

Smalltalk

Serving Providers & Families in Yolo County

Volume XXIX, Number 6

Dear Friends,

November has blown in with a cold wind as we once again skipped straight over fall and went right into winter. Outdoor activities are sharply curtailed and parents and providers turn their attention to finding good "indoor activities". Just a reminder, the Resource and Referral has an extensive lending library filled with all kinds of wonderful activity books for all ages. We have resources in English and Spanish. If you are a child care provider, you will soon be able to have our PLAY (Preschool Lending Library Activities for Yolo) resource van come directly to your child care center or home to deliver resources and toys right to your door!

This has been a very busy fall for the Resource and Referral. We have been working hard to get our new Child Care Collaborative grant up and running. This grant is for a five year period and involves many collaborative partners. Months of planning have occurred to make sure we are well prepared for start up. The good news is, some of the newly funded activities have already begun and the remainder will be starting by the middle of November! During the week of November 17 we will be sending out flyers and brochures describing the programs in detail. Please watch for that information.

Additionally, we are also beginning a new program for license exempt providers. This program is called **Play Day**. It is the first support program offered in our county that is for legally license exempt child care providers. The funding for this program came from the state and Yolo County Children and Families Commissions (First Five) and is a part of the county wide School Readiness project. Please turn to page 9 for more information on all of these projects.

Finally, we are in the midst of gathering information regarding child care for children with special needs. All licensed providers and some parents will be receiving a survey in the mail very soon. This survey will ask some important questions about serving children with special needs in child care settings. We are very interested in having parents of children with special needs fill out this survey as well. Anyone who completes the survey will receive an incentive for helping us gather this information. This project is funded through Senate Bill 1703 and is designed to help counties identify and overcome barriers that prevent children with special needs from accessing child care. If you are a parent of a child with special needs or you know of one, please call me at 757-5695 for more details.

In This Issue

Meetings/Support Groups 2

Calendar/Community News & Events 3

City of Davis Parks & Recreation Programs 4

Health & Safety News 5

The Problem of Overweight Children & Adolescents

Especially for Parents 7

*Some Things to Consider when Hiring a Babysitter
Parenting Resources 8*

New Projects for the Resource & Referral 9

Training Opportunities for Providers 10

Especially for Providers 12

Campus Talk.....13

Legislative Update 14

As you can see, the staff has been very busy this fall with all of these wonderful projects. Again we would like to extend a heart felt thanks to the Yolo County Children and Families Commission for making many of these opportunities possible. If you would like more information on other programs funded by the commission, or would like information on their mini-grant program, please visit their web site at www.yolochildren.org or call their office at 530-669-2475.

Regards,

Robbie Townsley
Resource & Referral Supervisor
Child Care Services

Meetings/Support Groups

FAMILY CHILD CARE LICENSING ORIENTATIONS

Tues., Nov. 18 & Dec. 16 from 9:30 a.m. to 12:30 p.m.
Veterans Memorial Center Game Room, 203 E. 14th Street,
Davis. Call for more information (530) 757-5695 or (800)
723-3001.

PARENTS TOGETHER

This group is for all parents and babies under 1 year. The group meets in Davis at the Veterans Memorial Center located at 203 E. 14th Street. For information call Carrie Shepard at (530) 753-8602.

YOLO CO. CHILDREN & FAMILIES COMMISSION

(FIRST 5)

2nd Wednesday of the month, 3:30-5:30 p.m.
403 Court Street in Woodland.
For more information call (530) 669-2475.

YOLO CHILD CARE PLANNING COUNCIL

Regular meeting, 2nd Tuesday of the month, 2:30-4:30 p.m., Yolo County Office of Education, 1240 Harter Avenue, Woodland. Call (530) 668-3773 for information.

YOLO CO. CHILDREN'S ALLIANCE

The Children's Alliance Policy Council will meet date to be announced. For more information call Elizabeth Jones at (530) 757-5558.

ASPERGER'S SYNDROME PARENT SUPPORT

Support for parents, caregivers, and professionals that work with individuals diagnosed with Asperger's Syndrome. The group meets the 4th Wed. of each month (Jan.-Nov.) 7 to 9 p.m. at the Alt. Recreation Bldg. 1111 Anderson Rd. in Davis. For information contact Robin Dewey at rdewey@uclink4.berkeley.edu

DADS GROUP

The Family Resource Center and Yolo Family Service Agency are sponsoring a DADS group. The group is for fathers of children 0-5 years of age, and meets weekly. The group is also held in Spanish the first and third weeks of the month. For more information and registration call (530) 662-2211, ext # 20.

GRANDPARENTS RAISING GRANDCHILDREN

Every Thursday morning from 9:00 to 11:00 a.m. at the Family Service Agency, call Edie Dornbush at (530) 662-2211 for information.

GROUP FOR TWINS & PARENTS

Monthly support for parents of twins. Meetings are for parents only, but the group organizes events and activities for everyone to enjoy. For information call Christine Easton at (530) 756-1047 or visit the group's website at www.dcn.davis.ca.us/~ypotc.

SPECIAL NEEDS FAMILY SUPPORT GROUP

Mondays, 6:00 to 7:00 p.m. at the Yolo Family Resource Center, 409 Lincoln Avenue in Woodland. This is a parent-led support group for families of children with special needs. Childcare & refreshments are provided. For information call (530) 406-7221.

BRIDGES

Support for parents of children in K-12 special education. Learning Center, Davis High School. Call Suzanne at (530) 756-5411 for information.

LA LECHE LEAGUE

2nd Thursday of month, 10:00 a.m. For location, phone-support/meeting topics call: Christina (530) 758-8270, Mary (530) 753-2932, Lonna (530) 756-3551 or Angela (530) 757-7105.

PARENT-CHILD PLAYGROUP

Hands Together (formerly Lekotek Family Resource Center) offers a parent-child playgroup on Fridays from 10:30 to 11:30 a.m. for children ages 0 to 5 at the Davis Branch Library. Session includes music, storytelling, structured play with developmentally appropriate toys and an art project. For information, call (916) 979-1121.

SUPPORT FOR PARENTS OF EMOTIONALLY DISTURBED CHILDREN

Time limited support groups are available for caregivers of children with emotional disturbances. For information call Joan Beesley or Sherri Adams at (530) 666-8632.

PARENTS AND CAREGIVERS OF TRANSITION-AGE YOUTH (16-25) WITH PSYCHIATRIC DISABILITIES

Group meetings held 4th Tuesday of every month 6:30-8:00 p.m., 600 A St., Davis. For more information call Joan Beesley or Sherri Adams at (530) 666-8632.

WEST SACRAMENTO SIBLING GROUP (ages 6 to 12)

For siblings of children with special needs. Meets monthly at Bryte Elementary School, room 17 in West Sacramento. For more information call Jan at (530) 758-5888.

WOODLAND SPECIAL EDUCATION LINKS

Support for parents of children in K-12 special education in the Woodland Joint Unified School District. For more information call Sue Owens at (530) 666-0246.

