



From the Child Care Managers Desk

I hope you were all able to take some time off for a summer trip or just relaxing at home. Child Care Services has been busy getting ready for our fall and spring activities. We are still dealing with a delay in the State Budget. Fortunately, in our county no child care programs have closed. As I have been speaking with the other State Funded Programs I have learned that some programs are unable to hire staff due to hiring freezes and they are providing services using temporary staff. All programs are cutting their budgets and purchasing as little supplies as possible. Some programs have stopped enrolling new children, all programs are using their funding reserves and borrowing money to continue to operate. Many program administrators are concerned that if the budget is not signed soon they may be forced to close programs. I know that child care programs are trying their best to continue to provide high quality services to our community.

Activities

Our series of Family Child Care At Its Best trainings began this Saturday. There is still plenty of time to sign up for trainings on Serving Children with Social Needs, Social Emotional Development and Classroom Management and The Business of Family Child Care. Call Rossana to sign up at (530) 757-5695.

This month we began our services for our new Family Child Care grant. This grant provides funding for Licensing Fees, Health and Safety classes and trainings for residents who reside in subsidized housing and wish to become a Licensed Family Child Care Provider. If you or someone you know qualifies please have them call Tamiko at (530) 757-5695.

Our conference planning is well under way. The registration form is included in the newsletter. This year are key note speaker is José Luis Orozco, Bilingual Educator, Author and Recording Artist. He will entertain and educate you. The conference will also include workshops on Behavioral Challenges and Age appropriate activities for Infants, Toddlers and Preschoolers plus much more.

Our Family Concert with Mr. Orozco is on March 25, from 7:00 to 8:00pm, the evening before the conference. It will be held at the Davis High School-Brunelle Performance Hall in Davis. This will be an amazing concert for children and adults so Save the Day!

Changes

I do have news I wanted to share with all of my SmallTalk friends. I will be retiring at the end of December. I have been with Child Care Services for almost 30 years. I began with Child Care Services (CCS) as a subsidy case manager and coordinator, back then there were only 1 1/2 Subsidy staff and 1 1/2 half Resource and Referral staff. I Adminis-

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tered the Child Care Subsidy program for many years while it grew and grew. I have managed all of Child Care Services for over 10 years. We now have a staff of 24 which includes are Resource and Referral staff, Child Care Subsidy staff and Fiscal staff.

I have enjoyed this job because of the importance of child care for children and families, the quality of our staff and the great people I have worked with in the community. Yolo County is fortunate to have so many great child care providers and child care professionals providing quality services in Davis, Woodland, West Sacramento, Winters, Esparto, Knights Landing and all the great rural areas of our county. I believe this program makes a difference in the lives of families and child care providers. I will miss you all but I plan to remain in the county, providing child care for my granddaughter and attending as many Child Care Services and community events as possible.

We are currently in the process of hiring a new Child Care Manager and hope that person will be with us before the end of the year.

Thank you for your support of Child Care Services.

Laura Ivans, Child Care Manager

Meetings/Support Groups

FAMILY CHILD CARE LICENSING NEWS: LICENSING MORATORIUM

As of October 1st, 2010, Community Care Licensing will implement a moratorium on both, licensing orientations and processing licensing applications. Child Care Services will continue to assist potential providers in getting ready for the licensing process. For more information on becoming a licensed provider call Child Care Services at (530) 757-5695. You can also contact Community Care licensing at (916) 229-4530 or visit their website at <http://cclcd.ca.gov/>.

FIRST 5 YOLO

The First 5 Yolo Commission meets monthly and their meetings are open to the public. For more information about the meetings please visit www.first5yolo.org.

YOLO COUNTY CHILDREN'S ALLIANCE

The Children's Alliance Policy Council meets quarterly. It also coordinates Child Abuse Prevention for Yolo County. For more information call Katie Villegas at (530) 757-5558.

YOLO CHILD CARE PLANNING COUNCIL

The Planning Council meets monthly to discuss child care topics. For information call (530) 668-3021 or visit www.yolochildcareplanning.org.

YOLO COUNTY GRANDPARENTS RAISING GRAND-CHILDREN ASSOCIATION

This group has occasional get-togethers. Contact Sandy Weiss at (530) 756-0183 for more information or weissbk@comcast.net. For foster/grandparents call Leah Fein at (530)747-3541.

BABY SIGNS® PLAY GROUP

Join other parents for a free, informal, FUN time with a certified Baby Signs® Instructor. Meet other families who are interested in signing with their children. The group meets quarterly. For more information contact Erin Panelli (530) 219-0876 or visit www.babysignsbyerin.com.

SOCIALLY SPEAKING

Play Groups – Socialization Groups – Individual Speech Therapy

Socially Speaking provides social skills coaching for children, teenagers, and adults. Social skills are taught in small groups, practiced and reinforced. For more information call (530) 231-5475 or visit <http://www.sociallyspeakingdavis.com>



The following support groups meet at Yolo Family Resource Center located at 828 Court Street in Woodland. For more information call (530) 406-7221.

