

Smalltalk

Serving Providers & Families in Yolo County

Volume XXX, Number 3

Dear Friends,

Summer weather is on the way and we are definitely feeling the heat of the season. As the weather gets warmer, please check out our new summer edition of *On The Go* for great events and ideas to help children keep cool (and to help adults keep their cool). *On The Go* is available online at the www.cityofdavis.org web site as well as via mailing list.

The Resource and Referral just concluded our annual Child Development Conference and it was a huge success this year. Almost 300 people crowded into the Veterans Memorial Theatre to enjoy Bev Bos and Michael Leeman. Bev brings a special kind of wisdom to the child development field that is unique and powerful. The evaluations for her performance and workshop were very positive and it is clear she has a huge following. The Resource and Referral can be counted in that group! We had a record number of attendees, workshops and exhibitors this year. Our only question left unanswered is.....how do we top this next year? If you know of an educator or performer who would be enjoyable to a wide variety of parents and child care providers/educators, please call our office and let us know. You can ask to speak to me or Tamiko Eslick. We would love to hear from you.

The Resource and Referral made a very difficult decision this year. After 20 years, we have decided to discontinue the provider recognition dinner in favor of a larger, more inclusive event that will be held some time this fall. We want to recognize and support all types of child care providers and it is our hope that we will be able to accomplish that with a broader event. We will be giving out more information about this event after June passes. Please stay tuned!

If you have questions or suggestions, please do not hesitate to call my office.

Regards,

Robbie Townsley,
Resource & Referral Supervisor

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Summer Issue of “On the Go” will be Available in June!

The Summer Issue of “On the Go” will be available to Yolo County residents. Child Care Services Resource and Referral has developed this guide of resources and children’s activities for Yolo County families. “On the Go” will have information on events, places to go, activities, transportation and much more. If you are interested in receiving a copy of “On the Go” please call the Child Care Services office at (530) 757-5695 or (800) 723-3001.



Meetings/Support Groups

FAMILY CHILD CARE LICENSING ORIENTATIONS

Tues., May 18 & June 15 from 9:30 a.m. to 12:30 p.m.
VMC Game Room, 203 E. 14th Street, Davis.
Call to register (530) 757-5695 or (800) 723-3001.

PARENTS TOGETHER

This group is for all parents and babies under 1 year. The group meets in Davis at the Veterans Memorial Center located at 203 East 14th Street. For information call Carrie Shepard at (530) 753-8602.

FIRST FIVE YOLO COUNTY

(formerly Yolo Co. Children & Families Commission)

- 2nd Wednesday of the month, 3:30-5:30 p.m. 403 Court Street in Woodland. For more information call (530) 669-2475 or visit www.yolochildren.org
- **Dunnigan Community Action Team**
Community Action Team for those interested in improving the lives of children ages 0-5. The group meets fourth Monday of every month. Call Carmen Garcia 530-669-2475 for more information.
- **Community Action Team for parents of children with special needs**
Community Action Team for those interested in improving the lives of children ages 0-5. The group meets the first Monday of every month. Call Carmen Garcia 530-669-2475 for more information.

YOLO CHILD CARE PLANNING COUNCIL

Regular meeting, 2nd Tuesday of the month, 2:30-4:30 p.m., *Usually meets at Yolo County Office of Education, 1240 Harter Avenue, Woodland.* Call (530) 668-3773 for information.

YOLO CO. CHILDREN'S ALLIANCE

The Children's Alliance Policy Council meets quarterly. The next meeting will be Wednesday, April 28 from 2:00 p.m. to 5:00 p.m. at the County Administration Bldg., 625 Court Street, Woodland. For more information call Elizabeth Jones at (530) 757-5558.

DADS GROUP

The Family Resource Center and Yolo Family Service Agency are sponsoring a DADS group. The group is for fathers of children 0-5 years of age and meets weekly in 6-week sessions. Sessions alternate between English and Spanish. For more information and registration call (530) 662-2211, ext # 35.

KINSHIP CAREGIVERS SUPPORT GROUP

(formerly Grandparents Raising Grandchildren)

Every Thursday morning from 9:00 a.m. to 10:30 a.m. at the Family Service Agency. Call Edie Dornbush at (530) 662-2211 ext. 33 for information.

LA LECHE LEAGUE

2nd Thursday of month, 10:00 a.m., 345 L Street, Davis. For location, phone-support, or meeting topics call: Christina (530) 758-8270, Mary (530) 753-2932, Lonna at (530) 756-3551 or Angela (530) 757-7105.

SUPPORT FOR PARENTS OF EMOTIONALLY DISTURBED CHILDREN

Time limited support groups are available for caregivers of children with emotional disturbances. For information call Joan Beesley at (530) 666-8632.

GROUP FOR TWINS & PARENTS

Monthly support for parents of twins. Meetings are for parents only, but the group organizes events and activities for everyone to enjoy. For information call Christine Easton at (530) 756-1047 or visit the group's website at www.dcn.davis.ca.us/~ypotc.

PARENT-CHILD PLAYGROUP

Hands Together (formerly Lekotek Family Resource Center) offers a parent-child playgroup on Fridays from 10:30 to 11:30 a.m. for children ages 0 to 5 yrs. at the Davis Branch Library. Session includes music, storytelling, structured play with developmentally appropriate toys and an art project. For more information call (916) 979-1121.

PARENTS AND CAREGIVERS OF TRANSITION-AGE YOUTH (16-25) WITH PSYCHIATRIC DISABILITIES

Group meetings held 4th Tuesday of every month 6:30-8:00 p.m., 600 A St., Davis. For more information call Joan Beesley at (530) 666-8632.

WEST SACRAMENTO SIBLING GROUP (ages 6 to 12)

For siblings of children with special needs. Meets monthly at Bryte Elementary School, room 17 in West Sacramento. For more information call Jan at (530) 758-5888.

