in your area, call Child Care Services at (530) 737-5691 or (800) 378-5044 before June 1st and (530) 757-5695 or (800) 723-3001 after June 1st.

Suddenly It's Summer!

If you are looking for summer child care or family activities and events in Yolo County, Child Care Services has the information you need. Starting in May, Child Care Services Resource and Referral will have summer child care information and a "Fun in the Sun" summer guide ready for you. *Fun in the Sun* will have information on summer events, places to go, summer recipes, transportation and much more. If you need child care referrals or would like a copy of "Fun in the Sun" call our office at (530) 757-5691 or (800) 378-5044 before June. Starting in June, you may call our new offices at (530) 757-5695 or (800) 723-3001.

California Child Care Portfolio Released

The California Child Care Portfolio was released by the California Child Care Resource and Referral Network. The Portfolio is a comprehensive California statewide report that highlights child care supply, demand, and cost issues throughout the state. In Yolo County, although the number of licensed child care facilities has increased, the demand for care still surpasses the available slots in the county. This is due to the continuous growth the county is experiencing. According to the report, the need for infant care and non-traditional hours/weekend care is high. Child Care Services has a copy of the California Child Care Portfolio available for viewing. For more information call (530) 757-5691 or (800) 378-5044.

Week of the Young Child Celebrated

Week of the Young Child was celebrated throughout the nation April 7 through the 13th. This year, Child Care Services kicked off the celebration with a Children's Art Display at different local Davis businesses. We also worked with City of West Sacramento and City of Woodland Parks and Recreation Departments to co-sponsor the art display in these cities. Parenting and child development videos were aired in the local government channel throughout the week and the celebration was concluded with the 2002 Yolo County Child Development Conference. Thanks go out to all the participants, businesses and child care providers who worked together to highlight this special week and helped celebrate children.

Yolo Residents can Browse Library from Home

Yolo County residents can now browse the Yolo County Library catalog online. Library patrons can now renew and reserve books from the comforts of their home for all 7 library branches in the county. The process is an easy one, where all you need is your library card, your personal identification number or PIN (your date of birth) and your home computer. Log on to www.yolocounty.org/org/library.

For an informational "how to" brochure, visit your local library branch.

Toy Closet and Resource Library's New Location

The Toy Closet and Resource Library will move to its new location at 600 A Street in Davis. As a result, the Toy Closet and Resource Library will be closed for inventory and relocation purposes. **The last day to checkout items will be May 10.** Please return all items you have borrowed by May 25. These resources will be available at the new location on June 10. Also, please remember that membership fees will be due on July 1st. The cost will be \$10 for the 2002-2003 fiscal year and this entitles you to borrow items from both, the Toy Closet and the Resource Library.

Community News

Community Resources

FEDERAL FOOD DISTRIBUTION PROGRAM

Eligibility is based on income.

Last Wednesday of the month, 12:30-1:30 p.m.

Senior Center, 646 A Street, Davis, 757-5696

Last Friday of month:

Winters Community Center, 12:00 noon-1:30 p.m.

Yolo Housing Community Center, 10:45-11:30 a.m.

Call (530) 758-6821 for information.

IMMUNIZATION CLINIC

Immunizations given by Yolo County Health Dept.

Winters, Public Library, 1st Wednesdays, 1:00-3:30 p.m.

Woodland, 10 Cottonwood, Mondays, 2:00-4:00 p.m. & Fridays, 9:00-11:00 a.m.

West Sacramento, 500 B Jefferson Blvd., Ste. 170 Tuesdays, 1:00-3:00 p.m.

Call (530) 666-8645 (Woodland, Winters) or

(916) 375-6380 (West Sacramento) for information.

WELL AND SICK CARE CLINICS

For Women's Health Care & general medical information call:

Davis Community Clinic, 2040 Sutter Place,

Call (530) 758-2060.

Peterson Clinic, 8 N. Cottonwood, Woodland,

Call (530) 666-8960.

Salud Clinic, 500B Jefferson Blvd. #180, West Sacramento, call (916) 375-6400.

YOLO COUNTY CHILDREN'S

MEDICAL SERVICES

Child Health & Disability Prevention Program

Free health check-ups for children through 20 years of age on MediCal and for low-to-medium income children through 18 years of age and children enrolled in Head Start or state preschool regardless of income. Call 666-8249 for appointment.

California Children's Services (530) 402-2800

Case management and financial assistance for children through 20 years of age with serious or chronic medical conditions.

YOLO COUNTY WIC PROGRAM

Nutrition program for women, infants & children.

Clinics in Davis, West Sacramento, Winters & Woodland.