Women's Support Group in Spanish

This is a parent led support group in Spanish for women interested in sharing experiences, ideas, and looking for solutions to family problems. The group meets Tuesdays, from 10-11:30 a.m. at the Yolo Family Resource Center. You do not need to register.

NAMI Support Group

This group meets Monthly on the last Thursday of each month from 6:30 p.m. to 8:30 p.m. The group helps families and people with mental health needs.

Special Needs Support Group

This group meets on Tuesdays. Contact Julie Vought at (530) 867-2519 for more information.

FREE childcare is provided for these groups.

LA LECHE LEAGUE

The League supports mothers who are breastfeeding. Meetings are the 2nd Thursday of the month at 10:00 a.m. at 345 L Street, Davis. For phone-support, or meeting topics call: Cheri (530) 759-0334 or Jennifer (530) 753-9824.

WOODLAND MOMS GROUP

The MOMS Club (Moms Offering Moms Support) is an International nonprofit support group for stay-at-home moms. Local MOMS club chapters have park days, playgroups, MOMS night out as well as perform service projects to help needy children in our community. If you are interested in joining the Woodland chapter please email woodlandmomsclub@yahoo.com or visit the Mom's Club website at www.momsclub.org.

PARENTS & LITTLE PEOPLE GROUP

Parents & Little People play and learning groups are designed for deepening parent/child relationships through shared fun and interactions. Infants and toddlers learn in an atmosphere that supports their curiosity and developing capabilities. Parents observe their play and peer interactions and explore developmental explanations for their behavior. Sleep problems, attachment issues, tantrums, oppositional behavior, toilet learning, infant sign language, and peer conflicts are some of the topics addressed as parents share parenting concerns with one another. Groups are facilitated by Kathleen Grey, M.A., former Academic Child Development Specialist for the Infant/Toddler Program in the Center for Child and Family Studies, the University of California, Davis.

Please contact Kathleen Grey at (530) 304-0473 for more information on the Parents & Infant group or Parents & Toddler group.

Community News & Events

Calendar

October

- 16 **Serving Children With Special Needs**
(Family Child Care Training)
- 23 **Serving Children With Special Needs**
(Family Child Care Training)

November

- 1-30 **National Adoption Month**
- 13 **Outdoor Classroom Project Training**
- 11 **Veterans Day (City offices closed)**
- 12 **City Furlough (City offices closed)**
- 25-26 **Thanksgiving (City offices Closed)**

December

- 23-31 **Winter Break (City offices Closed)**

January

- 15 **The Business of Family Child Care**
(Family Child Care Training)

For more information about events listed in the calendar, check out the rest of Small Talk!

Consumer Product Safety Commission Proposes New Safety Standards for Cribs Affecting All Child Care Providers

We want to make you aware of the Consumer Product Safety Commission's (CPSC) proposed new safety standards for full-size and non-full-size baby cribs. The proposed new crib standards are in response to numerous incidents of injury or fatality to infants involving such cribs. The Commission is requesting comments on these new proposed standards by **October 6, 2010**.

The proposed new crib standards will apply to all owners and operators of child care facilities, including family child care homes. Once the new standards are in effect, it will be unlawful to provide a crib for use that does not meet the new standards. We encourage you to review these proposed new standards and make comments. The Commission has proposed the new standards to be effective six months after the publication of the final rule (which is unknown at this time, but could be as early as this fall). The Commission is also seeking comments regarding the sufficiency of this six month effective date.

To read the notice of proposed rulemaking as well as instructions for submitting comments please click here: <http://www.cpsc.gov/businfo/frnotices/fr10/cribstd.pdf>.

Calling for Presenters for the Yolo County Child Development Conference

Would you like to be a presenter at the 2011 Yolo County Child Development Conference? Please save the date, **March 26, 2011!** We are currently accepting conference workshop proposals. Proposal for workshops in Spanish are also welcome. We are particularly interested in topics addressing the following areas:

- ◇ Challenging Behaviors
- ◇ Child Development/ECE
- ◇ Children With Disabilities
- ◇ Cultural Diversity
- ◇ Health & Safety
- ◇ Infants & Toddlers
- ◇ Curriculum/School Readiness
- ◇ Assessments/Portfolios/Observations
- ◇ Play & Learning Activities

If you would like to be a presenter, please contact Tamiko Kwak at (530) 757-5695 or (800) 723-3001.

Get Ready for the 2011 Yolo County Child Development Conference!