WOODLAND PARKS, RECREATION & COMMUNITY SERVICES COMMISSION

4th Monday of each month, 7:00 p.m. City Council Chambers, City Hall, Woodland. Public welcome. Youth and children's issues are discussed.

ASPERGER'S SYNDROME PARENT SUPPORT

Support for parents, caregivers, and professionals that work with individuals diagnosed with Asperger's Syndrome. The group meets the 4th Wed. of each month (Jan.-Nov.) 7:00 to 9:00 p.m. at the Alt. Recreation Bldg. 1111 Anderson Rd. in Davis. For information contact Robin Dewey at rdewey@berkeley.edu

SPECIAL NEEDS FAMILY SUPPORT GROUP

Monday, 6:00 to 7:00 p.m. at the Yolo Family Resource Center, 409 Lincoln Ave. in Woodland. This is a parent-led support group for families of children with special needs. Childcare & refreshments are provided. For information call (530) 406-7221.

Community News & Events

Calendar

- May 3** Woodland Playgroup Orientation
5 Stand for Children
5 Davis Playgroup Orientation
6 W. Sacramento Playgroup Orientation
7 Child Care Provider Appreciation Day
7-9 Whole Earth Festival
9 Mother's Day
10-15 La Raza Cultural Days at UCD
12 Dr. T. Berry Brazelton
15-23 Black Family Week at UCD
16 May Festival
18 Family Child Care Orientation
- June 1** Health & Safety Reimbursements due
15 Family Child Care Provider Orientation
20 Father's Day

For more information about events listed in the calendar, check out the rest of Small Talk!

Dr. Brazelton and You: An Evening for Parents and the Community

Wednesday, May 12, popular pediatrician and child development expert, Dr. T. Berry Brazelton, will be in Davis. He will be speaking from 7:00 to 8:30 p.m. on the subjects of infant and child development, contemporary parenting issues and the ten stresses faced by today's parents. Here is a chance to experience Dr. Brazelton's warmth and wisdom in person. The event is free and reservations are accepted on a first call basis. Call Debbie Colquitt or Wanda Copeland of the Center for Human Service, UC Davis Extension at (530) 757-8643 to make your reservation. Confirmation and directions will be sent to those who reserve a seat.

Stay at Home Dads !

Are you a Stay at Home Dad? Do you know one? Are you planning on being one? Local stay at home dad, Bob Bain, is looking to start a playgroup for stay at home fathers. For more information contact Bob at (530) 750-3677 or californiazippy@yahoo.com



Do You Need Summer Child Care?

Summer vacation is almost here! Have you made child-care arrangements for the summer months? There are a variety of options during the summer to keep your children entertained in a safe environment. Family child care homes, child development centers, recreational programs and summer camps are available throughout Yolo County.



Many cities offer Summer Recreation Programs. Call to find out about their programs:

Davis Parks and Community Services (530) 757-5626
or www.cityofdavis.org

Woodland Parks, Recreation and Community Services (530) 661-5880

West Sacramento Parks and Community Services (916) 617-4620

City of Winters Parks and Recreation Department (530) 795-4910 ext.102

For a referral for Licensed Family Child Care Homes or Child Care Center or a listing of summer programs in your area call Child Care Services at (530) 737-5695 or (800) 723-3001.

BLACK FAMILY WEEK

Black Family Week at UC Davis is a week-long annual celebration of the various cultures of people of African American descent. This year, it will be celebrated the week of May 15-23. This event presents programs that promote an awareness and understanding of the educational, social and artistic achievements of African people. The programs foster positive self-concept and cultural pride in members of the community as well as develop cultural and ethnic awareness/sensitivity in the broader Davis community. Saturday, May 22 is Black Family Day at UC Davis. For more information check <http://davisblackpages.com/bfw.html>



Community News & Events

National Youth Sports Program

The UC Davis National Youth Sports Program is a five-week sports and education summer program hosted by the UC Davis campus. The dates for this summer will be June 28 to August 2, 2004. Since 1995, the UC Davis NYSP has provided round-trip transportation, sports instruction, educational activities, and breakfast and lunch to over 400 local economically disadvantaged youth, ages 10-16. We are located in Northern California. This next summer, over 350 participants will be served from the communities of Davis, Woodland, Winters, Esparto, Madison, Dixon, West Sacramento, Vacaville, and Vallejo. We also will be offering a daily hot breakfast, snack and hot lunch. Students will be provided with free physicals on our Free Physical Day, May 22, 2004. We will provide all students with two program t-shirts and other incentive prizes from local businesses.

For more information contact Samuel Blanco III, M.A. at (530)757-3322.

Whole Earth Festival At UC Davis

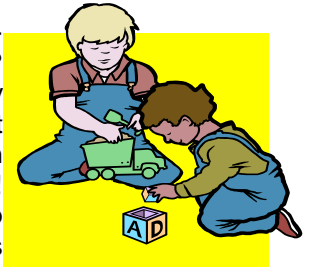
This year's Whole Earth Festival will be May 7 -9 from 9 am to Midnight on the UC Davis Campus. The Whole Earth Festival is a unique event that began when José Arguelos' art class held an "Art Happening" at UCD in 1969. Today it draws nearly twenty thousand people over a three-day span. The festival emphasizes personal development, environmental innovations, and education, services, products and demos to inform a sustainable, holistic way of life. Several stages host bands, dancers, singers and speakers. Many vendors will be there with hand crafted goods and whole foods. **A Kid's Area will offer fun projects and entertainment especially for children all during the day.** For more information call (530) 752-2569, or check the web: <http://wef.ucdavis.edu>.

