Fall Green Gardening Classes

Join us for Virtual Green Gardening Workshops on Wednesdays at noon during October and November!

October 20: Backyard Composting

October 27: Sustainable Landscaping

November 3: Tree Selection, Watering and Care (presented by Tree Davis)

November 17: Leak Detection and the City's Customer Water Use Portal, AquaHawk







Backyard Composting Class

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Thank you for participating!

We will take questions at the end of each section of the class.

To ask a question:

- Click "Raise your hand"
 Or
- ► Email <u>DCalciano@CityofDavis.org</u>





City of Davis Composting Class

- Backyard composting
- Worm composting
- ▶ In-ground composting
- ► Food digesters







What is Compost?

- The controlled decomposition of organic material
 - Includes bacteria, fungi, and other macro and micro organisms
- A soil amendment product that results from proper composting
- Why should we compost?
 - Healthy soil
 - Return nutrients to the soil
 - Natural fertilizer
 - ▶ Reduce waste









www.YoloCounty.org/Landfill



Grasscycling

- ► Leaving lawn clippings on the grass
- Mulch mower
- ► Follow the "1/3 rule"
 - Never remove more than 1/3 the height of the grass blade in any one mowing.
- ▶ Reduces the need for fertilizer
- Increases water retention







Backyard Composting

- ► The compost bin
 - ► Hoop bin
 - ► Store-bought bins
 - ► Reuse bins
 - ▶ Pallet bin
 - ► Chicken wire
 - ▶ Nursery flats
- ► Multiple bins
- ▶ Pile composting













Presto Geo Bin

- ► Size is adjustable
- ► Made from recycled plastic
- Available for \$10 to Davis residents in single-family homes







Placing your compost bin

- Must have contact with soil
 - ▶ Do NOT place on concrete
- Do not place against structures
 - ▶ Wood fencing, buildings, etc.
- Sun
 - ▶ Helps maintain heat
 - Dries out faster
- Shade
 - ► Helps maintain moisture
 - ▶ No warming effect











What to compost?

Carbon:	Nitrogen:
"Brown Stuff"	"Green Stuff"
-dry leaves -sticks -dried grass -hay -sawdust	-fresh grass clippings -green leaves -coffee grounds -fresh pulled weeds -chicken manure



- Aim for a 50/50 mix of greens and browns
- Do not add invasive weeds, diseased plants, or large pieces of wood









Adding Food Scraps

- Food scraps should never be more than 10% of the total pile volume
- Bury them deep
- Chop them up for faster decomposition
- Plant material only, no animal products
 - No meat, bones, dairy products, pet feces, fats, oils, or grease
- If you add food scraps, you must turn the pile weekly AND keep the material moist







Adding material to your pile

- Size matters
 - Think about the surface area
 - Small stuff breaks down faster than large pieces
 - ▶ Minimum 3' x 3' x 3' pile
 - ▶ To retain heat in the pile
- Mix the material
 - Layer greens and browns
 - Balanced "diet"
 - Always make sure food scraps are buried
- It's OK to continually add material to your pile







Moisture in your compost pile

- 40% moisture is ideal
- ▶ Test your pile
 - Pull out material from the center and squeeze
 - ► Dripping water = too wet
 - Dry and prickly = too dry
 - ► A few drops of water in your palm = perfect!
- ▶ Rainy season cover your pile
- ▶ Hot, dry weather add water









Temperature

- Evidence of activity metabolic heat
- ▶ 120° 140°
- Maintain the heat for several days
- Heat kills weed seeds, pathogens
- ▶ Increase temperature
 - Add water
 - ▶ Turn the pile
 - ► Add greens
 - Keep the pile at least 3' x3' x 3'







Turning your pile

- Adds oxygen
 - aerobic decomposition
- Mixes materials
- Deters pests
- ► Turn every 1 to 2 weeks for maximum aeration
 - Required if you add food scraps
- More turning = faster composting





Harvesting your compost

► Compost should be ready in 3 – 6 months

► Turn pile – remove the brown "dirt" at the

bottom

- Cure it first!
 - ▶ Lay it out in the sun to dry
- Using compost
 - Mulch
 - Soil amendment
 - ► Top dressing or work it into the soil
 - ► Potting mix





Troubleshooting

- ► Smelly Pile/ Pest Problems
 - ▶ Too much food waste
 - Stop adding food scraps and greens
 - ▶ Too wet
 - Add dry, brown material
 - Anaerobic
 - ► Turn your pile
- ► No Heat/Slow Decomposition
 - ► Too dry
 - Add moisture
 - ▶ Add green material
 - ▶ Pile too small
 - Add material









Questions?

Click "Raise your hand" to be unmuted and ask your question.

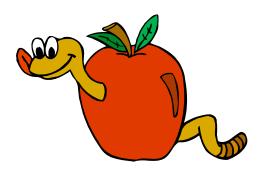
► Email DCalciano@CityofDavis.org





Food Scrap Composting

- Vermicomposting (worm composting)
- ► Food digester
- ▶ In-ground composting









Food Scrap Composting

- YES
 - ► Fruit & vegetables
 - ▶ Bread, rice, & pasta
 - ▶ Tea bags
 - ► Coffee grounds & filters



- ► NO
 - ▶ Meat & bones
 - ► Fish
 - Dairy
 - ► Fats, oils and grease
 - ► Salad w/ dressing
 - ▶ Pet feces (dogs & cats)





Worm Composting

- Ideal for apartments, small places
- Only for food scraps
- Getting started
 - Bin
 - Location
 - Bedding
 - Worms
 - ► Food scraps
- Worm castings are highly a nutritious fertilizer
- Fun method of composting food scraps
- Pest resistant







A Little Background on Worms...

