

Smalltalk

Serving Providers & Families in Yolo County

Volume XXXI, Number 4

Dear Friends,

Happy Fourth of July to one and all! I hope everyone has been enjoying the unexpected reprieve from hot weather. If you are looking for great ways to cool off and have fun, check out our Summer issue of *On The Go* by visiting our website: www.city.davis.ca.us/pcs/childcare/onthego/.

Many exciting things are happening at the Resource and Referral. We just completed our first full year of the RIO project, with funding from Yolo First Five. We will spend July reviewing applications and determining stipend levels. If all goes as planned, stipends will be mailed out sometime in August or at the latest, September. We had hundreds of applications turned in this year. This is really exciting and a great indication of how many of the providers in Yolo County are involved and engaged in Early Childhood Education. Stipends will range from \$100.00- \$1400.00, depending on how many units or hours of training were completed. The new period for RIO training begins on July 1, 2005 and will go through June 30, 2006. We expect to have more applicants than money next year so don't wait until the last minute to apply and attend qualified trainings. Stipends will be awarded on a first completed, first served basis so start looking into possible training opportunities as soon as possible. The Resource and Referral will once again be offering college credit ECE classes in collaboration with Woodland Community College as well as training in Spanish and Russian. For more information on RIO, please call our office and ask for Lynn Arner.

Parents Together has a new home, new facilitator and new location! Parents and babies (12 months and under) come to 600 A Street every Tuesday afternoon at 1:00 pm and spend time learning about their babies and making new friends. Facilitator Kathleen Grey brings a wealth of knowledge and experience to share with these fortunate parents. Kathleen is a retired instructor from the UC Davis Child and Family Studies program. We feel very privileged to have her facilitating this group.

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Finally, we now have many new toys and books in our Resource Lending Library. We refreshed, restocked and refilled the shelves and the lending library is ready to go! For just \$10.00 per year, you can check out up to five toys and five books/videos to keep for two weeks. This is a wonderful and cost effective way in which to let your children try out many different toys without necessitating a huge financial investment on your part. The toys are fun, clean and developmentally appropriate. For more information on the lending library, please visit our website at www.city.davis.ca.us/pcs/childcare/library.cfm

Regards,

Robbie Townsley
Resource & Referral Supervisor

Meetings/Support Groups

FAMILY CHILD CARE LICENSING ORIENTATIONS

Tues., July 19 & August 16 from 9:30 a.m. to 12:30 p.m.
New location: At the Child Care Services Conference Room, 600 A Street in Davis. For more information call (530) 757-5695 or (800) 723-3001.

PARENTS TOGETHER

Child Care Services sponsors this group. The group is for all parents and babies under 1 year. The group meets every **Tuesday** from 1 p.m. -2:30 p.m. in Davis at the Conference Room at 600 A Street (next to the Child Care Services office). For information call Child Care Services at (530) 757-5695 or (800) 723-3001.

FIRST 5 YOLO COUNTY

(formerly Yolo Co. Children & Families Commission)
2nd Wednesday of the month, 3:30 p.m.-5:30 p.m.
403 Court Street in Woodland. For more information call (530) 669-2475. www.yolochildren.org

YOLO CO. CHILDREN'S ALLIANCE

The Children's Alliance Policy Council meets quarterly, *usually* from 3:00 p.m. to 5:00 p.m. at the County Administration Bldg., 625 Court Street, Woodland. For more information call Elizabeth Jones at (530) 757-5558.

YOLO CHILD CARE PLANNING COUNCIL

Meets every other month to discuss child care topics. Meets at Yolo County Office of Education. Call (530) 668-3773 for information.

KINSHIP CAREGIVERS SUPPORT GROUP

Every Thursday morning from 9:00 a.m. to 10:30 a.m. at the Family Service Agency. Call Edie Dornbush at (530) 662-2211 ext. 33 for information.

GROUP FOR TWINS & PARENTS

Monthly support meetings for parents of twins. Meetings are for parents only, but the group organizes events and activities for everyone to enjoy. For information call Fran Leistikow at (530) 753-6934.

SUPPORT FOR PARENTS OF EMOTIONALLY DISTURBED CHILDREN

Time limited support groups are available for caregivers of children with emotional disturbances. For information call Joan Beesley at (530) 666-8632.

WOODLAND PARKS, RECREATION & COMMUNITY SERVICES COMMISSION

4th Monday of each month, 7:00 p.m. City Council Chambers, City Hall, Woodland. Public welcome. Youth and children's issues are discussed. (530) 661-5880.

