

CITY OF DAVIS
2023-2024 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

PART ONE:

Organization Name: _____ Yolo Community Care Continuum (YCCC)_____

Name: _ Michele Kellogg _____ Title: _ Project Director _____ Phone: __530-758-2160_____

Mailing Address: ___ PO Box 1101 Davis, CA 95617_____

Email Address: ___ mkellogg@y3c.org _____

PART TWO:

Proposed Project Location: _____1752 Drew Circle, 2610 Grambling Court Davis, CA and throughout Davis _____

If the project is a capital project, an economic development activity or a target area project, include a copy of the map showing the project areas boundaries, the census tracts/block groups (ct/bg) and the low/mod percentage in each ct/bg.)

Total Proposal Request: \$ __12,000_____ Minimum Request: \$ __10,000_____

CDBG Eligible Category: _____ Public Service Mental Health Services_____

(See List A in Application Packet)

National Objective Compliance/Low and Mod Benefit: _____ Housing/Limited Clientele _____

(See List B in Application Packet)

City Council Identified Critical Needs: (See List C in Application Packet)

- 1) Mental Health Services
- 2) Homeless Services
- 3) Individuals with Disabilities

Beneficiary Information:

___62___ Total number of **unduplicated** beneficiaries in proposed project

___36___ Number of **unduplicated** beneficiaries in program to be served with **CDBG** funds

___100%___ Percentage of the **CDBG** beneficiaries with low/moderate income

___\$333.33___ Cost (\$) per **CDBG** beneficiary (CDBG Request/# of units of service/CDBG Beneficiaries)

See below ___ Unit of service to determine cost per beneficiary (meal, grocery bag, kit, hour, day/night, week, etc) (Public Services Only)

Unit of service: Grocery shopping trips (9 peoplex2 trips each per month), House meetings (5 sitesx2 meetings per month, transportation to medical appointments, individual meetings for Section 8 renewals, individual mental health counseling/assessment, crisis interventions day/night as needed, housing inspections, etc.

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PART THREE: Scope of Proposal

a. Need/Target Group (Describe the need for the activity and the group being served)

YCCC's New Dimensions Supportive Housing (NDSH) has been providing affordable housing in Davis since 1986 to people with a severe mental illness. Without the supportive services provided to residents, many of the individuals housed would be unable to live in the community, thus becoming homeless, requiring increased crisis hospitalization and possibly long-term hospitalization.

YCCC staff, funded through Davis CDBG and other funding sources, provide individualized supports to NDSH residents and homeless individuals seeking housing options in the Davis community. These supports include counseling to assist people with a mental illness to locate, obtain and maintain clean and affordable housing. YCCC provides individualized support services in the residents' homes to ensure that residents keep their housing placement. YCCC transports housed residents to mental health programs, appointments and assists in shopping. YCCC also provides crisis counseling and referral, as needed, and offers opportunities for social interactions between individuals who are at risk for isolation often associated with mental illness.

Without support, residents are at a high risk of losing their housing when acute psychiatric symptoms occur. Because residents are extremely-low income (30% of AMI), eviction from housing often means long periods of homelessness. However, with independent living skills training, mental health support and a sense of hope, many individuals are not only able to live independently, but also attend school, get a job and become contributing members of our community.

Funding will enable at least 36 extremely low-income Davis residents diagnosed with a mental illness to live independently in the Davis community. To qualify for this program the individuals served must have a diagnosis of a serious mental illness, for example diagnoses such as schizophrenia, major depression and bi-polar disorder. Individuals served by YCCC qualify as extremely low income under federal guidelines. Often, mental illness is compounded by other health problems, substance abuse and poverty. When the services provided by this funding aren't available, homelessness is often the result. CDBG funding is critical as it provides a required match to leverage federal HUD funding. This combined funding from HUD and the City of Davis provides for permanent supported housing in Davis for homeless mentally ill individuals.

In 2022-23, YCCC staff provided direct services to 36 Davis residents in its 36 housing units. During this period, no clients served were hospitalized for a psychiatric issue and only one client used crisis residential services. All these individuals returned to their housing in the community when they were psychiatrically stable. One individual was assisted to their own living situations.

Funding for NDSH prevents people with a mental illness from using more costly services, thus preserving valuable and limited community resources.

b. Project Description/Benefit (Activity Summary: Describe the activities of the proposed budget and benefit)

New Dimensions Supportive Housing provides supportive services to individuals who have a major mental illness. The support services delivered by YCCC staff assists these individuals in developing the necessary coping skills to remain stable and avoiding involuntary psychiatric hospitalization.