May Festival at the Yolo County Historical Museum

This annual festival is on the grounds of the Yolo County Historical Museum, 512 Gibson Road, Woodland from 10 a.m. to 4 p.m. The event is free. It includes a petting zoo, live music, exhibition booths and displays, a craft/antique fair, gift shop, plant shop, country market, blacksmith shop, vintage shop, country barbeque and bakery, ice cream, popsicles, and a beer wagon. You can enjoy a picnic under the oaks while listening to live music. Tour the Victorian era mansion and farmstead and try bygone skills. Take home something from the large rummage sale of gently used items. For more information call (530)666-1045 or check the web: www.yolo.net/vme/ychm

Playgroup Orientation

Are you looking for new playmates for your young children? Would you like to meet weekly with other parents for support and companionship? If so, then come to a playgroup orientation! Learn how to set up a playgroup that will best meet your needs and join other parents in forming a playgroup. While parents are talking, children can play with toys provided from the Davis Toy Library. No fee is required. If you would like to receive a list of current playgroups in Yolo County please call Child Care Services at (530) 757-5695.



In Woodland

Monday, May 3, 2004, 10:00—11:00 a.m.
Woodland Public Library
Leake Conference Room
250 First Street

In Davis

Wednesday, May 5, 2004, 10:00—11:30a.m.
Veterans Memorial Center
203 E. 14th Street

In West Sacramento (note: registration required for W. Sac. only. Please call Child Care Services (530)757-5695 or toll free (800)723-3001)

Thursday, May 6, 2004, 10:00—11:00 a.m.
Southport Elementary
YMCA Child Care Portable #27
2742 Linden Road

La Raza Cultural Days

May 10-14: La Raza Cultural Days at UC Davis

May 15: La Gran Tardeada

La Raza Cultural Days is designed to educate the campus and community about the social, cultural and political issues facing the Chicano/Latino community while celebrating the traditions and contributions of Chicano and Latino cultures. Semana de la Raza begins Monday, May 10 with a noontime Kick-off on the Quad that includes a student organization fair, live entertainment and traditional foods, youth outreach and empowerment conferences, art exhibits, political forums, performing artists, seminars and films. The week culminates Saturday, May 15 with the day long La Gran Tardeada Celebration from 11-4, (the rain site is Hickey Gym.) **The event features a children's fair**, health fair, community run, live entertainment, and traditional foods. This event is free! For more information call (530) 752-2027, or on check the web at <http://events.ucdavis.edu/events>

Community News & Events

Annual Yolo County Child Development Conference

Saturday, April 24, over 300 child care providers, parents, grandparents, and educational vendors participated in a day-long conference. Our keynote speaker this year was Bev Bos, the well known and loved child development specialist. She appeared with her son-in-law, Michael Leeman, and together with laughter, song and insight they entertained, inspired and educated the participants. Bev said that seeing so many people out on a Saturday to learn more about children gives her hope. She shared some great ideas about allowing children to grow and learn about what is "real" and showed slides from her own child development program where staff and children are learning together. Bev and Michael explained some of the essential conditions they have discovered that need to be met in order for kids to grow and thrive.

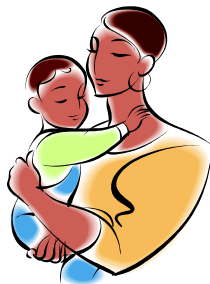
The conference offered many wonderful workshops, including: values education, how to talk about sex, discipline, encouraging responsibility, business management and much more. There were workshops in English, Spanish and Russian. We would like to extend great big thank you to everyone who came. It was great to spend the day with you expanding our knowledge about something we all care so much about and something so vitally important—our children.

If you missed out on the conference, handouts from the workshops are still available from our office.

If you are interested in being a vendor or presenter at future conferences, please call (530) 757-5695 or (800) 723-3001 and ask for Tamiko Eslick.

National Child Care Provider Appreciation Day

Do you consider your child care provider a partner in raising your child? Does your provider deserve kudos for a job well done? National Provider Appreciation Day is a special day to recognize child care providers, teachers and educators of young children everywhere. Started in 1996 by a group of volunteers in New Jersey. This year, the National Provider Appreciation Day will be on Friday, May 7. Please take the time to show your appreciation to the child care provider in your lives. Flowers, a card, a gift certificate, dinners and volunteering to facilitate an activity during child care hours are some of the ways you can show your appreciation!



Stand for Children On May 5

Parent Voices, is a parent-led grassroots organization speaking out to make quality child care affordable and accessible to all families.

Parent Voices believes in:

- working toward social change by developing new community leaders to advocate for child care and respond to emerging issues
- having parents and child care consumers identify our issues, solutions, and courses of action
- acting with passion and resolve, using a variety of strategies
- having strong, articulate parents govern the policies of the organization

Parents and supporters from all over CALIFORNIA are invited to the STATE CAPITOL to Stand for Children on May 5th, 2004!

Events include:

- 9:30: Policy Briefing at St. John's Lutheran Church
1701 L Street
- 10:30: March to and Rally at the State Capitol
L Street Entrance
- 11-1:00 Rally featuring Parents, Elected Officials and Entertainers. Followed by Action Luncheon
- 1:00: Visits with our Elected Officials
- 2:30: Closing Remarks

Please contact Alli Harper, Statewide Coordinator of Parent Voices at 415-882-0234 or alli@rrnetwork.org or visit the Parent Voices website at www.parentvoices.org.



City of Davis Parks & Community Services Programs

These programs are offered through the City of Davis Parks and Community Services Department. To enroll in any of these programs or for more information, please call (530) 757-5626 or visit the website at www.cityofdavis.org

Tiny Tot & Movement Education

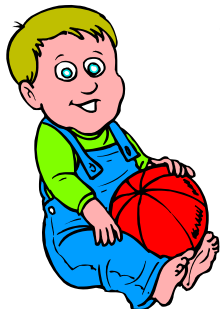
Start your child's day off with 30-45 minutes of jumping, climbing and swinging. Instructors use balance beams, bars, mats, parachutes and more to help challenge your child's natural desire to explore movement.



