

Smalltalk

Serving Providers & Families in Yolo County

Volume XXX, Number 5

Dear Friends,

Fall is almost here and the staff at the Resource and Referral office is wondering where the summer went?

We were very excited to work together with many other local entities to bring Barbara Coloroso back to Yolo County for several presentations last month. Barbara is a nationally and internationally renowned author and lecturer on topics including effective parenting and teaching. More recently, Ms. Coloroso has become well known for her work on the topics of violence and bullying. Her book, "The Bully, the Bullied, and the Bystander: From Preschool to High School--How Parents and Teachers Can Help Break the Cycle of Violence," has become a popular primer for communities working to overcome problems associated with bullying and hate crimes. Both workshops were well attended by parents, teachers, child care providers and administrative staff. For additional information on groups that will be meeting to further explore Ms. Coloroso's book, please refer to page 4 of SmallTalk.

We are excited to be in the second year of offering newly funded programs to enhance the quality of child care in Yolo County. We wish to thank the Yolo County First Five Commission for their generous funding and support. We are very grateful for their tremendous vision and understanding of the *critical* importance of a child's social, emotional, cognitive and physical development in the first five years of life. We are already offering the next series of classes designed to help providers learn in depth knowledge regarding child development. These classes all qualify for college credit and the RIO (Retention and Incentive Opportunities) program. We are happy to once again be collaborating with Yuba Community College, Sacramento City College and the University of Davis in order to make all of the classes possible. If you would like information on all the classes available, please refer to pages 11 and 12 of SmallTalk.

Finally, we were very sad to say farewell to Mary Velasco in August. Mary helped develop and implement our new School Readiness program for child care providers. We could not have accomplished half of what we did without Mary's drive, dedication and AMAZING organizational skills. Mary is now putting all of those wonderful skills to work in graduate school. Good luck and thank you Mary! Mary will be replaced by Jose Monge. Jose is due to begin in September and we are really excited. Jose is bilingual in English and Spanish and a graduate from UCD.

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Jose has most recently worked teaching at a state preschool in Davis. You will be learning more about Jose in the coming months. Please help us welcome him!

Regards,

Robbie Townsley
Resource & Referral Supervisor

Part Time Position at City of Davis Child Care Services.

Working with child care providers 8-10 hours per week @ approximately \$9.50/hr. Position requires background in child development and/or child care best practices. Main element of job is co-facilitating weekly activities for child care providers. This position may also include filling in occasionally in our front office, answering phones, etc. If interested, send resume to 600 A Street, Suite C, Davis, Ca 95616 Attention Robbie or call (530) 757-5695 and ask for Robbie or Tamiko.

Meetings/Support Groups

FAMILY CHILD CARE LICENSING ORIENTATIONS

Tues., July 20 & August 17 from 9:30 a.m. to 12:30 p.m.
VMC Game Room, 203 E. 14th Street, Davis.
For information call (530) 757-5695 or (800) 723-3001.

PARENTS TOGETHER

This group is for all parents and babies under 1 year. The group meets in Davis at the Veterans Memorial Center located at 203 East 14th Street. For information call Carrie Shepard at (530) 753-8602.

FIRST 5 YOLO COUNTY

(formerly Yolo Co. Children & Families Commission)
2nd Wednesday of the month, 3:30-5:30 p.m.
403 Court Street in Woodland.
For more information call (530) 669-2475.
www.yolochildren.org

YOLO CO. CHILDREN'S ALLIANCE

The Children's Alliance Policy Council meets quarterly, usually from 3:00 p.m. to 5:00 p.m. at the County Administration Bldg., 625 Court Street, Woodland. For more information call Elizabeth Jones at (530) 757-5558.

KINSHIP CAREGIVERS SUPPORT GROUP

Every Thursday morning from 9:00 a.m. to 10:30 a.m. at the Family Service Agency. Call Edie Dornbush at (530) 662-2211 ext. 33 for information.

LA LECHE LEAGUE

2nd Thursday of month, 10:00 a.m., 345 L Street, Davis. For location, phone-support, or meeting topics call: Christina (530) 758-8270, Mary (530) 753-2932, Lonna at (530) 756-3551 or Angela (530) 757-7105.

YOLO FAMILY RESOURCE CENTER MEETINGS

Fathers Group in Spanish This is a new group run by Latino fathers and sponsored by the Children and Families Commission mini-grant. The group is for fathers (of children 0-5) who want to share experiences, get advice and support on parenting from peers and a counseling facilitator. The group meets every Tuesday from 6-8pm at the Yolo Family Resource Center in Woodland. No eligibility requirements. A financial incentive is awarded to those fathers that complete the 10-week series.

Women's Support Group in Spanish This is a parent led support group in Spanish for all women interested in sharing experiences, ideas, and looking for solutions to family problems. Tuesdays 10-11:30am at the Yolo Family Resource Center. No need to register.

Parents Meeting in Spanish (translation available if needed). Interested members of the community get together with Yolo Family Resource Center staff to discuss existing services and brainstorm to plan new center activi-

ties, family celebrations, and meet community needs.

Special Needs Family Support Group

Monday, 6:00 to 7:00 p.m. This is a parent-led support group for families of children with special needs. Child-care & refreshments are provided.

These groups meet at the Yolo Family Resource Center in Woodland (409 Lincoln Ave). For more information call (530)406-7221. FREE childcare is provided

YOLO CHILD CARE PLANNING COUNCIL

Meets every other month to discuss child care topics. Usually meets at Yolo County Office of Education, 1240 Harter Avenue, Woodland. Call (530) 668-3773 for information.

GROUP FOR TWINS & PARENTS

Monthly support for parents of twins. Meetings are for parents only, but the group organizes events and activities for everyone to enjoy. For information call Christine Easton at (530)756-1047 or visit the group's website at www.dcn.davis.ca.us/~ypotc.

PARENTS AND CAREGIVERS OF TRANSITION-AGE YOUTH (16-25) WITH PSYCHIATRIC DISABILITIES

Group meetings held 4th Tuesday of every month 6:30-8:00 p.m., 600 A St., Davis. For more information call Joan Beesley at (530) 666-8632.

WOODLAND PARKS, RECREATION & COMMUNITY SERVICES COMMISSION

4th Monday of each month, 7:00 p.m. City Council Chambers, City Hall, Woodland. Public welcome. Youth and children's issues are discussed.

ASPERGER'S SYNDROME PARENT SUPPORT

Support for parents, caregivers, and professionals that work with individuals diagnosed with Asperger's Syndrome. The group meets the 4th Wed. of each month (January to November) 7 to 9 p.m. at the Alt. Recreation Bldg. 1111 Anderson Rd. in Davis. For information contact Robin Dewey at rdewey@berkeley.edu.

