



# The Scene

646 A Street, Davis, CA 95616  
530-757-5696  
Office hours: M-F 9:00-4:00 p.m.

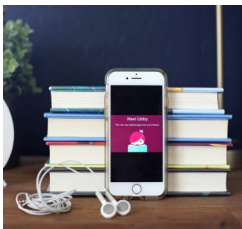
[www.cityofdavis.org/seniorservices](http://www.cityofdavis.org/seniorservices)  
Email: [seniorservices@cityofdavis.org](mailto:seniorservices@cityofdavis.org)  
Transportation: 530-747-8240

## September 2024

Volume 51 No. 9

## FEATURED THIS MONTH

### Free Books through Your Cell Phone and Tablet



Do you want to read or listen to books on your phone for free? Visit the Center for one-on-one support from Yolo County Library staff on **Tuesday, September 17, from 10 – 11 a.m.** Library staff will show you how to download the Libby app for free and read/listen to e-books and e-audiobooks. Bring your library card and your charged phone, tablet or laptop. All e-books and audiobooks are free to borrow. You can read or listen to your Libby books in the app on your tablet, phone or Kindle. You can adjust the reading settings to change the text size, font and lighting. The app works with multiple library cards and systems. If you have an Amazon account, please bring your login and password.

### New Family Fun Line Dance



Beginning **October 3**, the Center will add two **Wednesday** evening line dance classes for all ages. More details on page 5. Instructor Kirsten Ferries will teach novices and more experienced students in a fun and friendly environment. This is a Flexpass class, which is a pre-paid punch card that works for specific classes noted below. Only pay for what you use or try different classes. The Pass entitles you to one class for \$10, five classes for \$45, 10 classes for \$85 or 20 classes for \$155 (non-resident fees apply). Call the Center to sign up in advance of attending a Flex Pass class. Arrive five minutes prior to class start time to check in. Advanced registration is required.

### Ukulele Classes are Back



The next class session begins **Monday, September 9, and ends September 30**. Taught by expert instructor Julie Silva, the beginner class starts at 10 a.m. and Advanced Beginners at 11 a.m. We also offer free drop-in ukulele jam sessions at 12:00 p.m.

**The Center is Closed Monday, September 2, in observance of Labor Day.**

# ACTIVITIES

## Friday Films @12:30 p.m.

### Godzilla x Kong: The New Empire



September 6 (1hr, 55 mins) PG-13  
2024

Two ancient titans, Godzilla and Kong, clash in an epic battle as humans unravel their intertwined origins and connection to Skull Island's mysteries.

### Wish Man



September 13 (1hr, 47 mins) PG  
2019

Arizona motorcycle cop Frank Shankwitz meets a terminally ill boy named Michael and is inspired to change his life, leading to the creation of the Make-A-Wish foundation.

### Moll Flanders



September 20 (2 hrs, 3 min) PG-13  
1996

The daughter of a thief, young Moll is placed in the care of a nunnery after her mother's execution, but the actions of an abusive priest led her to rebel as a teenager, and she escapes to the dangerous streets of London. Further misfortunes drive her to accept a job as a prostitute from the conniving Mrs. Allworthy, where she first meets Hibble.

### Great Balls of Fire



September 27 (1 hr, 48 mins) PG-13  
1989

The life and career of wildly controversial rock and roll star Jerry Lee Lewis.

## Jazz Jam



Join this lively group every third Wednesday from 3 - 5 p.m. in the lounge. We welcome musicians who are proficient in their instrument but new to jazz. Every fourth Wednesday from 3 - 5 p.m. we'll host a more experienced jam. Not a musician? Feel free to just come to listen!

## Fabric Art



Create crochet or knitted items in the company of other crafters and artists. Wednesdays at 1 p.m. Want a way to support the Center? Purchase items created by this group in our hallway display. We sell kitchen towels, scrubbers, blankets, teddy bears and so much more.

## Support the Senior Center



Want to help build a long-term sustainable income to support the Davis Senior Center?

**Donate by mail:** Make your check payable to either "Davis Senior Services Endowment Fund" or

"Davis Senior Services Improvement Fund," and mail to:

**Yolo Community Foundation**

**P.O. Box 1264**

**Woodland, CA 95776**

**Donate online:** Go to [www.sacregcf.org](http://www.sacregcf.org). Click on "donate." Choose your donation amount.

At the drop-down arrow click either "Davis Senior Services Endowment Fund" or "Davis Senior Services Improvement Fund," complete the billing information and you're done! For information, contact Maria Lucchesi at the Davis Senior Center, 530-757-5696.

