

**CITY OF DAVIS  
2023-2024 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION**

**PART ONE:**

**Organization Name:** Empower Yolo, Inc.

**Name:** Lynnette Irlmeier **Title:** Executive Director **Phone:** (530) 665-5312

**Mailing Address:** 175 Walnut Street, Woodland, CA 95695

**Email Address:** [Lynnette@empoweryolo.org](mailto:Lynnette@empoweryolo.org)

**PART TWO:**

**Proposed Project Location:** Wallace and Vannucci Shelter, confidentially located shelter.

If the project is a capital project, an economic development activity or a target area project, include a copy of the map showing the project areas boundaries, the census tracts/block groups (ct/bg) and the low/mod percentage in each ct/bg.)

**Total Proposal Request:** \$15,000 **Minimum Request:** \$8,000

**CDBG Eligible Category:** Public Service  
(See List A in Application Packet)

**National Objective Compliance/Low and Mod Benefit:** Limited Clientele  
(See List B in Application Packet)

**City Council Identified Critical Needs:** (See List C in Application Packet)

- 1) Homeless Services, Emergency Shelter for domestic violence victims.
- 2) Child and Youth Services, domestic violence and trauma intervention services
- 3) Homeless services, Housing Counseling

**Beneficiary Information:**

<u>250</u>	Total number of <b>unduplicated</b> beneficiaries in proposed project
<u>45</u>	Number of <b>unduplicated</b> beneficiaries in program to be served with <b>CDBG</b> funds
<u>100%</u>	Percentage of the <b>CDBG</b> beneficiaries with low/moderate income
<u>\$11.11</u>	Cost (\$) per <b>CDBG</b> beneficiary (\$15,000/45 people/average 30 nights per beneficiary)
<u>Per Bednight</u>	Unit of service to determine cost per beneficiary

## 2023-2024 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

### PART THREE: Scope of Proposal

**a. Need/Target Group** (Describe the need for the activity and the group being served)

Empower Yolo offers a crisis shelter that houses self-identified victims of domestic violence, sexual assault, stalking and trafficking and their children. Many of our shelter residents arrive immediately after an abusive incident and others are referred by service providers, law enforcement, child welfare services, family or friends. In 2018, Empower Yolo began providing emergency shelter to adult male victims as well as women and children. Unfortunately, domestic violence rarely has one victim and children are at a significantly higher risk of injury because of their close proximity to their non-offending parent during a violent incident. Repeated exposure to trauma and violence can disrupt brain development and increase the risk of serious illness, psychological issues, and dangerous behavior later in life. Our program offers age appropriate support and counseling services to every child in our shelter.

When survivors of domestic violence seek to escape their abusive homes they are not only faced with the challenge of finding shelter for themselves and their children, but also for their pets. In the past, Empower Yolo has only allowed service animals in the shelter. In 2019, our shelter became pet friendly.

We are able to leverage local, foundation and private funding as match funding for federal programs in order to provide comprehensive support to victims. Our CDBG funding is used to provide support services and housing navigation to Davis residents while they stay in our shelter and beyond.

**b. Project Description/Benefit** (Activity Summary: Describe the activities of the proposed budget and benefit)

Our shelter program operates on three core principles, to: 1) Create safety, 2) Enhance well-being. 3) Provide stability. More than just a temporary refuge, our confidentially located safe house provides a comprehensive empowerment program designed to assist survivors in becoming more independent, empowered, and safe from the violence in their lives. Although domestic violence can happen to anyone, the correlation between poverty and violence against women is undeniable. Domestic violence can interfere with education, training and work; it can cause dependence on welfare, or prevent a successful welfare-to-work transition. In fact, economic self-sufficiency is often the single most important factor in determining a woman's ability to escape abuse. Although men can be victims of domestic violence, and we do shelter and serve them, our shelter clients are predominately women. Our housing counseling services include housing navigation, financial literacy, resource development and opportunities to participate in our Rapid Rehousing program or our Housing First Transitional Housing program.

Effective interventions for children and adolescents cannot be separated from the responses to the non-offending parent. The welfare of children is strongly linked to their non-offending parent's safety and emotional well-being.