SUPPORT FOR PARENTS OF EMOTIONALLY DISTURBED CHILDREN

Time limited support groups are available for caregivers of children with emotional disturbances. For information call Joan Beesley at (530) 666-8632

WEST SACRAMENTO SIBLING GROUP

(ages 6 to 12) For siblings of children with special needs. Meets monthly at Bryte Elementary School, room 17 in West Sacramento. For more information call Jan at (530) 758-5888.

Community News & Events

Calendar

Sept.	6	Labor Day (City Offices Closed) Last Day of State Fair
	12	National Grandparents Day
	21	Family Child Care Orientation
	27	Woodland Playgroup Orientation
Oct.	1	Davis Playgroup Orientation
	17	Harvest Festival, Davis
	19	Family Child Care Orientation
	31	Halloween

For more information about events listed in the calendar, check out the rest of Small Talk!

REFLECTIONS OF COMMUNITY

Do you talk to your children or students about diversity? Do you want to provide an environment that is inclusive to all children? Do the children in your life see images of themselves in the games and books they play with? Do you explain why sometimes kids look like their parents and why sometimes they don't? These are all issues that can be addressed by Reflections of Community, an art-based interactive activity provided by the Yolo County Children and Families Commission. Reflections is made up of hundreds of photographic images reflecting people of many skin colors, eye shapes, hair textures and physical characteristics. Accompanying the photographs is a brochure, which includes ideas for art projects, suggested reading lists and some of the philosophy behind the project. Reflections is available free of charge to parents, teachers, and child-care providers of Yolo County! For more information visit www.reflectionsofcommunity.org, You will be able to order a Reflections packet for yourself or your school, FREE OF CHARGE.

Community Group Discussion of Barbara Coloroso's book: *The Bully, the Bullied and the Bystander*

Join community members for a Community Book Discussion of Barbara Coloroso's book Best Selling Book, *The Bully, the Bullied and the Bystander!*

Mondays, Sept. 13, Oct. 4 & Nov. 8 from 7-9 p.m.

All sessions will be held in the Youth Room of University Covenant Church At Mace and Alhambra, in East Davis. The sessions will be run as a series, but feel free to jump in at any time!

Young Babies Needed for Standardization Training

Dr. Kay Dewey (Professor in the Department of Nutrition at UC Davis) will be starting a new infant nutrition study with the Sacramento WIC population this fall. Before the study begins, we need to train our research assistants to measure babies as accurately as possible. They need to practice with babies who are about 2-4 months of age. The assistants will practice weighing and measuring babies and measuring their skinfold thickness. None of these measurements are painful. We will be training during the month of October, so if your baby will be about 2-4 months old in October, please contact Katie Prochaska at 530-754-9711 or kprochaska@ucdavis.edu. For your voluntary participation, we will provide you with a small gift for your child and a record of your baby's measurements. We respect the needs of new parents and will be as flexible as possible!

Yolo County Addresses Obesity & Fitness as a Community

The current epidemic of obesity is second only to tobacco as the leading cause of preventable disease. In an effort to address the obesity problem on a local level, the Yolo County Health Department established a community task force called YFIT to promote awareness and develop an action plan to prevent childhood obesity. An important upcoming project will be the Yolo County Childhood Nutrition and Fitness Forum: the Challenges of Childhood Obesity. The forum will be held on **Saturday, September 18th, 2004 from 8:00 am to 3:00 pm** at the UC Davis School of Medicine. The goals of this forum are to promote community awareness about the issue, to provide updated information in various areas such as medical, advocacy, social marketing, nutrition and fitness, and to create an opportunity for local groups and agencies to network and collaborate. For more information about the forum, including how to register for the event, please call Amal Saeed at (530) 757-5527.

Kids in Action Brochure Available!

Child Care Services has a brochure called Kids in Action: Fitness for Children Birth to Age Five, published by Kellogg Company, National Association for Sport & Physical Education, and the President's Council on Physical Fitness & Sports. To receive a free copy of this brochure, call Letti Hardin at (530) 757-5695 or (800) 723-3001 or visit our office at 600 A Street in Davis.

Community News & Events

Join a Playgroup for Stay at Home Dads !



Are you a Stay at Home Dad? Do you know one? Are you planning on being one? Local stay at home dad, Bob Bain, is looking to start a playgroup for stay at home fathers.

For more information contact Bob at (530) 750-3677 or californiazippy@yahoo.com

The Fall Issue of *On the Go* will be Available Soon!

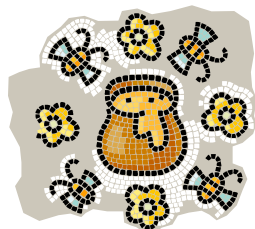
The fall issue of *On the Go* is available to Yolo County residents. Child Care Services Resource and Referral has developed this guide of resources and children's activities for Yolo County families. *On the Go* will have information on events, places to go, activities, transportation and more. Subscribers to *Smalltalk* will receive a copy in the mail. If you are not a *Smalltalk* subscriber and would like to receive a copy of *On the Go* please call the Child Care Services office at (530) 757-5695 or (800) 723-3001. You may also download a copy by visiting our website at: www.cityofdavis.org/pcs/childcare/activity/.

Davis Musical Theater's Young Performers Theater Presents:

Winnie the Pooh October 2-16

The actors in Young Performers Theater productions range in age from 7 to 18. It can be both fascinating and inspiring for children to see other children on stage.

For more information:
call (530) 756-3682 or
info@dmtdc.org



Playgroup Orientation

Are you looking for new playmates for your young children? Would you like to meet weekly with other parents for support and companionship? If so, then come to a playgroup orientation! Learn how to set up a playgroup that will best meet your needs and join other parents in forming a playgroup. While parents are talking, children can play with toys provided

from the Toy Library. No fee or pre-registration is required. If you would like to receive a list of current playgroups in Yolo County, please call Child Care Services at (530) 757-5695 or (800) 723-3001 from West Sacramento.

In Davis

Friday, October 4, 10:00 - 11:30 a.m.
Chestnut Park Round House
1020 Chestnut Lane

In Woodland

Monday, September 27, 10:00 - 11:00 a.m.
Woodland Public Library
Leake Conference Room
250 First Street

In West Sacramento

Date, time & place to be determined. Call for information.

Trick or Treat in Downtown Davis October 29th 1p.m. to 5p.m.

This year over 100 Davis downtown businesses will once again offer traditional free treats to the community's children. Here's a chance to safely trick or treat in the daylight hours. It's an opportunity to parade that carefully chosen Halloween costume in the company of hundreds of other costumed youngsters. Remember that some of the costumes your child will see there will be scary ones. You might need to remind some small children that the creatures they see are really just other children in costumes, not real monsters. It's good to begin the outing with a high protein snack to balance out the candy.