YOLO FAMILY RESOURCE CENTER MEETINGS

Fathers' Group in Spanish* Is a group run by Latino fathers who want to share experiences. Get advice and support on parenting from peers and a counseling facilitator. The group meets every Tuesday 10-11:30 a.m. at the Yolo Family Resource Center. No need to register.

Women's Support Group in Spanish* This is a parent led support group in Spanish for all women interested in sharing experiences, ideas, and looking for solutions to family problems. Tuesdays 10-11:30 a.m. at the Yolo Family Resource Center. No need to register. For information on the Women's Support Group in English contact Matina Kaufman at (530) 406-7221.

Parent Services Committee Meeting in Spanish* (translation available if needed). Interested members of the community get together with Yolo Family Resource Center staff to discuss existing services and brainstorm to plan new center activities, family celebrations, and meet community needs.

Special Needs Support Group*

Monday, 6:00 to 7:00 p.m. This is a parent-led support group for families of children with special needs. Childcare & refreshments are provided.

**These groups meet at the Yolo Family Resource Center in Woodland (409 Lincoln Ave). For more information call (530) 406-7221. FREE childcare is provided for these groups.*

ASPERGER'S SYNDROME PARENT SUPPORT

Support for parents, caregivers, and professionals that work with individuals diagnosed with Asperger's Syndrome. The group meets the 4th Wed. of each month (January to November) 7 to 9 p.m. at the Alt. Recreation Bldg. 1111 Anderson Rd. in Davis. For information contact Robin Dewey at rdewey@berkeley.edu.

PARENTS AND CAREGIVERS OF TRANSITION-AGE YOUTH (16-25) WITH PSYCHIATRIC DISABILITIES

Group meetings held 4th Tuesday of every month 6:30-8:00 p.m., 600 A St., Davis. For more information call (530) 666-8632— Ask to speak with Joan Beesley.

LA LECHE LEAGUE

Support for mothers who are breastfeeding. Meetings are the 2nd Thursday at 10:00 a.m. and 1st Monday of the month at 7 p.m. at 345 L Street, Davis. For phone-support, or meeting topics call: Cheri (530) 759-0334 or Jennifer (530) 753-9824.

Community News & Events

Calendar

July

- 4 Independence Day (City offices closed)
- 19 Family Child Care Licensing Orientation

August

- 5-6 Play & Learn Workshop
- 12 California State Fair Begins
- 16 Family Child Care Licensing Orientation
- 17 Yolo County Fair Begins

For more information about events listed in the calendar, check out the rest of Small Talk!

Do You Need Summer Child Care?

Summer vacation is here! Have you made childcare arrangements for the summer months? There are a variety of options during the summer to keep your children entertained in a safe environment. Family child care homes, child care centers, recreational programs and summer camps are available throughout Yolo County.



Many cities offer Summer Recreation Programs. Call to find out about their programs:

Davis Parks and Community Services (530) 757-5626

Woodland Parks, Recreation and Community Services (530) 661-5880

West Sacramento Parks and Community Services (916) 617-4620

City of Winters Parks and Recreation Department (530) 795-4910 ext.102

UC Davis Youth Programs (530) 752-1730 or visit their website <http://youthprogram.ucdavis.edu>

For a referral for Licensed Family Child Care Homes or Child Care Centers or a listing of summer programs in your area call Child Care Services at (530) 737-5695 or (800) 723-3001.

Yolo County Fair

Wednesday, August 17 to Sunday, August 21
Come to the Yolo County Fair! Admission is free. You may purchase carnival ride coupons before 6PM on August 13 and save almost 50%. For more information visit the Yolo County Fair website at www.yolocountyfair.com and (530) 662-5393.



For information about the California State Fair visit www.bigfun.org.

Fireworks Safety Tips

Fireworks and celebrations go together, especially during the Fourth of July. But fireworks can be dangerous, causing serious burn and eye injuries. **If fireworks are legal where you live and you decide to set them off on your own, be sure to follow these important safety tips:**

- ★ Never allow children to play with or ignite fireworks
 - ★ Read and follow all warnings and instructions
 - ★ Be sure other people are out of range before lighting fireworks.
 - ★ Only light fireworks on a smooth, flat surface away from the house, dry leaves, and flammable materials.
 - ★ Never try to relight fireworks that have not fully functioned.
 - ★ Keep a bucket of water in case of a malfunction or fire.
- Source: US Consumer Product Safety Commission. For more information visit: www.cpsc.gov



Community News & Events

FREE Workshop for Parents and Child Care Providers

First 5 Yolo is funding a series of three FREE Play and Learn workshops for parents and child care providers of preschool children in Yolo County. The workshops will be held in Davis, West Sacramento, and Woodland on August 5 and 6, 2005. Patty Kimbrell, who previously worked with the SPARK Program and developed their preschool physical activity curriculum, will be presenting the workshops. Workshops will be very hands-on and practical for both parents and child care providers; handouts and low-cost play materials will be provided. Healthy snacks will be available, and the workshops will be provided in Spanish (West Sacramento and Woodland) and Russian (West Sacramento) as well as English.

