



The Scene

646 A Street, Davis, CA 95616
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Office hours: M-F 9:00-4:00 p.m.

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Transportation: 530-747-8240

October 2024

Volume 51 No. 10

FEATURED THIS MONTH

Halloween Movie and Pizza Party



Bring your kids, grandkids and friends to enjoy some pizza, salad and dessert followed by a family friendly Halloween themed film on **Thursday, October 31, at 12 p.m.** This event is sponsored by Gentiva. Please RSVP no later than Monday, October 25. Get in the spirit and wear your favorite costume! \$10 cost.

Storytime at the Center



Beginning **October 9** the Center will partner with West Yolo Region Stephens-Davis Branch Library to offer Family Storytime every second Wednesday. Bring your kids and grandkids to enjoy stories, music and movement. **The first half hour, 2:30 - 3:p.m. is reserved for storytime, while 3-3:30 p.m. is supervised free play.** This program is best suited for children ages 3-8. All minors must be accompanied and supervised by a participating adult. No RSVP needed.

Craft Fair Coming Soon

Our annual Craft Fair is scheduled **Saturday, November 16, from 9 a.m.-2 p.m.** The Fair features over 30 vendors and a wide assortment of handmade items such as jewelry, soaps, cards, blankets, art and so much more. Snacks and drinks are available for sale. For more details, contact Sandy at 530-757-5696. We have limited spaces for vendors so please contact the Senior Center and reserve your spot today!

Are You Registered to Vote?

The non-partisan organization League of Women Voters will hold drop-in office hours on **Wednesday, October 2 from 10 a.m.-2 p.m.** to assist residents with voter registration verification.

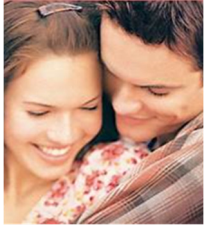
Awareness Through Movement-Strong and Flexible Knees. See page 5.

ACTIVITIES

Friday Films @12:30 p.m.

A Walk To Remember

A WALK TO REMEMBER



October 4 (1hr, 41 mins) PG-13
2002

Two North Carolina teens, Landon and Jamie, are thrown together after Landon gets into trouble and is sentenced to perform community service.

Practical Magic



October 11 (1hr, 44 mins) PG
1998

Two witch sisters, raised by their eccentric aunts in a small town, face closed-minded prejudice and a curse which threatens to prevent them ever finding love.

Stand By Me



October 18 (1hrs, 29 min) R
1986

A writer recounts a childhood journey with his friends to find the body of a missing boy.

The Wedding Singer

The Wedding Singer



October 25 (1 hr, 37 mins) PG-13
1998

Robbie, a singer, and Julia, a waitress, are both engaged, but to the wrong people. Fortune intervenes to help them discover each other.

Jazz Jam



Join this lively group **every third Wednesday from 3 - 5 p.m.** in the lounge. We welcome musicians who are proficient in their instrument but new to jazz. **Every fourth Wednesday from 3 - 5 p.m.** we'll host a more experienced jam. Not a musician? Feel free to just come to listen!

Fabric Art

Create crochet or knitted items in the company of other crafters and artists. **Wednesdays at 1 p.m.** Want a way to support the Center? Purchase items created by this group in our hallway display. We sell kitchen towels, scrubbers, blankets, bears and so much more.

Travel Talk



Davis Travelaires presents a "Travel Talk" trip preview on **Thursday, October 17, at 11:30 a.m.**

River cruises are a relaxing, no-stress way

to travel. Learn about two new Davis Travelaires 2025 river cruises at their "Travel Talk" trip preview presentation. The Tennessee rivers cruise from Nashville to Chattanooga, May 27-June 4, 2025, will explore regional music, civil war history and more. The Fall Foliage Hudson River cruise from Albany to New York City, October 26-November 3, 2025, will visit the Vanderbilt Mansion, West Point, the mysterious Sleepy Hollow and more. An American Cruise Lines representative will present details about both cruises and answer questions. Register on the Davis Travelaires website, [https://](https://DavisTravelaires.org) DavisTravelaires.org, email DavisTravelaires@gmail.com or call 530-902-1825.