WOODLAND PARKS, RECREATION & COMMUNITY SERVICES COMMISSION

4th Monday of each month, 7:00 p.m.
City Council Chambers, City Hall, Woodland.
Public welcome. Youth and children's issues discussed.

Community News & Events

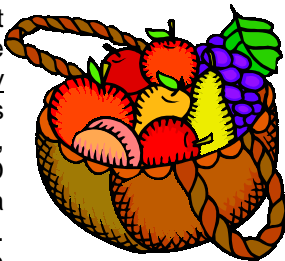
Calendar

- Nov.** 5 Raising Your Spirited Child Workshop
5-8 NAEYC Conference
11 Veteran's Memorial Day (City offices closed)
15 Contracts & Policies (Spanish)
18 Family Child Care Orientation
27-28 Thanksgiving Holiday (City offices closed)
- Dec.** 5 West Sac. Tree Lighting Ceremony
6 It's Your Business: Marketing (Spanish)
13 Making the Connection with Infants & Toddlers (Spanish)
16 Family Child Care Orientation
24-26 Holiday (City Closed)
31 New Year's Eve (City Closed)
- Jan.** 1-2 New Year's Day Holiday Observance
14 Tax Workshop
23 Yolo County Children's Summit

For more information about events listed in the calendar, check out the rest of Small Talk!

STEAC's Holiday Program

Each year in December, the Short Term Emergency Aid Committee (STEAC) coordinates the Holiday Program for low income Davis families and individuals. Families, civic groups, business and UCD departments volunteer to adopt a family and provide food and gifts. Sponsors and families remain anonymous. To qualify for the program you must be a Davis resident at or below the poverty income level. For more information on becoming a volunteer, sponsoring a family or applying to become a recipient of the Holiday Program call (530) 756-5929.



For information on similar programs in other communities, contact the following organizations.

West Sacramento:

Dept. of Soc. Services (916) 765-6200

Winters:

City of Winters (530) 795-4233

Woodland:

The Wayfarer Center (530) 661-1218

The Yolo County Children's Alliance & Child Abuse Prevention Council Present:

YOLO COUNTY CHILDREN'S SUMMIT

FRIDAY, JANUARY 23, 2004

(Buehler Alumni and Visitors' Center, UC Davis)

Purpose of the Summit:

To evaluate the implications of the data presented in the 2003 Yolo County Children's Portfolio which reports on the conditions of children in the county. The Summit will assist in setting up priorities in addressing children's needs in the areas of education, health, safety, economic support and social & emotional well-being.

Keynote Address: Barbara Coloroso

Barbara Coloroso is an internationally recognized speaker and author in the areas of parenting, teaching, school discipline, non-violent conflict resolution and reconciliatory justice. She is an educational consultant for school districts, the medical and business community, the criminal justice system and other educational associations in the United States, Canada, Europe, South America, Asia, New Zealand, Australia and Iceland.

Barbara has served as a classroom teacher, a laboratory school instructor, and a university instructor. She is the author of two international bestsellers: *kids are worth it!* *Giving Your Child the Gift of Inner Discipline* and *Parenting Through Crisis: Helping Kids in Times of Loss, Grief and Change*. Barbara's latest book, now available in the United States and Canada, is *The Bully, the Bullied, and the Bystander: From Preschool to High School—How Parents and Teachers Can Help Break the Cycle of Violence*.

Who Should Attend?

Community Leaders, Elected Officials, Educators, Human Service and Health Professionals, Law Enforcement, and Probation Officers, Parents and Consumers

Sponsored by:

Lois Wolk, Assembly Member 8th District; Helen Thomson, Yolo County Supervisor District 2; UC Davis, First Northern Bank of Dixon; Yolo Federal Credit Union & Child Care Services Resource & Referral.

For more information or to become a sponsor please contact Elizabeth Jones with the Yolo County Children's Alliance at (530) 757-5558.

City of Davis Parks & Community Services Programs

These programs are offered through the City of Davis Parks and Community Services Department. To enroll in any of these programs or for more information, please call (530) 757-5626 or visit the website at www.cityofdavis.org

Gymnastics

The City of Davis Gymnastics offers classes for girls and boys, 20 months to 18 years. We teach Tiny Tot gymnastics, cheerleading, and beginner through advanced skill level gymnastics. We teach gymnastics in a fun and age appropriate environment. We also offer birthday parties! Participants in our program will have opportunities to meet new friends and develop increased confidence and self-esteem.



Santa's Holiday Gymnastics Party

Parents, are you looking for some extra time over the holidays to shop or get together with friends? If so, here is a great opportunity to keep your kids safe and busy! The City of Davis Gymnastics Holiday Party, open to children age 6 to 12 years old, includes a huge obstacle course, holiday crafts to take home, holiday cookie decorating and movie fun! Rumor has it, that Santa Claus likes gymnastics. Staff has heard his reindeer on the roof in the past. So, if your kids attend tell them to keep their eyes open because they just might see Santa Claus! Dinner will be provided.

Pictures with Santa

Come visit Santa and have your picture taken on Saturday, December 6, from 9:00 a.m. to 12:00 noon at the Third & B Teen Center. Cost is \$5 per picture. In case of inclement weather, pictures will be held on the following Saturday, December 13.

Rent-a-Santa

Have Santa Claus come visit your next holiday party or family gathering to make this season a memorable one. During the 30-minute visit, he will provide a listening ear and bring candy canes to the group. Reservations will be accepted beginning November 3. Santa will be available December 1 through December 22. Cost is \$35 per 30-minute visit



Davis Children's Nutcracker

The 27th annual Nutcracker Production will be held December 12-16. Share this Davis holiday tradition with your friends and family. Beginning December 4, tickets will be available to the general public, maximum 6 tickets per sale.



New Parent Stress Reduction

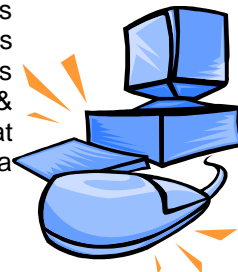
Whether you're expecting a baby or in the midst of those first crazy months, practical ideas can help you meet both your baby's and your own needs. How do you manage to care for the baby, the house, get the rest you need, and maybe take a shower before noon? This workshop will answer your questions. Topics covered include: household management after birth, how to get more sleep, tips for soothing a crying baby, and information on setting up a postpartum support system. Handouts will be provided. Newborns are welcome!

Winter/Spring Registration

Registrations can be placed either by mail-in or on-line. All registrations received by 5:00 p.m. on Friday, November 14, 2003 will be processed at random in a lottery draw. Class spots are filled at random by computer using our activity registration software's lottery draw feature. No registration will be accepted between November 15 – December 2 so that we may process mail-in/web registrations. Walk-in registration begins Wednesday, December 3. For your convenience, the offices will be open Monday-Friday, from 8:00-5:00. If you have any further questions please feel free to contact our office at 757-5626.

Rec Goes Hi-Tech

Tired of filling out and mailing forms, or taking your lunch break to come down to City Hall to sign up for classes? We've made class registration much easier. In addition to our mail-in and walk-in registration opportunities, the Parks & Community Services Department now offers Online Registration! Now you can sign up for classes and programs over the internet. You can also view the class schedules, pay outstanding balances for classes, review your household history, and get class handouts such as permission slips and parent handbooks. To access this new service, simply call Parks & Community Services Department at 757-5626. There are no extra charges for using online registration.