Play and Learn!

When?	Where?
Aug. 5 4-6:30 pm	Davis Veterans Memorial Ctr.
Aug. 6, 9-11:30 am	West Sacramento Library
Aug. 6, 1-3:30 pm	Woodland Library

Come Ready to Play and Learn!

Learn how to:

- help children learn school readiness skills through play
- teach age appropriate movement skills
- help families adopt healthier lifestyles
- be a great role model for your family by being active

Hands-on activities!

Free samples of low-cost play materials & handouts will be provided!

Workshops available in Spanish and Russian!
Healthy snacks served!

Register by July 22

Call Poppy Strode at (530) 759-9907

Talleres Gratis Para Padres y Proveedores de Cuidado Infantil

First 5/ Primeros 5 del condado de Yolo esta patrocinando una serie de tres talleres gratis para padres y proveedores de cuidado infantil de niños de edad preescolar. Los talleres de Juegue y Aprenda, serán ofrecidos en Davis, West Sacramento y Woodland el 5 y 6 de agosto. Patty Kimbrell, quien anteriormente trabajo con el programa SPARK y desarrollo el currículo preescolar de actividad física, presentará estos talleres. Los talleres serán interactivos y prácticos para padres y proveedores de cuidado. Se proveerán materiales y folletos. También se proporcionará bocadillos saludables. Los talleres serán en ingles, español (en West Sacramento y Woodland) y ruso (en West Sacramento).

¡Juegue y Aprenda!

¿Cuándo?	¿Dónde?
5 de agosto 4-6:30 pm	Veterans Memorial Ctr., Davis
6 de agosto 9-11:30 am	Biblioteca, West Sacramento
6 de agosto 1-3:30 pm	Biblioteca, Woodland

¡Venga listo para jugar y aprender!

Aprenda cómo:

- ayudar a los niños a prepararse para la escuela mientras jueguen
- enseñar movimientos apropiados según la edad del niño
- ayudar a las familias a tener vidas saludables ser buen modelo para su familia al permanecer activo

¡Actividades prácticas!

¡Recibirá muestras gratis de materiales de bajo costo para jugar!

¡Clases en español en West Sacramento y Woodland!

¡Bocadillos saludables!

Regístrese antes del 22 de Julio

Llame a Poppy Strode al (530) 759-9907



City of Davis Parks & Community Services Programs

These programs are offered through the City of Davis Parks and Community Services Department. To enroll in any of these programs or for more information, please call (530) 757-5626 or visit the website at www.cityofdavis.org

Tiny Tot & Movement Education

Start your child's day off with 30-45 minutes of jumping, climbing and swinging. Instructors use balance beams, bars, mats, parachutes and more to help challenge your child's natural desire to explore movement. Movement Education is offered to children ages 20 months – 5 years, and parent participation is required. Tiny Tots is offered to children ages 3 to 5.

Spring/Summer Gymnastics

Instruction is provided in a safe, fun environment for ages 6 to 18 years. Participants warm up, then practice and learn skills on the vault, bars, beam and floor. City instructors are trained using USA Gymnastics guidelines and are certified in CPR/First Aid.

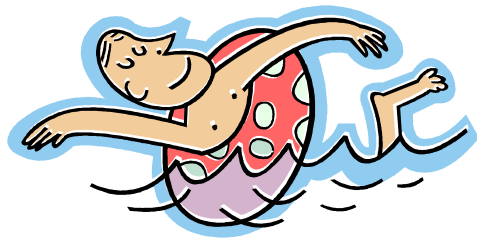
Spring Swimming Lessons

The City offers a series of progressively advanced courses for children who want to master many swimming techniques. Participants must successfully perform the skills covered in each course to advance. Classes ranging from "Mom, Dad and Me" to advanced swimmers to private lessons are available.



Pools Open for Recreational Swim this Spring

Come cool off this spring at the City of Davis pools. Arroyo Pool will be open to the public beginning April 30th, Manor Pool opens May 31st, and Community Pool opens June 13th. For pool times or additional information please call our office at (530) 757-5626.



July is National Parks and Recreation Month!