Keynote José-Luis Orozco

Don't miss the 2011 Yolo County Child Development Conference to be held on March 26, 2011! Our Keynote will be **José-Luis Orozco**, Bilingual Educator and Children's Author. We have included the registration form on the last page of Small Talk. The form is also available online at: <http://cityofdavis.org/cs/childcare/pdfs/2011-childdevconf-registration.pdf>. For more information call Tamiko Kwak at (5300) 757-5695.

Community News & Events

Budgetary Constraint Affects Community Care Licensing Services

On a communication sent to Child Care Services and all other Resource & Referral Programs statewide, Community Care Licensing (CCL) shared information on how the budget impacted their services. Effective October 1st, 2010, CCL services will be reduced. The following is the excerpt from the CCL communication.

“ As you all know, Community Care Licensing Division has been experiencing serious staffing shortages due to prior year position sweeps, resource limitations due to no budget, high vacancy rates due to the recent "hard hiring freeze" and lost productivity due to furloughs. During the FY 2010/11 budget session, CCLD proposed a method of realigning available resources to make more frequent visits. That proposal was rejected without prejudice. Subsequently, the extended budget impasse, furloughs, and hiring freeze, have combined to significantly impact staff resources. As a result, CCLD is not meeting our mandated requirements. To ensure the health and safety of those in care, CCLD will be taking steps to suspend or delay some workload activities.

Beginning 10/1/10, Regional Offices in all CCLD programs will focus primarily on:

- Enforcement Actions
- Enforcement Follow-up actions
- Complaints
- Incident Reports
- Annual Required Inspections
- 5 Year Inspections.
- Waivers and Exceptions
- Random inspections will only be conducted, as staff resources are available, if any.

The Regional Office receptionist, will only be able to staff phone coverage, from 10:00 AM to 3:00 PM daily. Complaints will be taken from 8-5 daily.

CCLD will be suspending the following activities:

- processing applications
 - conducting orientations (beginning October 1st)
 - processing provider appeals
 - staff training except for specific priority activities
- Collaborative activities, local and state wide activities will be determined on a case by case basis as staff resources are available.

At any time that the Regional Manager and Assistant Program Administrator determine there is a health and safety risk, they may assign staff to complete any and all tasks associated with the risk.

Further instructions and documentation will be available soon.

We understand the impact of this workload priority change and regret any negative impact on your constituents, members, families and children. CCLD simply can no longer manage the workload with available resources.”

For more information about these changes, please call River City Child Care at (916) 229-4530.

Child Care Services realizes the effects that these changes will have on some licensed child care programs and people wishing to become licensed. It is our hope that when the budget passes, CCL will be able to once again fulfill their mandates. We will keep you informed as changes occur.

Yolo County Community Services Programs

In Davis

These programs are offered through the City of Davis-Community Services Department. To enroll in any of these programs or for more information, please call (530) 757-5626 or visit the website at www.cityofdavis.org/cs

The City of Davis offers a variety of recreational activities for people of all ages. Classes include gymnastics, dance, cooking., arts & crafts and many more!



Holiday Craft Affair

Looking for an opportunity to do some holiday shopping for friends and family without venturing far from home? Look no more! On **Thursday, December 3, from 9:00 am to 3:00 pm**, the Davis Senior Center, 646 A Street, will host its annual Craft Affair. Over 26 local crafters will be featuring items such as woodcrafts, jewelry, ceramics, knitting, paintings and much more. Admission is free and we encourage everyone to stop by the Senior Center and shop!

Jewelry Sale

Don't miss this "jewel" of a sale! The annual New and Gently Used Jewelry Sale will be on **Friday, November 5, 9:00a.m. – 1:00p.m.** Come check out a wonderful selection of necklaces, bracelets, rings and more! All proceeds from the jewelry sale go to support general programs and services at the Senior Center.

The Davis Senior Center is located at 646 A Street in Davis.

In West Sacramento

The City of West Sacramento has recreational programs for youth, teens and adults. For more information please come and visit the new center located at 2801 Jefferson Blvd. For more information about programs call (916) 617-4770 or visit www.westsacfun.org

Father Daughter Dance 2011: Dates TBA **TBA**

Date: TBA
Time: 6:30-9:30 pm
Location: City Hall- Galleria 1110 West Capitol Ave
Fee: TBA(Under 3 years are free)
Registration: TBA- all registration is done in office at City Hall, 1110 West Capitol Ave

Fathers and Daughters of all ages are invited to join us for a very special evening. This semi-formal evening comes complete with a dinner buffet, DJ music, and dancing. Photos will be available for an additional fee. Space is limited. Pre-registered guests must present their registration receipt at the door

In Woodland

Woodland has a variety of recreation programs available. Please visit their office located at 2001 East Street or call (530) 661-5880. For a complete listing of their programs, please visit their website at: <http://www.cityofwoodland.org/gov/depts/parks/default.asp>

Father Daughter Dinner Dance

This is a very special evening for daddies and their little sweethearts of all ages. Held on November 6 at the Woodland Community & Senior Center, the evening includes dinner, dancing, and activities. This semi-formal dinner includes a sit down dinner, dancing, raffles, and activities. This will truly be a special night for daddies and their little girls. **Deadline to purchase tickets is Friday, October 29, 2010 or the first 300 tickets sold.**

Health & Safety News

Tuleyome and the Healthy Eating and Living Program offer FREE Classes to Everyone!