Health & Safety News

THE PROBLEM OF OVERWEIGHT CHILDREN & ADOLESCENTS

- In 1999, 13% of children aged 6 to 11 years and 14% of adolescents aged 12 to 19 years in the United States were overweight. This prevalence has nearly tripled for adolescents in the past 2 decades.
- Risk factors for heart disease, such as high cholesterol and high blood pressure, occur with increased frequency in overweight children and adolescents compared to children with a healthy weight.
- Type 2 diabetes, previously considered an adult disease, has increased dramatically in children and adolescents. Being overweight and obese are closely linked to type 2 diabetes.
- Overweight adolescents have a 70% chance of becoming overweight or obese adults. This increases to 80% if one or more parent is overweight or obese. Overweight or obese adults are at risk for a number of health problems including heart disease, type 2 diabetes, high blood pressure, and some forms of cancer.

The most immediate consequence of being overweight as perceived by the children themselves is social discrimination. This is associated with poor self-esteem and depression.

THE CAUSES OF BEING OVERWEIGHT

- An overweight condition in children and adolescents is generally caused by lack of physical activity, unhealthy eating patterns, or a combination of the two, with genetics and lifestyle both playing important roles in determining a child's weight.
- Our society has become very sedentary. Television, computer and video games contribute to children's inactive lifestyles.
- 43% of adolescents watch more than 2 hours of television each day.
- Children, especially girls, become less active as they move through adolescence.

DETERMINATIONS OF OVERWEIGHT CHILDREN & ADOLESCENTS

- Doctors and other health care professionals are the best people to determine whether your child or adolescent's weight is healthy, and they can help rule out rare medical problems as the cause of unhealthy weight.
- A Body Mass Index (BMI) can be calculated from measurements of height and weight. Health professionals often use a BMI "growth chart" to help them assess whether a child or adolescent is overweight.
- A physician will also consider your child or adolescent's age and growth patterns to determine whether his or her weight is healthy.

GENERAL SUGGESTIONS

- Let your child know he or she is loved and appreciated whatever his or her weight. An overweight child probably knows better than anyone else that he or she has a weight problem. Overweight children need support, acceptance, and encouragement from their parents.
- Focus on your child's health and positive qualities, not your child's weight.
- Try not to make your child feel different if he or she is overweight but focus on gradually changing your family's physical activity and eating habits.
- Be a good role model for your child. If your child sees you enjoying healthy foods and physical activity, he or she is more likely to do the same now and for the rest of his or her life.
- Realize that an appropriate goal for many overweight children is to maintain their current weight while growing normally in height.

PHYSICAL ACTIVITIES SUGGESTIONS

- Be physically active. It is recommended that Americans accumulate at least 30 minutes (adults) or 60 minutes (children) of moderate physical activity most days of the week. Even greater amounts of physical activity may be necessary for the prevention of weight gain, for weight loss, or for sustaining weight loss.
- Plan family activities that provide everyone with exercise and enjoyment.
- Provide a safe environment for your children and their friends to play actively; encourage swimming, biking, skating, ball sports, and other fun activities.
- Reduce the amount of time you and your family spend in sedentary activities, such as watching TV or playing video games. Limit TV time to less than 2 hours a day.



HEALTHY EATING SUGGESTIONS

- Follow the Dietary Guidelines for healthy eating (www.health.gov/dietaryguidelines).
- Guide your family's choices rather than dictate foods.
- Encourage your child to eat when hungry and to eat slowly.
- Eat meals together as a family as often as possible.
- Carefully cut down on the amount of fat and calories in your family's diet.
- Don't place your child on a restrictive diet.
- Avoid the use of food as a reward.

Health & Safety News

THE PROBLEM OF OVERWEIGHT CHILDREN & ADOLESCENTS (CONT.)

- Avoid withholding food as punishment.
- Children should be encouraged to drink water and to limit intake of beverages with added sugars, such as soft drinks, fruit juice drinks, and sports drinks.
- Plan for healthy snacks.
- Stock the refrigerator with fat-free or low-fat milk, fresh fruit, and vegetables instead of soft drinks or snacks that are high in fat, calories, or added sugars and low in essential nutrients.
- Aim to eat at least 5 servings of fruits and vegetables each day.
- Discourage eating meals or snacks while watching TV. Eating a healthy breakfast is a good way to start the day and may be important in achieving and maintaining a healthy weight.

IF YOUR CHILD IS OVERWEIGHT

- Many overweight children who are still growing will not need to lose weight, but can reduce their rate of weight gain so that they can "grow into" their weight.
- Your child's diet should be safe and nutritious. It should include all of the Recommended Dietary Allowances (RDAs) for vitamins, minerals, and protein and contain the foods from the major Food Guide Pyramid groups. Any weight-loss diet should be low in calories (energy) only, not in essential nutrients.
- Even with extremely overweight children, weight loss should be gradual.
- Crash diets and diet pills can compromise growth and are not recommended by many health care professionals.
- Weight lost during a diet is frequently regained unless children are motivated to change their eating habits and activity levels for a lifetime.
- Weight control must be considered a lifelong effort. Any weight management program for children should be supervised by a physician.

Source:

www.surgeongeneral.gov/topics/obesity/calltoaction/fact_adolescents.htm

Always consult with your physician-pediatrician before starting any weight loss or physical training activity.

Community Resources

FEDERAL FOOD DISTRIBUTION PROGRAM

Eligibility is based on income.

Last Wednesday of the month:

Davis Senior Center, 12:30-1:30 p.m.
Call (530) 757-5696 for information.

Last Friday of month:

Winters Community Center, 12:00-1:30 p.m.
Yolo Housing Community Center, 10:45-11:30 a.m.
Call (530) 758-6821 for information.

IMMUNIZATION CLINIC

Davis

Davis Community Clinic

Mondays 2:00-4:00 p.m. & Fridays 1:00-4:00 p.m.
2040 Sutter Place, (530) 758-2060

West Sacramento

Salud Clinic

Thursday, 1:00-4:00 p.m.

500 B Jefferson Blvd., Ste. 170, (916) 375-6380

Yolo County Health

500 B Jefferson Blvd. (916) 375 6380

Monday, 9:30-11:00 a.m.

Woodland

Yolo County Health Department

Mondays, 2:00-4:00 p.m. & Fridays, 9:00-11:00 a.m.

10 Cottonwood, (530) 666-8645

Peterson Clinic

Wednesdays, 2:00-4:00 p.m.

8 N. Cottonwood, (530) 666-8960

WELL AND SICK CARE CLINICS

For Women's Care & general medical information:

Davis Community Clinic

2040 Sutter Place, call (530) 758-2060

Peterson Clinic,

8 N. Cottonwood, Woodland, call (530) 666-8960

Salud Clinic

500B Jefferson Blvd. #180, W. Sacramento, call (916) 375-6400

YOLO COUNTY CHILDREN'S MEDICAL SERVICES

Child Health & Disability Prevention Program

Call for information on how to receive free health check-ups for children 0 to 20 years of age on MediCal and for low-to-medium income children through 19 years of age. You may also call for referrals to local physicians and dentists. To learn more about health coverage programs for children, call (530) 666-8249.