# ACTIVITIES

## Drop-In!

The Senior Center hosts a variety of drop-in activities for all interests and abilities! Programs such as Duplicate Bridge, Mah Jongg and Social Bridge encourage you to visit and observe in order to learn. Additionally, we offer workshops throughout the year.

- **Book Club:** Second Tuesdays, 2 p.m.
- **Chinese Culture Club:** Third Fridays, 1:30 p.m.
- **Duplicate Bridge:** Tuesdays, 12 p.m.
- **Hem & Haw:** Wednesdays, 1 p.m.
- **Jazz Jam - Beginner:** Third Wednesdays, 3 p.m.
- **Jazz Jam - Experienced:** Fourth Wednesdays, 3 p.m.
- **Mah Jongg:** Mondays, 12 p.m.
- **Mac Users Group:** Second Tuesdays, 5 p.m.
- **Men's Social Group:** Wednesdays, 10 a.m.
- **Open Art Studio:** Mondays, 9 a.m.
- **Parkinson's Care Partners Group:** Second and fourth Thursdays, 11 a.m.
- **Parkinson's Support Group:** Third Thursdays, 1:30 p.m.
- **Project Linus:** Second Wednesdays, 1:30 p.m.
- **Social Bridge:** Mondays, 12 p.m.
- **Table Tennis:** Mondays and Fridays, 9 a.m.
- **Ukulele Jam Session:** Mondays, 11:30 a.m.
- **Watercolor Group:** Fridays, 9:30 a.m.

## Crafts with Judy



This month, we'll create "Spooktacular" Halloween cards. Materials to make fall and Thanksgiving cards are also available. Please RSVP by Monday, September 16. **Friday, September 27, at 10 a.m.** \$5 materials fee due at

beginning of first class.

## Chinese Culture Club

Everyone is welcome to join in and experience Chinese culture on **Friday, September 20, at 1:30 p.m.** This fun and friendly group may practice tai chi, watch a movie, sing-along and more!

## Project Linus



Join Project Linus to make blankets for children in the community who are seriously ill, traumatized or otherwise in need. Come to our gathering in the Multipurpose room on **Wednesday, September 11, 1:30 - 3 p.m.** to share ideas,

patterns and lots of good conversation. Handmade blankets are given to Yolo County organizations that serve children in need. For general information, blanket drop-off location questions or fabric and yarn donations, contact Deanne Meyer at: [deannemeyer@gmail.com](mailto:deannemeyer@gmail.com).

## Trading Spaces!

The Davis Travelaires have moved across the lobby to the office located in the staff area. This is to allow the Center's program coordinator a larger space with faster access to the lobby and to customers on a daily basis. Travelaires is a long beloved partner to the Center, and we are grateful to have such wonderful volunteers and excellent service. Office hours remain **Thursdays from 10 a.m. - 2 p.m.** If you have a message to or need to drop off paperwork outside of this schedule, Center staff is happy to help.

# SPECIAL INTEREST

## Spotlight on LSNC



Legal Services of Northern California (LSNC) provides crucial civil legal services to tens of thousands of needy and vulnerable individuals,

while also engaging in complex, sophisticated advocacy—through litigation, legislation, administrative advocacy and community development work—that has a significant positive impact for areas such as affordable housing, public benefits, health, education and civil rights. LSNC assists thousands of individuals in need of civil legal services each year. Call the Center to schedule an appointment.

## Senior Citizen Commission



The Commission typically meets the **second Thursday of each month at 1 p.m.** Agenda packets are posted online at [https://](https://www.cityofdavis.org/city-hall/commissions-and-committees/senior-citizen-commission)

[www.cityofdavis.org/city-hall/commissions-and-committees/senior-citizen-commission](https://www.cityofdavis.org/city-hall/commissions-and-committees/senior-citizen-commission). To contact or send comments to the Senior Citizen Commission, email [SCC@cityofdavis.org](mailto:SCC@cityofdavis.org). We encourage the public to attend.

