

2012 DAVIS

Senior Resource Guide



- Consumer Problems
- Crisis Services
- Disability Resources
- Education
- Employment
- Financial/Tax Help
- Health Insurance
- Home Care
- Housing/Home Repair
- Information/Referral
- Legal Assistance
- Mental Health
- Support Groups
- Transportation
- Veterans

A publication of the Davis Senior Center
Available online at www.cityofdavis.org/cs/seniors



2012 Davis Senior Resource Guide

This directory is designed to assist seniors, their families & friends, and those who provide services to seniors in the Davis area. Although this guide is not a total listing of resources, it can be a useful tool to access some of the services available to older adults in our community.

Since many of the agencies listed provide free services, while others have a sliding scale or a set fee, be sure to ask about their fee schedules and eligibility requirements when you call.

The information in this directory was updated in February 2012 and may not be current after its initial printing. To report changes for listings in this directory, please contact:

Davis Senior Center
646 A Street, Davis, CA 95616
(530) 757-5696
seniorservices@cityofdavis.org

Listing this directory does not constitute endorsement.

This material can be made available upon request in an alternative format as required by the Americans with Disabilities Act of 1990. Direct your request to: Community Services Department (530) 757-5626; (530) 757-5666 (TDD) or csweb@cityofdavis.org.



Thanks to the Senior Citizens of Davis, Inc. for its support and funding for the printing of this guide.

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ADVOCACY

AARP www.aarp.org	1-888-687-2277
Area 4 Agency on Aging www.a4aa.com	916-486-1876
California Commission on Aging www.ccoa.ca.gov	916-419-7591
California Department of Aging www.aging.ca.gov	916-419-7500
California Senior Senate (Part of CA Senior Legislature) www.4csl.org	916-552-8056
City of Davis Senior Citizens Commission www.cityofdavis.org/meetings/agenda.cfm?c=15	530-757-5696
Del Oro Caregiver Resource Center www.deloro.org	1-800-635-0220
DMV Senior Ombudsman Program	916-657-6464
HICAP (Health Insurance Counseling and Advocacy Program) www.hicapservices.net	530-757-5696 or 1-800-434-0222
Legal Services of Northern California www.lsn.net	530-662-1065
Ombudsman Services of N. California www.osnc.net	530-668-5775
Senior Citizens of Davis, Inc. www.cityofdavis.org/cs/seniors	530-757-5696
Yolo County Commission on Aging and Adult Services	530-666-8235

ALCOHOL AND DRUG

Alcohol, Drug and Mental Health, Yolo County Department www.yolocounty.org/	530-757-5530
Alcoholics Anonymous www.aasacramento.org	916-454-1100
CommuniCare Health Centers Substance Abuse Treatment Programs West Sacramento	916-371-1966
Woodland www.communicarehc.org	530-668-2400

CLOTHING

Davis Community Meals Resource Center www.daviscommunitymeals.org	530-753-9204
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COMMUNICATION TRANSLATION / INTERPRETER SERVICES

California Relay Services (voice to TDD)	7-1-1
California Telephone Access Program (free equipment) www.ddtp.org/CTAP	1-800-806-1191
International House www.internationalhousedavis.org	530-753-5007
NorCal Services for Deaf and Hard of Hearing www.norcalcenter.org	916-349-7500

CONSUMER PROBLEMS

Call 3 (KCRA TV Channel 3) www.kcra.com/call3	916-447-2255
Clear Point Credit Counseling www.bydesignsolutions.org	1-800-750-2227
Consumer Hotline www.dca.ca.gov	1-800-952-5210
District Attorney - Consumer Fraud Division www.yolocounty.org	530-666-8180
Fair Housing www.cityofdavis.org/cs/fairhousing	530-757-5623
Forms Assistance – Davis Senior Center	530-757-5696
HICAP (Health Insurance Counseling and Advocacy Program) www.hicapservices.net or www.cahealthadvocates.org	530-757-5696 or 1-800-434-0222
Legal Services of Northern California www.lsn.net	530-662-1065
Ombudsman (Nursing Home Patient Advocacy) www.osnc.net	530-668-5775
State Department of Fair Employment & Housing www.dfeh.ca.gov	1-800-233-3212
U.S. Department of Housing and Urban Development www.hud.gov	1-800-669-9777
Victim-Witness Assistance Program www.yolocounty.org	530-666-8187

