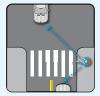


# Walk Smart!



Look Before You Cross. Look left, right, and left again before crossing a street or look over your shoulder for turning cars, especially at intersections.

**Make Eye Contact.** Don't assume that drivers see you. Make eye contact before you cross the street.



**Use the Crosswalk**. Cross at corners or at a marked crosswalk. This is where drivers expect to see you.

**Follow the Rules.** Follow directions from crossing guards.



**Be Visible.** Walk where cars and bikes can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.



# **Bike Smart!**



**Wear a Helmet.** It's the law. Helmets should fit snugly, sit level on your head, and always be buckled firmly under your chin.

**Ride with Traffic.** Ride on the right, in the same direction of traffic. Follow all signs and signals.



**Share the Path.** Pass walkers carefully on paths. Ring your bell or call "on your left" before passing.

**Lock Your Bike.** Always lock your bike frame and front wheel to the bike rack to prevent theft.



**Make Eye Contact.** Don't assume that drivers see you, especially when entering or crossing a street. Make eye contact before you cross, even if it is your turn.

**Be Alert.** If biking on the street, watch for opening car doors and cars turning across your path.



**Be Visible.** Ride where cars can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.

**Be Predictable.** Ride in a straight line and always signal your moves to others.

## Davis Suggested Routes to School

Davis is one of the easiest places in the country to walk and bike. We're lucky to have flat terrain, nice weather, and great bicycling and walking routes. Walking or biking establishes a healthy habit that can last a lifetime, and kids and adults who walk or ride to school can enjoy:

- A daily dose of physical activity
- · Healthy target body weight
- · Arriving at school attentive and ready to learn
- Improved test scores and better school performance
- Lower rates of depression and anxiety
- Traveling to school in a social and FUN way!

### Get Involved!

Here are some ways you can help promote active transportation in Davis:

- Plan your walking or biking route with your student.
- Form or join a walking school bus or bike train. Walking school buses and bike trains are groups of students who walk or bike together to school with a parent or adult volunteer.
- Be a good role model by practicing good walking and biking behaviors. Students learn from watching what older people do, so follow traffic safety rules and set a great example.
- Volunteer! Your school has many events and opportunities. Contact your PTA or join the Davis Bicycles! Schools Committee.

#### Learn More

Easy Steps to Properly Fit a Bicycle Helmet http://street-smarts.cityofdavis.org/resources

Bicycle, Pedestrian and Driver Safety Resources http://www.nhtsa.gov/Driving+Safety

Davis Bicycles! Schools Committee http://davisbicycles.org/Schools

City of Davis Street Smarts Program street-smarts.cityofdavis.org

Active4.me Scanning Program www.active4.me

Davis Joint Unified School District www.djusd.net/saferoutes



Safe Routes to School Program www.cityofdavis.org 530-757-5640 ridewalk@cityofdavis.org