Tuleyome and the Healthy Eating and Living Program (H.E.A.L.) are offering free public classes to help grow an amazing winter garden and turn your waste into awesome compost!

In addition, Chef Arturo Vargas will teach us simple and easy organic cooking! Be Fresh! Go Local!

Classes:

Learn How to Compost

Oct 6, 2010 6 – 7PM

Organic Cooking

Oct 7, 2010 6 – 7PM

Winter Gardening

Oct 16, 2010 1 – 2PM

For more information please contact Wendy Thomas at (530) 350 – 2599 or email wthomas@tuleyome.org.



Yolo County Emergency Shelter, Food and Clothing Resources

Please call these organizations now to get help with emergency housing, food or clothing.

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|---|--|
| Abbey House, St. Anthony Parish (Winters) | 530-795-2230 |
| Broderick Christian Center (W. Sac) | 916-372-0200 |
| Clarksburg Samaritans (local only) | 916-744-1395 |
| Clothes Closet (Woodland) | 530-662-2940 |
| Seventh Day Adventist Church | 530-662-6745 |
| Davis Community Meals Program | 530-756-4008 |
| Davis Family Resource Center | 530-753-9204 |
| Food Bank of Yolo County (Toll Free) | 530-668-0690 800-621-3086 |
| Emergency Food Closet Davis Church of Christ | 530-753-5350 |
| Food Closet First Southern Baptist Church of W. Sac | 916-744-1395 |
| Food Closet Pole Line Road Baptist Church | 530-753-4315 |
| Food Closet First Baptist Church of Winters | 530-759-2821 |
| Food Locker and Clothes Closet, Holy Cross (W. Sac) | 916-373-3318 |
| Non-Assistance Food Stamps (W. Sac) (Woodland & all of Yolo) | 916-375-6205 530-661-2750 |
| Pierce Food Closet (W. Sac) | 916-371-6343 916-371-9020 |
| Short Term Emergency Aid Committee (STEAC) | 530-758-8435 |
| Western Yolo Food Closet | 530-787-3586 |
| Women, Infants and Children (WIC) (W. Sac) (Woodland) | 800-852-7570 916-375-6390 530-666-8445 |
| Woodland Volunteer Food Closet (WVFC) | 530-662-7020 |
| Yolo Family Resource Center | 530-406-7221 |
| Yolo Wayfarer Center | 530-661-1218 |

Especially for Parents

Helping Young Children Develop Self-Esteem

Self-esteem or feelings of self-worth are linked to success in life, and play an important role in the development of children's social, physical and academic abilities. Research shows that low self-esteem is associated with increased risk for loneliness, resentment, irritability, anxiety, depression, and eating disorders.

As a parent, you, more than anyone else, can play an important role in promoting your children's self-esteem and helping them feel better about themselves.

What is self-esteem?

Self-esteem is a term used in psychology to reflect a person's overall evaluation of his or her own worth. If you have good self-esteem, it means that you like yourself and believe that you are as good as everyone else. If you have poor self-esteem, it means that you believe that you are inferior to others.

Self-esteem encompasses the beliefs and feelings that children have about their competence and worth, including their ability to make a difference in their environment, confront challenges and learn from both their success and failure.

Signs of a healthy self-esteem

Children with good self-esteem have a sense of security, assume responsibility, act independently, take personal pride in accomplishments, tolerate frustration, accept mistakes and failure, have a sense of self-discipline and self-control, handle peer pressure appropriately, attempt new tasks and challenges, handle positive and negative feelings, and offer assistance to others.

How parents can help

The development of a healthy or positive self-esteem is very important to the happiness and success of children. Parental attitudes and behavior heavily affect the development of self-esteem in young children. The following tips are helpful for developing healthy self-esteem in your children:

- Praise your children and remember to commend them for their efforts and jobs well done. Help them feel special and appreciated.
- Identify and redirect your children's inaccurate beliefs. Teach them how to think in positive ways, and change their negative thoughts about themselves to positive ones.
- Give constructive criticism, and avoid criticism that takes the form of ridicule or shame. Provide feedback about the child's actions, not the child as a person.

- Teach children to develop problem-solving and decision making skills. Recognize them when they have made good decisions.

- Be a positive role model. Take care of your own self-esteem, and your children will have a great role model.

- Create a safe, loving home environment. Children who do not feel safe or are abused at home will suffer immensely from low self-esteem.

