

DAVIS

Senior Resource Guide



- Adult Day Care
- Consumer Problems
- Crisis Services
- Disability Resources
- Education
- Financial/Tax Help
- Health Insurance
- Home Care
- Housing
- Information & Referral
- Legal Assistance
- Mental Health
- Support Groups
- Transportation
- Veterans Services



A publication of the Davis Senior Center
Available online at www.cityofdavis.org

Davis Senior Resource Guide

This directory is designed to assist older adults and those caring for them in the Davis area. Although this guide is not a comprehensive listing of resources, it is a useful tool to access some of the services available in our community.

Many of the agencies listed provide free services, while others have a sliding scale or a set fee. Be sure to ask about their fee schedules and eligibility requirements when you call.

The information in this directory may not be current after its initial printing. To report changes for listings in this directory, please contact:

Davis Senior Center
646 A Street, Davis, CA 95616
530-757-5696
seniorservices@cityofdavis.org

Listing this directory does not constitute endorsement.

<p>This material can be made available upon request in an alternative format as required by the Americans with Disabilities Act of 1990. Direct your request to: Community Services Department (530) 757-5626; (530) 757-5666 (TDD).</p>
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ADULT DAY CARE

Saturday Club www.citizenswhocare.us 530-758-3704
Yolo Adult Day Health Center 530-669-3700
www.dignityhealth.org/sacramento/services/yolo-adult-day-health-services/yolo-adult-day-health-center

ADVOCACY

AARP www.aarp.org 1-888-687-2277
Agency on Aging Area 4 www.agencyonaging4.org 916-486-1876
Alzheimer's & Dementia Education www.ddavis1@alz.org 916-930-9080
California Commission on Aging www.ccoa.ca.gov 916-419-7591
California Department of Aging www.aging.ca.gov 916-419-7500
California Senior Legislature www.4csl.org 916-552-8056
City of Davis Senior Citizen Commission 530-757-5696
www.cityofdavis.org
Del Oro Caregiver Resource Center www.deloro.org 916-728-9333
DMV Senior Ombudsman Program www.dmv.ca.gov 916-657-6464
HICAP (Health Insurance Counseling and Advocacy Program)
www.hicapservices.net 916-376-8915 or 1-800-434-0222
Legal Services of Northern California www.lsn.net 530-662-1065
Long-Term Care Ombudsman Program 530-668-5775 or 1-800-231-4024
www.agencyonaging4.org/long-term-care-ombudsman
Yolo County Commission on Aging and Adult Services
www.yolocounty.org/ 530-757-5583
Yolo Healthy Aging Alliance www.yolohealthyaging.org 530-757-5583

ALCOHOL & DRUG

Al Anon www.al-anon.org 1-888-425-2666
Alcoholics Anonymous www.aasacramento.org 916-454-1100
CommuniCare Health Centers Behavioral Health Programs 916-403-2970
www.communicarehc.org
Health & Human Services, Yolo County Department 530-757-5530
www.yolocounty.org/

CLOTHING

Davis Community Meals & Housing Resource Center 530-753-9204
www.daviscommunitymeals.org

COMMUNICATION / TRANSLATION / INTERPRETER SERVICES

California Relay Services (voice to TDD) 7-1-1
<https://ddtp.cpuc.ca.gov/relay.aspx>
California Telephone Access Program (free equipment) 1-800-806-1191
www.californiaphones.org
International House www.internationalhousedavis.org 530-753-5007
NorCal Services for Deaf and Hard of Hearing 916-349-7500
www.norcalcenter.org

CONSUMER PROBLEMS

ACC Senior Services (utility bills) www.accsv.org 916-393-9026 x339
Clear Point Credit Counseling www.clearpoint.org 1-800-750-2227
District Attorney - Consumer Fraud Division 530-666-8180
www.yoloda.org
Fair Housing www.cityofdavis.org 530-757-5623
HICAP (Health Insurance Counseling and Advocacy Program)
www.hicapservices.net 916-376-8915 or 1-800-434-0222
Long-Term Care Ombudsman Program 916-376-8910
www.agencyonaging4.org/long-term-care-ombudsman
Long-Term Care Ombudsman Program 24-Hour Crisis Line 1-800-231-4024
Victim-Witness Services Program 530-666-8187
www.yolocounty.org/
Yolo Conflict Resolution Center www.yolocrc.org 530-564-2324

CRISIS SERVICES (LIFE THREATENING - CALL 9-1-1)