City of Davis Parks & Community Services Programs

These programs are offered through the City of Davis Parks and Community Services Department. To enroll in any of these programs or for more information, please call (530) 757-5626 or visit the website at www.cityofdavis.org

Gymnastics

The City of Davis Gymnastics offers classes for girls and boys, 20 months to 18 years. We teach Tiny Tot gymnastics, cheerleading and beginner through advanced skill level gymnastics. We teach gymnastics in a fun and age appropriate environment. We also offer birthday parties! Participants in our program will have opportunities to meet new friends and develop increased confidence and self-esteem.



Harvest Festival

We have just the event to bring the entire family together for some fun. Join the Parks and Community Services staff for the 7th Annual Harvest Festival on Sunday, October 17 from 4:00-6:30 p.m. at the Veterans' Memorial Center. Tickets include a delicious spaghetti dinner with treats, and a passport for children to participate in carnival games, pumpkin decorating, costume parade and contest, sing-alongs, hands-on craft activities, and much, much more! Ticket prices will be \$7.50 per person. Children must be accompanied by a paid adult. Purchase tickets in advance at the Parks and Community Services office. A very special thanks to Ikeda's Market for their generous contribution of pumpkins for the event.

Halloween Haunts

Children are invited to come for a "howling" afternoon full of treats, crafts, and a few surprises in Davis. Come make spider cupcakes, witches brew, and creepy critters with our staff, who love nothing more than entertaining children! Takes place Wednesday, October 27, 2004, from 2:00-5:00 p.m. Cost is \$18.

Gymnastics Monster Bash

Come be a part of this very popular Halloween party with the City of Davis Gymnastics staff! Children ages 5-12 will enjoy playing games, making crafts and participating in a "spooky" obstacle course. Dinner is provided, as well as yummy Halloween goodies. We ask that children do not come in costume so that they can fully enjoy all the activities. Takes place Friday, October 29, from 6:00 to 10:00 p.m. at the Civic Center Gym. Space is limited, so sign up early!

Youth Art Classes

The City of Davis Parks and Community Services Department is offering several art classes for children. In the Arts and Crafts class, children will be able to explore their creativity with projects such as Rubber Stamp Making, Piñatas, and more. The Sensory Art Class is designed for children on the Autism Spectrum, but all children are welcome. Children will explore art using the senses. Parent or aide participation is required for this class. The Paper Mache Mask Making class will teach children the steps needed to create amazing masks that they can proudly wear or display.

Family Fun Day at the Gym

This is a great opportunity for parents and children ages 20 months – 6 years to play together and socialize with other families. Staff will be on hand at the Civic Center Gym to assist families with the gymnastics equipment. Cookies and punch will be served as well. Hours are from 12:30 – 2:00 p.m. on Saturday, November 20. The cost per child is \$5

Dance Classes

Have you ever thought about taking a fun dance class? Well this is your chance! With a variety of dance classes for children ages 3-12, there is bound to be a class right for you!

Saturday Evenings Out

Parents-this is your chance for an evening out on the town! Drop your children off at the Alternative Recreation building in Redwood Park, where they will participate in games, crafts, activities, movies, treats and more. Then, head out for an evening on your own. Trained recreation staff will supervise the children. The hours are 6:00 p.m. – Midnight on Saturday, September 18 and Saturday, October 23. Children should eat dinner prior to drop-off and bring their sleeping bag and pillow with them. The cost is \$24 per child.



Class Registration

For information and to register to any of these programs or find out about other programs call (530) 757-5626 or visit www.cityofdavis.org

Health & Safety News

Nutrition & Physical Activities: Are There Special Recommendations for Young People?

There are currently two widely accepted sets of developmentally appropriate recommendations—one for adolescents, the other for elementary school-aged children. They address how much and what kinds of physical activity young people need. The International Consensus Conference on Physical Activity Guidelines for Adolescents (Sallis et al., 1994) issued the following recommendations:

All adolescents should be physically active daily, or nearly every day, as part of play, games, sports, work, transportation, recreation, physical education, or planned exercise, in the context of family, school, and community activities. Adolescents should engage in three or more sessions per week of activities that last 20 minutes or more at a time and that require moderate to vigorous levels of exertion.

The developmental needs and abilities of younger children differ from those of adolescents and adults. The National Association for Sport and Physical Education (NASPE) issued physical activity guidelines for elementary school-aged children (Corbin et al., 1998.) that recommend the following:

Elementary school-aged children should accumulate at least 30 to 60 minutes of age-appropriate and developmentally appropriate physical activity from a variety of activities on all, or most, days of the week.

An accumulation of more than 60 minutes, and up to several hours per day, of age-appropriate and developmentally appropriate activity is encouraged. Some of the child's activity each day should be in periods lasting 10 to 15 minutes or more and include moderate to vigorous activity. This activity will typically be intermittent in nature, involving alternating moderate to vigorous activity with brief periods of rest and recovery. Children should not have extended periods of inactivity.

The above information on physical activity recommendations for youth is from [Promoting Better Health for Young People Through Physical Activity and Sports: A Report to the President From the Secretary of Health and Human Services and the Secretary of Education.](#)

For educational and interactive Web sites especially for children and teens, please visit the links below. These sites discuss the need to be active and offer ideas on how to get youth moving.

[BAM! Body and Mind, CDC](http://www.bam.gov) www.bam.gov
[KidsHealth, The Nemours Foundation*](http://www.kidshealth.org) www.kidshealth.org

Also, the link below offers brochures that contain photos, motivating messages, and specific ideas for home, school, and community. The parents' brochure is available in English and Spanish versions.

[Physical Activity Brochures for Parents, Teachers, and Principals to Increase Physical Activity Among Youth](#)

From the Centers for Disease Control website at:
www.cdc.gov/nccdphp/dnpa/physical/recommendations/young.htm

Community Resources

FEDERAL FOOD DISTRIBUTION PROGRAM

Eligibility is based on income.

Last Wednesday of the month:

Davis Senior Center, 12:30-1:30 p.m.

Call (530) 757-5696 for information.

Last Friday of month:

Winters Community Center, 12:00-1:30 p.m.

Yolo Housing Community Center, 10:45-11:30 a.m.

Call (530) 758-6821 for information.

IMMUNIZATION CLINIC

Davis

Davis Community Clinic

Mondays 2:00-4:00 p.m. & Fridays 1:00-4:00 p.m.

2040 Sutter Place, (530) 758-2060

West Sacramento

Salud Clinic

500 B Jefferson Blvd., Ste. 170, (916) 375-6380

Thursday, 1:00-4:00 p.m.