Phone hours 8:00 a.m.-3:00 p.m.,

M-F: (530) 666-8445 (Woodland),

(916) 375-6390 (West Sacramento)

DADS (Dads And Daughters/Sons)

Dads with children under the age of six are invited to participate with their children in the

DADS playgroup through the Family Resource Center at 209 Lincoln Ave in

Woodland. The group holds a weekly play activity on

Tuesday evenings from 5:30 pm until 7 pm. Child

development and parenting information is also available to participants. There is no cost to

participate. There is also a DADS group for Spanish-speaking fathers. To register, call the DADS program at (530) 662-2211 ext. 20.

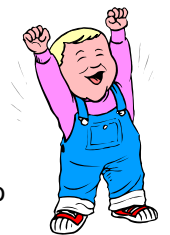


Child Development Conference A Big Success!



We are happy to report that the Child Development Conference our office sponsored on April 13th was a huge triumph! Over 200 community members attended along with 20 exhibitors and 21

presenters. We were able to offer some wonderful workshops, everything from helping children problem solve to dramatic play. This year we were pleased to offer workshops in three languages; English, Spanish and Russian. This was the first time we have been able to offer Russian workshops at the conference and we were very excited to see them so apparently appreciated and enjoyed by the Russian speaking providers and parents. We would like to again extend a big thank you to Music Matt for his terrific keynote presentation and workshop. We would also like to thank the Yolo County Department of Social Services for providing partial funding for the conference this year.

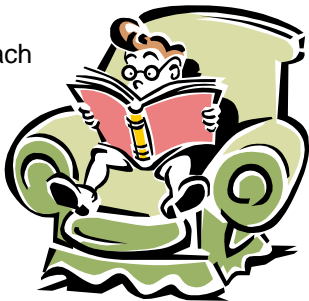


We have tentatively scheduled the conference next year for April 5th. If you or anyone you know would be interested in presenting, please let us know. If you attended the conference and have ideas or suggestions, please share them with us! We would love to hear from you.

Agency Spotlight

Get Ready

Get Ready is a mobile outreach program through the Yolo County Health Department that promotes good health, nutrition and early literacy for young children in the county. The program introduces young children to the world of reading and eating healthy while offering access to health and nutrition services to children ages 0 – 5. Funded by the Yolo County Children and Families Commission (Prop 10), the program aims to bring information and services to parents and children in their own communities.



Get Ready has two goals; preparing children for kindergarten and creating healthy families. Get Ready is a fun way to incorporate literacy, nutrition and health in a unique setting that involves all the senses. The overall strategy to provide these services is to use a bus that travels throughout Yolo County to reach traditionally hard-to-reach individuals. WIC, CHDP, and Public Health Nursing staff will assist Get Ready participants to access needed nutrition, health and other services.

Get Ready gives children and their families fun ways to learn more about healthy nutrition and literacy. A typical visit to the bus could include:

- ❖ Reading a short story together about harvesting fruits, and how fruits are used in different cultures.
- ❖ Children participating in a craft activity such as coloring pictures of different fruits and discussing how fruits are healthy.
- ❖ Children receiving a free book of their own to take home and start their own library.
- ❖ Parents receiving a Food-2-Learn bag including a healthy recipe with some of the ingredients. Giving the family an example and opportunity to try something new with food for a healthy dish.

Get Ready's collaborative partners are: Yolo County, Yolo County Health Department, The Food Bank of Yolo County, Women, Infants and Children (WIC) Supplemental Nutrition Program, and the Child Health and Disability Prevention (CHDP) Program.

For information on Get Ready call (530) 666-8694.

Get Ready will be in your neighborhood the following dates:

CITY	MAY	JUNE
CLARKSBURG	May 9	June 9
DAVIS	May 2 & 6	June 3 & 6
ESPARTO	May 16	June 20
DUNNIGAN	May 23	June 27
KNIGHTS LANDING	May 23	June 27
MADISON	May 29	June 24
W. SACRAMENTO	May 7, 14, 15 & 28	June 4, 11, 17, 19 & 25
WINTERS	May 8 & 21	June 12 & 18
WOODLAND	May 1, 2, 10, 13 & 20	June 5, 6, 10, 14 & 17

For locations and times please call Get Ready at (530) 666-8645.



Health and Safety News

Soft Drinks: Are We Drinking Too Much?

What is the harm in carbonated soft drinks? Probably very little if you drink only 2 – 3 cans a week. For those who drink more than 24 ounces a day, the answer is not that simple. Although no link has been found between moderate consumption (less than 20 ounces a day) and serious health problems, there are compelling reasons to limit the amount you and your children drink.