Movement Education is offered to children ages 20 months – 5 years, and parent participation is required.

Tiny Tots is offered to children ages 3 to 5.

Creative Playtime



The City of Davis welcomes you and your child (ages 18 months – 3 years) to come and discover their inner creativity. This program includes innovative activities such as arts, music, developmental play as well as outdoor play.

Primary Playschool

Come join the fun in our Primary Playschool program! This program is geared towards children ages 3 -5 years old. Children will participate in planned activities that stimulate individual and group play, including arts and crafts, music, outdoor play, developmental play and dramatics. Parents are asked to volunteer periodically.

Pools Open for Spring

Come cool off this spring at the City of Davis pools. Arroyo Pool will be open to the public beginning May 1st, and Manor Pool opens Tues. June 1st. Please call for pool times or additional information

Spring Swimming Lessons

The City offers a series of progressively advanced courses for children who want to master many swimming techniques. Participants must successfully perform the skills covered in each course to advance. Classes ranging from "Mom, Dad and Me" to advanced swimmers to private lessons are available.

Summer Camp

It's time to start making your child's summer plans! The City of Davis Parks & Community Services Summer Recreation Schedule is here! Highlights include:



Summer Quest
RBS Voyagers – New for 5th-7th grades
Golf-n-Splash
Swing-n-Splash
Cheerleading Camp
And many more!

Camp Putah

Join us for one of the city's oldest traditions...Camp Putah! These camp programs provide youth with many unique outdoor experiences. Some of those include: archery, canoeing, hiking, biking, tie-dying, sleeping under the stars, singing around a camp fire, and performing silly skits for their parents. If your child enjoys exploring the great outdoors with qualified and experienced staff, consider signing them up for one of the Camp Putah Day Camps.

Full day & half day programs for school age children. Detailed information is available on our website.

Summer Recreation Schedule

The Summer 2004 Recreation Class Schedule, with classes and programs offered May through August, is now available. Schedules are also available at the Parks & Community Services Department or on line at www.cityofdavis.org For more information regarding registration dates and times call 757-5626.

www.cityofdavis.org

Health & Safety News

Plant Safety

Indoor and outdoor plants are responsible for a rising number of accidental poisonings. Plant poisonings are among the top five causes of accidental poisonings in children younger than 5 years. Pets are also frequent victims of plant poisonings. It's not surprising that some of the poisoning cases reported each year involve touching or eating plants. Although most plants are poisonous because they can cause some kind of harm, only a small number of plants are actually deadly. Usually a large quantity of berries, pods, leaves, flowers or seeds must be eaten to cause symptoms. Be aware of plants treated with pesticides or fertilizers. Non-toxic plants treated with toxic chemicals become dangerous because of the chemicals.

Tips to Preventing Plant Poisoning

- Identify your plants and learn which are poisonous and which are safe.
- Display plants safely.
- Be prepared for emergencies.
- To be doubly safe, put your houseplants out of reach of children.
- Teach your children not to eat non-food plants.

Safe Plants: Check out this link for a complete list <http://www.calpoison.com/public/plants-safe.html>

African Violets	
Boston Fern	Hibiscus
Christmas Cactus	Jade
Coleus Ficus	Norfolk Pine
Firethorn	Rubber Plant
Hens and Chicks	Spider Plant
	Wandering Jew
	Yucca



Poisonous Plants:

Check out this link for a complete list of toxic plants <http://www.calpoison.com/public/plants-toxic.html>

Azaleas, Rhododendron	
Cherry	Philodendron
Dieffenbachia, Dumb Cane	Rhubarb
Foxglove	Swedish & English Ivy
Holly, Mistletoe, Poinsettia	Autumn Crocus
Lantana Camara	Begonia
Larkspur	Chrysanthemum
Mayapple	Pothos
	Tulip (bulbs)
	Wisteria

Source:

California Poison Control System
<http://www.calpoison.com/public/plants.html>

Community Resources

FEDERAL FOOD DISTRIBUTION PROGRAM

Eligibility is based on income.

Last Wednesday of the month:

Davis Senior Center, 12:30-1:30 p.m.

Call (530) 757-5696 for information.

Last Friday of month:

Winters Community Center, 12:00-1:30 p.m.

Yolo Housing Community Center, 10:45-11:30 a.m.

Call (530) 758-6821 for information.

IMMUNIZATION CLINIC

Davis

Davis Community Clinic

Mondays 2:00-4:00 p.m. & Fridays 1:00-4:00 p.m.

2040 Sutter Place, (530) 758-2060

West Sacramento

Salud Clinic

500 B Jefferson Blvd., Ste. 170, (916) 375-6380

Thursday, 1:00-4:00 p.m.

Yolo County Health

500 B Jefferson Blvd. (916) 375 6380

Monday, 9:30-11:00 a.m.

Woodland

Yolo County Health Department

Mondays, 2:00-4:00 p.m. & Fridays, 9:00-11:00 a.m.

10 Cottonwood, (530) 666-8645

Peterson Clinic

Wednesdays, 2:00-4:00 p.m.

8 N. Cottonwood, (530) 666-8960

WELL AND SICK CARE CLINICS

For Women's Care & general medical information:

Davis Community Clinic

2040 Sutter Place, call (530) 758-2060

Peterson Clinic,

8 N. Cottonwood, Woodland, call (530) 666-8960

Salud Clinic

500B Jefferson Blvd. #180, W. Sacramento, call (916) 375-6400

YOLO COUNTY CHILDREN'S MEDICAL SERVICES

Child Health & Disability Prevention Program

Call for information on how to receive free health check-ups for children 0 to 20 years of age on MediCal and for low-to-medium income children through 19 years of age. You may also call for referrals to local physicians and dentists. To learn more about health coverage programs for children, call (530) 666-8249.