YCCC staff provide individualized services to each resident and the household as a group. Services provided include group instruction in independent living skills such as meal planning, shopping, cooking, cleaning, and laundry. Staff meets at least bimonthly with each household as a group to ensure that the household is running smoothly, to mediate any housemate difficulties, and to provide opportunities for socialization. In addition to group support, one on one counseling services are available. Individualized services include mental health support, vocational preparation, coping skills training, rental subsidy assistance and providing transportation to medical and mental health appointments and grocery shopping trips.

c. Outreach (Describe the outreach your organization will provide for the CDBG-funded project, as well as provide a list of the languages currently included in your organizational outreach)

Outreach includes:

- Homeless street outreach efforts with the Coordinated Entry Program
- Coordination of service planning with the Yolo County Department of Health and Human Services, Suicide Prevention, and ESG funded programs
- Participation in the Homeless and Poverty Action Coalition
- A minimum of in person, bimonthly support to the individuals in Homestead and Pacifico
- Coordination with groups which provide support to the mentally ill including the Alliance for the Mentally Ill, Farm to Mouth and CANDO
- Continued partnership with CHOC to manage Homestead and to develop other housing resources within Davis and Yolo County
- Coordination with the City of Davis to address the needs of identified chronic homeless individuals who have mental illness

YCCC staff speak English, Spanish, Mandarin and Tagalog and have access to a language line and interpreters when additional language support is needed.

d. Organizational Capacity (Summarize your organizational capacity for the proposed project)

Yolo Community Care Continuum was incorporated in 1979 and has been providing services to Davis residents since then. Our mission is to provide services and advocate for individuals with a serious mental illness. Our primary funding source is Yolo County Health and Human Services Agency (YCHHSA) but we have worked to diversify our funding to serve even more Davis residents in need. YCHHSA partners with YCCC for housing and other services and recognizes the services provided are effective with helping individuals manage their illness and are a cost-effective means of providing critical mental health, housing, financial and vocational support. Davis Community Meals, STEAC and Empower Yolo have also partnered with YCCC for supportive services that locate housing options for those in need.

YCCC provides an array of services designed to maximize an individual's stability and productivity in the community. Services include two crisis residential shelters (Safe Harbor and Cornerstone); a rehabilitative residential treatment program (Farmhouse); a long-term residential treatment program (Harmony House); a vocational program (Farm to Mouth); a medical respite (Haven House ICP) and New Dimensions Supportive Housing.

YCCC has successfully managed CDBG grant funding continuously since 1998. All program reporting requirements have been completed in an accurate and timely fashion supporting the City’s continued eligibility to receive CDBG funding.

e. Partnerships and Other Resources (List other agencies you collaborate with and indicate whether or not your proposed project is duplicative of other projects operated by local public or non-profit organizations)

Funding for NDSH is provided through ongoing YCCC fundraising efforts, Davis and Woodland CDBG, the Department of Housing and Urban Development (HUD) and other small community grants. Volunteers, along with the residents, participate in painting, gardening and general upkeep of the supported housing sites. Donations of food and gifts during the holiday season, furniture and other household goods are received from

YCCC supporters, All Things Right and Relevant and fundraising efforts. Volunteers have included the Yolo National Alliance for the Mentally Ill (NAMI), Yolo CANDO, UC Davis students, individuals, service organizations and businesses within the community.

YCCC collaborates with YCHHSA, the Yolo County Conservator’s Office, Davis Community Meals, Turning Point and Yolo CANDO to provide continuity of support services to residents. YCCC works closely with the Housing Authority to obtain Section 8 vouchers for the residents and to maintain project-based Section 8 housing. YCCC collaborates with Legal Services of Northern California to ensure that all fair housing laws and regulations are followed, and that clients’ rights are upheld.

PERFORMANCE MEASUREMENTS AND SCHEDULE

ACTIVITY (What the program does to fulfill its mission)	INDICATOR (The direct products of program activities) SERVICE #s	OUTCOME (Benefits that result from the program)	COMPLETION DATE (When the specific task is completed)
Thirty-six units of supported housing will be maintained in Davis	Signed rental/lease agreements with 36 individuals	Thirty-six individuals with a serious mental illness will reside in safe, affordable and supportive housing	7/1/2023-6/30/2024
Bimonthly contact will be made with each resident of NDSH	Signed rental/lease agreements with 36 individuals	Eighty-five percent of those housed will remain in either NDSH or will move to a lower level of care such as independent living	7/1/2023-6/30/2024
Psycho-educational groups to support housing residents will be conducted at least two times per month on site	Progress notes for each group will be written	Participants will be able to demonstrate knowledge of the subject matter taught in group. Additionally, residents will report increased mental health stability due to support	7/1/2023-6/30/2024