- Show children that you can laugh at yourself. Show them that life doesn't need to be serious all the time. Laughing, good humor and smiling not only lighten the mood but also relieve stress, increase energy and take away thoughts of anger, anxiety or distress. While it is normal to have ups and downs in life, and children's sense of self-esteem can vary from one situation to the next, constant poor or low self-esteem can be a symptom of a mental health disorder or emotional disturbance requiring medical attention.

Fact Sheets for Families 06/10
by A. Rahman Zamani, MD, MPH

Resources

Building Self-esteem a Self-Help Guide online at http://download.ncadi.samhsa.gov/ken/pdf/SMA-3715/SMA-3715_Building_Self_11p.pdf

The Caring for Every Child's Mental Health Campaign: Part of the Comprehensive Community Mental Health Services Program for Children and Their Families of the Federal Center for Mental Health Services. Parents and caregivers who wish to learn more about mental well-being in children may call (800) 789-2647 or visit: www.mentalhealth.samhsa.gov/child/

Provided by California Childcare Health Program. For more information, contact the Healthline at 800-333-3212 or visit www.ucsfchildcarehealth.org.

Upcoming Family Event with José Luis Orozco!!!

Save the date and get ready for a family concert featuring José Luis Orozco on **Friday, March 25, 2011 from 7-8 p.m.!**

José-Luis Orozco is a bilingual educator, children's author, and recording artist. He is an acknowledged expert in children's music and is a featured speaker and presenter at educational conferences and seminars for teachers, parents, librarians and childcare providers who seek to use music as an important learning tool in multicultural classrooms. Visit <http://www.joseluisorozco.com> to learn more.

To purchase tickets, download the Ticket Order form at: <http://cityofdavis.org/cs/childcare/pdfs/family-concert-tickets.pdf> or call Child Care Services at (530) 757-5695.

Especially for Providers

Community Care Licensing News

The following information is from the Community Care Licensing website and it was included in their Quarterly Update newsletter. You can sign up to receive information by e-mail by visiting <http://www.myccl.ca.gov/>.

Have you visited the Community Care Licensing (CCL) Website for licensed facilities MyCCL? If you haven't visited or registered, please consider doing so. MyCCL provides you with the most up to date information from the source, Community Care Licensing.

MyCCL is an information portal, your new home for licensing resources. The portal is still in its infancy but CCL wants you to be a part of their growth as more and more information become available through this site.

Check out our [Getting Started with MyCCL](#) for a quick overview of the registration process.

Also don't forget to set up for your notifications. Choose from:

- * Receive emergency notice by phone
- * Quarterly Newsletters by email
- * Participate in surveys
- * Licensing Special reports by email
- * Plus more options to come!

To learn more about the benefits of registering to MyCCL visit <http://www.myccl.ca.gov/>.

When are Child Care Subsidy Attendance Sheets Due?

All Child Care Subsidy Attendance Sheets are due by 10 a.m. on the following dates:

October sheets are due **November 1**
November sheets are due **December 1**
December sheets are due **January 5**

Providers:

You are independent contractors with the City of Davis, not employees. Therefore, you will receive a 1099 form for your 2010 earnings. This 1099 form will be mailed to you by the City of Davis no later than January 31, 2011.

FREE Family Child Care At Its Best Trainings!

Are you a licensed family child care provider? Would you like to learn about child development and receive practical information about working with children in the family child care setting? If so, these classes are for you!

Serving Children with Special Needs

Saturdays October 16 & 23 8:30 a.m.-2:00 p.m.
(you must attend both sessions to receive credit)

Social Emotional Development & Classroom Management

Saturday January 22 8:30 a.m.-2:00 p.m.

The Business of Family Child Care

Saturday February 26 8:30 a.m.-2:00 p.m.

These classes are free of charge and you will receive **Academic Credit** for attending. Space is limited. **You must call Rossana Vigil to register to attend at (530) 757-5695.**

Health and Safety Reimbursements Available

Have you renewed your CPR or First Aid certificates? Health & safety reimbursement funds will be available to child care providers in Yolo County. Reimbursements of **up to \$50 dollars** will be issued to licensed family child care providers and center staff (for a limited time only). If you need an application you can also download the **Yolo County Health & Safety Reimbursement Form** from our website at: <http://cityofdavis.org/cs/childcare/additional.cfm>

For more information call Rossana Vigil at Child Care Services at (530) 757-5695 or (800) 723-3001.

Yolo County Director's Association

The Yolo County Director's Association welcomes new members! Are you interested in meeting other early care professionals? Would you like to learn how other programs are dealing with the economic times? Would you like to share your successes in working with children and their parents? If so, join the Yolo County Director's Association! This is a group of professionals who meet monthly and discuss topics pertaining to child care, health and safety, professional growth and other opportunities. For more information please e-mail the association at: Yolocountydirectorsassociation@gmail.com



From the Desk of First 5 Yolo

Don't Wait to Vaccinate

A Parent's Guide to Immunizations

Julie Gallelo, Executive Director, First 5 Yolo

It is important to immunize your child before the start of preschool or kindergarten. Vaccinations boost a child's immune system and help protect kids from serious infections and diseases. It's especially important for parents to make sure children under age 5 receive certain childhood vaccinations to help keep them healthy as their bodies grow and immune systems develop.