Adult Protective Services (APS) 530-661-2727 or 1-888-675-1115
www.yolocounty.org/health-human-services/adults/adult-protective-services
APS – After-hours emergencies 9-1-1
Al Anon www.al-anon.org 1-888-425-2666
Emergency Shelter Programs
Davis Community Meals www.daviscommunitymeals.org 530-753-9204
Fourth and Hope – Woodland www.fourthandhope.org 530-661-1218
Friendship Line 1-800-971-0016
www.ioaging.org/services/all-inclusive-health-care/friendship-line
Empower Yolo (24-hour crisis line) www.empoweryolo.org 530-662-1133
Yolo County 24-hour mobile crisis and access line 1-888-965-6647
www.yolocounty.org/health-human-services/mental-health/mental-health-services
Suicide Prevention of Yolo County (24-hour crisis line) 530-756-5000
www.suicidepreventionyolocounty.org or 1-888-233-0228

DEATH-RELATED SERVICES

Funeral Consumers Alliance www.fca-calif.org 650-325-2000
Social Security Administration www.ssa.gov 1-800-772-1213
UCD Dept. of Human Anatomy - Donated Body Program 916-734-9560
www.ucdmc.ucdavis.edu/bodydonation/
Yolo County Public Guardian/Public Administrator 530-666-8100
www.yolocounty.org/health-human-services/adults/public-guardian
YoloCares – yolocares.org 530-758-5566

DENTAL CARE

Davis Community Clinic 530-757-4667
www.communicarehc.org/services/dental-care/
Denti-Cal www.denti-cal.ca.gov 1-800-322-6384
Dental Lifeline Network www.dentallifeline.org/california 530-241-4222
Sacramento City College Dental Health Clinic 916-558-2303
www.scc.losrios.edu/dentalhealthclinic

DISABILITY RESOURCES

ATT Customer Services	1-800-772-3140
Ability Tools www.abilitytools.org	1-800-390-2699
Braille and Talking Book Library www.library.ca.gov/services/btbl.html	1-800-952-5666
California Telephone Access Program www.californiaphones.org	1-800-806-1191
Medical Equipment Lending Closet – Davis Senior Center www.cityofdavis.org/seniorservices	530-757-5696
Medical Equipment Lending Closet- Amer. Lutheran Church	530-662-6338
Norcal Services for Deaf and Hard of Hearing www.norcalcenter.org	916-349-7500
Resources for Independent Living www.ril-sacramento.org	916-446-3074
Society for the Blind www.societyfortheblind.org	916-452-8271

EDUCATION & ENRICHMENT

Adult Education https://dace.djUSD.net/	530-757-5380
Alzheimer's & Dementia Education www.ddavis1@alz.org	916-930-9080
Books by Mail www.yolocountylibrary.org/books-by-mail/	530-757-5580
Braille and Talking Book Library www.library.ca.gov/services/btbl.html	1-800-952-5666
Davis Arts Center www.davisartscenter.org	530-756-4100
Davis Senior Center www.cityofdavis.org/seniorservices	530-757-5696
English Conversation Group www.yolocountylibrary.org	530-757-5593
Library - Yolo County, Davis Branch www.yolocountylibrary.org	530-757-5593
Literacy Service – Yolo Reads	530-666-8019
OLLI – Osher Lifelong Learning Institute https://extension.ucdavis.edu/areas-study/osher-lifelong-learning-institute	530-757-8777

EMPLOYMENT

CA Department of Fair Employment & Housing	1-800-884-1684
www.dfeh.ca.gov	
CA Department of Rehabilitation	www.dor.ca.gov 530-668-6824
Experience Works (income eligible)	www.experienceworks.org 530-661-2613
Mature Edge Job Readiness Program	1-800-211-4545
	www.agencyonaging4.org/mature-edge-job-readiness-program
Yolo Works	530-661-2641
	www.yolocounty.org/health-human-services/employment-services/yoloworks

FINANCIAL ASSISTANCE

AARP Tax Aide Program	www.aarp.org/money/taxes/aarp_taxaide/ 530-324-5007
Clear Point Credit Counseling	www.clearpoint.org 1-800-750-2227
Health and Human Services, Yolo County Department	530-661-2750
	www.yolocounty.org/health-human-services
Home Energy Assistance Program	530-669-5700
	www.northcoastenergyservices.com/index-4.html
Medi-Cal	new cases: 1-866-226-4515 continuing cases: 1-855-278-1594
	www.yolocounty.org/health-human-services/welfare/medi-cal
PG&E C.A.R.E. Program	www.pge.com/care 1-866-743-2273
REACH/Energy Assistance	www.pge.com/reach 1-800-933-9677
Social Security/SSI	www.ssa.gov 1-800-772-1213
Water Assistance Program	530-757-5696
	www.cityofdavis.org/city-hall/public-works-utilities-and-operations/water/water-rates/water-assistance-program