Yolo County Health

500 B Jefferson Blvd. (916) 375-6380

Monday, 9:30-11:00 a.m.

Woodland

Yolo County Health Department

Mondays & Wednesdays 2:00-4:00 p.m.

10 Cottonwood, (530) 666-8645

Peterson Clinic

Wednesdays, 2:00-4:00 p.m.

8 N. Cottonwood, (530) 666-8960

WELL AND SICK CARE CLINICS

For Women's Care & general medical information:

Davis Community Clinic

2040 Sutter Place, call (530) 758-2060

Peterson Clinic,

8 N. Cottonwood, Woodland, call (530) 666-8960

Salud Clinic

500B Jefferson Blvd. #180, W. Sacramento, call (916) 375-6400

YOLO COUNTY CHILDREN'S MEDICAL SERVICES

Child Health & Disability Prevention Program

Call for information on how to receive free health check-ups for children 0 to 20 years of age on MediCal and for low-to-medium income children through 19 years of age. You may also call for referrals to local physicians and dentists. To learn more about health coverage programs for children, call (530) 666-8249.

California Children's Services

Case management and financial assistance for children through 20 years of age with serious or chronic medical conditions. Call (530) 402-2800 for information.

YOLO COUNTY WIC PROGRAM

Nutrition program for women, infants & children.

Clinics in Davis, West Sacramento, Winters & Woodland. Phone hours 8:00 a.m.-3:00 p.m., M-F: (530) 666-8445 in Woodland, or (916) 375-6390 in West Sacramento.

Especially for Parents

PBS Parent's Guide to Talking With Kids:

Talking About Meltdowns

When kids get mad, they get really mad. And parents, despite their best intentions, often react by yelling back. One thing leads to another and a simple disagreement has turned into a battle of wills, with screaming, kicking and tears.

What to do? First, try not to feel embarrassed. Remember that any child, with any sense of self, is likely to have a tantrum sometime, someplace. And parents everywhere are wondering how to cope.

"Children often start to have a tantrum because they don't feel heard," points out Michael Thompson, Ph.D., author of *Best Friends, Worst Enemies*. "They think what they want is for their parents to give in. But often, what they really want is for their parents to stop and listen."

When you listen, experts agree that it's important to accept, rather than dismiss, your child's feelings -- even if they're hard to take. "We live in an emotion-dismissing culture," says John Gottman, Ph.D., author of *Raising an Emotionally Intelligent Child*, "but if you build an awareness about your child's emotions and your own, particularly an awareness of smaller emotions, then it may not be necessary for emotions to escalate."

For more practical ways to cope with the meltdowns in your house, check out these "thinking on your feet" communication strategies.

Talking Through Angry Feelings

Let your child express negative feelings without judgment. Imagine if every time you were upset, some bigger, taller, heavier person looked down at you and said, "Don't feel that way," or "Don't tell me that." Would you feel like shutting up or shouting back?

Ask yourself, "Am I really listening to my child or waiting to tell him what I think?" "Children often start to have a tantrum because they don't feel heard. If you are thinking of what you will say while your child is talking, then you know you are not really listening," advises Michael Thompson.

Reflect back what your child is feeling. You might say, "Boy are you mad!" to a younger child. To a school-age child you might try, "I can see your point. Can you tell me *what* made you feel that way?" ("What" is always more important than "Why" -- it asks for specifics.)

Slow down the process by saying, "I need a moment to think about this." If your child is being rude, or getting ready to have a tantrum, you can slow things down by giving feedback. You might say, "Ouch! That comment hurts my feelings." Or, "I can see you're upset. Let's talk."

Grant a wish in fantasy. You might say, "I bet you really want that toy right now!" or "Wouldn't it be fun if you didn't have to do homework for a year!" Talking about the fantasy may help your child to calm down and feel validated.

Use this opportunity to problem-solve. If kids are fighting, you might say, "In this family (or house) we don't hurt people's feelings. Let's try to solve this problem another way." Then, ask each child for his idea of what would be fair. You might say, "You don't think it's fair that you have to go to bed before your sister. I understand. What do you think should happen?"

Take a playful approach. Try chasing your preschooler around the room to put on that coat instead of yelling back that it's time to go. If your child insults or tries to provoke you, you might make a joke, saying "Ouch!" If your children are fighting, you might say, "I love my rotten ungrateful children."

Ask your child to explain it again. Even if you disagree, you might say, "Explain to me again why it feels so unfair." This requires a child to settle down and articulate what she feels.

Acknowledge your child's effect on you. Many children will calm down if you acknowledge their impact and get angrier if you don't. You might stop and say something like, "I've stopped the car, or I am off the phone, and you have my full attention." Then, ask questions like "What don't I understand?"

Tell your child how his behavior makes you feel -- instead of what not to say. You might say, "Yelling in the kitchen is not OK right now," instead of "How many times do I have to tell you to stop yelling?" Discuss the consequences of his behavior. You might say, "I can see from your behavior that we may have to stop having play dates after school." This may be more effective than saying, "No more play dates for you!"

Set limits that your child will find comforting. A limit is not a punishment. Limits may actually help your child learn how to calm themselves down. "Kids find the setting of limits comforting and soothing," comments John Gottman. "They need to know that you (the parent) are in control. You are not accusing your child of being a bad kid."

Especially for Parents

Make consequences relevant -- and explain them. "Make the punishment fit the crime. If a kid spills milk [on purpose], he has to help clean it up, not get a time out," says Gillian McNamee, Ph.D.

When Feelings Get Hotter!

Communicating when emotions run high can be challenging. You might consider the following strategies: If you're overwhelmed, give yourself a time out. You might simply say, "I need a moment to calm down." When your child sees you calm down, she may calm down too. "Nothing is quite as powerful for a child as a parent who just stops to think about his own feelings," advises Michael Thompson.

Try not to criticize your child for "pouting." Consider how you feel when you get criticized or don't get your way about something you find important.

Explain a time out or disciplinary action without attacking your child. If you give a time out, explain why. You might say, "You need a time out to cool down." Use a rational tone, otherwise your child might only hear your anger and not think about the consequences of his action.

You might NOT want to do a lot of talking. If your child (or you) is feeling out of control or in a rage, a lot of talking may not help. In fact, it could prolong the conflict. If you're not sure what to do or how to discipline your child, take a break. You can always tell your child, "I will be back in a minute with my decision."

Avoid physical power struggles. Escalating your child's emotions with your bigger physical power only heightens the conflict. Imagine a child is feeling furious and picks up a stick. If you grab it away before he has time to give it up voluntarily, he might hit you with it. If you instead say, "That is terrifying to someone you love," you have just acknowledged your child's power. To avert danger, you might say, "Would you please put it down?" (Obviously you would never allow someone to hurt or be hurt.)