According to the Centers for Disease Control and Prevention (CDC), vaccine-preventable diseases are now at or near record lows – thanks to vaccinations. "Before vaccines, many children suffered from diseases that vaccines now prevent such as whooping cough, measles and polio," states Julie Gallelo, executive director of First 5 Yolo. "Those same germs exist today, but because kids are protected by vaccines, we do not see the diseases as often."

As kids get ready to start preschool and kindergarten, First 5 Yolo provides parents and caregivers answers to frequently asked questions about vaccinations. Remember also to consult with a family doctor for your child's specific needs.

When does my child need to be vaccinated?

Pediatricians recommend that children receive their first vaccination at birth. The Yolo County Health Department or your family doctor can provide an immunization schedule and help you decide what is best for your child. The immunization schedules and guidelines are available at <http://www.yolocounty.org/Index.aspx?page=161>. Additional information is available on the California Department of Public Health's Web site at www.cdph.ca.gov. Be sure to start your baby's vaccinations on time and keep them up to date.

Why should my child be vaccinated?

Childhood vaccines have kept children in the U.S. healthy for more than 50 years and have proven to be effective in preventing many diseases. The Food and Drug Administration, along with the CDC, American Academy of Pediatrics and American Academy of Family Physicians, ensures all vaccines are continually tested and inspected to be sure they are safe for kids. Most importantly, whooping cough is now considered an epidemic in California. Parents and caregivers of young infants are being directed to get a pertussis booster shot to protect their infants who are too young to be vaccinated. For more information about this epidemic, visit the California Department of Public Health's Web site at: <http://www.cdph.ca.gov/Pages/NR10-041.aspx>.

How much do vaccines cost?

Vaccines are available to all children regardless of family income. Many health care plans provide children's vaccines for free or for a small fee. California Healthy Families and Medi-Cal programs also offer free immunizations for eligible children.

How can I prepare my child for a vaccine shot?

Arrive on time for the appointment and bring your child's favorite toy, book or snack to provide comfort and keep your child occupied in the waiting room. Be sure to give your child a big hug after the vaccination shot!

What else do I need to do?

Take your child's vaccination records with you to every doctor visit and keep them in a safe place – you will need them for school and child care. Ask the doctor or nurse what to expect after the shot, and monitor your child for possible side effects. In case of problems, immediately call your doctor.

First 5 Yolo encourages parents to learn more about vaccinations and ways to help protect young kids and keep them healthy. For more information on vaccinations and First 5 Yolo's programs, services and resources, please visit www.first5yolo.org.

About First 5 Yolo

Research shows a child's brain develops most dramatically in the first five years and what parents and caregivers do during these years to support their child's growth will have a meaningful impact throughout life. In November 1998, California voters passed a statewide ballot initiative to add a 50-cent-per-pack tax on cigarettes. The funds collected are utilized to fund education, health and childcare programs that promote early childhood development from prenatal through age 5. For more information about First 5 Yolo, please visit www.First5Yolo.org.



Children and Families Commission

Campus Talk

Submitted by Barbara Ashby, MS, WLCP
Manager Work Life
University of California, Davis
(530)752-5415

<http://www.hr.ucdavis.edu/worklife-wellness>, E-mail: worklife@ucdavis.edu

New Lactation Accommodation Policy

The University of California, Davis campus has adopted a Lactation Accommodation policy. The policy will support lactating mothers. To view the policy visit <http://manuals.ucdavis.edu/PPM/380/380-25.pdf>.



Support Group for New and Expectant Moms

Expectant and new mothers are encouraged to attend the monthly support group sponsored by the Breastfeeding Support Program information at <http://www.hr.ucdavis.edu/worklife-wellness/Life/breastfeeding-support-program-1>

The Breast Feeding Support Program (BFSP) classes and support group are also open to the community. Lonna Hampton, Lactation Consultant, would appreciate RSVPs at worklife@ucdavis.edu

We have added two new classes to the Breastfeeding Support Program. Each will be taught quarterly.

Preparing for Birth and Breastfeeding

October 14, 2010
11:30 a.m. – 1:30 p.m.
130 Hoagland Hall

Preparing for the Return to Work/School w/ New Baby at Home

December 9, 2010
11:30 a.m. – 1:30 p.m.
130 Hoagland Hall

“Breastfeeding Moms on Campus” Support Group

Come meet with other moms, share your stories of breastfeeding and mothering, encourage and learn from each other. Babies, spouses and partners are welcome!