Childhood Obesity:

A recent study by the Harvard School of Public Health found that the more soft drinks children consume, the greater their body weight. The odds of becoming obese increased 1.6 times for each additional can or glass of soft drink consumed each day.

Bone-loss in Teens:

Bone fractures are more common in girls who drink carbonated beverages and may be linked to a growing trend. Teens drink more soft drinks and less calcium-rich milk.

Also, there are indications that the high levels of phosphorus in sodas may affect the calcium/phosphorus ratio in the bloodstream, producing calcium loss. Girls who don't consume enough calcium are at greater risk for osteoporosis (bone loss) as they age.

Tooth Decay:

The main culprits in tooth decay are sugar and acid, both which are in plentiful supply in soft drinks. Health officials advise against giving small children soft drinks in bottles or training cups because it can cause tooth enamel to decalcify and dissolve. Also, the caffeine, sodium and artificial sweeteners found in soft drinks may cause problems for people who are sensitive to these substances.

Good Advice:

Soft drinks, both regular and sugar-free, too often replace healthy drinks in our diets. Rather than filling up on soda's empty calories, choose milk, water and 100% fruit juices that will provide very important nutrients.

Reprinted with permission from Personal Best health publications (November 2001) produced by Scott Publishing, Inc, Edmonds, WA 98020 (800-888-7853)

Plastic Surgeons Warn Parents to 'Beware of Dog Bites!'

American Society of Plastic Surgeons offers tips to keep children safe from dog bites this summer. Most dog bites happen to dog owners, their family and friends. Children who are attacked by dogs are frequently bitten on the face which could result in severe lacerations, infection or disability. Every dog - no matter how friendly - has the capacity to bite. "Parents need to know how to safeguard their family against dog bites and what to do if a dog attacks." Said C. Lin Puckett, M.D., president of the American Society of Plastic Surgeons (ASPS). For more information on health related topics visit the Medem Smart Parents Health Source website at www.medem.com

May 21 - 27 is National Dog Bite Prevention Week. In an effort to reduce the number of dog attack casualties, the ASPS offers the following tips:

To Prevent Dog Bites:

- Never leave infants or children alone with a dog.
- Follow leash laws.
- Do not play aggressive games with your dog.
- Keep your dog healthy - an unnoticed injury can make a dog aggressive.
- Do not let dogs run loose - a dog is less likely to bite if its owners train it to interact with people and take it to obedience classes.
- Always supervise children when they are playing with dogs.

Teach Children to:

- Ask permission from a dog's owner before petting the animal.
- Never approach an unfamiliar dog.
- Drop to the ground, curl into a ball and cover their head and face with their arms if a dog knocks them over.
- Never disturb a dog that is eating, sleeping or caring for puppies.
- Never tease or play too rough with a dog.
- Never play with a dog without allowing it to see and sniff you first.

If a Child is Attacked by a Dog:

- Place something between him or her and the dog, such as a jacket or purse.
- Try to loosen its grip by pushing your arm against its throat.

If the child is bitten, control the bleeding and wash with soap and water. Get medical help immediately to determine the risk of infection for rabies.

Health and Safety News

Teen Perspective

This month teen columnist Rachel Jones discusses her participation in an outreach program called Peer Education, which is sponsored by the Davis school district. When Rachel isn't busy volunteering, she loves other hobbies such as swimming, reading, writing and of course hanging out with friends!

In Peer Education, myself and five other freshmen give presentations to several Davis elementary schools about HIV/AIDS and tobacco. We are also currently working on a curriculum for alcohol consumption. Basically, we visit 6th and 7th grade classrooms to talk about HIV or tobacco.

Our HIV curriculum involves the kids identifying what the acronyms HIV and AIDS stand for, myths and facts about HIV, how HIV infects your system and takes it over, and how it can be prevented. We have developed neat activities such as what we like to call the Cups Activity, which is where water is put into all of the children's cups except for two, which are "infected" with a "virus" which is really a harmless chemical. We then ask the kids to "exchange bodily fluids" (pour liquid into another child's cup) and ask them to sit down. Next, we drop an indicator fluid into each child's cup, and ask that those children whose cups turned pink stand up. Usually, about half to three-quarters of the class stands up. This activity is to show how this make-believe virus can spread quickly throughout a community just like HIV.

We started our Tobacco Curriculum this year. We have added skits involving peer pressure to smoke and how to walk away from a situation where someone asks you to smoke with them. We even made "cigarettes" out of paper rolled up with cornstarch that we blow out the end to pretend we are smoking. We show the kids a video about what your lungs look like when you smoke and then talk about chewing tobacco, commonly known as "snuff," and show a model of the mouth of a person that has been chewing tobacco. Also included is a section asking kids how old they think people usually are when they start smoking. Kids' answers: 16 or 17. The right answer is as early as 12 or 13, which usually surprises the kids.