CRISIS SERVICES - LIFE THREATENING CALL 9-1-1

Adult Protective Services (APS)

www.yolocounty.org 530-661-2955 or 1-888-675-1115

APS – After-hours emergencies 9-1-1

Alcohol, Drugs & Mental Health, Yolo County Department 530-757-5530

24-hour mobile crisis line 1-888-965-6647

www.yolocounty.org

Emergency Shelter Programs

Davis Community Meals www.daviscommunitymeals.org 530-753-9204

Wayfarers – Woodland www.ywcmission.org 530-661-1218

Sexual Assault and Domestic Violence Center (24-hour crisis line)

www.sadvc.org 530-662-1133

Suicide Prevention of Yolo County (24-hour crisis line)

<http://groups.dcn.org/spyc> 530-756-5000

DEATH-RELATED SERVICES

Funeral Consumers Alliance www.fcanc.org 916-486-3552

UCD Dept. of Human Anatomy - Donated Body Program 916-734-9560

www.ucdmc.ucdavis.edu/bodydonation/

Yolo County Public Guardian/Public Administrator 530-666-8100

www.yolocounty.org

Yolo Hospice www.yolohospice.org 530-758-5566

DENTAL CARE

Davis Community Clinic www.communicarehc.org 530-757-4667

Denti-Cal www.denti-cal.ca.gov 1-800-322-6384

Donated Dental Services Program www.nfdh.org 303-534-5360

Sacramento City College Dental Health Clinic 916-558-2303

www.scc.losrios.edu/x1106.xml

DISABILITY RESOURCES

AT (assistive technology) Network www.atnet.org	1-800-390-2699
ATT Customer Services	1-800-772-3140
Braille and Talking Book Library www.library.ca.gov/services/btbl.html	1-800-952-5666
California Telephone Access Program www.ddtp.org/CTAP/	1-800-806-1191
Deaf and Disabled Telecommunications (Relay Service)	7-1-1
Medical Equipment Lending Closet – Davis Senior Center www.cityofdavis.org/cs/seniors	530-757-5696
Norcal Services for Deaf and Hard of Hearing www.norcalcenter.org	916-349-7500
Prevent Blindness Northern California www.northerncalifornia.preventblindness.org	1-800-338-3041
Visual Service Center, Society for the Blind www.societyfortheblind.org	916-452-8271

EDUCATION AND ENRICHMENT

Adult Education www.djUSD.k12.ca.us/AdultSchool	530-757-5380
Braille and Talking Book Library www.library.ca.gov/services/btbl.html	1-800-952-5666
Davis Art Center www.davisartcenter.org	530-756-4100
Davis Senior Center www.cityofdavis.org/cs/seniors	530-757-5696
Library - Yolo County, Davis Branch www.yolocountylibrary.org	530-757-5593
Literacy Service - Woodland Public Library www.cityofwoodland.org/library	530-661-5987
OLLI – Osher Lifelong Learning Institute http://extension.ucdavis.edu/unit/osher_lifelong_learning_institute/	530-757-8777
UC Davis Center for Healthy Aging www.ucdmc.ucdavis.edu/healthyaging/	916-734-6441

EMPLOYMENT

CA Department of Fair Employment & Housing		1-800-884-1684
www.dfeh.ca.gov/		
CA Department of Rehabilitation	www.dor.ca.gov	530-668-6824
Employment Development Department	www.edd.ca.gov	530-661-2601
Employment and Social Services	www.yolocounty.org	530-661-2750
Experience Works (income eligible)	www.experienceworks.org	530-661-2613

FINANCIAL ASSISTANCE

Clear Point Credit Counseling		1-800-750-2227
www.bydesignsolutions.org		
Employment & Social Services, Yolo County Department		530-661-2750
www.yolocounty.org		
Home Energy Assistance Program		530-669-5700
Income Tax Assistance	www.cityofdavis.org/cs/seniors	530-757-5696
Medi-Cal (Department of Employment & Social Services)		530-661-2750
www.yolocounty.org		
PG&E C.A.R.E. Program	www.pge.com/care	1-800-743-2273
REACH/Energy Assistance		530-661-0346
Social Security/SSI	www.ssa.gov	1-800-772-1213

FOOD

Cal Fresh (formerly known as food stamps)		
www.calfresh.ca.gov or www.yolocounty.org		530-661-2750
Davis Community Meals	www.daviscommunitymeals.org	530-753-9204
Davis Senior Center	www.cityofdavis.org/cs/seniors	530-757-5696
Elderly Nutrition Program	www.elderlynutrition.org	530-662-7035
Federal Food Monthly Distribution (Food Bank)		530-668-0690
www.foodbankyc.org		
Food Closets		
Davis Korean Church – Friday’s Harvest (produce)		530-750-2753
Pole Line Baptist Church		530-753-4315
Meals on Wheels	www.elderlynutrition.org	530-662-7035