California Children's Services

Case management and financial assistance for children through 20 years of age with serious or chronic medical conditions. Call (530) 402-2800 for information.

YOLO COUNTY WIC PROGRAM

Nutrition program for women, infants & children.

Clinics in Davis, West Sacramento, Winters & Woodland. Phone hours 8:00 a.m.-3:00 p.m., M-F: (530) 666-8445 in Woodland, or (916) 375-6390 in West Sacramento.

Especially for Parents

Some things to Consider When You Hire a Babysitter

The most important part of any babysitting job is keeping the child safe from harm. The National SAFE KIDS Campaign recommends you discuss with the prospective sitter your concerns for your child safety while in their care. For more information visit www.safekids.com

Interviewing the Babysitter

It is not uncommon for parents to feel anxious when hiring a babysitter. To put your mind at ease, interview prospective babysitters before deciding on one. The National SAFE KIDS Campaign recommends you ask the following questions in your interview:

- Is the sitter at least 14 years of age and responsible enough to care for your child?
- Is the sitter experienced and reliable?
- Does he or she have references?
- Did the sitter take a special "babysitter" training course?
- Is the sitter certified in infant and child cardiopulmonary resuscitation (CPR)?
- Is the sitter willing to accept your guidelines in taking care of your child?
- Does the sitter understand the importance of watching a child at all times?
- Does the sitter know what to do in case of an emergency?

What Every Parent Should Tell Their Sitter

Regardless of whether you select a family member, neighborhood teenager or a friend to watch your child, they need to be aware of your child's specific needs and daily routine, safety precautions and what to do in the event of an emergency. Parents who choose to have a babysitter sit at their home do so believing that their home is the safest environment for the kids. However, each year, approximately 2,700 children ages 14 and under die from unintentional injuries sustained in the home. More than 70 percent of these deaths occur among children ages 4 and under. In addition, nearly 4.5 million children ages 14 and under are injured at home. Children are at risk of sustaining injuries from residential fire and burns, falls, drowning, poisoning, choking, unintentional firearm shootings and suffocation.

The National SAFE KIDS Campaign recommends you take the following steps before leaving your child with a sitter:

- Give the babysitter a tour of your home. Inform your sitter of the safety precautions you have taken, point out the baby gates, child resistant locks, smoke alarms, carbon monoxide detectors, electrical outlet covers, toilet locks, etc. Show the sitter where phones,

first aid supplies, fire extinguishers, flashlights and extra blankets are located. These items may be helpful should there be an emergency.

- Write down emergency telephone numbers and leave them by all telephones. Make sure your babysitter knows the locations of these lists. The lists should contain phone numbers of where you can be reached, the fire department, police department, poison control center, ambulance or emergency services, your doctor and hospital, a neighbor and a relative.
- Map out the approved play areas in your home. Make sure the sitter knows which rooms and sections of rooms are off limits to your children – especially infants and toddlers. For example, your child should not be allowed to play in the kitchen or the bathroom because of the many hazards that can be found in those rooms.
- Instruct your sitter never to leave your child alone – even for a second. There is no substitute for constant supervision.
- Show your sitter where your child's protective gear is stored. If your child is allowed to bike ride, skateboard or in-line skate while you're away, make sure the sitter knows where to find your child's helmet, knee pads and other protective gear and insists your child wears them.
- If you leave your child at your sitter's home, make sure you review the information mentioned above and check out their home beforehand to see that it is child proofed. The time and energy spent on these preliminary steps can make an important difference in your child's well-being.

Red Cross Babysitter Training

Licensed child care providers are certified in CPR, Pediatric First Aid and the California Prevention of Infectious Disease and Injuries. How prepared is your is your babysitter in the event of an emergency? The Yolo County Red Cross offers a training class for babysitters. Learn the qualities of being a good babysitter. Interact positively with the family who hires you. In this class, you will learn how to interview, make responsible decisions, keep kids and yourself safe, react in an emergency, and perform basic child care skills. It also emphasizes injury prevention and first aid skills. Further, it addresses the professionalism and leadership of babysitters.

For more information call the American Red Cross at (530) 662-4669 or visit their website at www.yc-arc.org.

Especially for Parents

Parenting Education Resources

The following information is a partial listing of agencies in Yolo County that offer parent education & resources. Child Care Services will include information on these agencies in the "Especially for Parents" section of *Small Talk* on a regular basis. Please contact the agency directly for more information.

Child Care Services Resource & Referral:

Information on Parent education, *Parents Together* (a support group for parents of infants), *Small Talk* (a bimonthly newsletter for families & child care providers), *Parenting Handouts*, *Resource Library* with books & videos addressing parenting issues & *On The Go* (a resource & activity guide for families) All services are free with the exception of a \$10 annual membership to the Resource Library.

600 A Street
Davis, CA 95616
(530) 757-5695 or (800) 723-3001 www.cityofdavis.org

Foster & Kinship Care Education

Free Parent Education workshops for the community. Support for foster and kinship care parents. Classes are open to the public. For information contact Rena DeLacey (530) 662-5151.

Upcoming Workshop:

Conduct Disorder & Oppositional Behavior

Friday, November 21, 2003. Call to register.

Hands Together (formerly Yolo Connections & Lekotek)

Free parenting classes & other support services. Classes include *Active Parenting & Bonding and Rebuilding* to name a few. The agency has *Parenting Pathways & Children's Path*, two programs that enhance parent-child relationships along with links to resources and services. For more information contact Hands Together at (530) 669-3285 or (916) 979-1121. Hands Together will start their Parent Empowerment Series in January. Please call Jada Chapman, at (530) 669-3285 to enroll for the series.

YOLO FAMILY SERVICE AGENCY

Yolo Family Service Agency offers a series of services for parents & the community. Counseling services are available on a sliding fee schedule. They offer a *Grandparents Raising Grandchildren Support group*, *DADS* (a group for fathers & their children) & *KIDS TURN*, a support service for children of parents who are experiencing a divorce. For information on any of these services call (530) 662-2211.

Please refer to next issue of *Small Talk* for a list of more agencies that offer education & resources for parents in Yolo County.

New AAP Television Series Premieres

Kids Healthworks seeks to inform and educate parents and caregivers of children from birth to 12 years of age. Airing on the Discovery Health Channel at 9 AM (ET) and 11 AM (ET) five days a week, each 30-minute episode in this 26-part series will feature American Academy of Pediatrics member physicians who will answer the questions almost every parent has: when to wean your child from a pacifier, how to make sure your child is getting enough calcium, what you can do to raise your child's self-esteem, what to do if your child starts to choke, how to childproof your home and many more safety, health and development issues.

The new television series is presented in an entertaining magazine style format. It will also include enlightening reports, lively sidebars and real-life stories from parents "who have been there." Other timely and diverse topics addressed in the series will include antibiotics, adoption, ear infections, childcare, sibling rivalry and vitamins. For more information on the **Kids Healthworks** television series, please visit www.kidshealthworks.com.