**c. Outreach** (Describe the outreach your organization will provide for the CDBG-funded project, as well as provide a list of the languages currently included in your organizational outreach)

Outreach efforts for the shelter includes the distribution of brochures and posters throughout the community; social media, zoom presentations and eblasts. We also have a walk-in center located on the corner of 5th and D Street in Davis. Individuals needing a domestic violence shelter or other services can walk-in and complete a shelter screening or receive other services at that site during normal business hours. Empower Yolo also offers 24-hour crisis line support, information and referrals.

Empower Yolo has staff members who speak Spanish, Mandarin, Urdu, Punjabi, and Hindi.

**d. Organizational Capacity** (Summarize your organizational capacity for the proposed project)

Empower Yolo is one of Yolo County's oldest and well-established non-profit organizations, now in our 45<sup>th</sup> year. We are still known to many individuals as the Sexual Assault and Domestic Violence Center. Originally established in a small apartment in Davis, today the agency has grown to provide extensive services throughout Yolo County. With offices in Davis, West Sacramento, Woodland, and Knights Landing. Our shelter director has been with our agency for nearly 20 years and our growing staff also includes volunteers who assist with answering the crisis line, organizing our community clothing closet, helping support our child advocates and other tasks.

**e. Partnerships and Other Resources** (List other agencies you collaborate with and indicate whether or not your proposed project is duplicative of other projects operated by local public or non-profit organizations)

Empower Yolo is the only agency in Yolo County that provides comprehensive services to victims of domestic violence, sexual assault, stalking and trafficking. Community partners that help support all of our services include the Yolo County Health and Human Services Agency, Child Support Services; First 5 Yolo; Dignity Health; UC Davis Family Protection and Legal Assistance Clinic; the Crisis Nursery, YCCC, Davis Community Meals, 4th and Hope, Legal Services of Northern California, Communicare, Shores of Hope and local law enforcement agencies. These partnerships create an improved coordinated response to all survivors of family violence by co-locating and/or coordinating existing county services so survivors can more effectively navigate through multiple systems when they have limited windows of time and multiple urgent needs.

**PERFORMANCE MEASUREMENTS AND SCHEDULE**

<b>ACTIVITY</b>  (What the program does to fulfill its mission)	<b>INDICATOR</b>  (The direct products of program activities)  <b>SERVICE #s</b>	<b>OUTCOME</b>  (Benefits that result from the program)	<b>COMPLETION DATE</b>  (When the specific task is completed)
Provide shelter and support services to victims of domestic violence, sexual assault, stalking and trafficking.	45 shelter residents, adults and children and the number of bed nights shelter is provided.	Victims of domestic violence, sexual assault, stalking and trafficking will have a safe place to stay and recover from the effects of violence in their lives.	On-going
Provide age-appropriate therapy and safety planning to children who reside in the shelter.	25 children will receive therapeutic services.	Children will feel safer and have strategies for enhancing their safety and coping with trauma.	Ongoing
Shelter clients will leave the shelter and move to permanent housing.	65% of program participants will leave the shelter and enter permanent housing.	Individuals and families that are living in a shelter due to family violence, will become self-sufficient.	Ongoing