Memorial Union/Moss Room, 12:00 pm – 1:00 pm
October 15, 2010
November 19, 2010
December 17, 2010
Memorial Union/Moss Room, 12:00 pm – 1:00 pm

Pregnant? Planning to Breastfeed?

Consider volunteering for the UC Davis Milk Study and you'll receive 4 visits from a Board Certified Lactation Consultant to help you get breastfeeding off to a good start. You can learn more about the study at <http://ucdavis-lactation-study.org/>

We are studying how the components in human milk change as babies grow, how certain properties of milk influence the infants' gut flora, how milk differs from mother to mother, and how a mothers' diet influences her milk. We are looking for new mothers who want to help with this research by donating small quantities of their milk at specific intervals over the first 6 months of their babies' lives. Mothers who volunteer will receive financial compensation as well as breastfeeding support from a lactation consultant.

Interested? Send an email to ucdmilkstudy@gmail.com or call (888)-217-5355.

Brown Bag Series

The 2010 - 11 WorkLife & Wellness Brown Bag Series launches in October in recognition of Work & Family Month.

WorkLife and Wellness Brown Bag Series Schedule:

Stimulating the Brain Through Movement

With Pamela Trokanski
October 21, 2011

Personal Financial Management in Uncertain Times

with Paul Meyerhoff and Susan Soesbe
October 28, 2011

Tai Chi and Qigong: Gentle Exercise for Wellness

with Rebecca Pope
December 2, 2011

Legislative Update



This legislative summary was prepared by Donita Stromgren, Public Policy Manager, California Child Care Resource & Referral Network.

Legislative Update

October 1, 2010

NEW LAWS: Effective January 1, 2011

Community Care Licensing:

AB 2084 (Brownley) - Child day care facilities: Nutrition

Requires a licensed child day care facility to follow specified guidelines relating to the provision of beverages (milk, juice & water). Includes the exclusion of a child, with documentation from a physician, from any of the requirements (e.g., 1% milk or nonfat milk, no beverages with added sweetener) if the child's health would be adversely affected. Includes new findings and declarations and notes that if a child has a medical necessity for "medical food" documented by a physician or if a parent or guardian provides a beverage then the provider is exempted from the requirements of this bill as it relates to the child/ren involved. Includes definition for healthy beverages and other technical changes. Implementation delayed until January 1, 2012 and then only requires DSS-CCL determination of compliance during regularly scheduled visits. Allows the department to adapt the provisions of the most recent nutrition information available.

Status: Signed, Chapter 593. Network Position: Support

SB 1116 (Huff) - Heritage Schools

Defines heritage schools as programs that serve school age children that attend a full-day public or private school and educates children to speak a foreign language and learn about a foreign culture and customs. Heritage schools would be required to comply with fingerprinting and criminal record checks applicable to private schools and to file an affidavit with the Superintendent of Public Instruction. Requires the director of a heritage school to complete at least 15 hours of health and safety training and employees and volunteers to be in good health. It requires notification to parents that the school does not have a child care license. Includes a fee of \$100 for initial affidavit filing and for each subsequent filing with of fee of \$55 to be deposited in the Heritage Enrichment Resource Fund. Limits the fee for affidavit filing to the cost of the department in administering the program. Changes the filing requirements related to filing date, address requirements and enrollment information and

from an affidavit or statement of operation to electronic registration form. Notes that Heritage schools do not satisfy state compulsory education requirements. Notes that Heritage schools shall not employ a person who is prohibited from employment by a public school district due to a crime conviction. Officially exempts a Heritage School from licensure as a child day care facility. **Status: Signed, Chapter 286.**

AB222 (Adams) – Ancillary Child Care

As of January 1, 2011 exempts employees under 18 years of age who provide care in an ancillary day care center from the requirement to register as a trustline provider. It would specifically provide that nothing in the trustline provider provisions shall be construed to prevent a person under 18 years of age from being employed in an ancillary day care center. A person who is denied trustline registration or has had registration revoked is ineligible for employment. This bill permits an employee or perspective employee to work pending the review of the trustline application.

Status: Signed, Chapter 431.

Preschool, Kindergarten & Early Learning:

SB 1381 (Simitian) - Kindergarten Readiness Pilot Program

Changes the kindergarten and first grade entry age progressively beginning in 2011-12 through 2014-15 back by one month each year. Requires that those children ineligible for kindergarten be admitted to a transitional kindergarten program and included in the calculation of average daily attendance. *Transitional Kindergarten defined as the first year of a two-year kindergarten program maintained by the school district. **Status: Signed, Chapter 705. Network Position: Monitor**

Governor's Message: "SB 1381 is a landmark accomplishment for early childhood developmental education in California, and I'm proud to sign this important legislation. The best investment we can make in the future of our state is to provide a quality education to California's children, and this legislation ensures that their academic careers are built on a strong foundation. I commend Senator Joe Simitian for authoring SB 1381 and for his steadfast dedication to California's students."