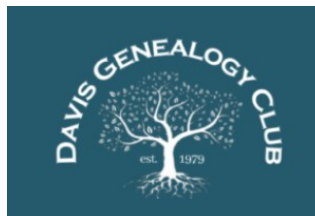
## Craft Fair Vendors Wanted



The Center is seeking vendors for our annual Craft Fair scheduled **Saturday, November 16, from 9 a.m.-2 p.m.**

The fair features over 30 vendors and a wide assortment of handmade items such as jewelry, soaps, cards, blankets, art and so much more. For details, contact Sandy at 530-757-5696.

## Writing and Publishing Family History



On **Tuesday, September 17, at 1 p.m.**, the Davis Genealogy Club invites the public to the free presentation, "Writing and Publishing Your Family

History" with Rick Hanson. This hybrid meeting features Rick as an in-person speaker in the Valente room, and we will broadcast via Zoom. To request a Zoom pass, email [President@DavisGenealogy.org](mailto:President@DavisGenealogy.org). Refreshments will follow the Q&A. All are invited to visit the Genealogy Library during the hour before the meeting starts. One of the best ways to ensure that all our genealogical research will *survive* is to publish a book. This presentation covers the entire publishing effort, your publishing options, the mechanics of creating a book--organization, content, process, printing options and cost, plus more. Bring your questions! Richard Hanson was a career computer programmer/analyst, now retired. He has been engaged in genealogy off and on since 1983 and has authored and self-published seven books (working on the eighth). He's an active volunteer in several local genealogical societies, the Sacramento Regional Genealogical Council, and the International German Genealogy Partnership. Rick brings a great handout to share.

**The Genealogy Library** is regularly open on **Wednesdays, 1-3:30 p.m. and Fridays, 11:30 a.m. - 2 p.m. plus Noon - 1 p.m.** on meeting days. Come and chat with a knowledgeable volunteer. Visit [DavisGenealogy.org](https://DavisGenealogy.org) for all upcoming events and membership information.

## Tech Help!

Need help with a smart phone? Want information on the latest Mac software update or device? The Senior Center offers something for everyone. Tech tutoring is available by appointment, and the Mac Users Group meets **every second Tuesday at 5 p.m.**

## Fitness/Wellness Classes

Hybrid classes are in-person with a Zoom option.  
Rates listed are for the full session.

- **Awareness Through Movement:** Wednesdays, 10 a.m. **September 25-October 16, \$25**
- **Forever Fit:** Fridays, 2 p.m. **September 6-27, \$16** (Hybrid)
- **Line Dancing:** Wednesdays 10 a.m.-12 p.m., Thursdays, 4-6 p.m. (Flex Pass class)
- **Evening Meditation on Zoom:** Thursdays, 4:30 p.m. **September 5-26, \$16** (Zoom)
- **Pilates:** Tuesdays & Thursdays, 2:30 p.m. **September 3-27, \$50** (Hybrid)
- **PM Aerobics:** Tuesdays & Thursdays, 6:30 p.m. (Flex Pass class)
- **Resistance Bands:** Mondays & Wednesdays, 2 p.m. **September 4-30, \$24** (Hybrid)
- **Sunrise Step, Tone, and Stretch:** Mondays, Wednesdays & Fridays, 7 a.m. (Flex Pass class)
- **Tai Chi:** Tuesdays & Thursdays, **Continuing:** 8 a.m. **Basic:** 9:15 a.m. **September 3-26, \$50**
- **Yoga-Chair:** Tuesdays, 10:30 a.m. **September 3-24, \$25**
- **Yoga-Chair:** Thursdays, 10:30 a.m. **September 5-26, \$25**
- **Yoga-Therapeutic:** Tuesdays, 8 a.m. **September 3-24, \$38**
- **Yoga-Therapeutic:** Thursdays, 8 a.m. **September 5-26, \$38**
- **Zumba:** Fridays, 12:30 p.m. **September 6-27, \$25** (Hybrid, Flex Pass)

## Step Up Your Wellness



Start your morning with a walk to explore the UC Davis campus and Arboretum **Wednesday, September 11, at 8 a.m.** Walks start early to avoid the heat and return by 10:30 a.m. Fill up your water bottle at the Senior Center and get a good workout with great company.