Try not to take your child's strong feelings personally. Many parents feel frustrated or personally attacked if their child criticizes or explodes at them. "Don't take your child's strong feelings personally all the time," adds Michael Thompson. "'I hate you' is not actually a personal statement. What your child really may be saying is 'I hate your power.'"

Keep breathing and stay relaxed. "It's hard not to tense up when your child is getting out of control, but if you stay relaxed, he's more likely to follow," recommends Thompson. Sometimes we start holding our breath when things

get tense. Instead, inhale, exhale and then talk through your own feelings in a clear and (if necessary) firm way.

Handling a Full-Blown Explosion

If your child explodes, you might consider the following strategies: Let the tantrum run its course as long as no one is being hurt. "This is really crucial," says Michael Thompson. "A child who is filled with raw feelings may not know how to manage them. But the child may feel reassured by your calmer presence. Then, you get back to the business of communicating."

Keep your own strong feelings separate from the tantrum. While it's often important to show your child what you feel, "entering" his tantrum with the full force of your feelings may only serve to escalate the situation. Take a breath, speak calmly, even leave the room and give yourself a time out if you need to.

You might try to comfort your child physically. Each child reacts to rage differently. Some will want to be held, others you should leave alone. If it seems right, you might try holding your child, if he will let you. If your child struggles ferociously, let go as long as no one will get hurt.

Try to avoid threats in the heat of the moment. "The moment you make irrational threats with punishments that do not suit the occasion, you are not talking about the topic anymore," advises Michael Thompson. "If you say, 'If you don't do that I will ground you,' the child starts to fight the grounding and the original issue is lost." Instead, offer a specific, reasonable consequence and explain why.

Watch for a repeated, chronic pattern that you can't figure out and seek professional help if needed. "If escalated defiance or anger becomes increasingly difficult to deal with, and nothing works over a period of weeks or months, there may be an underlying issue and you may want to seek professional help," recommend experts. You might find a referral through a guidance counselor at your child's school, a friend, neighbor, community center or place of worship.

Remember: Other people's kids have tantrums too. Talk to your friends and find out what they do, what they say and how they survive!

To learn more, visit [The PBS Parents Guide to Talking With Kids](http://www.pbs.org/parents/issuesadvice/talkingwithkids/) at:

www.pbs.org/parents/issuesadvice/talkingwithkids/

Source: © PBS 2002 - 2004. All rights reserved.

Especially for Parents

The Nanny Translator: A Guide for Parents and their Child Care Providers

After observing countless toddlers babble effortlessly in Spanish to their nannies and babysitters, at our local park my husband and I knew we wanted this same 'early language immersion' for our daughter. So when it came time to find a nanny, we faced the usual issues: personality fit, cost, and schedules, plus one unusual requirement: a Spanish speaker.

The only problem with this plan was our limited understanding of Spanish beyond favorite food items and basic greetings. What if our daughter was in a dangerous situation, or we simply wanted her to stop taking a morning nap? Could the language barrier between nanny and parent diminish the quality of care?

Assuming there would be books or websites we could turn to for help, we took our chances with a non English speaking nanny. To our surprise despite the hundreds of translation and childcare books there wasn't anything covering both topics.

The book you hold is the result of over four years of collaboration with parents in similar situations. Whether your childcare needs are part-time, full-time, luxury or necessity, we hope this book will enrich your relationship with your child's nanny or babysitter.

Disfrute! Have fun! We hope the Nanny Translator will become a Rosetta stone for parents and their child's caregiver. Eleven chapters are broken down by subject followed by an extensive glossary listing everything within each chapter and best of all, the entire book is translated making it just as much of a communication tool for the nanny as the parent.

Emergency contact forms

Perhaps the most useful tools are the charts in the front of the book. We put these as the very first pages for easy access, in case of an emergency. Fill them out immediately, show them to your nanny or whoever is caring for your child and keep the book in a central location.

Quick Looks

Each chapter starts off with a 'quick look' page listing a handful of common terms used in that chapter. All of these words are listed in the glossary in the very back in both English to Spanish and Spanish to English.

Chapters

We have broken down the information into eleven chapters consisting of everyday phrases one might need to communicate as well as emergency situations. Some chapters have a few subsections while others only have one. Within the phrases you will see G##, this means that in the glossary on that specific page you will find many words to choose from to finish that particular phrase.

Health and Safety

We have provided health and safety information throughout the book, everything has been checked by various health and government agencies. Since it is unlikely that your nanny will pick up this book during an earthquake, have her read through chapter eleven (and four for food safety) as a review tool. Another step towards peace of mind would be to enroll your nanny or babysitter in a CPR and first aid course taught by your local Red Cross chapter.

Getting the words right...

In Spanish, as opposed to English, nouns are either feminine or masculine, the masculine nouns having the article "el" before them and the feminine having the article "la" before them. Most of the time the adjectives will come after the noun, with the masculine adjectives often ending in 'o' (as in 'bueno') and the feminine ones in 'a' (as in 'buena.')

Throughout the translations you will see o (a) after certain words, pick the appropriate one according to the gender of the noun.

Another tricky aspect to English-Spanish translations is that Spanish has both formal and informal ways of saying "you". The first two chapters were translated in the formal 'usted', since we can assume you don't know the job candidate. From chapter three on, we chose the informal 'tu', since it is considered the nicer way to speak to someone caring for your child. In most cases, a babysitter or nanny is considered part of the family.

Throughout the book, we tried to provide a balance in the phrases, for instance "We do not allow television" is followed up with "We allow television. Finally, just as there are various words in English for things such as a pacifier: passy, plug, peacemaker, binky etc. these variations exist in Spanish as well. Throughout the book, we opted for the most widely understood word or phrase to reach the broadest audience possible.

The Nanny Translator is available at www.amazon.com, major book sellers as well as through the publisher at www.lilaguide.com. For more information contact Mimi Towle at (415) 388-7499.

Parent Education

Foster & Kinship Care Education Program

Will be offering the following **FREE** workshops:

LifeBooks, Rebuilding a History

Call for date
9 a.m. to 4 p.m.

Day to Day Parenting

Dana McKnight
Monday Mornings 9 a.m.-12 Noon
September 13, 20, 27 & October 4

True Colors

Dana McKnight
6:30 p.m. to 9:30 p.m.
September 16, 23, 30 & October 7

Spanish Speaking Series

El Papel de Padres de Crianza

Esperanza Hernandez
September 30 & October 7, 14, 21
6 p.m. to 9 p.m.