GOVERNMENT OFFICIALS

Davis City Council	530-757-5602
www.cityofdavis.org/cmo/whoswho.cfm	
Governor Jerry Brown	916-445-2841
http://gov.ca.gov/	
President Barack Obama	202-456-1111
www.whitehouse.gov	
US Congressman Mike Thompson	530-662-5272 or 202-225-3311
www.mikethompson.house.gov	
US Senator Barbara Boxer	916-448-2787 or 202-224-3553
www.boxer.senate.gov	
US Senator Dianne Feinstein	415-393-0707 or 202-224-3841
www.feinstein.senate.gov	
Yolo County Board of Supervisors (Clerk of the Board)	530-666-8195
www.yolocounty.org	

HEALTH INSURANCE

Health Insurance Counseling and Advocacy Program (HICAP)	
www.hicapservices.net or www.cahealthadvocates.org	
	530-757-5696 or 1-800-434-0222
Health Rights Hotline www.hrh.org	(916) 551-2100 or 1-888-354-4474
HMO Help Center - Managed Health Care	1-888-466-2219
www.hmohelp.ca.gov	
Medi-Cal www.dhcs.ca.gov	530-661-2750
Medicare www.medicare.gov	1-800-633-4227
Pre-existing Condition Insurance Plan (PCIP)	
www.pcip.ca.gov	1-877-428-5060
Social Security Administration (Medicare and SSI)	1-800-772-1213
www.ssa.gov	

HOME CARE AND SUPPORT SERVICES

ARE YOU OK? (Computerized daily phone call) www.cityofdavis.org/cs/seniors	530-757-5696
Citizens Who Care www.citizenswhocare.us	530-758-3704
Environmental Health www.yolocounty.org	530-666-8646
Home Care Agencies list – Davis Senior Center www.cityofdavis.org/cs/seniors	530-757-5696
Hospice - Yolo Hospice www.yolohospice.org	530-758-5566
In-Home Supportive Services (IHSS) www.yolocounty.org	530-661-2955
IHSS – Public Authority Provider Registry www.yolo.pa.org	530-661-2676
Medical Equipment Closet – Davis Senior Center www.cityofdavis.org/cs/seniors	530-757-5696
Senior Peer Counseling of Yolo County	530-757-5534
TLC Telephone Reassurance www.eskaton.org	1-888-334-3490
Yolo Adult Day Health Center www.woodlandhealthcare.com	530-666-8828

HOSPITALS AND CLINICS

Davis Community Clinic www.communicarehc.org	530-758-2060
Kaiser – Davis Medical Clinic http://members.kaiserpermanente.org	530-757-7100
Sutter-Davis Hospital www.sutterdavis.org	530-756-6440
UCDMC Alzheimer's Disease Diagnostic & Treatment Center http://alzheimer.ucdavis.edu	916-734-5496
UCD Medical Group - Davis www.ucdmc.ucdavis.edu/cliniclocations/primarycare/offices/locations/davis.html	530-747-3000
Woodland Healthcare (Hospital & Clinic) www.woodlandhealthcare.org	530-662-3961

HOUSING/HOME MAINTENANCE & REPAIR

Affordable Housing list/Senior Housing list	530-757-5696
Davis Senior Center www.cityofdavis.org/cs/seniors	
Community Housing Opportunities Corporation-CHOC www.chohousing.net	530-757-4444
Fair Housing (discrimination, landlord/tenant issues) www.cityofdavis.org/cs/fairhousing	530-757-5623
Handy Helpers (Davis Senior Center) www.cityofdavis.org/cs/seniors	530-757-5696
Rebuilding Together www.rebuildingtogethersacramento.org	916-455-1880 ext. 0
Yolo County Housing www.ycha.org	1-800-662-9656

INFORMATION AND REFERRAL

2-1-1 Yolo www.211yolo.org	2-1-1
AT (assistive technology) Network www.atnet.org	1-800-390-2699
Davis Senior Center www.cityofdavis.org/cs/seniors/	530-757-5696
Del Oro Caregiver Resource Center www.deloro.org	1-800-635-0220
Eldercare Locator www.eldercare.gov	1-800-677-1116
Employment & Social Services, Yolo County Department www.yolocounty.org	530-661-2750
Family Caregiver Support Program	530-666-8828
Senior Link (information and assistance) of Yolo County	530-207-4250
Vaughn Resource Center (Sutter Davis Hospital) www.sutterdavis.org/healthinfo/resourcelibrary.html	530-757-5110
Yolo Hospice www.yolohospice.org	530-758-5566