At the end of both the tobacco and the HIV presentations, the kids are quizzed by the M&M game, where we divide up into groups of five or six children to a

Peer Educator and say, "Who has a blue M&M? Okay, Sarah, name me one fluid that transmits HIV," or, "Who is this tobacco ad trying to advertise to?" The kids are usually pretty good at this one. They can identify who is being targeted by which ads and they have all told me

that they think smoking is stupid. Good, we're getting through to them. That's our job.

New Law Regarding Tobacco Use in Playgrounds

On January 1, 2002, a new law designed to protect children in playgrounds or tot lot sandbox areas in parks took effect. Assembly Bill (AB) 188 (Vargas) added Section 104495 to the Health and Safety Code, which prohibits smoking a cigarette, cigar, or other tobacco-related product within these areas. In addition, the disposal of cigarette butts, cigar butts, or other tobacco-related waste within a playground or a tot lot sandbox area is also prohibited. Those violating this law are subject to a \$100 fine. This law also prohibits anyone from intimidating or retaliating against another person who complies with the law. For more information contact the California Department of Health Services at (916) 327-5425.

Car Seat Safety Inspections

Free car seat safety inspections are available for Yolo County Residents through the Yolo County Health Department. Inspections are by appointment only. To schedule an appointment, or for more information call the Yolo County Health Department at (530) 666-8645.

Davis

May 11, 2002
Sutter Davis Hospital
Birthing Center
2000 Sutter Place

West Sacramento

May 25, 2002
County Services Center Parking Lot
500 Jefferson Blvd.

Woodland

June 8, 2002
Woodland Memorial Hospital
1325 Cottonwood Street

Winters

June 22, 2002

Times and location to be announced



Especially for Providers

Provider Recognition Dinner

Child Care Services invites you to our annual family child care Provider Recognition Dinner on Friday, May 10th 2002. This is our way of saying thanks to you for all the work that you do with the youngest members of our community.

The Provider Recognition Dinner will be at 6:30 p.m. at the Veterans' Memorial Center. Please join us for this special evening. "Fairytale by Request" will present the ever popular "Where the Wild Things Are". You will also have an opportunity to meet your fellow colleagues and win one of the many items raffled, including our grand prize, a gas BBQ & propane tank donated by Sears in Davis! We look forward to seeing you.

You should have received your invitation last month. If you haven't, please call Child Care Services and we will send you one. For more information, call (530) 757-5691 or (800) 378-5044.

Do You Know Who Your Licensing Program Analyst Is?

Community Care Licensing began overseeing Yolo County family child care providers as of January 1st of this year. It is important that you become familiarized with the agency as well as with your own Program Analyst. The role of the Program Analyst is to assist you with any question you may have about licensing and regulations. Your assigned Program Analyst will also be the person that will come and do inspection visits to your home. If you have any questions about licensing, feel free to contact your Program Analyst at the numbers below. Please note that each analyst is assigned to specific zip codes.

Rick Paul (916) 229-4562
Davis 95616

Tina Perez (916) 229-4530
West Sacramento 95691
Winters 95694
Madison 95653
Esparto 95627

Diane Brown (916) 229-4559
West Sacramento 95605
Woodland 95695 & 95776
Knights Landing 95645

Come to Morning Out

Do you want new ideas? Do you want preschool activities for the children in your care? Do you want to meet other providers in your area? We know just the thing, come to Morning Out! Now meeting in Davis, West Sacramento and Woodland. For more information or to reserve your spot call Tamiko Eslick at (530) 757-5691 or (800) 378-5044.

In Davis
Fridays 9:30 - 11:00 am
May 17 & 31
June 14 & 28

In West Sacramento
Tuedays 9:30 - 11:00 am
May 14 & 28
June 11 & 25

In Woodland
Wednesdays 9:30 - 11:00 am
May 15 & 29
June 12 & 26

Lo Mejor en Cuidado Infantil Hogareño

Todavía puede tomar parte en esta última clase de Lo Mejor en Cuidado Infantil Hogareño. Esta es la primer clase en la serie que cubre el tema de colaboración con los padres. Para más información llame a Rossana Vigil al (530) 757-5691 o al (800) 378-5044.