Second Time Around

Help for Grandparents Who Raise Their Children's Kids
Joan Callander
Thursday, September 24, 6:30 p.m. to 9:30 p.m.
Pre-register by Sept. 20.

Parenting the Hurt Child

Diagnosing and Treating Attachment & Bonding Difficulties
Thursday, October 14, 9 a.m. to 4 p.m.
Pre-register by Oct. 11

The Sexually Abused Child

Understanding, Diagnosing & Treatment
Toni Cavanagh Johnson, PhD
Thursday, January 27, 2005
9 a.m. to 4 p.m.

For registration and information call Rena DeLacey (530) 662-5151. All classes will be held at Woodland Community College, 41605 Gibson Road.

Yolo Family Service Agency

Ongoing Kinship Care Support Group

The group is for aunts, uncles, and grandparents who are raising the children of their relations. The group meets once a week. To find out more call Edie Dornbush at (530) 662-2211.

Hands Together Parenting Classes

Bonding & Rebuilding (0-4 years)

Tuesdays, September 28, 2004 to December 7, 2004
6:30 p.m. to 8:30 p.m.
Woodland Adult Education Building
575 Hays St, Woodland

Active Parenting (5-12)

September 29, 2004 to December 8, 2004
6:30 p.m. to 8:30 p.m.
Woodland Adult Education Building
575 Hays St, Woodland

Free Childcare provided

You must register to attend these classes. To register or for more information call Jada Chapman at (530) 669-3285

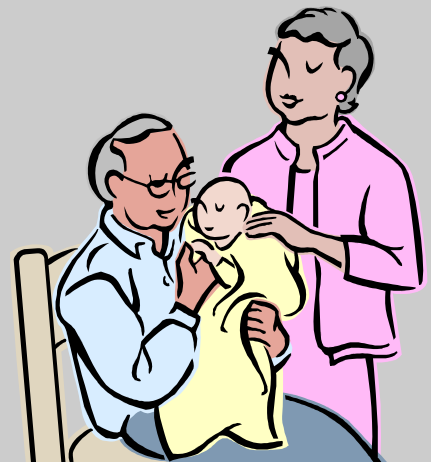
Grandparents Raising Grandchildren

Yolo County grandparents can find the support and resources by being part of Grandparents Raising Grandchildren. This group has information about services, hosts special events, activities and informs families about new legislations that affect grandparent families.

Grandparents Raising Grandchildren now have a new TOLL-FREE number for Northern California counties.

Families can call (888) 594-KIDS. A grandparent will return your call within 48 hours.

Call to find out about the next "Grandparents Night Out" or other activities the group coordinates!



For more information contact Sandy Weiss at (530) 757-5696 from Davis or (916) 373-5819 from West Sacramento.

Especially for Providers

Family Child Care at Its Best

Making the Connection with Infants and Toddlers

Saturday, September 18, 2004
8:30 a.m. - 2:00 p.m.

Building Blocks of Learning

Saturday, October 2, 2004
8:30 a.m. - 2:00 p.m.

Managing Difficult Behavior

Saturday, October 16, 2004
8:30 a.m. - 2:00 p.m.

Keys to Serving Children with Special Needs *

Saturday, November 6, 2004
8:30 a.m. - 5:00 p.m.

Partnering with Parents

Saturday, December 4, 2004
8:30 a.m. - 5:00 p.m.

Lo Mejor en Cuidado Infantil Hogareño

Estableciendo conexiones con bebés y niños pequeños

Sábado, 11 de septiembre 2004
8:30 a.m. - 2:00 p.m.

Construyendo bloques de aprendizaje

Sábado, 25 de septiembre 2004
8:30 a.m. - 2:00 p.m.

Manejando un comportamiento difícil

Sábado, 9 de octubre 2004
8:30 a.m. - 2:00 p.m.

Claves para servir a niños con necesidades especiales

Sábado, 23 de octubre 2004
8:30 a.m. - 5:00 p.m.

Trabajando en colaboración con padres

Sábado, 20 de noviembre 2004
8:30 a.m. - 5:00 p.m.

You are invited to attend, free of charge

The "Family Child Care at Its Best" series is offered free of charge to *family child care providers*, both licensed and license-exempt.

Workshop location

City of Davis Council Chambers
23 Russell Boulevard
Davis, CA 95616

***November 6th Class**

Veteran's Memorial Center, Club Room
203 East 14th Street
Davis, CA 95616

Usted está invitado a participar, gratis

La serie "Lo Mejor en Cuidado Infantil Hogareño" es ofrecida sin costo alguno a las proveedoras de cuidado infantil hogareño.

Localidad del taller

City of Davis Council Chambers
23 Russell Boulevard
Davis, CA 95616

To register for these workshops or to get directions, call Rossana Vigil at (530) 757-5695.

Para inscribirse en estos talleres, o para direcciones, por favor llame a Rossana Vigil al (530) 757-5695.

Especially for Providers

The following classes are for all types of child care providers: child care center staff, licensed family child care providers or informal child care providers. Classes are available for FREE, unless you are interested in receiving college credit then you must register through Yuba College.

ECE 299: Building Your Business

Saturday, August 21 9:00a.m. - 4:00p.m.
Tuesday, August 24 6:30p.m. - 8:30p.m.
Saturday, August 28 9:00a.m. - 4:00p.m.
Tuesday, August 31 6:30p.m. - 8:30p.m.

ECE 299: How Children Learn

Saturday, September 11 8:30a.m. - 1:00p.m.
Saturday, September 18 8:30a.m. - 1:00p.m.
Saturday, September 25 8:30a.m. - 1:00p.m.
Saturday, October 2 8:30a.m. - 1:00p.m.

ECE 299: Routines in the Lives of Children

Saturday, October 16 8:30a.m. - 1:00p.m.
Saturday, October 23 8:30a.m. - 1:00p.m.
Saturday, October 30 8:30a.m. - 1:00p.m.
Saturday, November 6 8:30a.m. - 1:00p.m.

Class Locations:

Classes will be held at the
Sacramento City College,
Davis Center located at:
1909 Galileo Court, Davis

ECE 47A: Building Your Business

Saturday, August 21 9:00a.m. - 4:20p.m.
Thursday, August 26 6:30p.m. - 8:20p.m.
Saturday, August 28 9:00a.m. - 4:20p.m.
Thursday, September 2 6:30p.m. - 8:20p.m.

ECE 47B: How Children Learn

Saturday, September 11 8:30a.m. - 12:45p.m.
Saturday, September 18 8:30a.m. - 12:45p.m.
Saturday, September 25 8:30a.m. - 12:45p.m.
Saturday, October 2 8:30a.m. - 12:45p.m.