LEGAL ASSISTANCE

Davis Senior Center www.cityofdavis.org/cs/seniors	530-757-5696
Del Oro Caregiver Resource Center www.deloro.org	1-800-635-0220
Legal Services of Northern California www.lsn.net	530-662-1065
Ombudsman Services of Northern California www.osnc.net	530-668-5775
Public Guardian, Yolo County www.yolocounty.org	530-666-8100

Senior Legal Hotline 1-800-222-1753 or 916-551-2140
www.seniorlegalhotline.org
Small Claims Court, Advisor 530-758-1927

MENTAL HEALTH/COUNSELING

Del Oro Caregiver Resource Center www.deloro.org 1-800-635-0220
Family Caregiver Support Program 530-666-8828
Mental Health Services – Yolo County www.yolocounty.org 530-757-5530
National Alliance on Mental Illness www.nami.org 530-756-8181
Senior Peer Counseling – Yolo County 530-757-5534
Sexual Assault & Domestic Violence Center www.sadvc.org
24-hour hotline 530-662-1133
TLC Telephone Reassurance www.eskaton.org 1-888-334-3490
Yolo Community Care Continuum www.y3c.org 530-758-2160
Yolo Family Service Agency <http://yfsa.net> 530-662-2211
Yolo Hospice www.yolohospice.org 530-758-5566

RESPIRE

CASA Program (Alzheimer's Day Care) 530-666-8828
www.woodlandhealthcare.org
Citizens Who Care (volunteer in-home respite)
www.citizenswhocare.us 530-758-3704
Time Off for Caregivers (Saturday respite) 530-758-3704
www.citizenswhocare.us
Yolo Adult Day Health Center www.woodlandhealthcare.org 530-666-8828

SUPPORT GROUPS

Alzheimer's/Dementia 530-757-5696
Arthritis 530-662-9226
Bereavement - Yolo Hospice www.yolohospice.org 530-758-5566
Breast Cancer Network of Strength 1-866-616-4882
www.y-me.org/northerncalifornia or 530-753-3940

Breathers (Breathing and Pulmonary Problems)	530-757-5696
Cancer – (Living With Cancer, Woodland)	530-669-5305
Caregivers	530-666-8828
Caregivers of people with psychiatric disabilities www.namiyolo.org	530-756-8181
Hear! Here! Hearing Loss Group www.hearingloss.org	530-757-5696
Men’s Social Group	530-757-5696
Parkinson's www.parkinsonsacramento.org	530-757-5696
Peripheral Neuropathy	530-756-5102
Prostate Cancer	530-756-6408
Sexual Assault and Domestic Violence Center www.sadvc.org	530-662-1133
Transitions	530-757-5696
Visually Impaired www.outasightgroup.com	530-662-0535

TAX HELP

AARP Tax Aide Program (February – mid-April) www.aarp.org/money/taxes/aarp_taxaide/	530-757-5696
City of Davis Park & Open Space Tax Low-Income Refund Program www.cityofdavis.org	530-757-5651
Davis Library Parcel Tax Exemption	707-430-4300
Davis School District Senior Tax Exemptions www.djusd.net/district/docs/forms	530-757-5300 ext. 122

TRANSPORTATION

American Cancer Society (cancer patients only)	1-800-227-2345
Davis Community Transit www.cityofdavis.org/cs/transit	530-747-8240
Unitrans (Davis only) www.unitrans.ucdavis.edu	530-752-2877
Veterans Van www.yolocounty.org	530-406-4850
Yolo Bus/Yolo Bus Special (paratransit) www.yolobus.com	530-666-2877

VETERANS

Veterans Service Office www.yolocounty.org

530-406-4850

Veterans Van www.yolocounty.org

530-406-4850

VISITORS

Citizens Who Care www.citizenswhocare.us

530-758-3704

TLC Telephone Reassurance www.eskaton.org

1-888-334-3490

Yolo Hospice www.yolohospice.org

530-758-5566

IMPORTANT TELEPHONE NUMBERS

EMERGENCIES.....9-1-1

Davis Cell Phone Emergency #.....530-758-3600

Davis Police (non-emergencies).....530-747-5400

Adult Protective Services (Elder Abuse) 530-661-2955 or 1-888-675-1115

Poison Control.....1-800-222-1222

Suicide Prevention1-800-273-8555

 Davis.....530-756-5000

Write your important phone numbers in the spaces below.

Doctor _____

Pharmacy _____

Ambulance _____

Relative _____

Neighbor _____

Taxi _____

Bus _____