California Children's Services

Case management and financial assistance for children through 20 years of age with serious or chronic medical conditions. Call (530) 402-2800 for information.

YOLO COUNTY WIC PROGRAM

Nutrition program for women, infants & children.

Clinics in Davis, West Sacramento, Winters & Woodland. Phone hours 8:00 a.m.-3:00 p.m., M-F: (530) 666-8445 in Woodland, or (916) 375-6390 in West Sacramento.

Especially for Parents

CHILD DEVELOPMENT GUIDELINES – WHICH ONE TO USE?

There are many child development guidelines out there, most describe the skills you would expect to see in a child of a particular age. The problem with this approach is that all children do not develop new skills at exactly the same time – the children have obviously not read the guidelines! Children develop skills as their minds and bodies mature, because in-born abilities or limitations, because of stimulation they receive from parents, family and care providers and from experiences to which they are exposed. Children with special needs develop in the same way although some might be slower to reach certain developmental milestones or may be unable to demonstrate certain accomplishments. But the developmental process is the same for all children.

Many providers have attended child development classes and perhaps memorized the typical sequence of development. But can you remember, in the middle of a hectic day caring for several children, just exactly what came before and what comes after? Or what about the child that doesn't seem to "fit the mold"? How do you know whether that child is progressing or if you're doing the "right things" to stimulate development?

Well, without taking anything away from the benefits of having a good foundation in child development, we'd like to suggest that you can get a reasonable handle on child development by becoming an excellent observer of child behavior. Child development is a progressive thing – picture a developmental ladder to be climbed one rung at a time or a developmental wall to be built, brick by brick. If you look carefully at what a child can do NOW and if you provide the appropriate materials (toys in the case of young children), you can maximize the possibility that the child is going to progress. Developmental guidelines built around what a child CAN DO rather than the child's age, enables you to use the guidelines with ALL CHILDREN, of whatever ages. Thinking about child development in terms of what children CAN DO also helps us to stay positive and focusing on accomplishments rather than on who is "slow" or who is "behind" and that's good for the self-esteem of all children!

Over the next few issues, we will provide some developmental suggestions for each age range, birth to 8 years. These suggestions are aimed at enabling you to recognize the developmental stage a child is in NOW and to provide activities that will stimulate progression to the next stage. Let's start with the little ones - children approximately birth to 6 months.....

*The following is from Learning Through Play – A Developmental Guide
The Able Child, Inc. 154 Chambers Street, New York, NY 10007*

When a child is able to:	Provide:	To encourage:
Follow objects with eyes	Mobiles (musical or silent) Mirrors	Eye movements and attention to movement
Respond to sound by turning head or by general body movement.	Musical mobiles, radio, rattles	Listening, following sounds
Grasp object when put in the hand	Small handled rattles	Grasping/body awareness
Lift head when on stomach/ reaches with one hand	Mobiles placed within view while on stomach. Radio, movable wind-up toys	Strength of neck & back
Smile when looking at self Place objects in mouth	Mirrors, brightly colored rattles with small grasp	Social behaviors, oral stimulation, hand-to-mouth motions, body awareness
Kick legs Reach out for objects	Soft balls, foam bricks, hanging toys, larger or two-handed rattles	Awareness of body parts, aiming and grasping, visual, auditory and kinesthetic awareness
Prop self on arms when on stomach/ reaching with one hand	Toys that move when touched	Rolling, weight shifting, pre-crawling
Sit with support Squeeze objects	Activity centers, balls, squeeze toys	Exploration using 2 hands, gross grasp, cause and effect (sound producing)
Bang toys in play	Blocks	Play at midline, eye-hand coordination

New Training Opportunities for Providers

The following provider classes are sponsored by Child Care Services Resource & Referral. They are open to any child care provider in Yolo County. You may choose to earn up to 6 ECE units of college credit if you attend the entire series or 1 ECE credit if you attend 4 sessions. Classes will be held in both Woodland & Davis. For more information and to reserve your seat contact Lynn Arner at (530) 757-5695.

IN WOODLAND

All Woodland Classes will be held at:
Yolo County First 5 Conference Room
Located at 227 Elm Street in Woodland

ECE 47d Working With Families

Saturday, May 1 9:00a.m. – 4:20p.m.
Thursday, May 6 6:30p.m. – 8:30p.m.
Saturday, May 8 9:00a.m. – 4:20p.m.
Thursday, May 13 6:30p.m. – 8:30p.m.

ECE 47e Awareness of Differences

Saturday, May 15 9:00a.m. – 4:20p.m.
Thursday, May 20 6:30p.m. – 8:30p.m.
Saturday, May 22 9:00a.m. – 4:20p.m.
Thursday, May 27 6:30p.m. – 8:30p.m.

ECE 47f Guiding Children's Behavior

Saturday, June 5 8:30a.m. – 12:45p.m.
Saturday, June 12 8:30a.m. – 12:45p.m.
Saturday, June 19 8:30a.m. – 12:45p.m.
Saturday, June 26 8:30a.m. – 12:45p.m.



IN DAVIS

ALL Davis Classes will be held at the Sacramento City College Location at 1909 Galileo Court, Suite B Davis.

ECE 299 Working With Families:

Saturday, May 1 9:00a.m. - 4:00p.m.
Tuesday, May 4 6:30p.m. - 8:30p.m.
Saturday, May 8 9:00a.m. - 4:00p.m.
Tuesday, May 11 6:30p.m. - 8:30p.m.

ECE 299 Awareness of Differences:

Saturday, May 15 9:00a.m. - 4:00p.m.
Tuesday, May 18 6:30p.m. - 8:30p.m.
Saturday, May 22 9:00a.m. - 4:00p.m.
Tuesday, May 25 6:30p.m. - 8:30p.m.