ECE 47C: Routines in the Lives of Children

Saturday, October 16 8:30a.m. - 12:45p.m.
Saturday, October 23 8:30a.m. - 12:45p.m.
Saturday, October 30 8:30a.m. - 12:45p.m.
Saturday, November 6 8:30a.m. - 12:45p.m.

Class Locations:

Classes will be held at the
First 5 Conference Room
located at:
227 Elm Street, Woodland

For more information on how to register for the Davis or the Woodland classes, call Child Care Services Resource & Referral (530) 757-5695 or (800) 723-3001 and ask for Lynn Arner.

Campus Talk: Events & Information from UCD

Submitted by Barbara Ashby, Program Manager
UC Davis Child Care & Family Services, HR Administration Building (530)752-5415 www.hr.ucdavis.edu/childcare

UC Davis Child Care Subsidy Program

The program assists low-income student parents with the cost of child care at licensed homes and centers throughout the state. Eligibility is based on household income and student status. *Pell Grant recipients have first priority.* Disbursements are determined by lottery in early September. Applications are now available and due by September 8. Families who apply late or do not receive a subsidy through the lottery are placed on a waiting list for funds that may become available during the academic year. For a fact sheet and application, call (530) 757-5695, stop by the Child Care Subsidy Office at 600 A Street, or download from the UCD Child Care & Family Services website at <http://www.hr.ucdavis.edu/childcare/money>

Deadline 5p.m., Wednesday, September 8

Breastfeeding Moms on Campus

Brown-Bag Series

3rd Tuesday, 12:10 p.m.

Memorial Union/Moss Room

Lonna Hampton, Lactation Specialist for the Breastfeeding Support Program, will give a talk on the month's publicized topic and facilitate a question/answer session. Questions, call (530)752-5412.



September 21 - Putting it All Together: school/work, breastfeeding and family.

October 19 - Overcoming breastfeeding difficulties

Registration and orientation sessions for the Program, which offers lactation sites equipped with hospital grade pumps and an array of related services, are held the second and fourth Thursdays monthly at 12:10 p.m. at the Human Resources Administration Building Room 182.

Staff WorkLife Program Launches Brown-Bag Series

Thursday, November 4, 12:10 p.m., Silo/Cabernet Room
Mark Guterman, President of G&G Associates, a consulting firm that teaches people and organizations how to thrive in the changing world, discusses "The Work/Life Equation." Many of us have been trying to find balance in our lives, but perhaps the work/life equation is really about integration. What does it mean to integrate work and life? How can we recalibrate our work and personal lives to create a healthier equation? In this workshop you will be offered strategies and techniques for keeping things in perspective and pursuing action steps. For a listing of future sessions, visit: <http://sdps.ucdavis.edu/browse/wl.htm>.

EatFit for Middle School Students

<http://www.eatfit.net>

The Department of Nutrition offers an interactive website designed to assist middle school students analyze their personal dietary habits and set attainable goals for healthy eating and exercise. Recipes, games, challenge tips, success stories, and more!

Chancellor's Child Care Administrative Advisory Committee

3rd Thursday monthly, beginning September 16

12:00 – 1:00 p.m., Human Resources Administration Building Room 182

The committee, comprised of UC Davis students, staff, and faculty and representatives of the City of Davis Child Care Services, advises the Provost and Executive Vice Chancellor (through the Associate Vice Chancellor—Human Resources) on programs and policies to meet the child care needs of campus affiliates; assesses and articulates child care concerns, services, and funding, including the review and evaluation of campus child care activities; and provides a campus forum for child care issues. Meetings are open to the campus community and input welcome. For more information, contact Chair James Cabbage, jscabbage@ucdavis.edu.

Welcomes, Orientations & Resource Faires

The new academic year brings many opportunities to learn about the variety of programs and services available to assist campus families balance school, work and home.

Veterinary Medicine

Wednesday, September 8, Surge III lawn, 2-4 p.m.

International Students & Scholars

Wednesday, September 15, International House, 1-4p.m.

Graduate Studies

Tuesday, September 21, Freeborn Hall, 12-1:30 p.m.

Graduate Student Parents

Wednesday, September 22, 3201 Hart Hall, 12-1:15 p.m.

Reentry Student Services

Tuesday, September 28, Silo/Cabernet, 8:30-11:30a.m.

Transfer Student Services

Tuesday, September 28, Rec Pool Lodge, 2-4 p.m.

Fall Family Picnic for Reentry Students

Saturday, October 2, Community Park Shade Arbor, 4-6:30 p.m.

Legislative Update

The following are excerpts from On The Capitol Doorstep, a monthly public policy publication that focuses on issues affecting California's young children. For more information on legislative updates call (916) 442-5431.

AB 56 Steinberg Universal Preschool

This bill would state legislative intent to develop a strategy to ensure that all children have access to quality preschool programs. It would state intent to begin implementation by serving children that can most benefit from quality preschool. *Sponsor: Joint Committee to Develop a Master Plan for Education (916) 324-4983 Last amended: 6/9/04 Consultant: Gary Davis (916) 319-2009 Status: Conference Committee*

AB 72 Bates Referrals: Substantiated Complaints

This bill would prohibit resource and referral programs, within 2 business days of notification, from making referrals to child care facilities with a revocation or temporary suspension order or which have been placed on probation. It would also require resource and referral programs to notify alternative payment programs and county welfare departments that pay for CalWORKs child care services. For facilities whose licenses have been revoked or suspended, the bill would require alternative payment programs and county departments to stop payment and inform the parent and provider of their termination and reason within 2 business days. For facilities that are placed on probation, it would require alternative payment programs and county welfare departments to notify parents of children in those facilities (preferably in the parent's primary language) and their option to choose another child care arrangement, but wouldn't automatically stop payments. The bill would require licensed facilities to post their license in a prominent, publicly accessible location. *Last amended: 6/23/04 Consultant: Lynn Lorber (916) 319-3962 Status: Conference Committee.*

AB 242 Liu Teacher Qualifications

This bill would state legislative intent to prepare a larger, more sufficient number of qualified teachers for the public schools and institutions of higher education. *Sponsor: Joint Committee to Develop a Master Plan for Education (916) 324-4983 Last Amended: 6/9/04 Consultant: Lynn Lorber (916) 319-3962 Status: Conference Committee Floor*

AB 366 Mullin

Child Care Substitute Employee Registry

This bill would require the Department of Social Services to operate the substitute child care employee registry pilot program until January 1, 2007 and allow them to operate the pilot after that date. It would require child care workers employed by a substitute employee registry to have their criminal background check information at the registry rather than through any child care provider for whom they work. The bill would reduce the number of counties participating in the pilot project from 9 to 7. *Urgency Measure. Sponsor: Child care Careers (916) 359-8646 Last amended: 1/26/04 Consultant: Eric Worthen (916) 319-2019 Status: Assembly Concurrence*