**CITY OF DAVIS  
BUDGET SUMMARY FOR PROPOSED PROJECT**

Program year 2023-24 Budget Category	CDBG/HOME Portion			Other Funds for Project (Non-CDBG/HOME)					Totals
	Salaries & Wages	Fringe Benefits	Total Salary + Fringe	Other Federal Funds	State Funds	Local Funds	Foundation Grant Funding	Donations	
Salaries/Wages (Specify each position)									
<b>Direct Service Personnel</b>									
Shelter advocate/Housing Navigator	8,871	2,129	11,000		24,860	11,000			46,860
Shelter Director				68,414	7,007				75,421
Shelter Deputy Director				51,901					51,901
Overnight weekend advocates (1.2 FTE)				41,876	30,959				72,835
Shelter advocates (other) (4 FTE)				137,432		9,000			146,432
Child Advocate				40,789					40,789
Child Therapist				50,128					50,128
Facilities Manager (.15 FTE)				9,005	4,863				13,868
<b>Administrative Personnel</b>									
Executive Director (.1 FTE)				11,479	4,694				16,173
Grants Manager (.11FTE)				6,223					6,223
Finance Manager (.1 FTE)				5,678					5,678
Benefits all staff (.24%)non-CDBG				101,502	17,372	4,800	0	0	123,674
<b>TOTAL PERSONNEL BUDGET</b>	<b>\$8,871.00</b>	<b>\$2,129.00</b>	<b>\$11,000.00</b>	<b>\$524,427.62</b>	<b>\$89,754.92</b>	<b>\$24,800.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$649,982.54</b>
Supplies and Equipment for Service Delivery									
<b>DIRECT SERVICE SUPPLIES AND EQUIPMENT BUDGET</b>									
Mortgage								25,715	25,715
Utilities							1,200		1,200
Telephone							3,900		3,900
Shelter/Office Supplies								1,500	1,500
Food				4,800					4,800
Mileage							3,000		3,000
Janitorial supplies				2,400					2,400
Internet									0
Postage Box							364		364
Pet supplies									0
<b>TOTAL DIRECT SERVICE BUDGET</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$7,200.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$8,464.00</b>	<b>\$27,215.00</b>	<b>\$42,879.00</b>
<b>ADMINISTRATIVE COST BUDGET</b>									
10% deminimis				53,162.76	8,975.49	2,480.00	846.40	2,721.50	68,186.15
									0.00
									0.00
Other (Specify)									0.00
<b>TOTAL DIRECT COST BUDGET</b>	<b>\$0.00</b>	<b>\$0.00</b>		<b>\$53,162.76</b>	<b>\$8,975.49</b>	<b>\$2,480.00</b>	<b>\$846.40</b>	<b>\$2,721.50</b>	<b>\$68,186.15</b>
<b>TOTAL PROJECT BUDGET</b>	<b>\$8,871.00</b>	<b>\$2,129.00</b>	<b>\$11,000.00</b>	<b>\$584,790.38</b>	<b>\$98,730.41</b>	<b>\$27,280.00</b>	<b>\$9,310.40</b>	<b>\$29,936.50</b>	<b>\$761,047.69</b>

\* Please revise this form and annotate budget items as needed

**All applicants are requested to submit a copy of their organization's Operating Budget.**

## Empower Yolo

### Board Members

Board Chair  
Cathy Farman  
Attorney Retired

Board Vice-Chair  
Mara Llamas, Ed. D.  
Executive Director, UC Davis

Secretary  
Susan Gefter  
Attorney Retired

Treasurer  
Stuart Starkweather, MD  
Internal Medicine Specialist, Retired

Board Member  
Evan Schmidt  
Valley Vision

Board Member  
Magalean Martin  
Community Volunteer

Board Member  
Jessica Murray  
Marrone Bio Innovations

Board Member  
Celeste Santoni  
Critical Care Nurse Manager- ED and ICU

Board Member  
Robbie Murphy  
Retired

# Empower Yolo, Inc

July 1, 2023 - June 30, 2024

	<u>Total</u>
<b>Revenue</b>	
<b>Total 4100 EARNED INCOME</b>	<u>\$ 70,867</u>
<b>4200 Grant Revenue</b>	
Federal, State and Local Governments	\$ 3,086,658
Foundation	\$ 111,790
Other grant	\$ 60,783
<b>Total 4200 Grant Revenue</b>	<u>\$ 3,259,231</u>
<b>4300 CONTRIBUTED INCOME (nongrant)</b>	
4310 Contributions - Individ/Corp	\$ 150,000
4320 Family/ Small foundation	\$ 200,000
<b>Total 4300 CONTRIBUTED INCOME (nongrant)</b>	<u>\$ 350,000</u>
<b>Total Revenue</b>	<u>\$ 3,680,098</u>
<b>Expenditures</b>	
<b>6000 PERSONNEL EXPENSES</b>	
<b>Total 6000 PERSONNEL EXPENSES</b>	<u>\$ 2,602,227</u>
<b>7000 Program Expenses</b>	
<b>Total 7000 PROGRAM EXPENSES</b>	<u>\$ 793,215</u>
<b>8000 GENERAL &amp; ADMINISTRATIVE</b>	
<b>Total 8000 GENERAL &amp; ADMINISTRATIVE</b>	<u>\$ 282,156</u>
<b>8500 FUNDRAISING EXPENSES</b>	\$ 2,500
<b>Total Expenditures</b>	<u>\$ 3,680,098</u>
<b>Net Operating Revenue</b>	