ACTIVITIES

Drop-In!

The Senior Center hosts a variety of drop-in activities for all interests and abilities! Programs such as Duplicate Bridge, Mah Jongg and Social Bridge encourage you to visit and observe in order to learn. Additionally, we offer workshops throughout the year.

- **Book Club:** Second Thursdays, 2 p.m.
- **Chinese Culture Club:** Third Fridays, 1:30 p.m.
- **Duplicate Bridge:** Tuesdays, 12 p.m.
- **Hem & Haw:** Wednesdays, 1 p.m.
- **Jazz Jam - Beginner:** Third Wednesdays, 3 p.m.
- **Jazz Jam - Experienced:** Fourth Wednesdays, 3 p.m.
- **Mah Jongg:** Mondays, 11:30 a.m.
- **Mac Users Group:** Second Tuesdays, 5 p.m.
- **Men's Social Group:** Wednesdays, 10 a.m.
- **Open Art Studio:** Mondays, 9 a.m.
- **Parkinson's Care Partners Group:** Second and fourth Thursdays, 11 a.m.
- **Parkinson's Support Group:** Third Thursdays, 1:30 p.m.
- **Project Linus:** Second Wednesdays, 1:30 p.m.
- **Social Bridge:** Mondays, 12 p.m.
- **Table Tennis:** Mondays and Fridays, 9 a.m.
- **Ukulele Jam Session:** Mondays, 11:30 a.m.
- **Watercolor Group:** Fridays, 9:30 a.m.

Crafts with Judy



This month, we'll create "Fall/Winter" cards to celebrate the changing season. Materials to make Fall and Thanksgiving cards are also available. Please RSVP by Monday, October 21. **Friday, October 25, at 10 a.m.**

\$5 materials fee due at beginning of first class.

Project Linus



Do you enjoy quilting, knitting or sewing? Join Project Linus to make blankets for children in the community who are seriously ill, traumatized or otherwise in need.

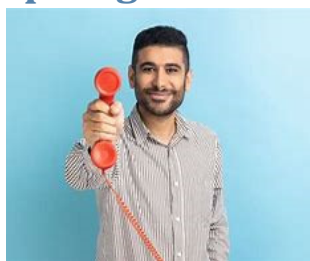
Come to our gathering on **Wednesday, October 9, from 1:30-3 p.m.** to share ideas, patterns and lots of good conversation. All are welcome to attend the meeting and help sew Linus labels on handmade blankets that will be given to Yolo County organizations that serve children in need. Project Linus members may take home fabrics and yarn each month to complete a blanket. Finished blankets can be brought to the next monthly gathering or to the Joann's Fabric store in Woodland. We are currently in need of yarn donations. Our next 3 meetings are October 9, November 13 and December 11, all at the same time and place. For general information, blanket drop-off location questions, or fabric and yarn donations, contact Deanne Meyer, yolocountyprojectlinus@gmail.com.

Chinese Culture Club

Everyone is welcome to join in and experience Chinese culture on **Friday, October 18, at 1:30 p.m.** This fun and friendly group may practice tai chi, watch a movie, sing-along and more!

SPECIAL INTEREST

Spotlight on Friendship Line



The Friendship Line is a signature program of the Institute on Aging, and has never gone unanswered since it was founded in 1973 by Dr. Patrick Arbore. Dr. Arbore's observation

that "connection to others binds us to life" led him to establish the Friendship Line, which is both a "warm line" and a crisis intervention center for routine – even daily – phone calls that provide emotional support and friendly conversation. Call Toll-Free: California: [888-670-1360](tel:888-670-1360).