AB 379 Mullin

Family Child Care Education Networks

This bill would define family child care home education networks, requiring them to support educational objectives for subsidized children in home-base child care programs. It would outline the roles and responsibilities of family child care home education network contractors. *Sponsor: California Child Development Administrator's Association (916) 359-8646 Last amended: 7/19/04 Consultant: Eric Worthen (916) 319-2019 Status: Senate Floor*

AB1240 Mullin

Criminal Background Check

This bill would increase the fine for allowing an individual to own, operate, live at, work, or volunteer at a community care facility (including child care and foster care) without a clearance or failing to submit fingerprints from \$100 per violation to \$100 per day (Up to \$500 for a first violation and \$3000 for additional violations within 12 months). *Sponsor: Dept. of Social Services (916) 657-2623 Amended: 8/9/04: Technical. Consultant: Darci Sears (916) 319-2019 Status: Senate Floor*

AB 1550 Kehoe

Six-to-Six Program

This bill would extend the operations of the 6-to-6 before and after school programs for January 1, 2005 to January 1, 2009 without requiring them to be licensed. *Sponsor: City of San Diego Last amended: 6/15/04 Consultant: Ayana Harris (916) 319-2076 Status: Assembly Concurrence*

AB 1550 Goldberg Education Facilities

This bill would state legislative intent to ensure that all children enrolled in grades K-12 attend schools with adequate space to learn and have access to clean, safe facilities. It would state intent to collect information on the extent and condition of school facilities and report that information publicly. *Sponsor: Joint Committee to Develop a Master Plan for Education (916) 324-4983 Last amended: 6/8/04 Consultant: Mavonne Garrity (916) 319-2326 Status: Conference Committee*

AB 1822 Chan

Mumps and Hepatitis B Immunization

This bill would require all children admitted to public or private schools, child care centers, or family child care homes to be immunized for mumps (not just those under 7) and Hepatitis B (not just kindergarten level or below). *Last Amended: 6/16/04 Consultant: Joe Landon (916) 319-2016 Status: Governor's Desk*

AB 2205 Oropeza Helping Heroes Child Care

This bill would establish subsidized child care services through alternative payment programs for military families called to active duty in Iraq with incomes up to 75% of the State Median Income or whose income dropped by 45% or more as a result of deployment. These services would be

Legislative Update

subject to availability of federal funding and private donations. Last amended: 6/21/04 Consultant: Olivia Calderon (916) 319-2055 Status: Senate Floor

AB 2407 Bermúdez Maximum Kindergarten Day

This bill would allow school districts implementing early primary programs (providing intergraded, experiential, and developmentally appropriate educational programs for children in preschool through 3rd grade) to maintain kindergarten classes for different lengths of time at different schools (including full-day kindergarten with periods of rest and active experiences) rather than having to implement them district wide. Sponsor: Los Angeles Unified School District (213) 241-7000 Last amended: 6/17/04 Consultant: Javier Gutierrez (916) 319-2056 Status: Assembly Concurrence

AB 2525 Education Committee Education Omnibus

This bill would lower the age eligibility for child care and development from 13 to 12. It would limit the cost of administrative and family support services provided by alternative payment programs to 19% of their total funding. The bill would delete authority to serve grandfatered families with incomes above 75% of the state median income. Contains other provisions. Urgency Measure. Sponsor: Dept. of Education (916) 319-0657 Last amended: 8/4/04 Consultant: Dee Brennick (916) 319-2087 Status: Senate Appropriations

AB 2909 Salinas

Deaf & Hard-of-Hearing Infants & Toddlers

This bill would require the Department of Education to study current services for deaf and hard-of-hearing infants and toddlers and make recommendations on how to best provide those services. Sponsor: Dept. of Education (916) 319-0659 Amended: 8/9/04 Consultant: Noemi Espinoza (916) 319-2028 Status: Senate

SB 6 Alpert Public Education Governance

This bill would state legislative intent to enhance accountability for public education by clearly defining the roles and responsibilities of the Superintendent of Public Instruction, the State Board of Education, the Governor's Secretary of Education, and the California Postsecondary Education. Sponsor: Joint Committee to Develop a Master Plan for Education (916) 324-4983 Last amended: 6/9/04 Consultant: Stephen Blake (916) 324-4983 Status: Conference Committee

SB 1343 Escutia Infant & Toddler Child Care Master Plan

This bill would require the Superintendent of Public Instruction to convene a task force made up of representatives from state agencies, child care organizations, and advocacy groups (after sufficient private donations have been received by the state for this purpose). It would require the task force to develop a Master Plan for child care and development services for infants and toddlers by December 1, 2005. The bill would require the Infant and Toddler Master Plan to include broad public input and be updated every 5 years. Sponsors:

Child Care Law Center (415) 394-7144, California Child Care Resource and Referral Network (415) 882-0234 Last amended: 7/19/04 Consultant: Carrie Marovich (916) 445-3090 Status: Assembly Floor

SB 1612 Speier

Child Care Foster Care Funding

This bill would require the Department of Social Services to allow counties to match federal foster care funding with county funds to subsidize child care for foster children. Last amended: 4/20/04 Consultant: Soren Tjernell (916) 445-0503 Status: Assembly Inactive

SB 1897 Burton

Child Care Quality Provider Pools

This bill 1) intends to establish regional quality provider pools (which would allow union representation) for family child care providers to operate a substitute provider pool. It intends to allow these pools to join with child care centers to share administration and purchasing of benefits for child care workers. 2) The bill intends to require the Department of Education to establish a unified rate system for state-contracted programs and alternative payment programs that provide state-subsidized child care and development services through child care centers and family child care homes based on the market rate and providing incentives for quality care. Currently state-contracted programs (including child care centers and family child care systems) are paid based on the standard Reimbursement Rate (SRR) and Alternative payment programs reimburse child care centers and family child care homes based on the Regional Market Rate (RMR). 3) The bill would require the California Department of Education to assess the supply and demand for both subsidized and unsubsidized child care and development services by July 1, 2006 based on available data. The department would identify the gaps in information and make recommendations on how to best collect that data. The bill would require the Superintendent of Public Instruction to make recommendations to the Legislature by March 1, 2007 on the findings of the assessment. It would require the assessment and recommendations to be updated every 2 years. 4) It would require the Child Development Division to convene a task force to develop a Child Care and Development Workforce Development Plan including detail expectations and a career ladder by January 1, 2006. Sponsor: American Federation of state, County, and Municipal Employees (AFSCME) (916) 441-1570 Last amended: 6/29/04 Consultant: Diane Cummins (916) 445-1412 Status: Conference Committee