New Projects for the Resource & Referral

Child Care Collaborative

This project has many components in it. The primary focus is to bring training and resources directly to licensed child care providers. Participating providers will make an agreement with the R and R to participate in certain quality enhancement activities. These providers will then be able to access a wide variety of services for their Family Child Care homes or licensed centers. These services will include:

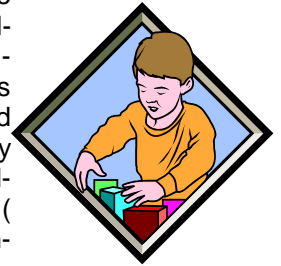
- Regular visits from the PLAY resource van. Providers will be able to borrow all kinds of brand new toys and resources without ever leaving their businesses. Our staff will pick up and drop off materials every two weeks.
- Child Development Specialists to help teachers and providers enhance the quality of their programs as well as give them specific advice and feedback on their environments and curriculum. The specialists will be available to visit classrooms/ licensed homes and offer on site technical assistance as well as recommend resources and training materials.
- Assistance with accommodating children with special needs. A Special Needs team will provide direct service to centers and homes as they accommodate children with special needs in their programs. This will include direct hands on assistance and advice as well as referrals to supportive agencies.
- Funds for making small improvements or purchasing equipment for child care centers. Participating child care centers will be able to apply for up to 1000.00 each year for making improvements to their programs.
- Funds for hiring substitute teachers to release center staff for child development training opportunities.
- Incentives and rewards (both money and supplies) for **ALL** providers who participate in additional child development training.

For more information on this program, please contact the Child Care Collaborative Coordinator, Tamiko Eslick at (530)757-5695 Or (800) 723-3001.



School Readiness

This project is to help legally license exempt providers enhance the quality of care they offer. A legally license exempt provider is one who is caring for just their own children and the children from one other family OR their own children and the children of specific family members (they must be the children's aunt, uncle or grandparent).



The school readiness project will be a great opportunity for exempt providers to get out and network. The R and R will be setting up **Play Days** at locations all over Yolo County. These Play days will allow providers to come to a pre-school setting with the children they care for and participate in games and activities with them. Each session will accommodate approximately 14-16 children so the number of providers that participate in each session will vary depending on how many children they have. This will be a wonderful opportunity for preschool age children in exempt care to learn important social skills and participate in activities that will help prepare them for a successful transition into Kindergarten.

If you are an exempt provider or you are a parent who is using exempt care, this program is for you! Participating providers will receive free gifts and incentives for participating. For more information, please call our office and ask for Mary Velasco or Tamiko Eslick.

\$ Retention and Incentive Opportunities (RIO) \$

This project is for all providers, licensed, license exempt and centers. Depending on what kind of care you provide and how much training you participate in, you can earn from 100.00-1200.00 in incentives along with gift certificates for free merchandise. Training will take place all over the county and in most cases will be eligible for Child Development credit from either Sacramento City College or Woodland Community College. Training requirements vary from 36 hours for the lower end to 108 hours for the upper end. Training will be available in a variety of languages (English, Spanish and Russian). For more information on this program, please call Rossana Vigil or Tamiko Eslick at (530)757-5695 Or (800) 723-3001.

Training Opportunities for Providers

For Child Care Providers

Health & Safety Reminder

Remember to keep your Health and Safety training current! In Yolo County, Woodland Healthcare Community and the Yolo County Red Cross offer the classes. You must renew your CPR & Pediatric First Aid prior to the expiration date on your current certificate in order to continue operating as a licensed provider.

Woodland Healthcare Community (530) 669-5540

American Red Cross (530) 662-4669
or check their website at www.yc-arc.org

Don't forget! Licensed providers, assistants & center staff can get reimbursed for part of the cost of the classes. You will need to have:

- Copy of the receipt of payment for the class
- Copies of the current CPR or First Aid cards
- Completed Reimbursement Form (call Rossana to request one)

To receive a Reimbursement Form or for any other questions, please call Child Care Services at (530) 757-5695 or (800) 723-3001 and ask to speak with Rossana.

Tax Workshop

Meredith Coghlan, from Coghlan & Associates will teach this workshop. The workshop will give you insight into record keeping and provide you with the opportunity to ask questions and get answers directly from a tax professional.

Wednesday, January 14
7:00 p.m. to 9:00 p.m.
Davis Senior Center Game Room
646 A Street in Davis



You must register to attend this workshop. Space is limited and the workshop fills up fast. To register, please call Rossana Vigil at Child Care Services (530) 757-5695 or (800) 723-3001. If you would like to speak to Meredith Coghlan prior to the workshop, you may call her at (530) 527-0470.

Family Child Care At Its Best

Child Care Services will host the Family Child Care at its Best Series once again. This is a wonderful opportunity for child care providers to learn a little more about working with children or to use as a refresher. The series is funded by the Community Care Licensing Division of the California Department of Social Services and it is coordinated by the Center for Child and Families Studies at UC Davis Extension.



This year will mark a great new beginning for the Family Child Care At Its Best series. Class participants will be able to receive .5 ECE credit finishing each workshop and a total of 2.5 ECE for attending all the workshops. Best of all, classes are free of cost. Family Child Care At Its Best is open to all licensed and license-exempt providers.

Setting Limits with Love (.5 ECE)

Saturday, November 1, 2003
8:30 a.m. to 2:30 p.m.

During this workshop, you'll learn about and discuss

- ◇ Principles of behavior management
- ◇ Natural and logical consequences
- ◇ Parenting styles and cultural practices
- ◇ Working with parents to address problems

Managing Difficult Behavior (.5 ECE)

Saturday, November 15, 2003
8:30 a.m. to 2:30 p.m.

During this workshop, you'll learn about and discuss

- ◇ Preventing difficult situations before they happen
- ◇ Working with parents as a team
- ◇ Developing observation skills to understand children's behaviors
- ◇ Communication skills

All workshops will be held at the Veterans Memorial Center located at 203 E. 14th Street in Davis. For more information including enrollment, please contact Rossana at (530) 757-5695 or (800) 723-3001.

Child Care Services will host the series Family Child Care at its Best in Spanish later this year. You will receive flyers by mail in the weeks to come.

New Training Opportunities for Providers

The following provider classes are sponsored by Child Care Services Resource & Referral. They are open to any child care provider in Yolo County. You may choose to earn up to 6 ECE units of college credit if you attend the entire series or 1 ECE credit if you attend 4 sessions. Classes will be held in both, Woodland & Davis. For more information and to reserve your seat contact Tamiko Eslick at (530) 757-5695.

IN WOODLAND

ECE 47a Building Your Business

Saturday, January 17 9:00a.m. – 4:20p.m.
Thursday, January 22 6:30p.m. – 8:30p.m.
Saturday, January 24 9:00a.m. – 4:20p.m.
Thursday, January 29 6:30p.m. – 8:30p.m.