ECE 299 Guiding Children's Behavior:

Saturday, June 5 8:30a.m. - 1:00p.m.
Saturday, June 12 8:30a.m. - 1:00p.m.
Saturday, June 19 8:30a.m. - 1:00p.m.
Saturday, June 26 8:30a.m. - 1:00p.m.

Training in Russian

RUSSIAN The following classes will be held at the West Sacramento Turner Library, 1212 Merkeley Avenue. You must register by calling (800) 723-3001.

How Children Learn

Saturday, May 1, 9:00 a.m. - 12:00 p.m.

Communicating with Infants & Toddlers

Saturday, May 8, 9:00 a.m. - 12:00 p.m.

Different is Normal: Valuing Diversity in Children

Saturday, May 15, 9:00 a.m. - 12:00 p.m.

Managing Difficult Behavior

Saturday, May 22, 9:00 a.m. - 12:00 p.m.

Partnerships with Parents

Saturday, June 12, 9:00 a.m. - 12:00 p.m.

Creative Environments

Saturday, June 19, 9:00 a.m. - 12:00 p.m.

Especially for Providers

Environment Rating Scales– Using the ECERS/ITERS/FDCERS/SACERS to Enhance Quality in Childcare!

The four scales are designed to assess “process quality” in childcare environments. Process quality includes the interactions in childcare with staff, children, parents, other adults, amongst the children themselves, and the interactions children have with the many materials and activities in the environment. It also includes the environmental space, schedule and materials that support these interactions.

The four scales stand for: **ECERS**-Early Childhood Environment Rating Scale, **ITERS**-Infant Toddler Environment Rating Scale, **FDCERS**-Family Day Care Environment Rating Scale and the **SACERS**-School Age Care Environment Rating Scale. Each scale evaluates the: *Physical Environment; Basic Care; Curriculum; Interaction; Schedule and Program Structure; and Parent and Staff Education*. These scales are designed for evaluating inclusive and culturally diverse programs and have proven reliability and validity.

In order to provide care and education that allows children to experience a high quality of life while helping them develop their abilities, a quality program must provide the three basic needs all children have:

1. Protection of their health and safety
2. Opportunities to build positive relationships
3. Opportunities for stimulation and learning from experience

No one part is more or less important than the others, nor can one substitute for another. It takes all three to create quality care. Each of these three basic needs for quality care are in the program's environment, curriculum, schedule, supervision and interaction. These are the key aspects of process quality that are included in the environment rating scales.

For more information on the Environment Rating Scales check out: <http://www.fpg.unc.edu/~ecers/>

Private Centers and Family Child Care providers can request an Environment Rating Scale observation for **FREE!** If you are interested in enhancing the quality of your program and would like more information on **financial** grant opportunities, contact Tamiko Eslick for more information (530) 757-5695.

Play Day

Play Day is a **FREE** activity time where Informal Child Care Providers take the children in their care to a preschool setting and participate in activities and projects. Activities are geared towards children ages 0 to 5. Play Days will be held at different locations throughout the county. If you are babysitting for your family, friends or neighbors you are invited to participate in Play Day! For more information and to participate please call Mary Velasco at (530) 757-5695 or (800) 723-3001.

Dates for Playday:

West Sac: 5/11 & 5/18

Woodland: 5/12 & 5/19

Davis: 5/14



Morning Out

Morning Out is available to all licensed Family Child Care Providers in Yolo County! Bring the children in your care and enjoy a morning full of fun activities for children of all ages. Get new ideas for activities, curriculum material and songs and circle time activities! This is also a wonderful opportunity to network with other family child care providers. We currently offer Morning Out in Davis, Woodland and West Sacramento. Please contact Allison Davis for more information (530) 757-5695.

Dates for Morning Out:

West Sac: 5/4

Woodland: 5/5

Davis: 5/7

Provider Support Groups

Are you interested in taking part in a provider support group? Would you like to meet other family child care providers in Yolo County? If so, call the Child Care Services office at (530) 757-5695 or (800) 723-3001. Support groups are a great way to share your thoughts, network and form friendships with others in your field. We currently have a new West Sacramento group starting. Call Child Care Services for more information.

Campus Talk: Events & Information from UCD

Submitted by Barbara Ashby, Program Manager
UC Davis Child Care & Family Services, HR Administration
Building (530)752-5415, www.hr.ucdavis.edu/childcare

Children Needed for Study of Developmental Delay, Mental Retardation, and Autism

The CHARGE Study (Childhood Autism Risks from Genetics and the Environment), a project of the NIEHS Center for Children's Environmental Health at UC Davis, needs children with autism and children with mental retardation or developmental delay, between 24 and 54 months of age, born in California and living with at least one biologic parent that speaks English or Spanish. Eligible children should be receiving services from Alta, Mountain Valley or North Bay Regional Center. Participation involves developmental testing, medical exam, medical history, and parental responses to a series of surveys and questionnaires. Stipend and travel reimbursement are paid for participation. Call Gary Hughes Ed.D. toll-free at 866-550-5027 or visit <http://beincharge.ucdavis.edu/> for more information.

Off to a Good Start: Supporting Families with Young Children

Thursday, May 13, 8:00a.m. – 4:00p.m., Freeborn Hall
Dr. T. Berry Brazelton and colleagues Kristie Brandt, Maria Trozzi, and Joshua Sparrow will present and discuss the Touchpoints model for early education and intervention. Additionally, participants will explore the development of emotional competence in infants and young children. The professional seminar is designed for child and family services providers. For more information and to enroll visit www.universityextension.ucdavis.edu, or call (530) 757-8643.

Join a Playgroup with Other Campus Families!

Wednesday, May 12 from 10-11:30 a.m. at Orchard Park Community Room. Parents interested in meeting other campus families for the purpose of forming playgroups are invited to an orientation led by Rossana Vigil, coordinator for the City of Davis Child Care Services. Get connected, make new friends, and arrange a network of support and companionship among families with similar schedules and demands. Children are welcome.