## More Line Dance Options!

### Family Friendly Line Dance

**Wednesdays, 5:30 - 6:30 p.m. Weekly beginning October 2.** All ages welcome! Bring the kids, parents, grandparents and cool aunts & uncles for this family friendly party! Fun, easy dances with kid-appropriate music and lyrics will be played. Only adults pay to enter. No drop-offs allowed, and adult guardians are responsible to make sure children are following the rules of the dance floor. All attendees (including children) must have a current waiver signed before entering the class. Come early to fill out paperwork for your first class. This class includes guests from YOLO Line Dance and the UCD Davis Country Line Dance Club. This is a Flex Pass class.

### 18+ Line Dance

**Wednesdays, 6:45 - 8:45 p.m. Weekly beginning October 2.** Who says we have nowhere to dance in Davis? Join us for a mid-week dance party to dance off your stress! Beginner? No worries! This class caters to beginners and more advanced line dancers. There will be three lessons a night, and quick walkthroughs before each dance to help you learn faster. All attendees must have a current waiver signed before entering the class. Come early to fill out paperwork for your first class. This class includes guests from YOLO Line Dance and the UCD Davis Country Line Dance Club. This is a Flex Pass class.

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# Davis Travelaires

The Davis Travelaires' newest trip to the Honeybee Discovery Center in Orland (near Chico) is open for registration. During our guided tour we will learn about why honeybees are essential for agriculture and for ecological balance and biodiversity, and why they are vanishing at nearly 46% per year. We will enjoy lunch at the delightful Hive restaurant in Orland and have time to shop in their beautiful gift shop.

The following trips are open for registration:

**"Wicked" at SF Orpheum Theatre** (Wednesday, September 18, 2024) **WAITLIST**

**Safari West** (Wednesday, October 2, 2024) **WAITLIST**

**Honey Bee Discovery Center & Hive Restaurant** (Wednesday, January 15, 2025)

**Duarte Poinsettia & Sciabica's Olive Oil** (Tuesday, November 19, 2024)

**Kona, Hawaii Getaway** (December 4-11, 2024)  
**REGISTER BY 9/14/2024**

·**Rhone River Cruise**, France: Lyon to Provence & the Cote d'Azur (April 15-27, 2025); singles are sold out; doubles are still available

**Ireland in Depth**, Dublin to Galway (August 9-23, 2025); singles are sold out; doubles are still available.

The Travelaires office inside the Senior Center is staffed by volunteers on Thursdays, 10 a.m. – 2 p.m. For information, visit <https://davistravelaires.org>, email [DavisTravelaires@gmail.com](mailto:DavisTravelaires@gmail.com), or call 530-902-1825. Email is monitored daily, and phone messages are checked on Thursdays. If you do not have access to the internet, pick up flyers at the Senior Center or leave a phone message with your name and address and we will send trip flyers to you.

Sincerely,

*Davis Travelaires Board of Directors*

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The  
**Scene**  
DAVIS SENIOR CENTER



646 A Street, Davis, CA 95616


530-757-5696

Office hours: M-F, 9:00 a.m. - 4:00 p.m.