ECE 47b How Children Learn

Saturday, January 31 8:30a.m. – 12:45p.m.
Saturday, February 21 8:30a.m. – 12:45p.m.
Saturday, February 28 8:30a.m. – 12:45p.m.
Saturday, March 6th 8:30a.m. – 12:45p.m.

ECE 47c Routines in the Lives of Children

Saturday, March 13 8:30a.m. – 12:45p.m.
Saturday, March 20 8:30a.m. – 12:45p.m.
Saturday, March 27 8:30a.m. – 12:45p.m.
Saturday, April 17 8:30a.m. – 12:45p.m.

ECE 47d Working With Families

Saturday, May 1 9:00a.m. – 4:20p.m.
Thursday, May 6 6:30p.m. – 8:30p.m.
Saturday, May 8 9:00a.m. – 4:20p.m.
Thursday, May 13 6:30p.m. – 8:30p.m.

ECE 47e Awareness of Differences

Saturday, May 15 9:00a.m. – 4:20p.m.
Thursday, May 20 6:30p.m. – 8:30p.m.
Saturday, May 22 9:00a.m. – 4:20p.m.
Thursday, May 27 6:30p.m. – 8:30p.m.

ECE 47f Guiding Children's Behavior

Saturday, June 5 8:30a.m. – 12:45p.m.
Saturday, June 12 8:30a.m. – 12:45p.m.
Saturday, June 19 8:30a.m. – 12:45p.m.
Saturday, June 26 8:30a.m. – 12:45p.m.

**All Woodland Classes will be held at:
Yolo County First 5 Conference Room
Located at 227 Elm Street in Woodland.**

IN DAVIS

ECE 299 Building Your Business:

Saturday, January 17 9:00a.m. - 4:00p.m.
Tuesday, January 20 6:30p.m. - 8:30p.m.
Saturday, January 24 9:00a.m. - 4:00p.m.
Tuesday, January 27 6:30p.m. - 8:30p.m.

ECE 299 How Children Learn:

Saturday, January 31 8:30a.m. - 1:00p.m.
Saturday, February 28 8:30a.m. - 1:00p.m.
Saturday, March 6 8:30a.m. - 1:00p.m.
Saturday, March 13 8:30a.m. - 1:00p.m.

ECE 299 Routines in the Lives of Children:

Saturday, March 20 8:30a.m. - 1:00p.m.
Saturday, March 27 8:30a.m. - 1:00p.m.
Saturday, April 3 8:30a.m. - 1:00p.m.
Saturday, April 17 8:30a.m. - 1:00p.m.

ECE 299 Working With Families:

Saturday, May 1 9:00a.m. - 4:00p.m.
Tuesday, May 4 6:30a.m. - 8:30p.m.
Saturday, May 8 9:00a.m. - 4:00p.m.
Tuesday, May 11 6:30p.m. - 8:30p.m.

ECE 299 Awareness of Differences:

Saturday, May 15 9:00a.m. - 4:00p.m.
Tuesday, May 18 6:30a.m. - 8:30p.m.
Saturday, May 22 9:00a.m. - 4:00p.m.
Tuesday, May 25 6:30a.m. - 8:30p.m.

ECE 299 Guiding Children's Behavior:

Saturday, June 5 8:30a.m. - 1:00p.m.
Saturday, June 12 8:30a.m. - 1:00p.m.
Saturday, June 19 8:30a.m. - 1:00p.m.
Saturday, June 26 8:30a.m. - 1:00p.m.

All Davis Saturday Trainings will be held at the City Council Chambers located in City Hall at 23 Russell Boulevard. Tuesday class locations will be announced at a later date.

Training dates & locations for classes in Russian & Spanish will be announced soon.

Especially for Providers

How to Reduce the Risks of Running a Business Excerpt from [Getting Started in the Business of Family Child Care](#)

Running a family child care business creates a greater risk of accidents and injuries in your home. You can never eliminate these risks. But you can do a lot to reduce them and to protect your business and your family in the event of a major incident.

- When you start caring for children, you become a self-employed business owner. Other options include forming a partnership or a corporation. Carefully consider the pros and cons of each option. Most providers run their business as a self-employed owner.
- Comply with all local (child care and zoning) regulations. You are less likely to have an accident if you are following all regulatory standards. You are also more liable if an accident occurs while you are violating a rule. Check for any local zoning or deed restrictions in your town.
- Seek out training in health and safety.
- Screen families before enrollment. Look for signs of conflict and inflexibility.
- Communicate regularly with parents. Listen and respond to parent concerns.
- Screen potential helpers. You are responsible for the acts of anyone working for you.
- Follow reasonable business practices. Use medical release forms, field trip permission forms, and parent evaluations.
- Establish a transportation policy. Address what you would do if the parent comes to pick up the child and is drunk, on drugs, or without the appropriate car seat. Create a list of names of people who can take children home in these situations. Call 911 if the parent insists on taking the child.
- Parents **cannot** waive their right to sue you. If parents sign a liability waiver that says they will never sue you if something happens to their child, the court will not enforce such a waiver.
- Report (*suspected*) child abuse or neglect. You are probably required to do so.* Make sure you understand your responsibilities. Talk to your regulator or your county child protection services agency for advice.
- Update your insurance to provide protection against major incidents. Read the "exclusions" section of your homeowner's or renter's policy to see if you can run a business in your home. Find out if there are limits on how many children you can have in your care. Find out whether you need extra coverage for furniture and appliances that are used for business. Purchase business liability coverage. Ask your agent how many children you would have to

transport, and how often, before you would need extra coverage for your car.

- Investigate other forms of insurance for yourself that are normally covered for employees of established businesses, such as medical, disability income, workers' compensation, and long-term care.
- For a list of insurance agents and companies in your state, go to www.redleafinstitute.org and click on [Insurance Information](#).
- Family child care providers may not discriminate against parents or children based on race, color, sex, religion, disability, or national origin. "Disability" includes physical handicaps, learning disabilities, HIV, and AIDS. It also includes other conditions that affect seeing, hearing, walking, or talking. Parents are not required to tell providers if their children are HIV-positive. There is no documented case of HIV being transmitted by one child biting another. To find out more about HIV and AIDS, contact your local child care resource and referral agency. You must take reasonable steps to make your program accessible to children with disabilities. Spending \$100 to modify your bathroom would be considered reasonable. Spending \$5,000 to build a wheelchair ramp probably would not. If making your program accessible would create a "significant" difficulty or expense, you do not have to provide care. However, it is not reasonable to refuse care for a child with a special need simply because the child would require more attention. You may not charge more to care for children with special needs. You may not discriminate against prospective employees who have disabilities.

For more information contact the **Redleaf National Institute** (651)641-6675 or rni@redleafinstitute.org
***In California, all licensed child care providers are mandated reporters. You must report suspected child abuse.**

Family Child Care Provider Association

ALL PROVIDERS WELCOME: The Davis Licensed Family Day Care Association would like to invite all interested providers in Yolo County to join us at our meeting. We will gather at Leslie Kuss's house on Tuesday, Nov. 11th at 7 PM. We will have an optional dessert potluck and at least one door prize! Please RSVP to Dave Bakay at (530) 758-3097.