Summertime Activities for Children & Youth

Summer is fast approaching. UC Davis offers many long-standing favorites for school-age children and young teens: Aggie Kids Camp, Memorial Union Bowling, Craft Center, Equestrian Center, Recreation Pool & Swimming Enrollment processes vary by program. For more information, please visit:

<http://campusrecreation.ucdavis.edu/youthprogram/index.html> or <http://www.cevs.ucdavis.edu/Cofred/Public/Sports/>.

Support and Education for Expectant and New Mothers

Tuesdays, Memorial Union Moss Room
Between 12:10 and 12:50 Lonna Hampton, Lactation Specialist for the Breastfeeding Support Program, will give a presentation on the month's publicized topics as well as allow time to answer questions. A discussion will follow for those who are able to stay longer. Babies are always welcome. For more information, call (530)752-5412.

🕒 **April 20 – The Transition to Motherhood.** Changes, adjustments, and postpartum needs.

🕒 **May 18 – Nutrition and Weaning Gradually.** After a brief presentation on nutrition and methods of weaning, other breastfeeding topics will be addressed according to the interests and questions of those who attend. (In other words: Please come even if you aren't in the weaning process at this point.)

🕒 **June 15 – The anatomy and physiology of the lactating breast.** Come learn how breastfeeding works and how to get breastfeeding well-established. Pregnant moms (and dads) are encouraged to attend.

Lactation Educator Joins UCDMC Breastfeeding Support Program

Welcome to Cheryl Burnstiner, RN, LCE. In addition to her duties in the University Birthing Suites and Newborn Nursery, Cheryl coordinates the lactation sites and orientation sessions [2nd Thursday monthly, 11am – 12pm, Glassrock Bldg., 7th floor conference room] for the Sacramento program. For more information, call (916)703-3360.

Brown Bag Talks on Health & Wellness

Keeping Your Teeth for a Lifetime, Sonny Chong D.M.D., **May 6, 12 – 1pm**, Cabernet Room/North Silo

Wheeling Your Way to Good Health, Sandy Langley R.N., **May 20, 12 – 1pm**, Cabernet Room/North Silo

Integrative Medicine: The Mind-Body Connection, Pam Cordano MFT & Ron Cotterel M.D., **May 26, 12 – 1pm**, 3201 Hart Hall

Getting Smart About Food Safety, Carl Winter, Ph.D., **May 20, 12 – 1pm**, Cabernet Room/North Silo

Legislative Update

The following are excerpts from *On The Capitol Doorstep*, a monthly report on public policy issues affecting California's young children. For more information on legislative updates call (916) 442-5431.

New Legislation

AB2407- Bermudez Maximum Kindergarten Day

This bill would repeal the Section that limits kindergarten to four hours a day, allowing school districts to offer full-day kindergarten at their discretion. Sponsor: Los Angeles Unified School District (213) 241-7000. Introduced: 2/19/04

Consultant: Javier Gutierrez (916) 319-2056 Hearing: Assembly Education 3/31

AB 2902- Salinas

Deaf & Hard of Hearing Infant & Toddlers

This bill would require deaf and hard of hearing infants and toddlers to receive early intervention instruction from teachers whose credential and professional preparation are specific to that impairment. Sponsor: Dept. of Education (916) 319-0659 Introduced: 2/20/04 Consultant: Noemi Espinoza (916) 319-2098 Status: Introduced

AB 2970-Pavley

Kindergarten Entrance Age; Pre-K Programs

This bill would allow school districts to change the date at one or more schools by when a child must be 5 before entering kindergarten from December 2 to September 1. It would allow school districts to change the date in one year or phase the date change over 3 years. The bill would require the school district to be compensated for the loss of funding due to reduced enrollment and require school districts to provide Pre-K programs with that funding. The Pre-K programs would provide services to 3 and 4 year olds in a classroom setting and meet the Title 5 requirements of migrant child care and development programs, preschool programs, or general child care and development programs. If voters adopt the Improving Classroom Education Act at the November 2, 2004 election, the bill would require school districts to change the age for admittance to kindergarten within one year of offering voluntary universal preschool. It would require the age of admittance for first grade to be adjusted the year following the change in kindergarten age. The bill would allow kindergarten classes at different schools to be held at different lengths of time. Introduced: 2/20/04 Consultant: Nate Solov (916)319-2374 Status: Assembly Education

Spot Bill

SB 1897- Burton Child Care Quality Provider Pools

This bill intends to require the Department of Education to establish a unified rate system for state-contracted programs and alternative payment programs that provide state subsidized child care and development services. Currently state-contracted programs (including child care centers and family child care systems) are paid based on the Standard

Reimbursement Rate (SRR) and alternative payment programs reimburse child care centers and family child care homes based on the Regional Market Rate (RMR). It intends to establish regional quality provider pools (which allow union representation) for family child care providers to operate a substitute provider pool. The bill intends to allow these pools to join with child care centers to share administration and purchasing of benefits for child care workers. It intends to require the department to provide the Legislature with regular assessments of the supply and demand for unsubsidized and subsidized child care. The bill intends to require the development of a plan detailing expectations and a career ladder for staff of child care and development providers. Sponsor: American Federation of State, County and Municipal Employees (AFSCME) (916)441-1570 Introduced: 3/3/04 Consultant: Diane Cummins (916) 445-1412 Status: Introduced

2004 Legislation

AB56 - Steinberg

Universal Preschool/Mandatory Kindergarten

This bill would state the intent of the legislature to develop a strategy to ensure that all children have access to quality preschool programs. Sponsor: Joint Committee to Develop a Master Plan for Education (916) 324-4983

Last amended: 1/22/04 Consultant: Gary Davis (916)319-2009 Status: Senate Education