During the month of July, the City of Davis will join the state of California in a celebration of the various parks and recreation programs offered to both residents and visitors of our community. California and the City of Davis proudly offer programs that provide positive alternatives for youth and promote a healthy and overall improved quality of life. To observe Parks and Recreation Month, the City of Davis's Parks and Community Services Department will have booths at the Farmers Market (July 2nd and July 13th) and at Celebrate Davis (May 26th). Come by and learn more about the fun programs that take place in your community!

Camps

It's time to start making your child's summer plans! The City of Davis Parks & Community Services Summer Recreation Schedule is here! Highlights include:

Camp Putah

Summer Quest

Rainbow Summer

Specialty Camps (Fencing, Step, Band, Twirl n' Tumble, Cheerleading, etc.)

And many more!

Full day & half day programs for school age children. Detailed information is available on our website.

Fourth of July

Bring your family and friends and come join the City of Davis's Fourth of July celebration! There are numerous activities for all age groups to participate in throughout the day. Activities include recreational swimming, food and game booths, live entertainment, championship softball games, and a spectacular fireworks presentation. For more information on the event and a detailed schedule of activities, please call the Parks and Community Services Department at (530) 757-5626.



Class Registration

For information and to register to any of these programs or find out about other programs call (530) 757-5626 or visit www.cityofdavis.org

For more information on recreational programs in your area please call:

West Sacramento	(916) 617-4620
Winters	(530) 795-4233
Woodland	(530) 661-5880

Health & Safety News

Come and GET READY!!!

What gives kids a great start in life? Good health with access to health care, good nutrition, and the ability to read are the corner stones for success as children grow.



What is GET READY? The GET READY Project is a mobile outreach program that introduces young children to the world of reading and healthy eating, while offering access to health and nutrition services to families with children ages 0-5.

How does GET READY make a difference? By promoting reading with children, learning about healthy eating, and learning how to access health care. GET READY prepares children for kindergarten and creates healthy families.

Why are these areas important?

- **Fact:** Literacy is an important factor for children to succeed in school. Over 35% of children enter school with low levels of early literacy skills and are substantially at risk for early academic failure.
- **Fact:** Chronic under-nutrition, even if it is only moderate, can have lasting adverse effects on a child's cognitive development and school performance.
- **Fact:** In 1999, 10% of U.S. households did not have the ability to acquire nutritious food.
- **Fact:** Health care access may be limited based on the ability to access health insurance and medical providers.

What will GET READY do to help kids get a great start? GET READY is a fun way to incorporate literacy, nutrition, and health in an exciting setting that involves all of the senses. The overall strategy is to provide these services to families throughout Yolo County. [WIC](#), [CHDP](#), and [Public Health Nursing](#) staff assist GET READY participants by providing information about access to health, nutrition, and other community services.

How is GET READY fun? It will give children and their families fun ways to learn more about healthy nutrition and literacy. A typical visit to the project includes:

- Reading a short story together about harvesting fruits, and how fruits are used in different cultures.
- Children participating in craft activities such as coloring pictures of different fruits and discussing how fruits are healthy.
- Families participating in games and exercises such as "Simon Says" and skipping rope.
- Children receiving a free book of their own to take home and start their own library.
- Parents receiving a Food-2-Learn bag including a healthy recipe with some of the ingredients, giving the family the opportunity to try something new with food for a healthy dish.

For more information about GET READY, please call the Yolo County Health Department at (530) 666-8645.

Community Resources

FEDERAL FOOD DISTRIBUTION PROGRAM

Eligibility is based on income.

Last Wednesday of the month:

Davis Senior Center, 12:30-1:30 p.m.
Call (530) 757-5696 for information.

Last Friday of month:

Winters Community Center, 12:00-1:30 p.m.
Yolo Housing Community Center, 10:45-11:30 a.m.
Call (530) 758-6821 for information.

IMMUNIZATION CLINIC

Davis

Davis Community Clinic

Mondays 2:00-4:00 p.m. & Fridays 1:00-4:00 p.m.
2040 Sutter Place, (530) 758-2060

West Sacramento

Salud Clinic

500 B Jefferson Blvd., Ste. 170, (916) 375-6380
Thursday, 1:00-4:00 p.m.

Yolo County Health

500 B Jefferson Blvd. (916) 375-6380
Monday, 9:30-11:00 a.m.

Woodland

Yolo County Health Department

Mondays 2:00-4:00 p.m.
10 Cottonwood, (530) 666-8645

Peterson Clinic

Wednesdays, 2:00-4:00 p.m.
8 N. Cottonwood, (530) 666-8960

WELL AND SICK CARE CLINICS

For Women's Care & general medical information:

Davis Community Clinic

2040 Sutter Place, call (530) 758-2060

Peterson Clinic,

8 N. Cottonwood, Woodland, call (530) 666-8960

Salud Clinic

500B Jefferson Blvd. #180, W. Sacramento, call (916) 375-6400

YOLO COUNTY CHILDREN'S MEDICAL SERVICES

Child Health & Disability Prevention Program

Call for information on how to receive free health check-ups for children 0 to 20 years of age on MediCal and for low-to-medium income children through 19 years of age. You may also call for referrals to local physicians and dentists. To learn more about health coverage programs for children, call (530) 666-8249.