Senior Citizen Commission



The Commission typically meets the **second Tuesday of each month at 1 p.m.** Agenda packets will be posted online at [https://www.cityofdavis.org/city-hall/commissions-and-committees/senior-citizen-](https://www.cityofdavis.org/city-hall/commissions-and-committees/senior-citizen-commission)

[commission](https://www.cityofdavis.org/city-hall/commissions-and-committees/senior-citizen-commission). To contact or send comments to the Senior Citizen Commission, email SCC@cityofdavis.org. We encourage the public to attend.

New Jewelry in Display Case!



We have updated our jewelry display with Halloween and fall themed items for sale. Although our next sale is in May, we accept new and used jewelry year round, so please consider donating. Sales

support the Center's programs and services. Many thanks to our jewelry volunteers who collect, clean and price items as well as maintain the display case.

An Immigrant Family in Pre-1906 San Francisco-A Case Study



On **Tuesday, October 15, at 1 p.m.**, The Davis Genealogy Club invites the public to the free presentation, "**An Immigrant Family in Pre-1906 San Francisco – a Case Study**" with expert Linda Harms

Okazaki. San Francisco suffered profound record loss following the 1906 earthquake and fire. Despite this loss, various resources will be examined, analyzed and correlated in order to document an immigrant family who arrived in "The City" around 1855, just a few years after statehood. Newspapers, maps, city directories and use of the FAN club will provide sufficient data to tell the story of this family. Crafted for intermediate and advanced researchers, but all levels welcome.

Okazaki is a fourth-generation Californian who is passionate about teaching people of all ages to research, document and share their family histories. Ms. Okazaki is a member of the Association of Professional Genealogists, the Genealogical Speaker's Guild and the Daughters of the American Revolution, and is a research consultant for Ancestry's ProGenealogists and Densho.org.

This hybrid meeting features Linda as an in-person speaker in the Valente Room and we will broadcast via Zoom. To request a Zoom pass, please email: President@DavisGenealogy.org Refreshments will follow the Q&A. **All are invited to visit the Genealogy Library during the hour before the meeting starts.**

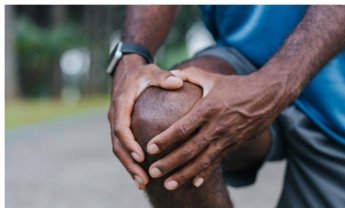
The Genealogy Library is regularly open on **Wednesdays, 1-3:30 p.m. and Fridays, 11:30 a.m. - 2 p.m. plus Noon - 1 p.m.** on meeting days. Come and chat with a knowledgeable volunteer. Visit DavisGenealogy.org for all upcoming events and membership information.

Fitness/Wellness Classes

Hybrid classes are in-person with a Zoom option.

- **Awareness Through Movement:**
Wednesdays, 10 a.m.
Knees: September 25-October 16, \$25
Breath & Breathing: October 30-November 27, \$25
- **Forever Fit:** Fridays, 2 p.m. **October 4-25, \$16** (Hybrid)
- **Line Dancing:**
Wednesdays, (Beginner) 10 a.m.-12 p.m.,
(Family Friendly) 5:30-6:30 p.m.,
(18+) 6:45-7:45 p.m.
Thursdays, 4-6 p.m. (Flex Pass class)
- **Evening Meditation on Zoom:** Thursdays,
4:30 p.m. **October 3-31, \$20** (Zoom)
- **Pilates:** Tuesdays & Thursdays, 2:30 p.m.
October 1-31, \$63 (Hybrid)
- **PM Aerobics:** Tuesdays & Thursdays, 6:30 p.m.
(Flex Pass class)
- **Resistance Bands:** Mondays & Wednesdays,
2 p.m. **October 2-30, \$27** (Hybrid)
- **Sunrise Step, Tone, and Stretch:** Mondays,
Wednesdays & Fridays, 7 a.m. (Flex Pass class)
- **Tai Chi:** Tuesdays & Thursdays,
Continuing: 8 a.m. **Basic:** 9:15 a.m.
October 1-31, \$63
- **Yoga-Chair:**
Tuesdays, 10:30 a.m., **October 1-29, \$32**
Thursdays, 10:30 a.m., **October 3-31, \$32**
- **Yoga-Therapeutic:**
Tuesdays, 8 a.m. , **October 1-29, \$47**
Thursdays, 8 a.m., **October 3-31, \$47**
- **Zumba:** Fridays, 12:30 p.m.
October 4-25, \$25 (Hybrid, Flex Pass)