Trabajando en Colaboración con Padres

Sábado, 18 de mayo de 8:30am a 12:30pm
3500 Anderson Place en Davis

Campus*talk*

Submitted by Barbara Ashby, Program Manager
UC Davis Child Care & Family Services
530-752-5415, www.hr.ucdavis.edu/childcare

Russell Park Child Development Center Earns Re-Accreditation

RPCDC has achieved accreditation for a second term from the National Association for the Education of Young Children, signifying its commitment to high quality early care and education. Early childhood programs accredited by NAEYC have voluntarily undergone a comprehensive process of internal self-study, invited external professional review to verify compliance with the Criteria for High Quality Early Childhood Programs, and been found to be in substantial compliance with the Criteria. For more information visit www.naeyc.org or call 800-424-2460, ext. 601



UC Davis Work/Life Programs Take the Limelight

HR Magazine, published by the Society for Human Resource Management, will feature UC Davis in its May/June edition. The campus is being recognized for its policies, programs, and services, such as Child Care & Family Services, the Breastfeeding Support Program, Academic Staff & Assistance Program, Model Employer initiative, and Health Awareness, that promote balance between employees work and personal lives.

Health Insurance Available for Graduate Students' Dependents

Your dependent is eligible for the UCD Dependent Health Insurance Plan (DHIP) if you are a new student at UCD and a GSHIP member, and s/he enrolls within 30 days of your enrollment at UCD. S/he may also enroll within 30 days of marriage, birth, moving to this area, or involuntarily losing coverage under another group plan. If your dependent misses the 30 day eligibility period, s/he will have to wait until the next open enrollment (1st month of Fall quarter, 2002), to enroll. More information is available at <http://healthcenter.ucdavis.edu/insurance.html>, or contact Cowell Student Health Center at 752-6055.

Human Development & Family Studies Degree Opens Many Doors

"A Guide for Human Development Students" prepared by the Advising Center of the Human & Community Development Department offers a lengthy list of sample career options from early education, to social work, healthcare, public policy, law, and more. Information about education, training and employment for those interested in working with children and families was presented last month at conferences sponsored by the Yolo County Office of Education. Consider the possibilities. They are limitless!

Women's Center seeks 2002-2003 Graduate Student Outreach Coordinator

The WRRC's Graduate Student Outreach Coordinator provides campuswide programming, advocacy and resources for women graduate students. We are looking for someone who has knowledge of and sensitivity to the issues and concerns of women graduate students, familiarity with the campus organizations and networks which work with/for graduate students, and a willingness and ability to be a visible advocate.

The Graduate Student Outreach Coordinator is a 25% Research Assistant position for the academic year and works with the WRRC director. You must be eligible for financial aid.

Interested? Find out more about the position at <http://wrrc.ucdavis.edu/monthlyhighlights.html>, and if the job is a good match for your skills and interests, contact WRRC Director Robin Whitmore at rlwhitmore@ucdavis.edu or 752-3372.

Infant Mental Health Workshop

Dr. Stella Acquarone of the London School of Infant Mental Health will present a workshop on the Davis campus June 7 and 8. Aimed at practitioners and early education specialists, the program is being sponsored by the Department of Psychiatry and The Center for Human Services/UC Davis Extension. For more information, contact Janna McKay at (530)757-8643.

Especially for Parents

Teaching Young Children Through Work and Play

We have learned so much recently about the importance of play for young children that many families may overlook how meaningful work can also nurture development.

Young children flourish when allowed to enter the world of real work that surrounds them - from picking up toys or feeding the cat to grating carrots for salad. In the company of family or other adults, children eagerly engage in work. They want to 'help' with the pursuits of adults, and this work can be a crucial part of their early learning.

If you shield young children from a whole category of activity simply because it is called 'work' and not 'play,' you may be limiting their developmental opportunities. On the other hand, if you invite children to participate in work *and* play, you give them many more ways to grow and learn.

Through work that is meaningful and a real contribution to the family or group, even young children can gain a sense of purpose, and come to feel more a part of the family.

With proper adult supervision, there are many types of chores that families can consider for young children, which can help them begin learning about responsibility, independence and caring for themselves. Here are a few examples:

Gathering, preparing, and cooking food

Even when they are too young to help with lunch or dinner, children can play a role in preparing snacks. And by taking your children to the grocery or market, you can help them better understand where food comes from and how we buy it.



Running errands

Letting young children run errands conveys your feelings of trust in them. When you need something - another family member or the phone or a sponge - tell one of your children you need help.

Caring for younger children

Even simple tasks (like reading or singing to younger family members) help older children learn about responsibility and sharing.

Housekeeping

Children can help set the table and serve themselves at meals. If you are vacuuming the carpet, you can empower your child by letting him run this most-adult-of-all housekeeping tool.

- **Caring for animals**

Pets and livestock require water, food and clean environments. Young children can learn valuable lessons by caring for animals.

- **Gardening**

Nurturing plants helps children learn about the wonders of nature. If you don't have space for a garden, a small window planter can bring opportunities to explore.