- ▶ Where do you find worms?
 - ► Cool, damp soil
 - ▶ Near the top 2 feet of soil
 - ► Soft, aerated soil
 - ▶ Never in the sun
- Ectotherms (cold-blooded)
 - ► Active when warm
- Hermaphroditic
 - Each worms creates a cocoor
- ▶ Porous skin
 - ► Absorbs moisture
 - Sensitive to pH





Purchasing a worm bin

- Different styles
- Most have spigot to collect leachate
- ► Range of prices available





Make your own worm bin

Plastic storage tote with lid

- Opaque
- ▶ 18 inches deep is best
 - Deeper—no oxygen
 - ▶ Shallower—no insulation
- ▶ Punch holes
 - ▶ In the bottom & lid
 - ▶ NO LARGER than 1/16"!
- ▶ Will your bin be located indoors?
 - ▶ Buy 2 bins
 - don't punch holes in one









Location

- MUST be in complete shade!
- Be wary of asphalt and concrete
- Protected area where there is no frost
- You may need to move the worm bin occasionally
 - ▶ Think about the size of your worm bin
- Winter: Insulate your bin
 - Wrap with blanket, straw bales
 - Bring it indoors to a garage
- Suggested locations
 - Against a building in the shade
 - Under a porch
 - Garage
 - Under the sink
 - Deep shade under a bush or tree









Worm Bedding

- What is bedding?
 - ▶ Bedding is a food source <u>and</u> an environment
 - Think of it as water in the fish bowl
 - ► More bedding = more temperature insulation
- Shredded newspaper, paper, junk mail
- How to add bedding
 - Dampen the bedding FIRST before adding it to the bin
 - ► Fill the worm bin up to the top, leaving only 2-3" of space left for air
 - You will need to continually add bedding materials to your bin (worms will eat it)
- Final touch—add a small handful of dirt



It takes a LOT of paper to fill a bin.





Composting Worms

- Red wigglers
 - ► Eisenia foetida or Lumbricus rubellis
- ▶ Locally available
 - ► City of Davis Public Works (\$5)
 - ► Not currently available
 - ▶ UC Davis Project Compost
 - ▶ Local hardware stores







Feeding your worms

- Move back the bedding
- Place the food scraps in the bin
- Cover the food scraps with the bedding
 - ► Always cover with at least 2 inches of bedding!
- Don't overfeed your worms!
 - ► Feed only once a week
 - ▶ Feed on one side of the bin at a time
- Chop food up for faster composting
- Watch the pH level
 - ► Citrus, coffee grounds





Harvesting the worm compost

- Put your worms on a diet for a few weeks
- Feed on one side of the bin
- One to two days later, remove the compost from the other side of the bin
- Spread the remaining compost evenly across the bin
- Add fresh bedding to refill the bin





Harvesting the worm compost

- Make a pile of compost
- Keep removing the upper layer
 - Worms dig down to avoid light
- Place worms back in bin
- Sift out un-composted material









Using worm compost

- Use it right away, no curing required
- Caution: seeds remain viable!
- Use as a fertilizer/ soil amendment
 - Nutrient content varies depending on diet
- Worm tea—spread in the garden







Questions?

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In-Ground Composting

- Choose a empty garden bed or a location outside of tree drip-line
- Dig a hole or trench at least 12" deep
- ► Add 2-3" of food scraps
 - ► Chop and mix into the soil
- Cover with at least 8" of soil







In-Ground Composting

- Watch for signs of digging animals
 - ▶ Not a good composting method with dogs
- ► Food scraps will be composted in 1-6 months
 - ▶ Soil type, season, material added, moisture
- Seeds can be planted immediately
- ▶ Large transplants—wait for finished compost







In-Ground Composting Tips

- Best in fall and winter
 - Prepare soil for spring
- ▶ Great for vegetable garden beds
- Worms!
 - ▶ If you build it, they will come
- Challenges
 - Digging is required
 - ► Hard to harvest the compost
 - There may not be places to dig year round







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Food Digesters







Make your own food digester

- 32 gallon galvanized garbage can with <u>tight fitting lid</u>
- ▶ Drill 1/4"-1/8" holes
 - Approx. 20 holes in the bottom
 - ► Approx. 20 holes in the lower 1/3
- Find a well-drained area in your yard
- Dig a hole to fit the digester
 - ightharpoonup 1/2 1/3 of digester should be below the ground
 - NO HOLES should be above ground
- Add food scraps and replace the lid
 - Add scraps daily or weekly as needed
- No need to add worms
- ▶ Should take 4-12 months to fill the digester









Beware!

- If left too long...a digester may become cockroach breeding grounds.
- ► Try using the digester as a densifier, or pretreatment to in-ground composting
 - ► Empty every few months
 - Spray down with vinegar
- MONITOR the bug population
- ▶ If roaches continue to be a problem...try another method.







Harvesting your compost

- Shovel out the material
- Harvest the compost
 - ▶ Replace the un-composted material in the digester
 - Dry the composted material out in the sun
 - More nutrients in composted food waste—use sparingly
- 2. Move all the material to in-ground composting







Troubleshooting your food digester

- Smell and fruit flies
 - ▶ Flies and smell *inside* is OK, but not outside
 - Add sawdust, dry grass, shredded newspaper
 - ▶ Hang strips of flypaper in your digester
- Pests getting in your digester
 - Secure the lid—tie it to the handles
 - No meat, dairy, fish or greasy foods
 - Roaches? Use only as a densifier or eliminate.







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THANK YOU!



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