A wide variety of issues will be discussed. Most importantly: Officers, funding for providers and for the association, and 'universal' pre-school. You can bring your issues as well! Currently, yearly fees are only \$5, and the insurance discount for belonging to an association is about 10 times that. Hope to see you there... Dave Bakay, President



Campus Talk: Events & Information from UCD

Submitted by Barbara Ashby, Program Manager
UC Davis Child Care & Family Services, HR Administration
Building 530-752-5415, www.hr.ucdavis.edu/childcare

Research on Reentry Student Parents

One of the student participants in the MURALS program is conducting her research on women returning to college to obtain their undergraduate degree. Melissa Gowdy is investigating what effects a mother's education has on her children's aspirations and educational goals. If you are a reentry parent interested in participating in this study, please contact mdgowdy@ucdavis.edu

MURALS

The Mentorships for Undergraduate Research in Agriculture, Letters and Science Program gives students the opportunity to work for academic credit with a faculty mentor on a research project of their own choosing. Both the student and faculty mentor receive a financial award for their participation. Eligible students must have junior standing, a 3.0 cumulative GPA, and be a financial aid recipient, OR first-generation college student, OR reentry student, OR previous participant in a "pre-college" outreach program. If you are such a student, or know one, who would benefit from this program, please contact: Rose Levy, MURALS Coordinator, 752-3000, rdlevy@ucdavis.edu

Benefits & Wellness Faire

Monday, November 17

11am – 3pm, Freeborn Hall

Annual opportunity to talk with health care and service providers about 2004 plans as you prepare for open enrollment. Representatives from the ARAG group will explain the new legal care program. Many wellness activities too—cholesterol screening, bone density, body mass index, and flu shots.

Holistic Health Faire

Tuesday, November 4

10am – 2pm, Memorial Union Patio

Presented as part of the Campus Community Book Project *Gandhi's Way*. For more information, visit the website <http://occr.ucdavis.edu/bookproject.html>, or call 752-2071.

Chicano Children's Poetry Set to Music

Poet Francisco Alarcón and composer Pablo Ortiz have combined their talents in a new CD "Canciones del Ombligo de la Luna" ["Songs from the Bellybutton of the Moon"]. The songs are selections from Alarcón's picture books of poems with music composed and recorded by Ortiz in Mexico City. For more information about the CD, designed to bridge the two cultures of a Chicano child's experience, contact Nerissa Moran, Books on Wings, (415) 285-1145, casalibro@aol.com

Motherhood Conflicts with Careers in Science

In their new book *Women in Science: Career Processes and Outcomes*, Kimberlee Shauman of UC Davis and Yu Xie of the University of Michigan state: "we find that it is not marriage per se that hampers women's career development....rather, married women appear to be disadvantaged only if they have children....more than other careers, women in science careers do not bounce back from periods of inactivity for such things as childbearing." Based on multiple sources of national data, the research concludes that scientific careers by their very nature are a barrier to balancing work and family.

Breastfeeding News

Breastfeeding Moms on Campus Brown-Bag Series

Join Lactation Specialist Lonna Hampton for a noon-time presentation and discussion. Moms who have had a positive experience breastfeeding and pumping are encouraged to share tips. Those who are facing difficulties will find a venue for questions and solutions. Pregnant women are urged to enjoy the fellowship and prepare for their own experience. Babies are always welcome!

Memorial Union Moss Room (3rd floor), 12:10 – 1:30 pm

Tues. 11/18: Breastfeeding Management for the Working/Student Mother

Tues. 12/16: Putting It All Together—Family, Work and Breastfeeding

New Phone Number for Breastfeeding Support Program

There is now a dedicated line with voice mail for consultation. Program participants needing to reach the lactation specialist should call (530)752-5412. Questions and comments about sites, equipment and registration should continue to call the main number for Child Care & Family Services at (530) 752-5415.

Lactation Sites Become Design Standard

Provost Hinshaw and the Facilities & Enterprises Policy Committee have approved an expansion proposal to include lactation sites in new and future construction. Site specifications will now be a standard criteria addressed in the design process. A project manager from Architects & Engineers has been assigned to facilitate the addition of sites in buildings recently constructed such as the Activities and Recreation Center and the Health Sciences Genome Building. Currently the Breastfeeding Support Program maintains 13 sites across campus and 2 at the Medical Center.



Legislative Update

The following are excerpts from *On The Capitol Doorstep*, a monthly report on public policy issues affecting California's young children. For more information on legislative updates call (916) 442-5431.

LEGISLATIVE UPDATE ON CHILD DEVELOPMENT

Recall Election

The voters elected Arnold Schwarzenegger at the October 7, 2003 election to replace Governor Gray Davis. The Governor-elect will take office as soon as the results of the election are certified which must be by November 15.

2003 Year-End Report

Governor Davis has finished signing and vetoing all legislation sent to him this year (his deadline was October 12). Urgency legislation takes effect upon his signature: other legislation will take effect January 1, 2004. The legislature has officially recessed until January 5, 2004. However, the Senate may convene to confirm appointments and Governor-elect Schwarzenegger has said that he will call a special session of the Legislature to address the budget deficit. We will publish our first *Update* of the year in January or February to inform you about important child care legislation. Two-year bills must pass the house in which they were introduced by the end of January or they die.

NEW LAWS

Signed by Governor Gray Davis

AB 179-Chan First 5 California (Prop. 10)

This bill allows the California Children and Families Commission to be known as *First 5 California*. It makes the annual audit report for the state commission due January 31 instead of October 15. *Sponsor:* First 5 California (916) 323-0056 *Last amended:* 7/21/03 *Consultant:* Leonore Ehling (916) 319-2016 *Signed:* Chapter 378

AB 300-Education Omnibus Education Bill

This bill makes technical and non substantive changes to many sections of the Education Code, including child care and development. Contains other provisions. *Sponsor:* Dept. of Education (916) 319-0657 *Last amended:* 9/8/03 *Signed:* Chapter 552

AB 305-Mullin Child Care Facility Incentives

This bill requires cities and counties to grant additional density bonuses or incentives that contribute significantly to the economic feasibility of child care centers to developers that include child care centers as part of their housing development unless they determine that an area already has adequate childcare facilities. It requires these child care centers to remain in operation for at least 30 years. The bill requires centers to serve at least as many very low income, low income and moderate income as the percentage of houses required to be affordable to those income groups. *Last amended:* 7/15/03 *Consultant:* Eric Worthern (916) 319-2019 *Signed:* Chapter 430

AB 529 . Mullin

Family Child Care: School Age Children

This bill allows 1 child enrolled in kindergarten (as young as 4 years and 9 months of age) as well as children at least 6 years of age to qualify as school age. Small family child care homes may care for 8 (instead of 6) and large family child care homes may care for 14 children (instead of 12) if two of them are school age. *Sponsor:* Child Care Coordinating Council of San Mateo (650) 655-6770 *Last amended:* 7/23/03 *Consultant:* Eric Worthern (916) 319-2019 *Signed:* Chapter 744