California Children's Services

Case management and financial assistance for children through 20 years of age with serious or chronic medical conditions. Call (530) 402-2800 for information.

YOLO COUNTY WIC PROGRAM

Nutrition program for women, infants & children.

Clinics in Davis, West Sacramento, Winters & Woodland. Phone hours 8:00 a.m.-3:00 p.m., M-F: (530) 666-8445 in Woodland, or (916) 375-6390 in West Sacramento.

Especially for Parents

Going Visiting With Your Baby

By Elizabeth Pantley, Author of *Gentle Baby Care*

Babies love new places! There's so much to investigate and new things to touch. But many people aren't too happy to have your little one crawling or toddling freely about the house exploring everything in sight. While you think its adorable that Baby found the Tupperware, your host may not think it's cute that her tidy cabinet has been rearranged by sticky baby hands. If your host has a big heart she'll let you know that your baby's exploring is okay. But even then, you run the risk of your baby breaking or losing something.

Bring toys!

The best thing you can do is bring along a bag of toys to seize your child's attention. You can purchase new items, or dig through your baby's toy box to put together a collection of forgotten favorites. Avoid bringing loud toys that may annoy others, and bring toys that will hold your baby's attention for a long time.

Bring your own supplies

Think about things that keep your baby happy at home or in the car, and bring these with you, such as your sling, a favorite blanket, a Boppy pillow, or a special lovey. If you are prepared, then your baby will be more content.

Safety issues

Visits with a mobile baby are tricky, especially if you're at a home that isn't childproof. If you want to avoid physically shadowing your baby around the house, bring a few safety tools, such as outlet plugs and a folding baby gate to section off stairways. When you arrive, assess the area and ask if chemicals, medications, or fragile vases can be put away during your visit. Remember that you're certain to miss some hazards, so keep a close eye on Baby during your entire visit.

Food and eating

Whether your baby is new to solid food or has been eating it for a while, bring along a few favorites. If you don't bring snacks with you, your baby may not touch the dinner that's served and may cry for her favorite crackers. In any case, don't feel you must push your baby to try something new to the point of a temper tantrum. Politely requesting something simple like toast or cheese is perfectly okay and will be welcomed more than a loud and tense test of parent/child wills.

What if you're breastfeeding and your baby is hungry?

Do what comes naturally: Feed him! Breastfeeding is the most natural way to feed a baby. If your hosts aren't used to seeing a mother breastfeed, then you're doing our world a favor by introducing one more person to the beauty of baby feeding. Be thoughtful about other's sensitivities. This doesn't mean you need to hide, but your efforts to be discreet are a courtesy for those around you and may help others feel more comfortable about seeing you breastfeeding your baby. Using a sling, blanket or nursing shirt are easy ways to accomplish this.

Changing Diapers

Bring a changing pad; this will protect the surface you're using. If you don't have a pad, ask for a towel. Ask where your host prefers that you change the baby, or suggest a location: "Do you mind if I lay the towel on your bed to change the baby?"

Bring along (or ask to use) plastic bags to store messy diapers. Make sure that they are sealed so that they don't create odors. If you use disposables, put used diapers in a sealed bag and offer to take them out to the trash. People don't like stinky diapers in their bathroom trash.

Sleeping and napping

If your little one sleeps in a cradle or crib you may want to bring along a portable crib. If you don't have one, or if you co-sleep at home, this is a time when "anything goes." If your baby will sleep in your arms, then go ahead and enjoy an in-arms nap. If your baby is flexible, put a blanket on the floor and set up a sleeping nest. Don't leave Baby alone, since the area probably isn't childproof.

A great nap solution is to bring your car seat into the house and strap your baby in securely, or fashion a bed from a large box or an empty dresser drawer. Keep your baby close by or check on her frequently.

For co-sleepers, your first order of business is to create a safe sleeping place. Inspect the furniture placement in the bedroom. If you know that pushing the bed against the wall would make the situation safer for your baby, then politely explain to your host. Let her know that you'll move it back before you leave (and then remember to do so).