Legislative Update

School-Age Child Care:

(The California School Age Consortium supports all these bills unless noted otherwise)

AB 434 (Block) - After School Program: Matching Funds

Authorizes the cost of a program site supervisor selected under the ASES Program Act of 2002 to be included as direct services, provided that at least 85% of the site supervisor's time is spent at the program site. The site supervisor cost may be included in direct services but doesn't have to be included. **Status: Signed, Chapter 229. Network position- Monitor**

AB 2178 (Torlakson) - After School Education and Safety Program

To the extent consistent with federal and state privacy laws, would allow school districts to provide After School Education and Safety Programs and 21st Century Community Learning Centers with specified data. **Status: Signed, Chapter 462.**

SB 798 (DeSaulnier) - 21st Century Learning Centers

Revises the criteria and priorities for allocating funds as of January 1, 2010. Revises the percentage of funds required to be allocated and establishes per-day rates for the operation of year-round programs, school-year programs and summer or intersession programs. Requires the department to periodically review the appropriateness of percentages for allocation of funds and authorize them to adjust the percentages after consulting the Advisory Committee on Before and After School Programs. Technical changes made. **Status: Signed, Chapter 479. Network position- Monitor**

Resolution:

SCR 47 (De Saulnier) - Child Care Funding: Workforce

States the intent of the Legislature to increase funding for child development centers and preschools to provide staff with adequate salaries and benefits and provide adequate resources to support program quality. **Status: Resolution adopted, Chapter R-78.**

Vetoed Bills:

AB 1876 (Torlakson) - Education: After school Education and Safety Program

Governor's veto message:

I am returning Assembly Bill 1876 without my signature.

As a major proponent of After School Education and Safety programs in California, I am thrilled that the voter approved Proposition 49 made funding available that has made it possible for so many schools across the state to have programs serving students from 3 o'clock to 6 o'clock, from Monday through Friday. Currently, over 3,800 after school programs serve an average of approximately 333,700 students a day. These programs have time and time again met their intended purpose of keeping children safe, inspiring student learning, and helping working families.

It is a great testament to all the hard working after school program providers that California can be such a leader in providing educationally enriching activities to its students even after the end of the regular school day. The need is so great for these valuable after school programs that there is still not enough funding to meet the long waiting list of schools and students seeking to have an after school program.

As a result, with so many program applications pending on the waiting list to start offering services during the regular school week, I do not believe it is prudent to expand to weekend hours at this time.

For these reasons, I am unable to sign this bill.

2011 Yolo County Child Development Conference March 26, 2011



8:30 AM to 4:30 PM

Veterans Memorial Center
203 E. 14th Street (14th & B Street)
Davis, CA 95616

Keynote Presentation by:

José-Luis Orozco

Workshop Topics Include:

Behavioral Challenges, Infant/Toddler/Preschool,
Special Needs, Child Development, Parenting and more!
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6 Hours of Professional Growth

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| City: | Zip: |
| Email: | Phone: () |

- Early Bird Rate - \$40** (*postmarked by 3/4/11*)
 Late or Onsite Registration - \$50 (*postmarked after 3/4/11*)
Space is limited-late and onsite Registration is not guaranteed

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MAIL TO: Child Care Services · 600 A Street, Suite C · Davis, CA 95616

Your registration includes lunch from *Dos Coyotes*. Please make your selection below:

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| <input type="checkbox"/> Southwest Chicken Burrito | <input type="checkbox"/> Coke |
| <input type="checkbox"/> Southwest Rice & Bean Burrito | <input type="checkbox"/> Diet Coke |
| <input type="checkbox"/> Yucatan Chicken Salad | |
| <input type="checkbox"/> Yucatan Veggie Salad | |

** The City of Davis does not provide single-serving bottles of water, water dispensers will be available throughout the day.*

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CURRENT RESIDENT OR:

About Child Care Services Resource & Referral:

Child Care Services Resource & Referral provides free services to families and early care & education providers in Yolo County. Some of our services include:

For Families

- ◇ Free Child Care Referrals to licensed programs
- ◇ Trustline, a background check registry for legally license exempt child care providers
- ◇ Parenting Classes
- ◇ Free publication: *Small Talk*
- ◇ Toy & Resource Library
- ◇ Child Development Conference

For Early Care & Education Professionals

- ◇ Free referral listing for licensed facilities
- ◇ Trainings, Support & Resources
- ◇ Quality Enhancement Project
- ◇ PLAY vans
- ◇ Free publication: *Small Talk*
- ◇ Child Development Conference
- ◇ CCIP and CECT Training and Support for both, licensed and licensed exempt providers
- ◇ CDBG –Family Child Care licensing assistance for low-income housing residents.

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