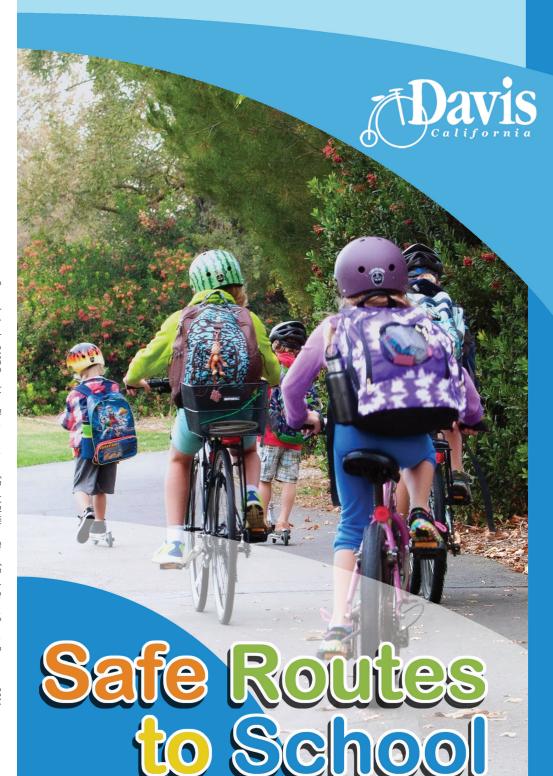




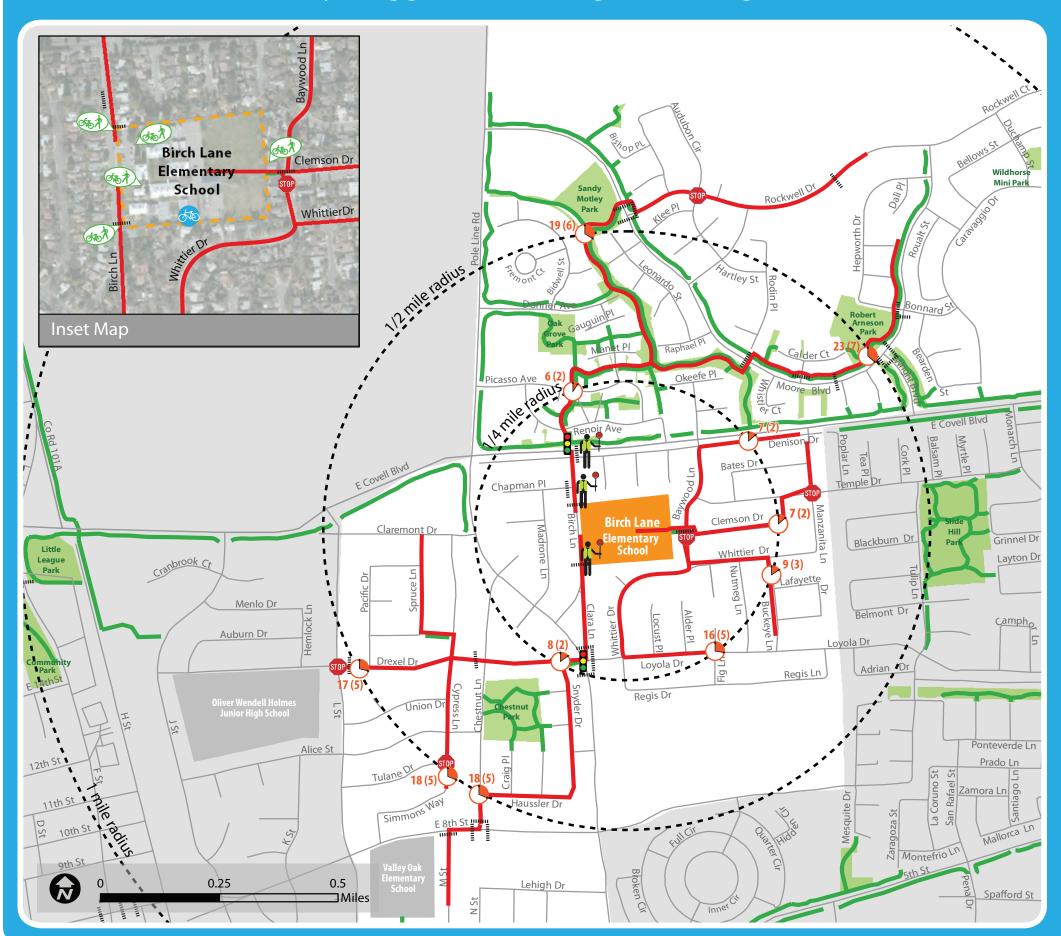


# Suggested Routes to

# BIRCH LANE ELEMENTARY SCHOOL



## Birch Lane Elementary: Suggested Walking and Biking Routes



## How to Use This Map

This suggested route to school map is intended to encourage adults and students to consider walking or bicycling to school. Adults are responsible for choosing the most appropriate option based on their knowledge of the different routes and the skill level of their student.

This map includes suggesed routes as well as the locations of traffic signals, crosswalks, four-way stops, crossing guards, and off-street paths.

To see routes and areas beyond this map please visit: http://street-smarts.cityofdavis.org/

## Drop-Off and Pick-Up Information:

We strongly encourage students to walk or bike to school. Students riding bikes must wear a helmet. You must bring your own lock and lock your bike at the designated bike racks. All riders must dismount and remember to always walk bikes once they are on campus.

- Students may be dropped off and picked up in front of the school on Birch Lane or at the back of the school on Baywood Lane.
- Always use marked crosswalks when crossing the street.
- Crosswalks are south PAST the kindergarten yard and on the north at the arboretum.
- Observe the three minute loading zone and do not leave your car.
- Please do not enter the school parking lot to drop-off or pick-up students!
- Do not double park. This poses a threat to children's safety when getting in and out of vehicles.
- Please be considerate of neighborhood driveways and avoid parking in red zones.
- U-Turns may not be made on Birch Lane, and cars may be cited and ticketed.
- Pedestrians should not cut across the parking lot.



Est. Walking Time (Biking Time)

Marked Crosswalk

Crossing Guard
Location

Bicycle Parking

Traffic Signal

All-Way Stop

Traf