In all of these activities, it's important to remember several points:

- Keep in mind what your children can accomplish, and how much you need to supervise to make sure the activity is safe.
- Even young children can tell the difference between busy work and real work.
- Also, remember that many chores actually take longer with the help of young children, but a little patience and a few extra minutes lets them reap real benefits from assisting the family.

By matching your expectations to their abilities, encouraging and approving their efforts, and allowing plenty of time for the performance of each task, you can give your young children many opportunities to learn and grow through work.

Excerpted from "More Than Line Leader and Door Holder: Engaging Young Children in Real Work," by Christine A. Readdick and Kathy Douglas - an article in the NAEYC journal, *Young Children*. For more Information log on to www.naeyc.org

Especially for Parents

Kit for New Parents

The Yolo County Children and Families Commission has a *Kit for New Parents* available for free. The kit is a comprehensive resource for new and expecting parents and gives parents information about the importance of the early years in a practical manner which parents can incorporate into their daily lives. Good health, loving relationships and frequent learning opportunities are some of the topics covered. *Kits* are initially available in both English and Spanish.

Videos

A set of celebrity-hosted videos on the early years providing a wealth of information on raising healthy, self-confidence, happy children who are learning and ready to reach their greatest potential. Topics include:

- **The First Years** – provides information on the importance of bonding, communication, health, nutrition and child care—an overview of all topics covered in the *Kit*.
- **Early Literacy** – discusses the importance of quality child care for children’s healthy development, what to look for when choosing child care—whether at a child care center or in the parents’ home, questions to ask potential caregivers and how to communicate regularly with caregivers.
- **Child Safety** – provides important information on making children’s environments safe to prevent accidental injuries and includes information on automobile and car seat safety, childproofing the home, safety outside the home and toy safety.
- **Your Healthy Baby** – discusses children’s changing health needs as they grow and provides parents with useful information on prenatal care, breastfeeding, visiting the pediatrician, children’s nutritional needs, and exercise.
- **Discipline** – explains why children actually look for limits, techniques for setting limits from the start, why a firm but gentle approach is best and how parents can manage their own emotions and avoid using physical punishment.

Parents Guide and Parenting Brochures

The *Parents Guide*, produced by the University of California, Berkeley, helps link parents to information and services in their communities. From childproofing a home to finding quality child care, the *Parents Guide* provides information, local resources, useful phone numbers and web site addresses that can help answer questions parents and caregivers have every day.

Brochures designed to supplement the material presented in the videos are also included. They focus on key subjects such as the importance of the early years, early literacy, quality child care, child safety and health, and nutrition.

Child’s Book

A child’s book is included in the *Kit* to encourage parents to read to their babies and young children



Free Kits are available through your local Children and Families Commission by calling (530) 669-2475. Expecting or new parents may also order one free Kit by calling 1-800-KIDS-025, or 1-800-50-NINOS (Spanish).

Classes, Workshops & Conferences

Parenting Classes

Yolo Connection Offers Parenting Summer Classes

Yolo Connection will be offering parenting classes this summer in Davis, West Sacramento and Woodland. Active Parenting, Bonding and Rebuilding and Parent to Parent will be some of the classes offered. For more information call Jada at Yolo Connections at (530) 669-3285.

Foster & Kinship Care Education Classes

These Classes are sponsored by the Foster & Kinship Education Program. All classes are held at the Woodland Community College located at 41605 Gibson Road in Woodland unless otherwise specified. For more information you can call (530) 668-9231.

Facilitating Attachment

Friday, May 3rd, 2002
6:30 – 9:30 pm
Building 100, Conference Room

Building Cultural Competence

Thursdays, May 9, 16 and 23rd, 2002
6:30 pm – 9:30 pm
Building 100, Conference Room

Facilitating Developmental Attachment: The Road to Emotional Recovery and Behavioral Change in Foster and Adoptive Children.

Saturday and Sunday, May 18 & 19, 2002
9:00 am – 5:00 pm
Yolo County Conference Room
25 N. Cottonwood Street in Woodland

In Depth Discipline Series

Parenting Angry & Rageful Children:
The Love & Logic Approach
Thursday evenings, June 6, 13, 20 & 27, July 11 & 18
6:30 pm – 9:30 pm
Building 100, Conference Room

Early Childhood Education Classes

Sacramento City College will offer a series of Early Childhood Education Classes this summer. For more information on these and other classes please contact Sacramento City College at www.scc.losrios.cc.ca.us or by calling (916) 558-2351 in Sacramento, (916) 375-5511 in West Sacramento and (530) 747-5200 in Davis.