Be prepared for anything

Life with a baby is filled with surprises. Take a deep breath, and do your best to keep your baby content...and if things don't go as well as you'd hoped, remind yourself that "This too shall pass."

Show your appreciation

If you've had an overnight stay, if your host is helpful, or if you made special requests during your stay, remember to send a thank you note that expresses your appreciation.

*This article is an excerpt from **Gentle Baby Care** by Elizabeth Pantley. (McGraw-Hill, 2003). For more information you may contact the author at: elizabeth@pantley.com.*

Parent Education in Yolo County

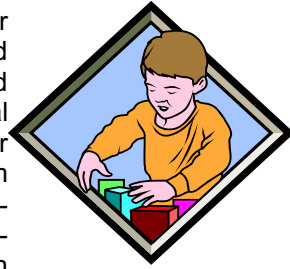
Various Yolo County agencies provide parenting resources for the community in the form of classes, support groups, counseling or information. Parents can find parent education classes and resources by contacting the following agencies.

Foster & Kinship Care Education	(530) 661-5772
Rise Inc.	(530) 787-4110
Warmline	(800) 660-7995
Yolo Family Service Agency	(530) 662-2211
Child Care Services Resource & Referral	(530) 757-5695 (800) 723-3001

Especially for Providers

Come to PLAY Day!

PLAY Day is a new program for family child care providers and informal child care providers and the children they care for. Informal Child Care Providers care for their own children and the children from **only one** other family. These providers are also called license exempt providers or baby-sitters. In these instances, they do not need a license.



PLAY Day is a short group session where informal child care providers take the children in their care to a preschool setting to participate in games & activities. Activities are geared towards children ages 0 to 5. PLAY Days will be held at different locations throughout the county. PLAY Day is **FREE** for all Yolo County informal child care providers. If you are baby-sitting for your family, friends or neighbors you are invited to participate in PLAY Day!

PLAY Day Dates:

July	19, 20, 22	August	23, 24, 26
	26, 27 & 29		30, 31

PLAY Day is brought to your communities in Clarksburg, Davis, West Sacramento & Woodland. **You must register to attend!** For more information and to participate please call Luz or Monica at (530) 757-5695 or (800) 723-3001. **Providers that attend will receive a free gift!**

Start Planning your ECE Classes Now!

Are you working in the child care field? Did you know that your career opportunities not only depend on your experience, but your training as well? Both, Sacramento City College and Woodland Community College have ECE classes ready for your career development.

Some of the ECE Classes include:

- Introduction to Early Childhood Education
- Administration of Child Development Centers
- Health & Safety in the Child Care Setting
- Adult Supervision: Mentoring in a collaborative Learning Center

To enroll please visit the websites for the community colleges.

Sacramento City College:
www.scc.losrios.edu

Woodland Community College:
<http://woodland.yccd.edu/>

How to Pick a Business Liability Insurance Policy

by Tom Copeland

Not all family child care business liability insurance policies are the same. To evaluate your choices among policies, here is a checklist to use:

- General liability coverage for accidents and lawsuits against your business: Your policy will have limits on occurrence coverage (the amount the policy will pay per accident) and aggregate coverage (the amount the policy will pay over the life of the policy--usually one year). Ideally, you want the policy limits to be at least \$1 million occurrence and \$2 million aggregate.
- Professional liability coverage to protect yourself in case you failed to adequately supervise the children in your care.
- Legal defense in which the limits of this coverage are in excess of the general liability limits. In other words, you don't want legal fees to reduce your policy limits.
- Sexual abuse coverage with separate liability limits that cover you, your family, and your employees.
- Medical ("no fault") coverage to cover expenses when children are injured. You don't want your parents to have to look for coverage from their insurance first.
- Coverage for accidents when you are away from your home with the children.
- Renters want the ability to list their landlord as an "additional insured."
- The policy should be an "occurrence form," not a "claims made," policy. An occurrence form covers you as long as the injury occurred while you were insured, even if you are sued many years later. A claims made policy only covers you if you are sued when you are insured.
- The policy should cover you for all the hours that children are present in your home (including evenings and weekends).
- The policy should cover food illnesses and dispensing of medicines.
- The company should have at least an "A" rating from the Best Company.

You may not be able to get a policy that has all the features identified in this checklist. Try to choose a policy that offers the most coverage. Purchase as much insurance as you can afford. The cost of business liability insurance is 100% deductible.

From *May 2005 Provider Business News*. For more information visit www.redleafinstitute.org.