Awareness Through Movement- Upcoming Sessions



Knees are the largest joint in our bodies and sometimes the source of real pain. Through new patterns of movement, we can make them

comfortable again. Come, lie on a cushioned mat, follow verbal instructions to explore movements that increase your sensory perceptions, and hence the strength and flexibility of your knees.

Wednesdays, 10–11 a.m. September 25 - October 16. \$25 The next Awareness through Movement session will focus on “Breath and Breathing” runs **Wednesdays, October 30- November 27. \$25**

Evening Line Dance For All Ages



The Center now offers **Wednesday** evening line dance classes for all ages. Instructor Kirsten Ferries will teach novices and more

experienced students in a fun and friendly environment. **Family fun starts at 5:30 p.m., while the more advanced session for those 18+ starts at 6:45 p.m.** This is a Flexpass class, which is a pre-paid punch card. Only pay for what you use, or try different classes. The Pass entitles you to one class for \$10, five classes for \$45, 10 classes for \$85 or 20 classes for \$155 (non-resident fees apply). Call the Center to sign up in advance of attending a Flex Pass class. Arrive five minutes prior to class start time to check in. Advanced registration is required so go online or contact the Center for details.



Davis Travelaires

The Davis Travelaires have added three new trips to their schedule: an outing to see “Back to the Future: The Musical” in San Francisco, a cruise from Nashville to Chattanooga on the Tennessee rivers, and a fall foliage cruise on the Hudson River. We expect the musical to sell out, and cabins on both cruises are selling fast, so don’t hesitate to register.

The following trips are open now:

Safari West (Wednesday, October 2, 2024)

WAITLIST

Duarte Poinsettia & Sciabica’s Olive Oil (Tuesday, November 19, 2024)

Honey Bee Discovery Center & Hive Restaurant (Wednesday, January 15, 2025)

“Back to the Future: The Musical” (Wednesday, February 19, 2025)

Kona, Hawaii Getaway (December 4-11, 2024)

INQUIRE ABOUT AVAILABILITY

Rhone River Cruise, France: Lyon to Provence & the Cote d’Azure (April 15-27, 2025); singles are sold out; doubles are still available.

Tennessee Rivers Cruise from Nashville TN to Chattanooga TN (May 27-June 4, 2025)

Ireland in Depth, Dublin to Galway (August 9-23, 2025); singles are sold out; doubles are still available.

Fall Foliage Hudson River Cruise from Albany NY to NYC (October 26-November 3, 2025)

The Travelaires office inside the Center is staffed by volunteers on Thursdays, 10 a.m. – 2 p.m. For information, visit <https://davistravelaires.org>, email DavisTravelaires@gmail.com, or call 530-902-1825. Email is monitored daily, and phone messages are checked on Thursdays. If you do not have access to the internet, pick up flyers at the Senior Center or leave a phone message with your name and address and we will send trip flyers to you.

Sincerely, *Davis Travelaires Board of Directors*

646 A Street, Davis, CA 95616

530-757-5696

Office hours: M-F, 9:00 a.m. - 4:00 p.m.