13 Health and Safety in Child Care Settings 1 Unit

Description: This course will discuss health and safety issues in child care centers and family day care homes. Topics include pediatric cardiopulmonary resuscitation, pediatric first aid, and preventative health practices such as control of infectious diseases, injury prevention, nutrition, sanitation, emergency preparedness and evacuation. This course meets requirements of Assembly Bill 962 for child care providers.

June 10-June 26
MW 06:15PM-09:05PM LEC J.Tanner

34 Child Development 3 Units

Description: This course will examine the physical, cognitive and psychosocial growth and development of children from prenatal period through adolescence and the children as individuals.

June 10-July 18
MTWT 8:00AM-10:05 AM LEC L. Rosen

35 The Child, the Family & the Community 3 Units

Description: This course examines the child in the family and community, influences on growth and development including media, social class, gender, sexual orientation, racial/ethnic groups and their relationship to family behavior. Additionally, the effects of community activities and resources on family life are explored.

June 10-July 18
MTWT 12:30PM-2:35PM

Conferences

Rediscovering the Magic

Sponsored by The Infant Toddler Consortium

June 21 and 22, 2002 Oakland, California
The Infant Toddler Consortium is a dynamic statewide organization and an effective voice promoting quality, nurturing care for infants and toddlers. An inclusive community builder, the Consortium supports a diversity of caregivers through responsive multilingual training, public education and advocacy. For more information call (510) 658-9189 or visit their website at www.infanttoddlerconsortium.org.

Legislative Update

The following are excerpts from *On The Capitol Doorstep*, a monthly report on public policy issues affecting California's young children. For more information on legislative updates call (916) 442-5431.

Budget Hearings

(Child Care Reform & other Child Care Issues):

May 8, 2002, 1:30 pm, Room 113

Senate Subcommittee- Education
Child Care

May 8, 2002, 1:30 pm , Room 444

Assembly Subcommittee - Health and Human Services
CalWORKS Child Care

New Legislation

SJR 42 Escutia

This bill would urge the United States Congress to reauthorize and increase funding for the Child Care and Development Block Grant.

Introduced: 4/11/02. Consultant: Carrie Marovich (916) 445-3090. Status: Introduced

Active Legislation

AB 47 Cardenas Schoolsite Parent Centers

Would establish the Schoolsite Parent Centers Program to encourage parental involvement in children's learning and information about school efforts to improve academic achievement. It would allow centers to assist parents of preschool children. Contingent upon securing funding in the state budget, the bill would require the Department of Education to award grants of up to \$50,000 for schools to implement the program – with priority for schools performing in the lowest 10% on a statewide basis. It contains no appropriation. Last amended: 5/31/01 Consultant: Leonor Ehling (916) 319-2079. Status: Senate Education.

AB 182 Vargas Hepatitis A Vaccinations

This bill would require a child to be immunized against Hepatitis A prior to attending kindergarten at a public or private elementary school. It would exempt child care facilities that do not care for specific children on a regular basis from the requirement to keep immunization records for each child. Sponsor: American Liver Foundation (415) 248-1060. Last amended: 6/12/01 Consultant: Jim Anderson (916) 319-2079. Status: Senate Health & Human Services

AB 634 Wesson Mandatory Kindergarten

This bill would lower the age of compulsory school attendance from 6 to 5 years, beginning July 1, 2003, requiring children to attend kindergarten. The bill would require a waiver to be granted for a child between ages 5 and 6 at the request of a parent. Sponsor: Dept. of Edu. (916) 657-2280. Last amended: 7/19/01 Consultant: Greg Campbell (916) 319-2047 Status: Senate Appropriations Suspense

AB 1358 Pescetti Child Care: Site Visits

This bill would require site visits and inspections to be conducted within one hour of normal operations unless they are necessary to protect the health and safety of any child. It would require the department to develop a procedure to allow a licensee to be granted inactive status and their inspection schedule to be adjusted accordingly. Licensees would be responsible for paying licensing fees and maintaining standards upon reactivation of license. Amended: 3/18/02. Consultant: Sara Shults (916) 319-2010 Status: Senate Appropriations

AB 1818 Edu. Committee Omnibus Education Bill

This bill would revise the Child Care and Development Act so that references to children with exceptional needs are consistent. It would eliminate reference to center-based Alternative Child Care programs. The bill would eliminate the requirement to consider geographic equity in the distribution of funds for the extended day programs. It would allow unencumbered child care funding to be reallocated for preschool education projects operated by public television stations in Redding, San Francisco, San Jose, Los Angeles, Fresno, San Diego, Sacramento and Eureka. Contains other provisions. Sponsor: Dept. of Education (916) 657-2280. Last amended: 4/1/02. Consultant: Mavonne Garrity (916) 319-2087. Hearing: Assembly Education 4/24