AB 13226 . Simitian

San Mateo Child Care Subsidy Plan

This bill allows San Mateo County, as a pilot project, to develop and implement a child care subsidy plan to govern county child care services through January 1, 2009. It allows the county to make changes to eligibility, family fees, reimbursement rates, and methods of maximizing the efficient use of subsidy funds. The bill requires the child care subsidy plan to utilize the existing family fee schedule for families below 75% of the state median income. It requires that the eligibility of Cal-WORKs Stage 2 families not be reduced or denied and that stage 3 families be treated the same as other families. Bill allows child care contractors to change existing contracts with the approval of the Department of Education to conform to the local policy. *Sponsor:* San Mateo County (650) 363-1345 *Last amended:* 9/8/03 *Consultant:* Cory Jaspersen (916) 319-2021 *Signed:* Chapter 691

AB 1668 . Salinas

Child Care Facilities Revolving Fund

This bill allows Cal-SAFE Programs, which provide supportive services to pregnant students and their parents, to apply for funding from the Child Care Facilities Revolving Fund. It requires school districts or county superintendents of schools to enter into formal partnerships agreements with community-based or government organizations to provide Cal-SAFE child care and development services. *Sponsor:* Department of Education (916) 319-0659 *Last amended:* 9/8/03 *Consultant:* Noemi Espinosa (916) 319-2028 *Signed:* Chapter 523

AB 1683 . Pavley Child Care Site Visit Reports

This bill requires licensing inspectors visiting a child care facility to post a note near the main door to remain there for 30 days that includes the date of the site visit, whether a citation was issued, the kind of citation issued, and a departmental contact for more information. If a citation reflecting an immediate risk to children is issued, the bill requires facilities to post the inspection report near the main door for 30 days. The bill also requires a compliance report for correcting the deficiency specified in the citation to be posted for 30 days. It only requires family child care homes to comply with posting requirements while clients are present. *Last amended:* 8/18/03 *Consultant:* Susan Little (916) 319-2041 *Signed:* Chapter 403

Legislative Update

AB 1697 . Pavley Children: Rear Seat of Car

This bill requires, beginning January 1, 2005, children under 60 pounds and under the age of 6 to be secured in the rear seat of a car, with specified exceptions. *Last amended: 8/27/03 Consultant: Debra Gravert (916) 319-2041 Signed: Chapter 524*

AB 1752 . Budget

Human Services Budget Trailer Bill

This bill suspends fingerprinting fee exemptions for family child care providers for 2003-04. It doubles child care licensing fees for each facility and removes the cap on fees from agencies that operate more than one child care center. The bill eliminates annual and triennial inspections for most child care facilities. It only requires annual visits of facilities on probation, as part of a compliance plan, or as a response to a complaint. Of the remaining facilities, 10% are to receive random visits. All child care facilities must be visited at least once every 5 years. Contains other provisions. Urgency measure. *Last amended: 7/27/03 Consultant: Christian Griffith (916) 319-2099 Signed: Chapter 225*

AB 1754 . Budget Committee

Education Budget Trailer Bill

This bill prohibits establishing a lower reimbursement rate in 2003-04 for programs where more than 75% of the children served receive subsidies. It delays the Kindergarten Readiness Pilot Program until the 2006-07 school year. The bill eliminates cost-of-living adjustments for 2003 -04 for specified categorical programs, including child care and development. It increases fees at the California Community Colleges from \$11/unit to \$18/unit. Contains other provisions. Urgency Measure. *Last amended: 7/27/03 Consultant: Kim Rodriguez (916) 319-2099 Signed: Chapter 227*

SB 140 . Denham Interdistrict Transfers

This bill extends provisions requiring school districts to consider the child care needs of the pupil when deciding whether or not to grant an interdistrict transfer from Jul 1, 2003 to July 1, 2007. It prohibits districts from requiring pupils in grades K-6 to reapply annually. The bill extends provisions allowing a pupil to enroll in a school where the parent is employed rather than where they reside. It will not take effect unless AB 97 (which extends other interdistrict transfers) is enacted. Urgency Measure. *Last amended: 8/25/03 Consultant: Jeff Hale (916) 445-1392 Signed: Chapter 529*

AJR 12 . Chan Head Start

This bill asks Congress to acknowledge the meritorious successes of the Head Start Program and maintain funding at the highest possible level. It urges Congress to reject any proposals to move Head Start from the U.S. Department of Health and Human Services to the U.S. Department of Education, devolve or limit the scope of the program, or dismantle Head Start. *Sponsor: California*

Head Start Association (916) 444-7760 *Last amended: 5/6/03 Consultant: Joe Landon (916) 319-2016 Adopted: Chapter R-72*

VETOED BY THE GOVERNOR

AB 51 . Simitian General Plans: Child Care Centers

This bill would require cities and counties to identify in their housing element the zoning where child care centers could be located within a year of the next scheduled revision of the housing element of their general plan. *Last amended: 8/25/03 Consultant: Preston Taylor (916) 319-2021 Governor's Veto Message: "According to the Department of Finance, this bill would result in a reimbursable mandate on local government. While I appreciate the author's effort in diligently addressing this issue, I am unable to sign this legislation in light of California's fiscal condition."*

AB 1093 . Lieber Living Wage Act

Bill would require the state and all contractors or subcontractors to pay a living wage of \$10/hour with health insurance and \$12/hr without health insurance to all of its employees. It would exclude child care and development contractors until it is determined that a living wage can be paid without compromising the quality of services and availability of care. The bill would require the Legislative Analyst to review the ability of child care and development contractors to pay a living wage and make recommendations on adjustments to the standard reimbursement rate and other contracts in order to be able to pay a living wage. *Sponsor: Lieutenant Governor Cruz Bustamante (916)445-8994 Last amended: 9/8/03 Consultant: Joaquin Ross (916) 319-2022 Governor's Veto Message: "Although I support the concept of higher wages for workers, this bill would result in increased General Fund costs that are not included in the Budget Act of 2003 and increase contracting costs for all state departments at a time when they can least afford it. In light of the State's current economic condition, I am hesitant to sign this measure at this time and would hope the next Administration reconsider this proposal in better economic times."*

SB 556 . Sher Class Size Reduction

This bill would, until July 1, 2006 decrease state class size reduction funding to school districts by 15% for Each class with an average class size exceeding 20.5 but less than 21 students.. It would decrease funding 30% for class sizes exceeding 21 but less than 21.5 students and by 45% for class sizes exceeding 21.5 but less than 22 students. The bill would allow school districts to use deferred maintenance funding for their class size reduction program. It would allow school districts to prioritize the grade levels at a school site to be reduced, rather than requiring the first and second grade to be reduced first. *Last amended: 9/9/03 Consultant: Heather Scott (916) 445-6747. Governor Veto Message: "The existing Class Size Reduction program allows school districts sufficient flexibility to adhere to the 20:1 ratio. I am not aware of any information that suggests increasing class sizes up to 21.9 would not erode the benefits of this current, successful school reform measure. Indeed, by relaxing the penalties for infractions of the class size limits, this bill would only serve to provide fiscal incentives to reduce the educational benefits of the current program."*