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October 2024 Activities and Special Events

Information	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Senior Center Office Open Mon. - Fri. 9:00 a.m. - 4:00 p.m. 646 A St. Davis, CA 95616 (530) 757-5696 seniorservices@cityofdavis.org</p> <p>Davis Community Transit 530-747-8240</p> <p>Activity Key: FP Flex Pass Class \$ Indicates class fee * Indicates need to register for free activity and/or by appointment.</p> <p>Room Key: A - Activity Room B - Board Room G - Game Room K - Kitchen Lg - Lounge Ly - Lobby MPR - Multi Purpose Room MPE - Multi Purpose East MPW - Multi Purpose West P - Parking Lot Pt - Patio T - Travelaires Office V - Valente Room Z - Zoom</p> <p>Offsite Buildings: CC - Community Chambers 23 Russell Blvd.</p>	ONGOING WEEKLY ACTIVITIES				
	7:00am Step,Tone, Stretch ^{\$,FP} (MPE)	8:00am Tai Chi, Cont. ^{\$} (MPE)	7:00am Step,Tone, Stretch ^{\$,FP} (MPE)	8:00am Tai Chi, Cont. ^{\$} (MPE)	7:00am Step,Tone, Stretch ^{\$,FP} (MPE)
	9:00am Open Art Studio (V)	8:00am Therapeutic Yoga ^{\$} (A & Z)	10:00am Men's Social Group (G)	8:00am Therapeutic Yoga ^{\$} (A & Z)	9:00am Watercolor (V)
	9:00am Table Tennis (MPW)	9:15am Tai Chi, Basic ^{\$} (MPE)	10:00am Line Dancing ^{\$,FP} (MPE)	9:15am Tai Chi, Basic ^{\$} (MPE)	9:00 am Table Tennis (MPW)
	10:00am Beginner Ukulele ^{\$} (MPE)	10:30am Chair Yoga ^{\$} (MPE)	10:00am ATM - Knees ^{\$} (A)	10:30am Chair Yoga ^{\$} (MPE)	11:00am Café Yolo Lunch* (MPW)
	11:00am Adv. Beginner Ukulele ^{\$} (MPE)	12:00pm Duplicate Bridge (G)	1:00pm Hem & Haw (A)	2:30pm Pilates ^{\$} (MPE & Z)	11:30pm Genealogy Library Drop In (L)
	12:00pm Ukulele Jam Group (MPE)	2:30pm Pilates ^{\$} (MPE & Z)	1:00pm Genealogy Library Drop In (L)	4:00pm Line Dancing ^{\$,FP} (MPE)	12:30pm Friday Films (G)
	11:30pm Mah Jongg (V)	3:45pm Adv. Line Dancing ^{\$,FP} (MPE)	2:00pm Resistance Bands ^{\$} (MPE & Z)	4:30pm Evening Meditation ^{\$} (Z)	12:30pm Zumba ^{\$,FP} (MPE & Z)
	12:00pm Social Bridge (G)	6:30pm PM Aerobics ^{\$,FP} (MPE)	5:30pm Family Line Dancing ^{\$,FP} (MPE)	6:30pm PM Aerobics ^{\$,FP} (MPE)	2:00pm Forever Fit ^{\$} (MPE)
	2:00pm Resistance Bands ^{\$} (MPE & Z)		6:45pm 18+ Line Dancing ^{\$,FP} (MPE)		
SPECIAL AND ONCE A MONTH EVENTS					
		1	2 10:00 am LWV Drop-In (Lg)	3	4
7	8 1:00 pm Senior Commission Mtg. (A) 5:00 pm Mac Users Group (G)	9 2:30 pm Story Time (Lg) 1:30 pm Project Linus (MPW)	10 11:00 am Parkinson's Care Partners (A)	11 2:00 pm Book Club (Lg)	
14	15 1:00 pm Genealogy Meeting (V)	16 3:00 pm Beg. Jazz Jam (Lg)	17 11:30 am Travel Talk (A) 1:30 pm Parkinson's Group (MPW)	18 1:30 pm Chinese Culture Club (MPW)	
21	22	23 9:00 am Arboretum Walk (Ly) 3:00 pm Exp. Jazz Jam (Lg)	24 11:00 am Parkinson's Care Partners (G)	25 10:00 am Crafts with Judy (Lg)	
28	29	30	31 12:00 pm Movie & Pizza Luncheon ^{\$} (V)	30	