AB 2024 Nakano After School: Nutrition Education

This bill would allow Before and After School Learning and Safe Neighborhood Partnership programs to include nutrition education as part of the educational enrichment component. Introduced: 2/15/02. Consultant: Lawrence Cooper (916) 319-2053. Status: Assembly Education

AB 2255 Wright Child Care: Activity Space

This bill would require child care centers to provide a minimum of 35 square feet of indoor activity space and 50 square feet of outdoor activity space per child. It would require the Department of Social Services to revise regulations to comply with the new law. (Currently, regulations require 35 square feet of indoor activity space and 75 square feet of outdoor activity space.) Last amended: 4/1/02. Consultant: Stan DiOrio (916) 319-2048. Hearing: Assembly Human Services 4/23

Legislative Update

AB 2311 Chu Local Planning Council Revisions

This bill would revise the needs assessment by local child care planning councils and require it to include information as specified by the Department of Education. It would require local planning councils to implement centralized eligibility lists. The bill would revise the Child Care and Development Act so that references to Children with exceptional needs are consistent. It would eliminate reference to center-based Alternative Child Care programs. The bill would delete language requiring geographic equity in the distribution of funds for extended day programs. *Sponsor: Dept. of Education (916) 651-6998. Introduced: 2/21/02. Consultant: Julio Martinez (916) 319-2049. Hearing: Assembly Human Services 4/23*

AB 2470 Jackson Children's Hearsay Evidence

This bill would allow hearsay evidence of a minor under the age of 12 in an administrative hearing to suspend, revoke or deny a license for a child care facility unless a valid objection is made to the evidence. An objection would be required to show that the evidence is unreliable due to fraud, deceit or undue influence. *Sponsor: Dept. of Social Services (916) 657-2623. Introduced: 2/21/02. Consultant: Janice Rocco (916) 319-2035. Hearing: Assembly Judiciary 4/16*

SB 248 Ortiz School Readiness Program

This bill would require the Department of Education to establish a qualification process and standards for school readiness programs by January 1, 2003, and to the extent possible, incorporate them into existing licensing procedures. The bill would give priority for future funding to programs that can integrate new programs and services into existing programs in order to become qualified. It would require the department to estimate the cost of providing school readiness programs to all children 5 years old or younger within the attendance areas of schools scoring in the bottom 20% of the Academic Performance Index. *Last Amended: 7/17/01. Consultant: Andrea Nargolis (916) 455-5965. Status: Assembly Appropriations Suspense.*

SB 390 Escutia

Child Care and Development Master Plan

This bill would require the Dept. of Education to develop a California Child Care and Development Master Plan by January 1, 2003. It would require the development of the master plan to include a public input process. The bill would require the plan to be updated at least once every 5 years. It would state the intent of the Legislature to appropriate \$140,000 for the development of the master plan contingent on a nonstate match of \$360,000. *Sponsors: CA Resource & Referral*

Network (415) 882-0234 and Child Care Law Center (415) 495-5498. Last amended 7/16/01. Consultant: Carrie Krueger (916) 327-8315. Status: Assembly Appropriations

SB 1095 Escutia Criminal Background Clearances

This bill would allow the Dept. of Soc. Svcs. to suspend a license or certificate of a person who refused to cooperate with an audit, inspection or complaint investigation. It would require the criminal record of a non-relative extended family member to be considered when determining the appropriate placement of a foster child. The bill would reorganize the criminal background check requirements so that the requirements for all community care facilities are located in the same section code and are more uniform. *Last amended: 1/23/02. Consultant: Gloria Megino-Ochoa (916) 445-5957. Status: Assembly Human Services*

SB 1499 Johnson

Child Care Investigation: Clean-up

This bill would remove the requirement that the Dept. of Soc. Svcs. provide a copy of the court record to the appropriate child protective services agency when a court determines that a child's injury may have been inflicted at a child care facility. *Introduced: 2/19/02. Consultant: Linda Brown (916) 445-4961. Hearing: Senate Appropriations*

SB1596 Scott

Child Care Family Support and Accountability Act

This bill would allow an alternative payment program to request a criminal background check of anyone who receives state funds to directly care for a child. It would separate the family support costs from administrative costs for alternative payment programs. The bill would require the development of guidelines to prevent the misuse of child care funds and fraud. It would require alternative payment program providers to inform the Dept. of Edu. of suspected misuse of funds or fraudulent activity. *Urgency Measure. Sponsor: CA Alternative Payment Assoc. (916) 483-8775. Amended: 4/10/02. Technical. Consultant: Arwen Chenery (916) 444-7163. Hearing: Senate Public Safety 4/23*