Campus Talk: Events & Information from UCD

Submitted by Barbara Ashby, Program Manager
UC Davis Child Care & Family Services, HR Administration
Building (530)752-5415 www.hr.ucdavis.edu/childcare

UC DAVIS CHILD CARE SUBSIDY

This program assists low-income student parents with the cost of child care at licensed homes and centers in Davis and neighboring communities. Eligibility is based on income and student status. Disbursements are decided on a lottery each fall. Applications for 2005-06 will be available in early August. For an application, call (530) 757-5695, stop by the Child Care Grant Office at 600 A Street, or visit the UCD Child Care Services website at <http://www.childcare.ucdavis.edu/>

SUPPORT AND EDUCATION FOR EXPECTANT AND NEW MOTHERS

Join Lactation Specialist Lonna Hampton for a noon-time presentation and discussion. Moms who have had a positive experience breastfeeding and pumping are encouraged to share tips. Those who are facing difficulties will find a venue for questions and solutions. Pregnant women are urged to enjoy the fellowship and prepare for their own experience. Babies are always welcome. Questions, call (530)752-5412.

3rd Tuesday, 12:10 pm, [Memorial Union/Moss Room](#)

July 19: "Tips for Getting Breastfeeding Off to a Good Start." There will be a presentation on the basics of breastfeeding and an overview of facts that are beneficial to know about breastfeeding before delivering.

August 16: "The Art of Breastfeeding and Overcoming Difficulties." Bring your questions, your stories, and your baby (if possible).

UC Davis Family Connection Program

Learn about child development as your child explores an environment set up just for them! A program designed for parents and caregivers of infants and toddlers that will stimulate your child's cognitive, physical, social and emotional development. Enjoy connection with other parents in a warm, supportive environment. Practice providing your child with developmentally appropriate activities and get ideas for home. Ask a child development expert about sleeping, eating, toileting, discipline, play and more. Learn to use Baby Signs to communicate with your preverbal child.

Location: [UC Davis Center for Child and Family Studies](#)
Cost: \$55 /6 week session. For more information or call (530) 757-8456.

CENTER FOR CHILD AND FAMILY STUDIES

The Center for Child and Family Studies (CCFS) has several openings for 4 and 5-year-old girls in our afternoon pre-school program (M-Th, 12:45-3:45) beginning this fall. Tuition is low for UCD student families. For more information, call us at 752-2888.

CAMPUS RECREATION SUMMER YOUTH PROGRAM

The Campus Recreation offers a variety of programs including **Crafts** (Ceramics, Craft Sampler, Fiber Arts, Jewelry and Accessories, Metalworking, Printing & Dyeing, Sculpture, Sewing, Woodworking); **Teen Craft Classes** (2005 Craft Center Teen Mini-Camps, Black and White Photography, Candle and Soap Making, Ceramics, Glass fusing, Jewelry and Accessories, Knitting, Mosaics, Sandblasting, Screenprinting, Sewing, Silk Fabric Paining, Stained Glass); **Outdoor Adventures** (Adventure Camp at Sly Park, Adventure Day Camp, Klamath Rafting, White-water Rafting, Introduction to Expedition Sea Kayaking, Backpacking and Stewardship, Backpacking, University Falls Day Hike); **Bowling**; **PM Potpourri**; **Horseback Riding** (English Riding, Western Riding, Beginning Camp, Intermediate Camp, Advanced Camp).

For more information call (530) 752-1730 or visit their website <http://youthprogram.ucdavis.edu>

WELCOME TO THE REC POOL

Come learn to swim at the Rec Pool which offers experienced instructors and a low student to instructor ratio. Due to the many skills required at each new level, it is not uncommon for your child to repeat a class. If you are unsure of your child's swimming level, please make arrangements to have your child evaluated by a manager. Please read the on-line registration information carefully prior to enrollment, many things have changed.

Session Dates

- o Session 1: June 20 - July 1
- o Session 2: July 4 - July 15 (classes will be held July 4)
- o Session 3: July 18 - July 29
- o Session 4: August 1 - August 12
- o Session 5: August 15 - August 26

Classes are two weeks long, Monday - Friday, and each class lasts 30 minutes.

WOMEN'S HEALTH AT TWELVE

Once a month, tune in to hear physicians and researchers in women's health speak and answer questions about women's health topics via live streaming video – all from the privacy and convenience of your own computer! All programs are from 12:10 to 1 p.m. and are free.

Email your questions anonymously to the presenter and hear them answered during the broadcast. To watch a presentation live on-line, log on to <http://www.uctv.tv/watch>

Legislative Update

The following are excerpts from *On The Capitol Doorstep*, a monthly report on public policy issues affecting California's young children. For more information on legislative updates call (916) 442-5431.