AB72 - Bates Referrals: Substantiated Complaints

This bill would prohibit resource and referral agencies from making referrals to child care facilities with a revocation or temporary suspension order or which have been placed on probation. It would require resource and referral agencies to notify alternative payment programs within its jurisdiction of child care facilities in violation. The bill would require alternative payment programs to stop payment and inform the parent and provider of the termination and the reason. Last amended: 4/22/03 Consultant: Brian Johsz (916)319-2073 Status: Senate Education

AB 355 - Mullin

Child Care Substitute Employee Registry

This bill would require the Department of Social Services to operate the substitute child care employee registry pilot program until January 1, 2007 and allow them to operate the pilot after that date. It would require child care workers employed by a substitute employee registry to have their criminal background check information at the registry rather than through any child care provider for whom they work. The bill would reduce the number of counties participating in the pilot project from 9 to 7. Urgency Measure. Sponsor: Child Care Careers (916)358-8646 Last amended: 1/26/04 Consultant: Eric Worthen (916)319-2019 Status: Senate Education

Legislative Update

AB 1240-Mullin Criminal Background Check

This bill would increase the fine for allowing an individual to own, operate, live at, work, or volunteer at a community care facility (including child care and foster care) without a clearance or failing to submit fingerprints from \$100 per violation to \$100 per day (up to \$3000). Sponsor: Dept of Social Services (916)657-2623 Last amended: 1/22/04 Consultant: Darci Sears (916)319-2019 Status: Senate Public Safety

AB1558-Daucher Health Club Child Care

This bill would require employees and volunteers 18 years of age or older of child care centers located in health clubs or gyms to be registered with the Trustline Registry (completed a criminal background check) by July 1, 2004. It would require employees or volunteers under the age of 18 to be supervised by someone 18 years of age or older who is registered with Trustline. The bill would not apply to non-profit organizations. Health club members would be allowed to cancel their membership contracts without penalty if employees and volunteers are not registered with Trustline. Last amended: 7/1/03 Consultant: Dave Heckler (916)319-2072 Status: Senate Appropriations

AB1559-Correa

Criminal Records Exemptions: Disclosure

This bill would require the Legislative Analyst's Office to complete a study of the criminal background check process and submit the results to the Legislature by January 1, 2005. Sponsor: Dept. of Social Services (916)657-2623 Last amended: 6/2/03 Consultant: John Scribner (916)319-2069 Status: Senate Health & Human Services

AB 1849-Nation Child Care Development Changes

This bill would 1) require the California Department of Education to use quality improvement funding to pay for the licensing of state-contracted centers. 2) It would allow alternative payment programs with state contracts of less than \$2 million to use up to 25% of their contracts for family support services, provider training and support services, administrative expenses and limit administrative expenses to 9% of the contracts. The bill would allow all other alternative payment programs to use up to 20% of their contracts for family support services, provider training and support services, and administrative expenses and limit administrative expenses to 7% of the contracts. It also defines family support services, provider training and support services, and administrative expenses. 3) The bill would allow state-contracted programs receiving the standard reimbursement rate (in addition to those receiving more) to be considered on a case-by-case basis for rate adjustments based on documented increases in insurance costs. 4) It would allow state-contracted programs to be reimbursed for up to 4 days of staff training. 5) The bill would require private state-contracted programs to account for interest earned on state funds and enable programs to use the interest to serve additional children. 6) It would allow extended day programs (latchkey) whose costs of operation exceed the state contracted rate to request that their contract be terminated and

converted to a General Child Care and Development contract. Sponsor: California Child Development Administrators Association (916)359-8646 Introduced: 1/29/04 Consultant: Jackie Bowland (916)319-2006 Hearing: Assembly Human Services 4/13

AB 2205-Oropeza Helping Heroes Child Care

This bill would establish subsidized child care services through alternative payment programs for military families who have one or more parents called to active duty. Introduced: 2/18/04 Consultant: Sarah Angel (916)319-2055 Hearing: Assembly Human Services 4/13

ABXXXXX6-Runner Kindergarten Age of Entry

This bill would change the date by when a child must 5 before entering kindergarten and the date by when a child must be 6 before entering first grade from December 2 to September 1 of that year. Introduced: 12/1/03 Consultant: Cober Plucker (916)319-2036 Status: Introduced

SB 311-Sher Class Size Reduction

This bill would, until July 1, 2006 decrease state K-3 class size reduction funding to school districts by 15% for each class with an average class size exceeding 20.5 but less than 21 students. It would decrease funding by 30% for class sizes exceeding 21 but less than 21.5 students and by 45% for class sizes exceeding 21.5 but less than 22 students. The bill would allow school districts to prioritize the other grade levels at a school site to be reduced, while still requiring first grade to be reduced first. Urgency measure. (Similar to SB 556 last year which was vetoed.) Last amended: 1/29/04 Consultant: Heather Scott (916)445-6747 Status: Senate Concurrence

SB1343-Escutia

Infant & Toddler Child Care Master Plan

This bill would require the Department of Education to convene a task force made up of representatives from state agencies, child care organizations, and advocacy groups and develop a Master Plan to be updated every 5 years. Sponsor: Child Care Law Center (415)394-7144 Introduced: 2/18/04 Consultant: Carrie Marovich (916) 445-3090 Hearing: Senate Education 3/31

SB 16557-Scott Child Care Development: Fraud

This bill would require the Department of Education and the Department of Social Services to consult with county welfare departments, alternative payment programs, child care providers, and other interested parties to develop regulations to define misappropriation and fraud, prevent fraud, properly report attendance, identify fraudulent claims and overpayments, recover funds, and establish standards for referral of serious violations to law enforcement agencies. It would require the recipient, child care provider, or child care contractor to be given notice of any adverse action and the right to a hearing and appeal. Introduced: 2/20/04 Consultant: Arwen Chenery (916)445-5976 Hearing: Senate Health & Human Services 3/24