FOOD

Cal Fresh (formerly known as food stamps)	1-855-278-1594
	www.yolocounty.org/health-human-services/welfare/calfresh-formerly-food-stamps
Davis Community Meals & Housing	530-753-9204
	www.daviscommunitymeals.org
Federal Food Monthly Distribution (Food Bank)	530-668-0690
	www.yolofoodbank.org
Food Closet - Pole Line Baptist Church	530-753-4315
Meals on Wheels	www.mowyolo.org 530-662-7035
Mercy Coalition	916-509-3566

GOVERNMENT OFFICIALS

Davis City Council	530-757-5602
www.cityofdavis.org/city-hall/city-council	
Governor Gavin Newsom	916-445-2841
www.gov.ca.gov	
President Joe Biden	202-456-1111
www.whitehouse.gov	
US Congressman John Garamendi	530-753-5301 or 202-225-1880
https://garamendi.house.gov/	
US Senator Alex Padilla	916-448-2787 or 202-228-3865
Home - Senator Alex Padilla (senate.gov)	
US Senator Laphonza Butler	415 393-0707
Home - Senator Laphonza Butler (senate.gov)	
Yolo County Board of Supervisors (Clerk of the Board)	530-666-8195
www.yolocounty.org	

HEALTH INSURANCE

California Health Advocates	www.cahealthadvocates.org	916-231-5110
Covered California	www.coveredca.com	1-800-300-1506
Health Insurance Counseling and Advocacy Program (HICAP)		
www.hicapservices.net		916-376-8915 or 1-800-434-0222
HMO Help Center - Managed Health Care		1-888-466-2219
www.hmohelp.ca.gov		
Medi-Cal	new cases: 1-866-226-4515 continuing cases: 1-855-278-1594	
www.yolocounty.org/health-human-services/welfare/medi-cal		
Medicare	www.medicare.gov	1-800-633-4227
Social Security Administration (Medicare and SSI)		1-800-772-1213
www.ssa.gov		

HOME CARE & SUPPORT SERVICES

Care Trak Program – Davis Police Department	530-747-5400
Citizens Who Care www.citizenswhocare.us	530-758-3704
Environmental Health www.yolocounty.org/community-services/environmental-health-services	530-666-8646
Home Care Agencies list – Davis Senior Center www.cityofdavis.org/seniorservices	530-757-5696
Hospice - YoloCares www.yolocares.org	530-758-5566
In-Home Supportive Services (IHSS) www.yolocounty.org/health-human-services/adults/in-home-supportive-services	530-661-2955
IHSS – Public Authority Provider Registry www.yolopa.org	530-661-2676
Medical Equipment Closet – Davis Senior Center www.cityofdavis.org/seniorservices	530-757-5696
Multi-Purpose Senior Services Program www.healthcollaborative.org	916-374-7739
Senior Peer Counseling - www.citizenswhocare.us	530-758-3704
Telephone Reassurance www.eskaton.org/home-support-services.html	1-866-375-2866
Resources for Independent Living www.ril-sacramento.org	916-446-3074

HOSPITALS, CLINICS & NURSING HOMES

Davis Community Clinic www.communicarehc.org	530-758-2060
Kaiser – Davis Medical Clinic http://members.kaiserpermanente.org	530-757-7100
Nursing Home Compare www.medicare.gov/nhcompare	
Sutter-Davis Hospital www.sutterdavis.org	530-756-6440
UCDMC Alzheimer's Disease Diagnostic & Treatment Center www.ucdmc.ucdavis.edu/alzheimers	916-734-5496
UCD Medical Group - Davis www.ucdmc.ucdavis.edu/cliniclocations/primarycare/offices/locations/davis.html	530-747-3000
Dignity Health www.dignityhealth.org/woodland	530-576-5298

HOUSING

Affordable & Senior Housing lists

City of Davis	530-757-5623
https://www.cityofdavis.org/city-hall/city-manager-s-office/housing-and-grants-management/affordable-housing-program	
Davis Senior Center www.cityofdavis.org/seniorservices	530-757-5696
Community Housing Opportunities Corporation-CHOC www.chohousing.org	707-759-6043
Fair Housing (discrimination, landlord/tenant issues) https://www.cityofdavis.org/city-hall/city-manager-s-office/housing-and-grants-management/fair-housing-services	530-757-5623
Yolo County Housing www.ych.ca.gov	530-662-5428

INFORMATION & REFERRAL

2-1-1 Yolo www.211yolocounty.com	2-1-1
AT (assistive technology) Network http://abilitytools.org	1-800-390-2699
Davis Senior Center www.cityofdavis.org/seniorservices	530-757-5696
Del Oro Caregiver Resource Center www.deloro.org	916-728-9333
Eldercare Locator www.eldercare.gov	1-800-677-1116
Health and Human Services, Yolo County Department www.yolocounty.org/health-human-services	530-757-5502
Resources for Independent Living www.ril-sacramento.org	916-446-3074
YoloCares - www.yolocares.org	530-758-5566