Budget Update

The Assembly and Senate both voted on SB77, the budget bill, on June 15 (the constitutional deadline) – but failed to achieve the 2/3 majority needed. No Republicans voted for the budget on Wednesday; at least 2 Republican votes are needed in the Senate and 6 in the Assembly. SB77 restores the Governor's proposed child care reductions of \$162.8 million and includes a full cost-of-living adjustment, growth, and \$7.9 million for centralized eligibility lists for child care and development programs.

Negotiations between Governor Schwarzenegger (R) Assembly Speaker Nuñez (D), Assembly Minority Leader McCarthy (R), Senate President pro Tem Perata (D), and Senate Minority Leader Ackerman (R) (the Big 5) will now be needed in order to bridge some of the remaining areas of disagreement. Democrats are no longer demanding a tax increase to fund education as part of the budget. The new fiscal year begins July 1.

New Legislation

SB 277 Battin

Sex Offenders: Residence Restrictions

This bill would prohibit sex offenders from being placed within 1½ miles of a park, child care center, preschool, or public or private school (vs. ¼ mile of private/public school) while on parole. It would require local law enforcement to be notified 60 days prior to the release of a sex offender. Last amended: 6/13/05 Consultant: Julie Muchow (916) 651-4037 Hearing: Assembly Public Safety 6/21

2005 Legislation

AB 109 Chan

California First 5: Conflict of Interest and Audit Requirements This bill would require county First 5 Commissions to adopt policies on conflict of interest, establishing compensation of commission employees, and limit administrative expenditures. It would require the Controller to develop guidelines for expanded annual audits and allow the state commission to withhold funding to ensure compliance with audit requirements. Amended: 6/1/05: Technical. Consultant: Joe Landon (916) 319-2016 Hearing: Senate Local Government 7/6.

AB 172 Chan Preschool for All

This bill would require the Superintendent of Public Instruction to prepare a report on the types of preschool programs that currently receive state funding by January 1, 2007. It states the intent of the Legislature to establish a voluntary

preschool-for-all system. It would require the Superintendent to develop and an early childhood education credential and convene a committee to coordinate postsecondary education programs to prepare and train adequate numbers of high quality preschool staff. Sponsors: *Children Now* (510) 763-2444, *Pre-school California* (510) 271-0075. Amended 5/26/05: Consultant: Joe Landon (916) 319-2016. Status: Two-year bill.

AB 368 Evans

CalWORKs Reauthorization

This bill would make changes to the CalWORKs program (including CalWORKs Child Care) to conform with any changes to federal welfare law. It would require the Department of Social Services to report within 60 days of the passage of the federal welfare reauthorization on options for conforming the CalWORKs program. Last amended: 5/12/05 Consultant: Casey McKeever (916) 319-2089. Status: Two-year bill.

AB 1246 Wolk

Preschool Standards & Curriculum

This bill would require the Superintendent of Public Instruction, within current resources, to develop preschool learning standards and curriculum guides in reading/language arts, mathematics, history/social science, and science. It would require the Superintendent to hold public hearings before adopting the learning standards and to review the standards every 7 years. Sponsor: Dept. of Education (916)319-0558 Last Amended: 5/27/05 Consultant: Lisa Ramer (916) 319-2008. Hearing: Senate Education 6/22

AB 1601 Laird

Trustline Registration Process

This bill would require the Dept. of Social Services when denying a criminal background clearance for a Trustline applicant to notify the California Child Care Resource & Referral Network of an appropriate exemption analyst and indicate whether the provider might qualify for an exemption based on violations found. It would require, beginning July 1, 2006, aunts and uncles to register with Trustline before serving as a state-subsidized license-exempt providers. It would require license-exempt providers to submit fingerprint within 14 days (with the possibility of a 14 day extension). The bill would prohibit payments to license exempt providers with a criminal history unless they are granted an exemption. It would require the Dept. of Education to develop an information resource guide for licensed child care providers. Urgency measure. Sponsors: *Service Employees International Union* (916) 442-3838 and *United Child Care Union* (510) 849-4811. Amended 6/15 This amendment would make the Trustline registration of aunts and uncles contingent upon an appropriation in the budget to cover the increased costs. It would also remove the urgency clause. Consultant: Chris Reeve (916) 319-2027 Hearing: Senate Human Services 6/28

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Small Talk is a free publication for Yolo County residents. *Small Talk* can be accessed online at: www.city.davis.ca.us/pcs/childcare. To receive *Small Talk*, please fill out the form below and mail it to: Rossana Vigil, Attn: *Small Talk*, Child Care Services, 600 A Street, Davis, CA 95616.

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Yes, I would also like to receive a free monthly Parenting Handout (Sept.-June).

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