DAVIS SENIOR CENTER

September 2024 Activities and Special Events

Information	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>Senior Center Office</b> Open Mon. - Fri. 9:00 a.m. - 4:00 p.m. 646 A St. Davis, CA 95616 (530) 757-5696 <a href="mailto:seniorservices@cityofdavis.org">seniorservices@cityofdavis.org</a></p> <p><b>Davis Community Transit</b> 530-747-8240</p> <p><b>Activity Key:</b> FP Flex Pass Class \$ Indicates class fee * Indicates need to register for free activity and/or by appointment.</p> <p><b>Room Key:</b> A - Activity Room B - Board Room G - Game Room K - Kitchen Lg - Lounge Ly - Lobby MPR - Multi Purpose Room MPE - Multi Purpose East MPW - Multi Purpose West P - Parking Lot Pt - Patio T - Travelaires Office V - Valente Room Z - Zoom</p> <p><b>Offsite Buildings:</b> CC - Community Chambers 23 Russell Blvd.</p>	<b>ONGOING WEEKLY ACTIVITIES</b>					
	<p><b>7:00am</b> Step,Tone, Stretch<sup>\$,FP</sup> (MPE)</p> <p><b>9:00am</b> Open Art Studio (V)</p> <p><b>9:00am</b> Table Tennis (MPW)</p> <p><b>10:00am</b> Beginner Ukulele<sup>\$</sup> (MPE)</p> <p><b>11:00am</b> Adv. Beginner Ukulele<sup>\$</sup> (MPE)</p> <p><b>12:00pm</b> Ukulele Jam Group (MPE)</p> <p><b>12:00pm</b> Mah Jongg (V)</p> <p><b>12:00pm</b> Social Bridge (G)</p> <p><b>2:00pm</b> Resistance Bands<sup>\$</sup> (MPE &amp; Z)</p>	<p><b>8:00am</b> Tai Chi, Cont.<sup>\$</sup> (MPE)</p> <p><b>8:00am</b> Therapeutic Yoga<sup>\$</sup> (A &amp; Z)</p> <p><b>9:15am</b> Tai Chi, Basic<sup>\$</sup> (MPE)</p> <p><b>10:30am</b> Chair Yoga<sup>\$</sup> (MPE)</p> <p><b>12:00pm</b> Duplicate Bridge (G)</p> <p><b>2:30pm</b> Pilates<sup>\$</sup> (MPE &amp; Z)</p> <p><b>3:45pm</b> Adv. Line Dancing<sup>\$,FP</sup> (MPE)</p> <p><b>6:30pm</b> PM Aerobics<sup>\$,FP</sup> (MPE)</p>	<p><b>7:00am</b> Step,Tone, Stretch<sup>\$,FP</sup> (MPE)</p> <p><b>10:00am</b> Men's Social Group (G)</p> <p><b>10:00am</b> Line Dancing<sup>\$,FP</sup> (MPE)</p> <p><b>10:00am</b> ATM<sup>\$</sup> (A)</p> <p><b>1:00pm</b> Hem &amp; Haw (A)</p> <p><b>1:00pm</b> Genealogy Library Drop In (L)</p> <p><b>2:00pm</b> Resistance Bands<sup>\$</sup> (MPE &amp; Z)</p>	<p><b>8:00am</b> Tai Chi, Cont.<sup>\$</sup> (MPE)</p> <p><b>8:00am</b> Therapeutic Yoga<sup>\$</sup> (A &amp; Z)</p> <p><b>9:15am</b> Tai Chi, Basic<sup>\$</sup> (MPE)</p> <p><b>10:30am</b> Chair Yoga<sup>\$</sup> (MPE)</p> <p><b>2:30pm</b> Pilates<sup>\$</sup> (MPE &amp; Z)</p> <p><b>4:00pm</b> Line Dancing<sup>\$,FP</sup> (MPE)</p> <p><b>4:30pm</b> Zoom Meditation<sup>\$</sup> (Z)</p> <p><b>6:30pm</b> PM Aerobics<sup>\$,FP</sup> (MPE)</p>	<p><b>7:00am</b> Step,Tone, Stretch<sup>\$,FP</sup> (MPE)</p> <p><b>9:00am</b> Watercolor (V)</p> <p><b>9:00 am</b> Table Tennis (MPW)</p> <p><b>11:00am</b> Café Yolo Lunch* (MPW)</p> <p><b>11:30pm</b> Genealogy Library Drop In (L)</p> <p><b>12:30pm</b> Friday Films (G)</p> <p><b>12:30pm</b> Zumba<sup>\$,FP</sup> (MPE &amp; Z)</p> <p><b>2:00pm</b> Forever Fit<sup>\$</sup> (MPE)</p>	
	<b>SPECIAL AND ONCE A MONTH EVENTS</b>					
	 <b>HOLIDAY - Senior Center Closed</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
		<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
			<b>5:00 pm Mac Users Group (G)</b>	<b>8:00 am Arboretum Walk (Ly)</b> <b>1:30 pm Project Linus (MPW)</b>	<b>11:00 am Parkinson's Care Partners (A)</b> <b>1:00 pm Sr. Commission Mtg. (A)</b> <b>2:00 pm Book Club (Lg)</b>	
		<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
			<b>10:00 am Library Talk (V)</b> <b>1:00 pm Genealogy Meeting (V)</b>	<b>3:00 pm Beg. Jazz Jam (Lg)</b>	<b>1:30 pm Parkinson's Group (MPW)</b>	<b>1:30 pm Chinese Culture Club (MPW)</b>
		<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
				<b>3:00 pm Adv. Jazz Jam (Lg)</b>	<b>11:00 am Parkinson's Care Partners (G)</b>	<b>10:00 am Crafts with Judy* (Lg)</b>
	<b>30</b>				<b>30</b>	