LEGAL ASSISTANCE

Davis Senior Center www.cityofdavis.org/seniorservices	530-757-5696
Del Oro Caregiver Resource Center www.deloro.org	1-800-635-0220
Elder Protection Unit, Yolo County D.A. https://www.yolocounty.org/law-justice/district-attorney/departments/elder-protection-unit	530-666-8180
Legal Services of Northern California www.lsn.net	530-662-1065
Long-Term Care Ombudsman Program www.agencyonaging4.org/long-term-care-ombudsman	916-376-8910
Public Guardian, Yolo County www.yolocounty.org/health-human-services/adults/public-guardian	530-666-8100
Yolo Conflict Resolution Center www.yolocrc.org	530-564-2324

MENTAL HEALTH SERVICES

Del Oro Caregiver Resource Center	www.deloro.org	1-800-635-0220
Empower Yolo	www.empoweryolo.org	530-662-1133
Friendship Line		1-800-971-0016
	https://www.ioaging.org/services/all-inclusive-health-care/friendship-line	
Mental Health Services – Yolo County		530-757-5530
	www.yolocounty.org/health-human-services/mental-health	
National Alliance on Mental Illness	www.namiyolo.org	530-756-8181
Senior Peer Counseling	www.citizenswhocare.us	530-758-3704
Telephone Reassurance		1-866-375-2866
	www.eskaton.org/home-support-services.html	
Yolo Community Care Continuum -	www.y3c.org	530-758-2160
Yolo Family Service Agency -	www.yolofamily.org	530-753-8674
YoloCares -	www.yolocares.org	530-758-5566

SUPPORT GROUPS

Arthritis		530-661-2001
Bereavement - YoloCares	www.yolocares.org	530-758-5566
Breast Cancer - Thriving Pink		530-304-2746
Caregivers		530-753-2894
Caregivers		530-666-8828
Caregivers of people with psychiatric disabilities		530-756-8181
	www.namiyolo.org	
Dementia Caregivers		530-757-5696
Empower Yolo	www.empoweryolo.org	530-662-1133
Men's Social Group		530-757-5696
Parkinson's		530-757-5696
Parkinson's Care Partners		530-757-5696
Prostate	www.yoloprostate.net	530-756-9153
Stroke		530-661-2001
Western Neuropathy Association		833-980-4181
HOME :: Western Neuropathy Association	pnhelp.org	
Visually Impaired	www.outasightgroup.com	530-662-0535

TAX HELP

AARP Tax Aide Program (February through mid-April) 530-324-5007

www.aarp.org/money/taxes/aarp_taxaide

City of Davis Park & Open Space Tax Low-Income Refund Program

www.cityofdavis.org/city-hall/finance/low-income-refund-program-lirp

530-757-5651

Davis Library Parcel Tax Exemption

707-430-4300

Davis School District Senior Tax Exemptions

530-757-5300 ext. 122

www.djUSD.net/departments/business_services/tax_exemptions

TRANSPORTATION

American Cancer Society (cancer patients only)

1-800-227-2345

<https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>

Davis Community Transit

530-747-8240

www.cityofdavis.org/city-hall/parks-and-community-services/davis-community-transit

Mobility (transit) Training

916-429-2009 ext. 7

Unitrans (Davis only)

www.unitrans.ucdavis.edu

530-752-2877

Veterans Van

530-406-4850

www.yolocounty.org/health-human-services/adults/veterans-service-office

Yolo Bus/Yolo Bus Special (paratransit)

www.yolobus.com

530-666-2877

VETERANS SERVICES

Veterans Service Office & Veterans Van

530-406-4850

www.yolocounty.org/health-human-services/adults/veterans-service-office

Volunteers of America

www.voa-ncnn.org

916-661-5149

VISITING & TELEPHONE REASSURANCE

Friendship Line

1-800-971-0016

www.ioaging.org/services/all-inclusive-health-care/friendship-line

Telephone Reassurance

www.eskaton.org

1-888-334-3490

YoloCares -

www.yolocares.org

530-758-5566

IMPORTANT TELEPHONE NUMBERS

EMERGENCIES..... **9-1-1**

Davis Police Alternate Emergency #..... **530-758-3600**

Davis Police (non-emergencies)..... 530-747-5400

Adult Protective Services (Elder Abuse)..... 530-661-2727 or 1-888-675-1115

Davis Community Transit..... 530-747-8240

Poison Control..... 1-800-222-1222

Suicide Prevention 1-800-273-8555

 Davis..... 530-756-5000

Write your important phone numbers in the spaces below.

Doctor _____

Pharmacy _____

Ambulance _____

Relative _____

Neighbor _____

Taxi _____

Bus _____